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Time	Description
0:00	Introduction; North York; Vaughan; Hungary; Holocaust deportation; Communist take over
2:40	Move to Israel; Education; Move to London, England
3:45	Move to Canada
4:40	Time at Ontario Hydro; Environmentalism
7:58	Greening Vaughan Advisory Committee
14:12	World War II Era/Nazi Regime in Hungary; Life as a student
25:10	Family (father & mother)
29:00	Impressions of Vaughan; Friendships; Conversation with interviewer; Typical daily routines; Yoga