

PRESS RELEASE _ FOLEY MOUNTAIN

WHAT'S HAPPENING TO MY LAKE?

At a time of growing industrial productivity, we often blame the problem of pollution, whether air or water, on industrial emissions and wastes. Yet, the major causes of water pollution are often the result of human domestic wastes, inadequate sewage systems, or the excessive run-offs from agricultural irrigational systems.

A polluted lake, when used as a water source, may be a detriment to our health. As a recreational facility, it can frustrate the weekend angler, and discourage swimmers and sunbathers. Lastly, but just as important, a polluted lake is an aesthetically unpleasant sight.

More importantly, however, a polluted lake affects the organisms that live in it. Aquatic organisms, from microscopic plankton to the large pike are all affected. A polluted lake is therefore an environmental disaster.

What causes a lake to be polluted? How can we recognize the extent of lake pollution? What can be done about water pollution? For these and other answers, the Rideau Valley Conservation Authority invites you to come to the Foley Mountain Conservation Area, Westport, where there will be a display on water pollution and water birds during the month of July.

Dates, time, and place? Every Saturday, Sunday, and holiday Monday, from 10 a.m. to 5 p.m. at the Interpretive Centre. There will also be some short films on water birds and lakes at 1:30 p.m. and 3:30 p.m. on each of these days. Come on Wednesday morning at 10 a.m. for a guided nature walk! Meet at the Spy Rock Parking Lot.

RIDEAU CRAFTS



SUMMER SCHOOL, 1979

The first Rideau Crafts Summer School is now in operation! Our brochures have been circulated throughout the area, announcing various craft and nature oriented courses such as china painting, ceramics, weaving, quilting, canoeing, nature photography, and so on. If you can not find a brochure in one of the local retail or tourist establishments, call 359-5244.

The courses are being offered at the following locations: The Steamboat Landing, Portland; Sheldon's Tent & Trailer Park, Portland; Crosby Community Hall, Crosby; Stirling Lodge, Newboro; The Newboro Council Chambers, Newboro; St. Edwards School, Westport; The Opinicon, Chaffey's Lock; and Skycroft Camp, Chaffey's Lock. Again, refer to our brochure.

A "Children's Recreational Course" has been developed by co-worker Tina Donovan, a 3rd year Phys. Ed. student from Brock University. Tina has also established a baby sitting roster, which is available at each of the above course locations. For further details, call 359-5973.

Up-coming events include a "Sunset Disco Lesson", to be held in Chaffey's Locks, and tennis lessons out of Portland. Further information will be available at the course locations, and by phoning 272-2000.

The Summer School staff, hired under a Young Canada Works Project grant are also producing a tape/slide show which will cover the history of Rideau Crafts, and this year's Summer School.

The Rideau Craft Summer School announces the Rideau Country Canoe Marathon, to be held on Saturday, July 28, 1979. Both racers and recreational canoeists are invited to participate in this first annual event which will take paddlers through some of the scenic Rideau Lakes country.

Two courses have been set, with various classes in each; start and finish lines will be at Skycroft Family Camp, 3½ miles west of Chaffey's Locks, on Opinicon Lake. An entry fee of \$5.00 per canoe will be charged. Participants must supply their own canoes, lifejackets, and paddles.

The short course is approximately 13 km, (8 mi.), running from Skycroft to Chaffey's and back, staying entirely on Opinicon Lake. The long course is approximately 32 km, (20 mi.), and should be attempted by experienced canoeists only. From the start at Skycroft, participants in this grueling event will paddle the Opinicon, portage at Chaffey's, travel through Indian, Mosquito, Newboro, and Clear Lakes, (around Scott Island), portage at Chaffey's again, and return to Skycroft. A rest stop/lunch break will be provided at the half way point of the long course; bring your own food and refreshments.

Several VOLUNTEERS ARE NEEDED at Skycroft, and on the two courses as check points. If you would like to volunteer, or if you would like entry forms for the canoe marathon, please write or phone:

Rideau Country Canoe Marathon,
c/o Greg Derbyshire,
Skycroft Camp,
R. R. #1, Elgin, Ont.
K0G 1E0
(613) 359-5491

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