

THE KITCHEN WITCH
Heather McNally
Portland-on-the-Rideau

Rabbit Ears (Beaver Tails)
 These are high in calories but just delicious served with maple syrup. Makes 48. Refrigerate tightly wrapped for 3 days or frozen for 3 months.
 2 cups all-purpose flour
 1½ tbsp granulated sugar
 1½ tsp baking powder
 ¾ tsp salt
 1 tbsp solid vegetable shortening
 ¾ cup milk
 About 2 cups vegetable oil for frying
 Confectioners sugar
 Mix flour, sugar, baking powder and salt in bowl. Cut in shortening until mixture is fine crumbs. Stir in milk until blended and dough forms a ball. Divide dough in half; shape each piece into a ball. Flatten into 1-inch thick rounds. Let stand 10 minutes to allow dough to relax. Lightly flour rolling pin and roll out ½ the dough to a 12x8 inch rectangle. Let rolled dough stand 10 minutes. With a sharp knife cut dough into 2-inch squares. Repeat with remaining dough. Squares may be covered with plastic wrap and refrigerated overnight. Heat 1 inch of oil in a 1½ qt saucepan over medium-high heat (365°F). Carefully add 3 or 4 squares of dough to the oil. In about 30 seconds they will puff up and float to the top. Turn them over and fry another 30 seconds or until golden. Drain on paper towels and dust with confectioners sugar. Serve warm or at room temperature.



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But remember...

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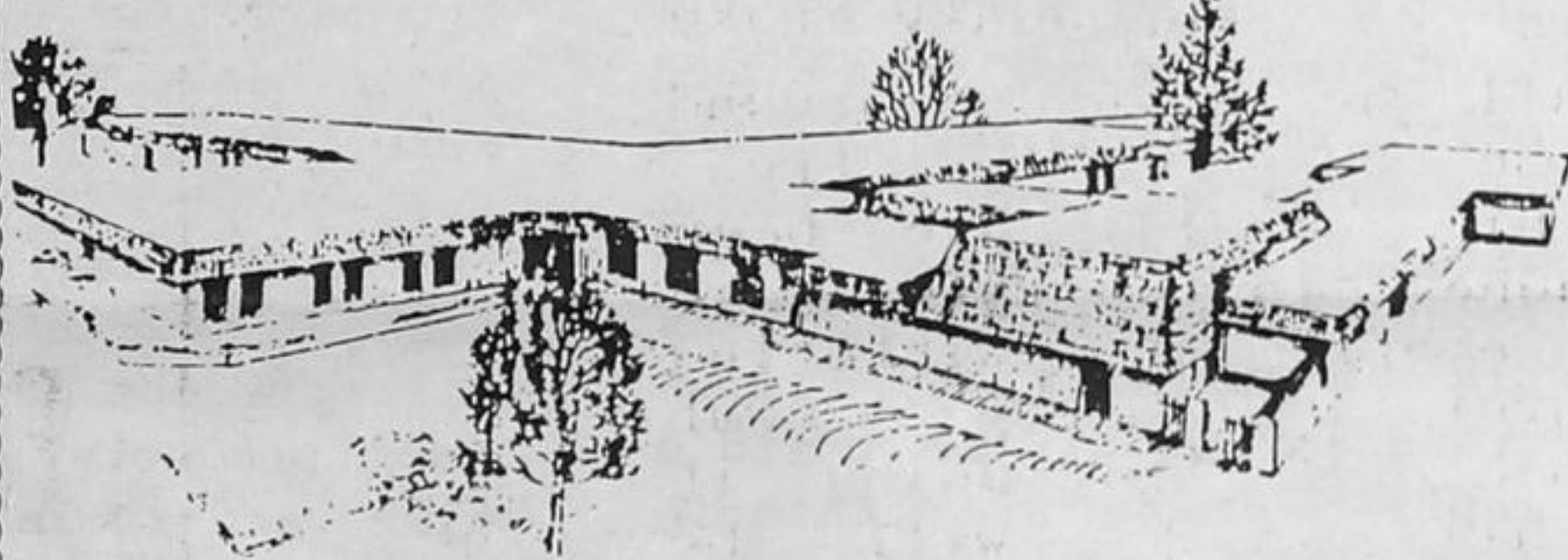
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