

Great Cooks

You might think we are getting ready for hard times with 2 of this month's recipes - turnips and chicken wings. Actually, the point is, a really good cook can make delicious food out of just about anything. Such is the case this month. The Lantern thanks Mrs. Mabel Davison for sharing these recipes with us.

Turnip Scallop

Wash, peel, and dice turnip into $\frac{1}{2}$ " cubes. Do not use the hard core of the turnip. It tends to be bitter. Cook diced turnip until tender crisp. Do not overcook. Have ready a cheese sauce, made with medium white sauce to which $\frac{1}{2}$ to 1 cup grated cheese has been added with scant $\frac{1}{4}$ tsp dry mustard. To make white sauce:
Melt 2 tblsp butter, blend in 2 tblsp flour.
Add $\frac{1}{2}$ tsp salt, $\frac{1}{8}$ tsp pepper, $\frac{1}{8}$ tsp paprika.
Add 1 cup milk gradually and cook stirring constantly.
The amount of cheese sauce you need will depend on the amount of turnip cubes you have.
In a buttered casserole, put a layer of turnip, small bits of butter, dash of salt, pepper and some fine bread crumbs. Continue until the dish is almost full. Add as much cheese sauce as needed to almost fill to top. Cover with crumbs, butter, and cheese. Bake.

Cantonese Chicken Wings

About 18 chicken wings
1 tblsp cooking oil
1 tblsp soya sauce
 $\frac{1}{4}$ cup brown sugar
 $\frac{1}{2}$ tsp salt
1 tsp chili powder
 $\frac{1}{2}$ tsp celery seed
 $\frac{1}{4}$ cup vinegar
1 can tomato soup

Arrange wings on a shallow pan. Mix oil and soya sauce and brush over the wings.
Mix salt, sugar, chili powder, and celery seed and sprinkle evenly over the wings. Place in broiler and broil 10 minutes.
Remove from broiler. Mix soup and vinegar and pour over all.
Bake for 1 to $1\frac{1}{4}$ hours in a 350° oven.

Queen Elizabeth Cake

It has been said (maybe by Ripley) that the Queen has gone into her kitchen and baked this cake.

1 cup chopped dates
Over this pour 1 cup boiling water with 1 tsp of soda. Let this stand while mixing-
1 cup sugar
 $\frac{1}{4}$ cup butter or margarine (well creamed)

1 egg
1 tsp vanilla
 $\frac{1}{2}$ tsp salt
 $\frac{1}{2}$ cup flour
 $\frac{1}{2}$ cup nut meats
Add this to the date mixture.
Bake 35 min. in 9"X 12" pan.

If you wish icing-
5 tblsp brown sugar
5 tblsp cream
2 tblsp butter
Boil 3 min. Spread on cake.
Sprinkle top with crushed nuts or coconut.

Rideau Lakes Union LIBRARY

RIDEAU LAKES UNION LIBRARY

The January meeting of the Rideau Lakes Union Library Board was held in Portland on Thursday, the 24th.

The Year End Report was given. During 1979 there were 484 new memberships throughout the 6 branches of the library and an increase in circulation by over 2000 books as compared to the previous year.

It was announced that the township council of Bastard and Burgess has donated a copying machine to the Library Union. The copier will be situated at the main branch in Elgin and will be available for public use during library hours at 15¢ a copy.

The Library Board decided to write a letter supporting a written protest by the Kapuskasing Library Board to the Honourable Ruben Baetz, Minister of Culture and Recreation, requesting an end to the three year freeze on provincial grants. Increased library costs necessitate an increase in funding.

Four boxes of books have been sent to Perth to help in the reestablishment of the Perth library. It was decided to donate also a copy of Silence and The Storm, a book about the work of Canadian artist Tom Thompson, which is no longer in print and therefore cannot be ordered from a publisher.

Officers were elected as follows for 1980:

Chairperson	Diane Haskins
Vice-Chairperson	Greg Courneya
Treasurer	Nola Gordanier
Secretary	Dorothy Davies
Publicity	Janet O'Meara

The next Library Board meeting will be held on the evening of February 28th at the council offices, Newboro.

The Rideau Lakes Union Library is supported by provincial grants, township councils and library membership dues and fines.

The Library Board consists of township council representatives and appointed representatives. Members are as follows:

Bastard & Burgess -	Diane Haskins
	June Greenhorn
	Raymond Niblock
Newboro -	Reta Taylor
	Fred Warriner
	another appointment to be made
South Crosby -	Nola Gordanier
	Fay Mustard
	Greg Courneya
Rear of Leeds & Lansdowne -	Dorothy Davies
	Janet O'Meara
	Bruce Bryan

CANCER SOCIETY

The Rideau District Branch of the Canadian Cancer Society met on Jan. 8th, 1980 at RDHS. Mrs. Sharon Stedman of the Red Cross Homemakers was in attendance to answer questions about the assistance the Homemakers provide for cancer patients. Funds for these services are made available by the Cancer Society, OHIP, Social Services and private donations.

Service to Patients Chairman, Phyllis Connell gave the following report.

"Once again 1979 saw the Rideau District Branch of the Canadian Cancer Society actively engaged in a variety of ways. The Service to Patients Conference held recently in Toronto, gave the 300 Service to Patient volunteers attending an opportunity to air their problems; have questions answered, and comparatives made regarding their patients.

A highlight of this 3 day conference was a visit to the Princess Margaret Hospital where we were given an opportunity to see a few of the 140,000 Ontario volunteers at work and to view some of the Research strides being made with our campaign dollars.

Another highlight of 1979 was the Service to Patients display at the Rideau Crafts Christmas Market. This display depicted the various areas in which the Service to Patients can and do help in our local area.

At the moment 18 patients are receiving our help, and we have had 6 volunteer drivers travel a total of 1,963 miles at a cost of \$371.84. Drugs and dressings amounted to \$214.25. Red Cross Homemaking was provided to 5 patients for 518 hours for a total of \$2,175.60. We also have a Mastectomy Visiting Service.

If we can help in any of the above areas, please feel free to call.

---359-5753. Summer # 283-6158."

A discussion was held on how we can make the public more aware of what the Cancer Society does and the services that are available. A letter was sent to various organizations and clubs inviting them to attend our next meeting on March 11, 1980.

Anyone needing information or assistance regarding Cancer may contact any of the following persons:

Marlene Gratton, President-	272-2854
George Gratton, Vice President	
Phyllis Connell - Service to Patients	359-5753 (Summer - 283-6158)
Myrna Baxter - Sec.-Treas.	- 359-5507
Ron Dobson - Campaign	- 359-5786
Marlene Dobson - Publicity	- 359
Chris Landon - Education	- 272-2653

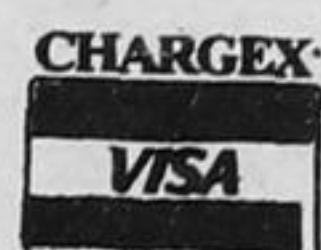
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