

INTERIOR DECORATING

by Lori Ogle

Take the Stress out of Moving

In today's society each of us will probably move several times. Often a change of address is fraught with stress as well as anticipated enjoyment. If we follow a few simple guidelines, we can help eliminate the stress.

Plan ahead. If you realize you are going to move once, twice or more, buy your furniture and accessories with moving in mind. You'll then be able to take and integrate your existing belongings into almost any milieu.

1. Furniture; Buy small scale furniture, such as love seats instead of a large chesterfield and chair set. Purchase single chests of drawers rather than double dressers or buffets. Interchangeable furniture should be the rule. The single chests, or Parsons table would be equally right in the living room, hall, dining room or bedroom. If you need a massive look in your home, you can put two chests together. If you don't have an entrance that will accommodate a Parsons table, it will look great as a serving table in the dining room, a dressing table in the bedroom or as a lamp table behind the loveseat.

2. Colour: Keep the tones of each of the main pieces of furniture neutral; whites, beiges, light greys. They will then harmonize with almost any existing carpet or colour scheme in your new home. For example, if your furniture is beige and your new carpet is rust, you will be able to integrate the carpet by adding rust toss cushions, lamps, a rust border on your drapes or even rust molding at the ceiling. Further

colour co-ordination can be achieved by wallpapering the inside of any closet, cupboard, armoire or even one side of a door. This way, one roll of wallpaper goes a long way.

3. Walls & Ceilings: Colour on the walls does wonders, but because we can't take wallpaper with us, we often don't invest in that all important wall treatment. However, thin wood panels covered with fabric or wallpaper can be put up easily and taken down when you move. Following the same idea, we should remember folding screens are a real asset. We can often achieve a more co-ordinated look in our new home by painting the walls. Light pastel colours will help enlarge a room, while darker colours tend to close a room in. A high ceiling can be lowered when painted a deeper shade than used on the walls.

4. Windows: Your covered screens or panels can help camouflage impossible windows. Don't forget to utilize bed sheets, not only for curtains but for bedspreads, head board coverings, tablecloths or cushions.

With a little planning, a few tricks and very little money, the stress of your move is lessened and you're back together again in your "new" home.

BETA SIGMA PHI

Our first meeting in November was held at D & K Fabrics in Perth. Nancy Sheffield was in charge of the program. It consisted of a demonstration of sewing with knits. It was very informative and everyone learned a great deal from it. We later met at Linda Gibsons to have a birthday party for Judy Pattinson. On Nov. 4, we attended a Pizza party at the home of Sylvia Herlihy. Thanks to the Exemplar Chapter for there hospitality and a good time.

Our second meeting in Nov. was held at the home of Jane McCrum. Kathy Arnold brought a pre-cut material for us to make aprons to wear at the Rideau Craft market at the lunch room. Marian Waenick spoke to us about having a toy drive at Christmas time. A donation was made to the Red Cross. Through combined efforts of the Ritual of Jewels and Exemplar Chapters of Beta Sigma Phi we had a very successful lunch room at the Rideau Craft Market.

Our final meeting of the year was held on Dec. 6, at the home of Linda Gibson. Heather Cline-Gunneweik had the program. She provided materials for us to make corsages for Christmas. Ritual of Jewels was held for Brenda Smith.

We decided to buy toys for some children in the area at Christmas. Hopefully this will make Christmas a little brighter for these needy children.

Beta Sigma Phi wishes everyone a Healthy & Happy New Year.



Summer's Greenhouses & Flower Shop

Garden Centre

Fresh, Silk & Dried Flowers

Arrangements for All Occasions

Hrs.: Mon. - Sat. 9 - 5

Closed Jan.7 to Jan.14 inclusive.*

R.R. #2, Elgin, Ont.
K0G 1E0(Home) 359-5953
Bus.: 359-5506Jo & Dave Shaw
359-5255

HOME*VIDEO*SERVICE

MAIN STREET
ELGIN

V.H.S. ONLY

24 HOUR RESERVATION SERVICE - NO CHARGE

*****NEW TITLES IN STOCK*****

including the LATEST Releases.

CARRY ON ENGLAND
THE DARK CRYSTAL
GOLDBLOCKS AND THE THREE BEARS
JACK AND THE BEANSTALK
JAWS III
NATIONAL LAMPOON'S VACATION
PRIVATE SCHOOL FOR GIRLS
THE RUTLES
RAIDERS OF THE LOST ARK
RAPUNZEL
RISKY BUSINESS
SLEEPING BEAUTY
SURVIVAL RUN
SUPERMAN III
TWILIGHT ZONE: THE MOVIE
THE TALE OF THE FROG PRINCE
THE TROJAN WOMEN
YELLOW-BEARD



THE DARK CRYSTAL, a fantasy adventure film, was created by Jim Henson, world renowned creator of the Muppets; long-time associate Frank Oz; and Gary Kurtz, producer of "Star Wars". The film was designed by Brian

Froud, one of Britain's foremost fantasy artists. For the first time ever, here is a totally live action film inhabited only by creatures—set in another world, another time...in the age of wonder.
Colour, 93 minutes

Private School

... for girls

THE
RUTLES

THE RUTLES were a mop top English pop quartet of the sixties who set the foot of the world a tapping with their catchy melodies, their wacky humor, and their zany off-the-wall antics; epitomized in the movies, "A Hard Day's Rut" and "Ouch." In 1962, they played The Cavern. After that they spent several months in Hamburg. Then they released their first single, "Twist & Rut." And the rest is history: the appearances with Ed Sullivan, the Che Stadium concert, the "Sgt. Rutters" album, the classic animated "Yellow Submarine Sandwich," and of course, the landmark films, "Tragical History Tour" and "Let it Rot." All documented here for the first time in "The Rutles—All You Need is Cash."

RAIDERS
of the
LOST ARK.

Winter Hours

Monday	2p.m. - 5 p.m.
Tuesday	Closed
Wednesday	12 p.m. - 5 p.m.
Thursday	12 p.m. - 5 p.m.
Friday	2 p.m. - 7 p.m.
Saturday	10 a.m. - 6 p.m.
Sunday	Closed

Note Tapes or Players ARE NOT Available outside store hours.*

RIDEAU LAKES UNION LIBRARY ANNOUNCES JANUARY - FORGIVENESS MONTH
NO FINES for items due in 1983

N.B. - Fines for 1984 will be 5c per day per item!(excluding Sundays)