

FROM THE KITCHEN WITCH

Heather McNally

Portland-on-the-Rideau

A Summer Supper

Tomato Biscuits

Sift together

1 cup flour

1 tbsp baking powder

3/4 tsp salt

and combine it with

1 cup whole wheat flour

1/4 cup fresh grated Parmesan cheese

1/2 tsp oregano.

Stir in

2/3 cup tomato juice

6 tbsp butter, melted and cooled

and form the mixture into

a smooth dough. Turn the

dough out onto a floured

surface and knead it for

30 seconds. Roll out the

dough 1/2 inch thick and cut

into 2 inch rounds. Put

the rounds on a baking sheet,

brush with melted butter

and bake in the upper third

of a very hot oven (450°)

for 10 to 12 minutes. Makes

about 16.

Chilled Cream of Cucumber Soup

3 tbsp butter or margarine

3 cups sliced leeks, white part only

3 tbsp flour

6 cups water, divided

4 cups diced, peeled potatoes

1 tsp salt

1/4 tsp white pepper

1 cucumber, seeded, grated

2 cups milk

1 cup heavy or whipping cream

Chopped chives, for garnish

In 4-quart saucepan, melt

butter over medium heat.

Add leeks; saute 5 minutes.

Blend in flour and cook

two minutes, stirring

constantly.

Do not allow to brown.

Remove from heat. Gradually

stir in 1 cup water until

blended. Stir in remaining

water, potatoes, salt and

pepper. Bring to a boil;

reduce heat and simmer,

partially covered, about

40 minutes. Remove from

heat. Puree in batches

in food processor or blender.

Pour in large bowl; stir

in cucumber, milk and cream.

Cover and refrigerate

overnight. When ready

to serve, add 1/2 cup cold

milk, if needed. Taste for

seasoning. Garnish with

chives. Makes 11 cups,

about 185 calories per cup.

Fruit with Devonshire Sauce

2 packages (3 ounces each) cream cheese

2 1/2 cups milk

1 package (3 3/4 ounces) vanilla instant pudding mix

1 tsp lemon zest

Fresh berries or drained

canned fruits

Soften cream cheese;

gradually blend in milk.

Beat in pudding mix and

lemon rind. Spoon over

fruits or layer with fruits

in serving bowl. This is

also nice with a fruit liqueur.

After Dinner Light Delight

2 scoops dietetic vanilla ice cream

1 oz brandy and 1 oz Amaretto

Blend at low speed until

smooth and serve in brandy

sifter.

CANADIAN CANCER SOCIETY Rideau Branch

On behalf of the Canadian Cancer Society, please accept our deepest appreciation for your effort in support of the 1987 campaign. The sum of \$15,773.71 raised in our communities is a tribute to you. Many hours of hard work and dedication contributed to the outstanding success of this campaign. Research programs, education to the public about cancer prevention and early detection, service to patients, will all benefit from your generosity.

Team Captains and their canvassers have been listed below showing the 1987 monies raised in their areas and the increase from 1986:

EDGAR CONNELL, Elgin, Chaffey's, Forfar - Betty Hewitt, Cliff Smith, Leo Kenney, Kathleen Merriman, Marion Barker, Carol MacDougall, Jim Stedman, Myron Porter, Marion Stone, Grahame Wright, Kathleen Lawson, Sylvia Graham-Child, Mike Monette, Mary O'Hearn, Ruth Brown, Clint Halladay, Nicky Day, Mary Ann Leggett (\$3082.00 - +409.00)

BETTY DAVISON, Philippsville and area - Myrtle Taylor, Marion Morris, Charles Baker, Mac Davison, Leorene Hayes, Carol Pattermore, Kelly Lake (\$748.50 - +83.00)

JOAN BLAIR, VIRGINIA BLAIR, MONA DIER, Westport and area - Muriel Plunkett, Helene Conley, Margaret Pate, Mary Cowan, Teresa Martin, Margaret Walker, Jean Darby, Beth Kerr-Wilson, Betty Wight, Muriel Docherty, Irene Martin, Joan Anne Hutchings, Rosella McCann, Marjorie Hutchison, Mavis Rogers, Orville Forester (\$3218.75 - +563.75)

PATRICIA DONALD, Delta and area - Peter Breedyk, Glenn Chant, Heather Halladay, Georgia LaForty, Linda Laming, Florence Sawyer, Joan Gipson (\$1006.00 - +135.50)

NORMA GUTHRIE, Portland - Jim Vanderschuit, Margaret Stinson, Barbara Kendall, Lynda Gibson, Bonnie Mustard, Rebecca Bolton, Betty Baker (\$1176.00 - +163.00)

JOAN MCCANN, Newboro and area - Elsie Day, Lucille Naughtright, Lola MacDonald (\$755.00 - +108.00)

JUDY PATTINSON, Portland rural area - Nancy Sheffield, Gwen Chant, Jane Purdy, Joan Hutchison, Brenda Smith, Myrtena McVean, Dave Pollard (\$735.65 - +394.05)

ANN OLIVER, Lyndhurst and area - Mary Lee Ashby, Marion Warren, Teresa Vanderwerf, Jean Robertson, Verna Jones, June Brown, Paula Hibbert, Kim Brown (\$829.00)

CAROLYN VISSER, Newboyn area - Margaret Ritchie, Marion Riley, Mary MacKinnon, Sandy Merryweather, Audrey Oosting, Peggy Fry, Peggy Hudson (\$1211.00 - +410.00)

MIKE CARTY, Jones Falls, California area - Alma Perrin, Etta Glover, Thelma Sly, Greg Patterson, Vicki Summers (\$508.00 - \$214.00)

EDITH BERRY, Morton, Whitefish Lake area - Rhonda & Peter Allen, Robin Taylor, Carmain Roy (\$454.00 - +42.00)

XI ZETA IOTA CHAPTER OF BETA SIGMA PHI Daffodil Sales (\$1675.56 - +2.26)

COOKBOOKS (\$394.25 - +104.90)

Our goal this year was \$15,000.00 and we have exceeded that by \$773.71. Thank you Leeds County, with your help we will win against this terrible disease!

LEEDS 4-H BEEF CLUB

Sixteen members attended the Leeds 4-H Beef Club meeting held at Charles Machan's farm in Portland on May 19. After the roll call was answered, the club discussed future meetings and it was decided to have our clipping and showmanship demonstration day at Bob Carey's farm, Lansdowne on June 28 at 1:00 p.m.

After practising Reach for the Top questions, our guest speaker, Mr. John Joynt, Smiths Falls, was introduced. He spoke to us on marketing livestock and how we can make our animals saleable by improving their surroundings and their appearance by grooming techniques.

William French thanked our speaker. Our president, Hugh Chant, closed the meeting, after which refreshments were served.

Our next meeting will be on June 2nd at 7:30 p.m. at the farm of Gordon Byers in Brockville.

CALL 359-6096
MON. - SAT.

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DELTA FIRE DEPARTMENT 50th ANNIVERSARY

****CRAFT SALE REGISTRATION****

The Delta Community Board invites any interested person to attend and participate in an indoor Craft Sale on:

SATURDAY, JULY 4, 1987
at the DELTA COMMUNITY HALL.

NAME OF APPLICANT _____
Telephone Number _____
MERCHANDISE TO BE SOLD: _____

The table charge will be \$10.00 for a 10' table.
Electricity will be provided.
Please send to:
Delta Community Board
Miss Cheryl Halladay
Secretary
P.O. Box 136, Delta
Ontario K0E 1G0

DELTA FIRE DEPARTMENT 50th ANNIVERSARY

****PARADE REGISTRATION****

The Delta Fire Department welcomes all neighbouring community members to participate in the parade on JULY 4, 1987 at 12:00 noon.

NAME OF APPLICANT: _____
Name of Contact Person: _____ Phone Number _____
TYPE OF ENTRY: _____

Please send to:
Mr. William Morris, Clerk
P.O. Box 181,
Delta, Ontario