

RED CROSS

On Monday, December 15, the sub-branch executive, the homemakers and homemaker supervisor, Sharon Stedman enjoyed a Christmas party.

The evening opened with a performance by the ukelele group of South Crosby Public School under the direction of Mrs. Joan Hutchison. Then all joined in the singing of Christmas carols. Following the entertainment Mrs. Hutchison and the students were thanked and presented with tokens of appreciation.

Sharon then made several announcements to the homemakers. One announcement concerned the Chronic Care program which will be implemented in this area March 1st. Under this program OHIP will cover more homemaking service than it does now. As a result there will be more work for those homemakers now employed as well as a need for new homemakers.

Following the business meeting numbers were drawn for gifts which were given to the homemakers. Thanks is due to the following for donations of door prizes: The Village Shop and O'Hearn's Variety, Elgin; The Royal Bank, Barb's Boutique, Bayview Yacht Harbour and Bargain Junction, Portland; Stedman's Store, Village Esso, Dorie's Den and Watson's Pharmacy, Westport; Berryere B.P., Crosby; Leidenberger Construction Clear Lake and the Rideau Lakes Civitan Club.

Chairman, Hubert Sly expressed words of appreciation to Sharon for her efforts as homemaker supervisor and, on behalf of the executive presented her with a gift.

This rare occasion of a meeting between the administration of the sub-branch and the homemakers working in our community was enjoyed by all.



International Year of Disabled Persons

New hope

There is new hope for disabled people in Canada and around the world. That is the meaning of the International Year of Disabled Persons (IYDP) in 1981. It gives us an opportunity to better understand the problems facing disabled persons and to take steps to solve some of them.

More than 2.2 million Canadians have some kind of disability. More than 700,000 are severely or totally disabled. These are our friends, neighbours and relatives. They want and deserve to be more self-sufficient and to participate more in things that the rest of us take for granted.

Disability is costly. About one-third of the Canadians who receive social assistance are disabled. Another \$1.5 billion a year is spent directly on disability benefits, medical care and occupational rehabilitation.

One of the major goals of disabled persons, in fact, is to be better able to pay their own way. About half of disabled people are unemployed. The truth is that many more could hold down jobs if work surroundings were adapted to their needs.

Disabled people need much better access to education, public transit, shopping and entertainment, the labour market, community facilities, health and social services, and housing.



Pictured above are Sharon Stedman, Supervisor for the Red Cross Homemaker Service and Peter Myers, President of the Rideau Ridge Riders Snowmobile Club. Sharon and Peter are proudly displaying a Telephone Answering Service donated by the Snowmobile Club.

1. Have a medical and dental check-up.
2. Watch for any change in your normal state of health.
3. Find out about any lump or sore that does not heal.
4. Protect yourself against too much sunlight.
5. Do not smoke.
6. Have a Pap test.
7. Do a monthly breast self-examination.

Cancer Can Be Beaten

CANADIAN CANCER SOCIETY

Ontario Division of the Canadian Cancer Society has set a 1981 campaign goal of \$11 million, with an objective in Metro Toronto of \$3.6 million. The public will be asked to contribute these funds during the annual April campaign.

Approximately 900 delegates from Cancer Society districts, units and branches across Ontario attended the campaign conference at Toronto's Sheraton Centre, January 17 and 18, to organize for the fund-raising drive.

Among guest speakers at this year's conference were the Hon. Dennis R. Timbrell, Ontario Minister of Health; Dr. Phil Gold, Physician-in-Chief of the Montreal General Hospital; Al Waxman, National Campaign Chairman; and Lloyd Robertson, CTV Network National Newscaster.

In commenting on the \$11 million objective, the largest in Ontario Division's history, Campaign Chairman Ronald Potter, of London, expressed certainty that the goal will be met through the work of the "enthusiastic and dedicated" campaign team volunteers. He explained that this campaign money would fund all the vital ongoing programs of public education, research and service to patients.

The public should realize, he continued, that the "Marathon of Hope" proceeds for cancer research will, as requested by Terry Fox, be kept separate from all other funds of the Society and will finance new research programs developed by the National Cancer Institute of Canada, under the auspices of the Canadian Cancer Society.

The Terry Fox Special Initiatives Program will identify exceptional cancer research investigators and provide them with additional measures of support, enabling them to undertake a wider range of research activities.

The Terry Fox Special Cancer Research Fund will facilitate the immediate expansion and strengthening of the cancer research base across the country. Medical schools and similar facilities have been asked to identify critical problems that limit their ability to develop innovative cancer research programs -- funding will follow.

New exciting cancer research in Canada depends on attracting capable and dedicated young people into the field. The Terry Fox Training Centre Establishment Grants will provide special support for selected centres, which can then attract promising investigators into cancer research.

Attending the conference from this area were George and Marlene Gratton, volunteers for the Rideau District Branch.

RIDEAU RIDGE RIDERS Snowmobile Club



RALLY

DANCE

SUPPER

FEBRUARY 28, 1981

RIDEAU DISTRICT HIGH SCHOOL

SUPPER - ROAST BEEF \$10.00 per couple

DANCE ----- \$12.00 per couple

OR

DINNER AND DANCE ---- \$15.00 per couple

RALLY ---- \$2.00 per person

REGISTRATION ----- 11:00 A.M. - 1 P.M.

AT HIGH SCHOOL

SINGLE TICKET ----- 1/2 Price

NOTE: NO "BABY-SITTING SERVICE THIS YEAR!"