

Chaffey's Lock

CHAFFEY'S LOCK WOMEN'S INSTITUTE

Sixteen ladies met for the W.I. meeting, Oct 8th at 7:00p.m. for dessert in the home of Cathy Veitch. After a time of informal chit-chat, our president Thea Dodge called us to order and our meeting was opened with the Ode and Collect repeated in unison. Our roll call revealed fine ideas as we answered the question "What can I personally do to help our Rideau Canal's 150th Celebration in 1982". The motto for the evening was "the pessimist sees difficulty in every opportunity while the optimist sees opportunity in every difficulty." Many disabled persons who had achieved in spite of their disability were named. Kathryn Scott drew to our attention the need to give thanks for the many abilities with which we have all been blessed. It was announced that our Nov. meeting will be in the home of Mary Warren at 7:00p.m on the 12th. Our secretary, Maureen Teevens, read the minutes and correspondence. Our business was dealt with at length. A request to rent the hall to teach Ballroom dancing was approved. It was decided to have the sound system installed. Euchre parties will be held again - dates to be posted. The Christmas party for the community will be on December 6th. The topic for the evening was given by Thea Dodge on Addiction. She stated this usually refers to alcohol or drug use but all of us are addicted to something and need to learn how to over-come our habit. It is a personal and sensitive area but when we face honestly our need of help, we are on the first of the twelve steps leading to victory over our problem. She then read the succeeding steps with brief comments on each one. Many have found the joy of over-coming in this method which is taught by the A.A. and is as follows:

Step One. We admitted we were powerless, that our lives had become unmanageable.

Step Two. Came to realize that a Power greater than ourselves could restore us to sanity.

Step Three. Made a decision to turn our will and our lives over to the care of God, as we understand Him.

Step Four. Made a searching and fearless moral inventory of ourselves.

Step Five. Admitted to God, to ourselves and to another human being, the exact nature of our wrongs.

Step Six. Were entirely ready to have God remove all these defects of character.

Step Seven. Humbly ask Him to remove our short-comings.

Step Eight. Made a list of all persons we had harmed and became willing to make amends to them all.

Step Nine. Made direct amends to such persons where-ever possible, except when to do so would injure them or others.

Step Ten. Continue to take personal inventory and when we were wrong promptly admitted it.

Step Eleven. Sought through prayer and meditation to improve our conscious contact with God (as we understand Him,) praying only for knowledge of His will for us and

the power to carry that out. Step Twelve. Having had spiritual awakening as a result of these steps, we tried to carry the message to others addicted and to practice these principles in all our affairs.

Spontaneous applause thanked Thea for her presentation of this splendid topic. Votes of thanks were extended to our hostesses and a movement to adjourn closed our meeting.

WESTPORT

WESTPORT AREA SKATING CLUB

On Thursday, Oct 22, the Westport Area Skating Club was formed. This group includes parents of children who are taking figure or power skating lessons at the Westport Arena.

Skating lessons have been offered in the past few years. Administration of funds has been handled by several groups, not necessarily the same ones each year. Due to a change in rink policy it was necessary to form a committee to rent ice for the skating lessons. As the teacher, Lynn Houghton, is not in a position to act on such a committee, the other source is the parents of children benefitting from the service.

Ruth Mead, area representative for the Canadian Figure Skating Association, addressed the group. Ruth stressed the need for an active committee to administer funds and to assist in non-teaching aspects during lesson time.

The basic requirements for setting up the club were outlined. It was also explained how the club could expand its horizons as the children reached higher levels of skating.

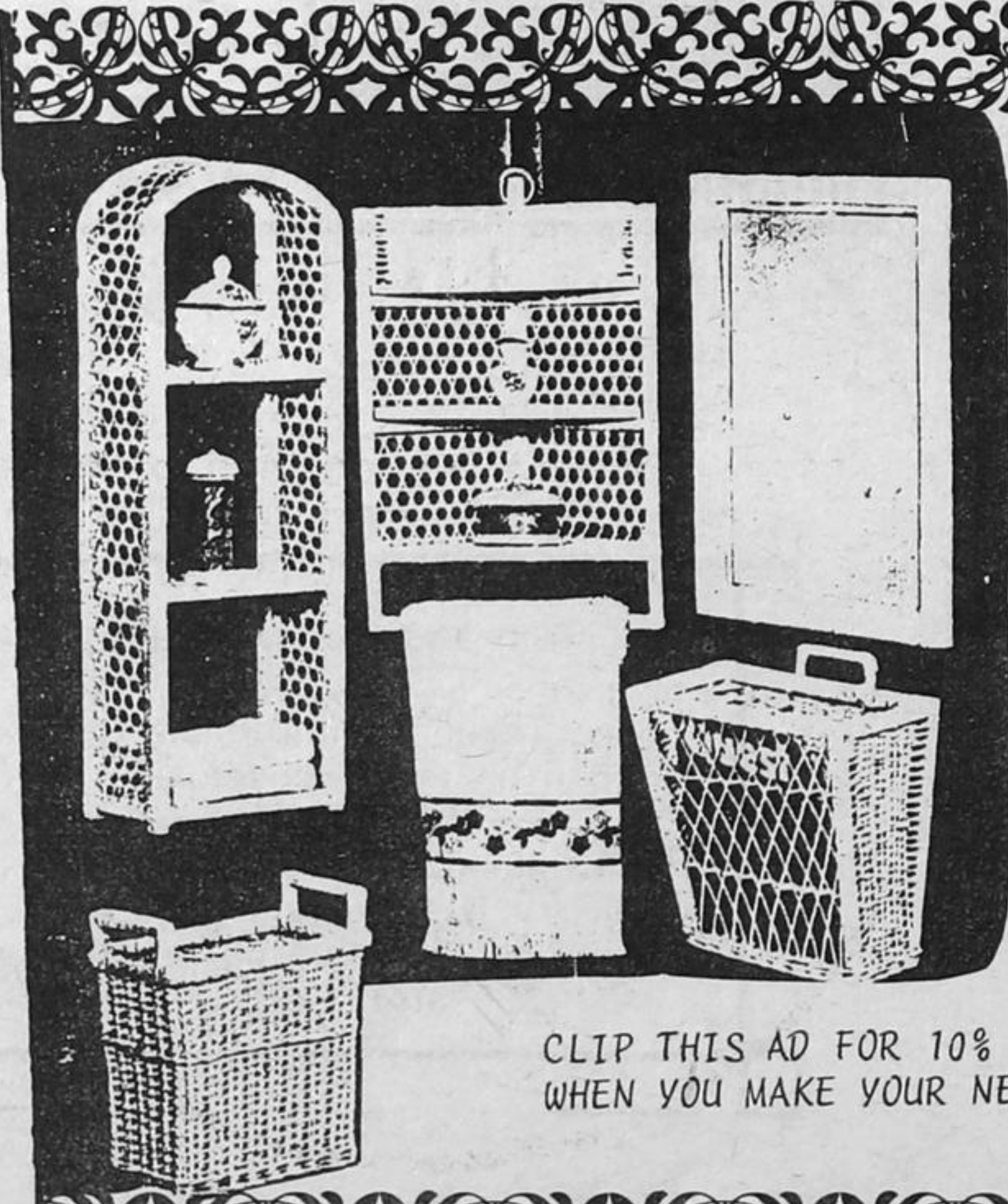
Ruth left several manuals and handbooks to be read by parents. As the cost of ice time plus the teacher's fee exceeded the receipts to date from regis-

tration it was felt that an executive should be formed immediately. The executive members are:

President - Isobel Trowbridge
Treasurer - Jill Doak
Secretary - Carolyn Boyce
Publicity Chairman -
Barbara Purdy.

Lessons began Saturday, Oct 24. Half hour lessons for each group are held between 3:00p.m. and 5:00p.m. A child registered for lessons may skate outside of his lesson time during the two hour period. Only those children registered for lessons may use the ice between 3 and 5 p.m. Lessons for pre-schoolers are held Tuesday mornings. There are still vacancies in the figure and power skating classes. Fees for late registrants are; \$45.00 per child, \$15.00 for each additional child per family. Lessons continue until Mid-March.





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