

\*\*\*\*\*RHUBARB

RECIPES\*\*\*\*

## To Freeze Rhubarb

Simply cut off the leaves and bottoms of the stalks, wash thoroughly and cut in half 3/4 inch pieces, put in plastic bags and freeze. This frozen rhubarb can be used for rhubarb sauce at any time of the year.

### Sauce

Place rhubarb in saucepan.

Add very little water - enough
to keep it from burning. If
cooked over low heat the rhubarb
will be more apt to stay in wide
pieces. When tender, add sugar
(I always use brown) to taste.

This may be combined with pineapple,
frozen strawberries or other fruits
or dates or raisins may be added to
it, or banana may be sliced into it
at serving time.

#### Rhubarb Juice

To 5 cups of rhubarb add 2 cups of water. Cook till rhubarb is soft, strain through a sieve or blend, add sugar to taste. This is an excellent extender for orange juice and makes a fine base for punch. A whole pot of juice may be made and then frozen in ice cube trays or large plastic containers to save freezer space.

### Rhubarb Pie

For a two crust pie, use your favourite pastry recipe. Mix 3 cups rhubarb with 1/4 cup of flour and 1 to  $1\frac{1}{2}$  cups sugar in a bowl. Add a few shakes of cinnamon and nutmeg. Dot with butter or margarine, if desired. Add top crust. Bake at 450 for 10 minutes. Reduce heat to 350. Bake for 40 to 50 minutes longer. Other fruits may be added for variety. Rhubarb Meringue Pie

This is a one-crust meringue pie made by using about 3 cups of rhubarb sauce. Beat 3 egg yolks, add a shake of cinnamon and one of nutmeg and 1/4 cup of water, and 4 tablespoons of cornstarch. Cook in a heavy saucepan till thick. Pour into pie shell. Beat egg whites for meringue. Add 3 tablespoons sugar and 1 teaspoon vanilla. Spread over pie. Bake at 350 until lightly browned.

Ina Scott Gananoque Reporter

# Rhubarb Upside Down Cake

3 cups finely cut rhubarb 1 3/4 cups of white sugar

Arrange in bottom of a 9"x 9" pan. Cover with a package of Monarch white cake mix. Bake in 350° oven until cake and rhubarb are cooked through (about 1/2 to 3/4 hr.) Serve with milk or cream.

## Rhubarb and Carrot Marmalade

4 cups carrots

4 cups rhubarb

2 oranges

2 lemons

6 cups white sugar

Peel carrots, wash and dry the rhubarb, oranges, and lemons. Cut rhubarb in ½ inch lengths. Shred carrots, oranges and lemons very fine. Combine all ingredients, boil and stir frequently for 1 hr. Pour into hot, sterilized jars and seal.

## Rhubarb Relish

1 qt. rhubarb cut small

1 qt. onions

l pt. vinegar

2 lb. brown sugar

tsp pepper

1 tsp cinnamon 1 tsp allspice

tsp ground cloves

2 tsp salt

Boil until thick.

