

**CANDY CANE COOKIES**

1 cup shortening (half butter-half Crisco)  
 1 cup sifted confectioners sugar  
 1 egg  
 1 1/2 tsp almond extract  
 1 tsp vanilla  
 Mix above ingredients thoroughly  
 Stir into above -  
 2 1/2 cups sifted flour  
 1 tsp salt  
 Divide dough in half-blend into one half  
 1/2 tsp red food colouring.  
 Roll 1 tsp. of each colour dough into a  
 four inch strip, place strips side by side  
 press lightly together and twist gently  
 into a rope. Place on ungreased cookie  
 sheet, curve top down to form handle on  
 cane.  
 Bake 8-9 min. or until lightly browned in  
 moderate oven at 375° F.  
 While still warm sprinkle with finely  
 crushed peppermint candy stick



**THE BONWILL COLUMN**

Want to set up a Christmas gift for  
 next August? Or the August or Septem-  
 ber of the year after that?  
 Trim yourself an old apple tree,  
 then sit back and watch and wait for the  
 results.  
 If you have a tree that bears good  
 apples occasionally, or whose apples  
 you have tested for flavour, give it  
 a good look-over, then start in with  
 saw and snippers to see what you can  
 do to bring it back into bearing.  
 December is not the ideal time to  
 trim a fruit tree, but it is the i-  
 deal time to SEE how and where it  
 should be trimmed - and if you do the  
 job now, it will be safely behind  
 you, and the tree can get started on  
 its primary job - growing good fruit.

Here are some ideas we have  
 culled from advice given us over the  
 years.

1. Open up the tree, so that a pig-  
 eon could fly right through it. (And  
 so the sun can get in, too.)
2. The most desirable limbs come out  
 at right angles from the trunk. Be  
 sure a good strong one points south.  
 Try to have a good limb in each  
 direction.

3. Head back a tree, even an old one,  
 so it is not more than 10 - 15 feet  
 tall. (This will result in lots of  
 watersprouts next year, but trim those  
 off, annually, and you will gradually  
 get results.)

4. Feed your tree. Put a good fertilizer  
 (preferably organic) in holes, 1 foot  
 deep, located just within the "drip  
 line" of the branches. Water this in,  
 then mulch well. Pull the mulch away  
 from the trunk. Phosphate makes fruit;  
 nitrate makes leaves.

5. Watch out for incipient unwanted  
 branches. When these are in the bud  
 stage, you can remove them with thumb  
 and finger. (Be sure you are not re-  
 moving fruit spurs - those fat bloss-  
 om bearing buds)

6. To spray, or not to spray?  
 The choice is yours - but we  
 have good apples without doing  
 much about it, except trimming,  
 and harvesting. There ARE new  
 kinds, which are pest resistant.  
 Look for these, if buying new  
 trees.

7. Make cuts smooth; they can  
 be painted over, if desired.

8. Remember, you are doing a  
 good deed for the future, per-  
 haps even for much farther in  
 the future than you can foresee.  
 Well-cared for trees can contin-  
 ue to bear for generations.  
 Do your part to help a tree to  
 help you in the future.

**HOLIDAY WREATH COOKIES**

1 1/3 c. butter, softened  
 3/4 c. sugar  
 1/4 tsp. nutmeg  
 1/4 tsp. salt  
 1/8 tsp. ground cardamom (optional)  
 1 egg, separated  
 1/4 cup brandy  
 2 1/4 cups unsifted all purpose flour  
 green sugar crystals (1/4 cup)  
 glace cherries  
 Cream butter and sugar well, blend in  
 nutmeg, salt and cardamom, beat in  
 egg yolk and brandy until light and  
 fluffy. Gradually add flour until well  
 blended. Divide dough into three equal  
 parts. Wrap each well and chill 1-2 hrs.  
 Preheat oven 325° F-grease two cookie  
 sheets; Roll 1 tablespoon of dough on  
 floured surface into a 5" rope, place on  
 cookie sheet form into ring. Brush with  
 beaten egg white -sprinkle with green  
 sugar, decorate with slivers of glace  
 cherry to form bow. Repeat with remaining  
 dough. Bake 8-10 minutes



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**CUT & STYLE**

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