

Time	Description
0:00	Introduction; family; Woodbridge (1934); cottagers from Toronto
4:00	Education; Weston Collegiate and Vocational School; Woodbridge as a small village;
10:40	(Love of and meaning of) History; War of 1812; United Empire Loyalists; Canadian History and identity
20:28	Family (wife); Anglicanism; children; grandchildren; family history
29:00	Canada (as a nation); travel; Egypt
36:55	Canadian culture; great Canadians; Vimy Ridge; Sir Arthur Currie
49:00	Rotary Club; history of Rotary; programs (eradication of Polio through vaccines)
59:25	Changes in medicine; healthcare
1:06:45	Environment; overpopulation; consumerism
1:17:15	Woodbridge Fall Fair; life in Vaughan; Canadian identity & unity; Kleinburg (Binder Twine)
1:27:00	Closing remarks