

ST. LUKE'S A.C.W.

Seven members were present at the home of Bernice Landon for our March 2 meeting.

The Lord's Prayer was said by all members. Invocation read by Hilda Talboys. The Scripture reading by Sally Stoner 1Corinthians 1:30-2:2. Meditation by Bernice. All joined in for the prayer. Sally Stoner reported that Shirley Jackson gave a donation for Easter flowers for St. Luke's church. Janet O'Meara gave a donation as well for the A.C.W.

A collection was made for the United Thank Offering; this money should be in by April. Birthday dues were also collected. A thank-you letter from Mrs. Margaret Wood was read.

Roll call was answered with the verse of Scripture containing the word "Spirit." The word for April is "Righteous." Sally is to speak with Rev. Boeger concerning an April meeting with members from St. John's and St. Peter's in connection with the spring rummage sale.

The members were pleased to talk about the new microphones placed in St. Luke's church.

We all enjoyed a penny auction and closing with the Grace. Lunch was served by Bernice.

## LYNDHURST U.C.W.

Our U.C.W. meeting was held in the afternoon with eleven ladies answering the roll call. Ruth opened the meeting with a poem "Good News". Ruby Sweet's Devotional theme was "Lent." She opened with scripture reading from St. Luke Chapter 4. Hymn 148, "Breathe on me Breath of God," was sung. Ruby also had a reading, "The Cross for All to See," then closed with prayer. Minutes were read and approved and the treasurer's given. report Offering was received and dedicated by Mary Townsend. Thank-you notes were read and business taken care of.

Plans were discussed to cater to a dinner for Superannuated Teachers to be held in mid April. Marion Warren gave a report on the Annual Presbyterial meeting held at Cookes-Portsmouth United Church on February 28. The theme was "Open our Eyes that we may See."

Mary Townsend gave a report on stewardship.

The meeting was adjourned, followed by benediction.

A delicious lunch was served

A delicious lunch was served after.





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PREVENTION

The old truism, prevention is better than cure, holds good for cancer. But also remember that the earlier the disease is discovered, the better your chances of cure. Get to know your body; don't shrug off the warning signs; and follow healthy lifestyle.

We suggest that you protect yourself and your family by acting upon the Seven Steps to Health.

# Seven Steps To Health

- 1 Choose to be a non-smoker
- 2 Eat a well balanced diet, low in fat & high in fibre that helps you maintain your ideal weight.
- 3 Have regular medical & dental check-ups.
- Find out about any lump or sore that does not heal or any change in your normal state of health.
- 5 Protect yourself against too much sunlight.
- 6 Learn to avoid known Cancerproducing substances at work, at home and in the community
- Have regular Pap Tests and do monthly breast self examinations.

In the matter of the Ontario Heritage Act, R.S.O. 1980 Chapter 337 and in the matter of the land and premise at the following municipal address in the Province of Ontario.

### NOTICE OF INTENTION TO DESIGNATE

TAKE NOTICE that the Council of the Corporation of the Township of Bastard and South Burgess intends to designate the property, including lands and buildings at the following municipal address as property of architectural and historical value or interest under Part IV of the Ontario Heritage Act, 1980 R.S.O. Chapter 337.

ALBERT GALLACHER HOUSE: Bastard Township, Village of Portland, Plan 27, part lot 1, lot 2, lot 3, lot 4, Water Street, S.S., Main Street W.S. The residence was originally built by Albert Gallagher C 1910 and is presently owned by Patrick and Eleanor Dickey.

#### REASONS FOR DESIGNATION:

STRUCTURE: Two-and-one half storey, brick, rectangular, with a protruding bay on north facade.

ROOF: Original Metal

WINDOWS: Tall rectangular with those in the front and west facade in two sections with upper panes leaded.

DOOR: Downstairs with large glass pane in plain wood trim and wooden panels at the bottom.

VERANDAH: Two storey on front facade with Ionic style pillars.

FENCE:Low, cast-concrete fence along front of property.

ANY PERSON MAY, within thirty days of the first publication of this notice, send by registered mail or deliver to the Clerk of the Township of Bastard and South Burgess notice of his or her objection to the proposed designation together with a statement of the reason for the objection, and all relevant facts. If such a Notice of Objection is received, the Council of the Corporation of the Township of Bastard and South Burgess shall refer the matter to the Conservation Review Board for a hearing.

this 23rd day of March, 1989.

Shirley Bryden, C.M.O.

Clerk-Treasurer

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REASONABLE RATES

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NOTICE

The Township of Bastard and South Burgess has been designated under the "Rural and Native Housing Program", which is being delivered by Canada Mortgage and Housing Corporation.

This is a Home-ownership program in which approved low-income clients pay 25% of their income toward the mortgage.

Preliminary applications are available at the Municipal Office (928-2251). If you require further information please contact our office.

Shirley Bryden Clerk-Treasurer A.M.C.T., C.M.O.