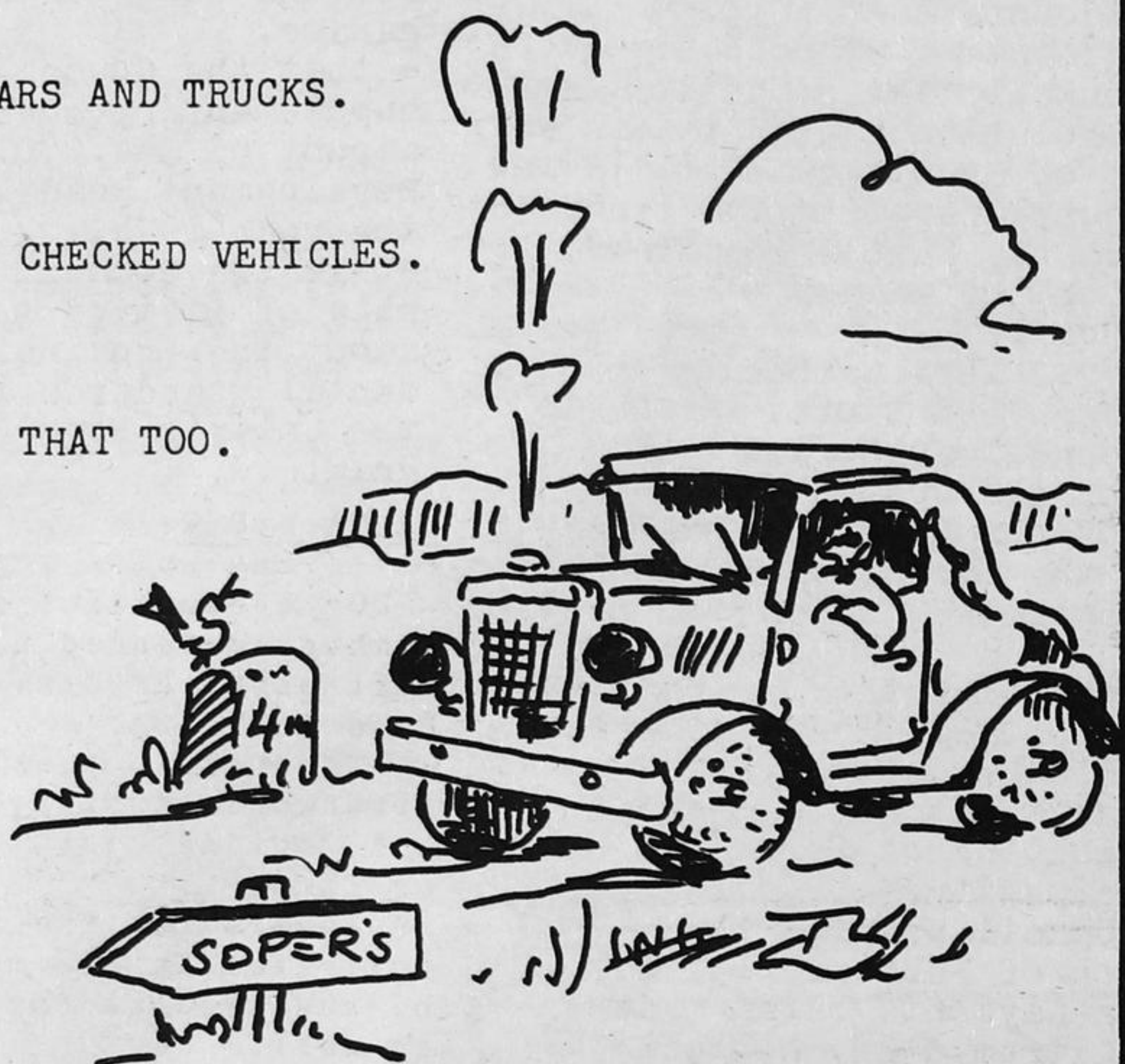




SOPER MOTOR SALES LIMITED ELGIN 359-5230

- * ALWAYS A GOOD SELECTION OF FINE USED CARS AND TRUCKS.
- * WRITTEN WARRANTY GIVEN WITH ALL SAFETY CHECKED VEHICLES.
- * IF A NEW CAR IS YOUR CHOICE WE CAN GET THAT TOO.
- * OUR LOW OVERHEAD GIVES YOU LOW PRICES.
- * DROP IN AND HAVE A LOOK AROUND.
- * WE SERVICE WHAT WE SELL.



Cancer can be beaten. What's it worth to you?



**Please
be generous.**

CANCER CAN BE BEATEN. Just ask Lorne Balmer of Toronto. She knows. Twenty-three years ago she made an appointment for her annual medical check-up. Her doctor suggested X-rays. A day or so later she telephoned for the results. "Well, what is wrong--cancer?" she asked jokingly.

"Yes" he said. The young widow, alone in her apartment, was stunned. She was told she was to have surgery for cancer of the intestine. The hospital stay was to be ten days. When serious complications developed after her operation, it turned out to be seven weeks instead.

The doctor came three times a day. The medical team thought she might die. ("I did too.") But Mrs. Balmer rallied and, thirty pounds lighter, began a long and difficult convalescence. She hasn't been ill since.

The slim, blue-eyed blonde has a son and a daughter, plus four grandchildren. She and her

family had arrived in Canada in 1939, exiles from Nazi Germany--no friends, no money, little knowledge of the language. Later, after her husband died, Lorne Balmer began her own business, managing apartment buildings for the owners. Her daughter was a member of the Auxiliary of the Princess Margaret Hospital and Lodge, Canadian Cancer Society, until, in 1968 she decided on a full-time career as a supervisor of two clinics at the hospital. Mrs. Balmer took over her duties as a volunteer in this cancer treatment centre. She worked in the out-patient clinic and in the thermography department. Now she spends one day a week at the hospital's inquiry desk, and one day a week in the nuclear medicine department where patient diagnosis is carried out.

She finds this involvement "fascinating and rewarding". She and other volunteers, help the technicians by developing their films as well as handling other routine duties. Volunteer help is also given in the radiopharmacy laboratory where various compounds are made up by the radiopharmacist to be combined with a radioactive isotope and administered to the patient. The nuclear medicine machines react to the radioactivity within the patient, making it possible for the machine to scan a particular part of the body or the whole body.

Mrs. Balmer is also chairman of the "Outside Hospital Auxiliaries" section which keeps her busy attending annual meetings of the many hospital groups in Metro Toronto, as a representative of the Princess Margaret Hospital and Lodge Auxiliary.

"I have been very lucky", says Mrs. Balmer. I am well and happy in my volunteer work. Sometimes, when a patient with cancer

is very distressed, I can point out that each year brings more cancer 'cures', new research knowledge, a widening range of patient services - all made possible through public donations given during the April campaign of the Canadian Cancer Society.

"Cancer used to be a word that was whispered. Now, through the Society's educational work, more and more Canadians are learning how to prevent the disease as well as how to survive through early detection. I can point to my own case as an example."

KINGSTON AREA

GOAT CLUB

The first meeting of a goat club for the Kingston area was held Sunday Feb. 20th at 1:30 p.m. in Sydenham. Approximately 45 people attended the meeting. Discussion concerned ideas for programs and events connected with the Club. Some suggestions were: having a newsletter, sponsoring a sale, developing a co-operative approach to meat marketing, organizing a goat show, asking to have the Ministry of Agriculture for a course on dairy goats offered here. Ideas for program topics included: grooming, de-horning, castrating, kidding, illness and medication, milking.

At the second meeting, held March 12, the Club chose its name: the Kingston and Area Goat Association. A full slate of officers was elected and there was a discussion on kidding problems.

The next meeting will be held Tues. April 11 at 8:00 p.m. at Sydenham Town Hall. The program will concern de-horning, needles, and medical problems. Membership cards will be given out and dues collected.

All interested are welcome to attend. If you would like to join and/or receive our newsletter you can contact Susan Beahen, Box 201, Sydenham, Ont. Phone: 376-3702 or 387-3431.