

THE KITCHEN WITCH

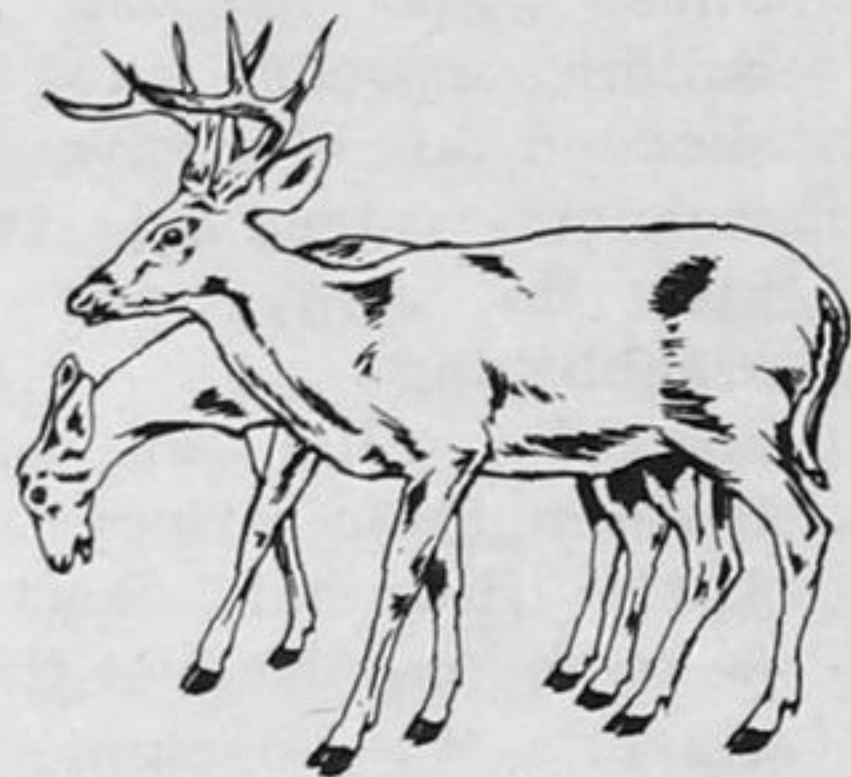


Heather McNally  
Portland-on-the-Rideau

END OF SEASON CREAM OF TOMATO AND BASIL SOUP

¼ cup olive oil  
¾ cup chopped celery  
1 cup chopped yellow onion  
½ cup chopped red bell pepper  
1 tsp finely chopped garlic  
4 lbs. peeled and seeded tomatoes (then chopped and drained)  
or 2 - 28 oz cans Italian tomatoes, drained  
1½ tbsp. good quality tomato paste  
1¼ cups whipping cream  
¾ tsp. chopped fresh basil  
2½ tsp. freshly ground black pepper  
2¼ tsp. kosher salt, or to taste  
In a heavy, 3-quart saucepan, heat olive oil over medium heat. Add celery, onion, red pepper and garlic. Saute just until vegetables are tender. Add drained tomatoes and crush slightly. Simmer 3 minutes. Add tomato paste and simmer 3-4 minutes. Divide into two batches. Pour half into a blender or food processor. Process until smooth. While processing, pour half the cream in a thin, steady stream into the mixture

and add half the basil. Return to pot. Process remaining tomato mixture, drizzling in cream and basil as before. Add to pot and season with salt and pepper. Cook over very low heat just until hot, and serve. (8 servings - 6 ounces each.)



FAMILY FOCUS

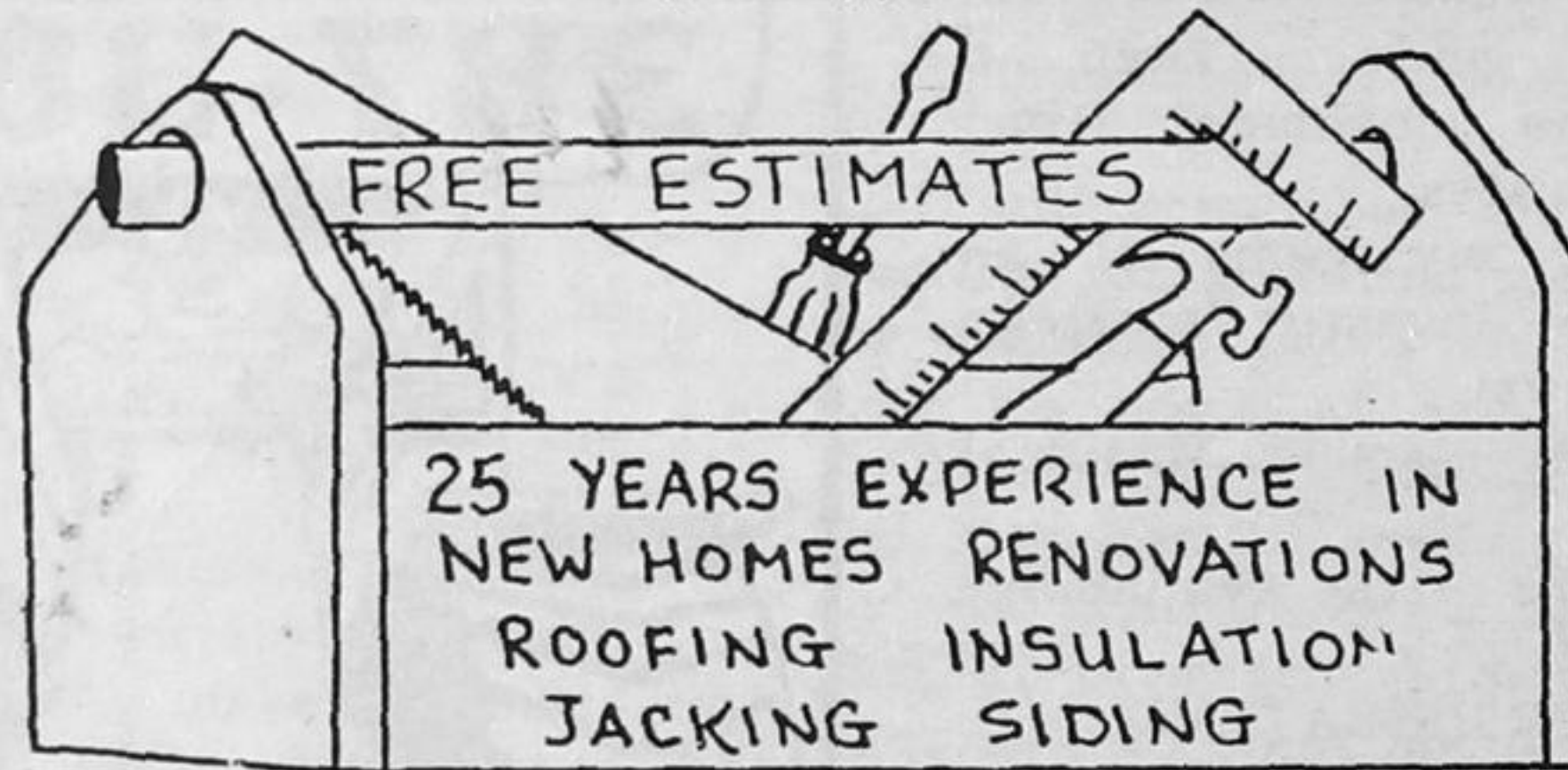
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1. Tuesdays 7:00-10:00 Rideau Amateur Troup Sponsored by Teen's Talk. ALL WELCOME.
2. Wednesdays 9:00-11:00 A community drop-in. Child care will be provided. ALL WELCOME.
3. Thursdays 9:30-11:30 Know how to relax?...If so help others learn...if not we'll teach valuable relaxation skills Child care can be provided. Information Alice or Melinda.
4. Mondays 6:30-8:30 Beginning September 29th. A parenting group. ALL WELCOME. Please pre-register. Information Alice or Melinda.

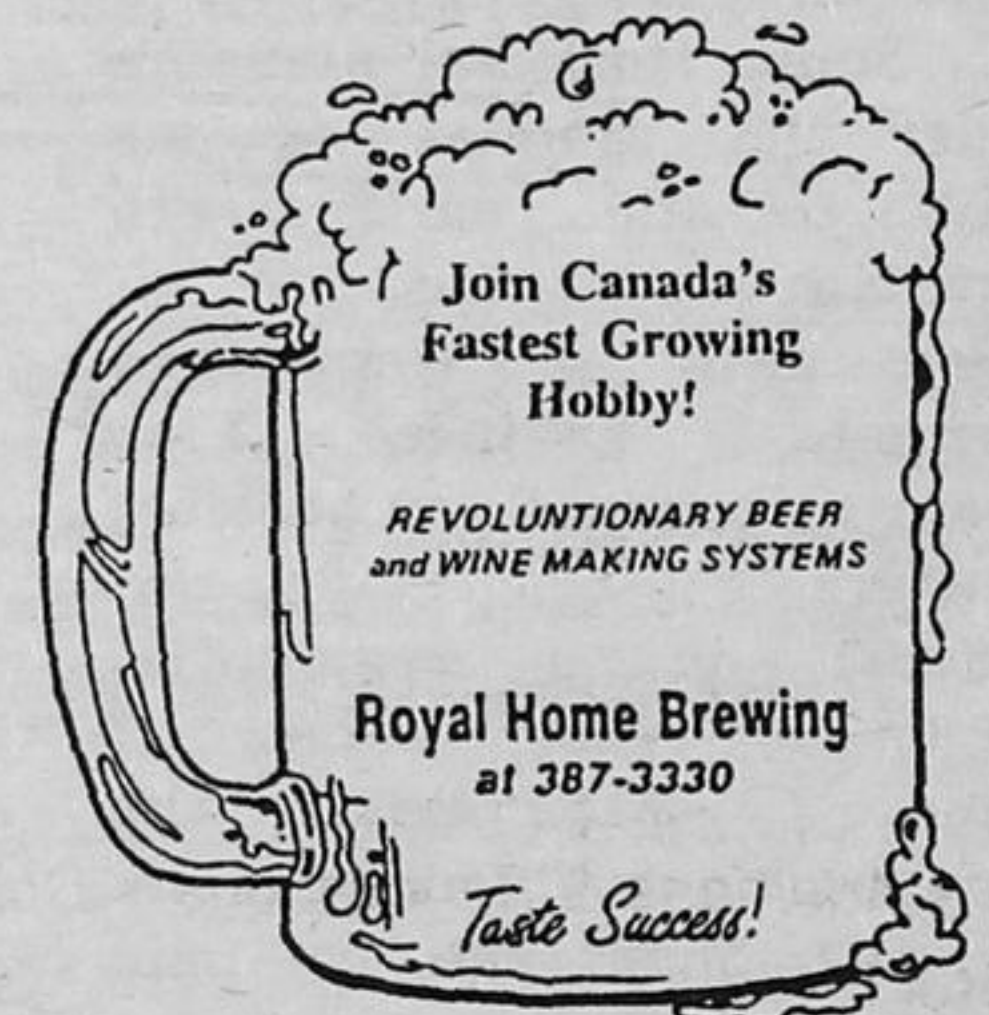
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