

THE BAY VIDEO NOOK
HELEN STREET
SEELEY'S BAY
387-3704

New Releases Weekly

Take advantage of our convenient
24 hour drop slot

Special "Red Dot" Pricing

HOURS

12:00 - 8:00 pm Daily

12:00 - 2:00 pm Sundays

Tone & Trim Tone & Trim

Join Up For
AEROBIC EXERCISE

&

AEROBIC DANCE

CLASSES

Starting

SEPTEMBER 14, 1987 for 10 weeks

MONDAYS & THURSDAYS

7-8 & 8-9 P.M.

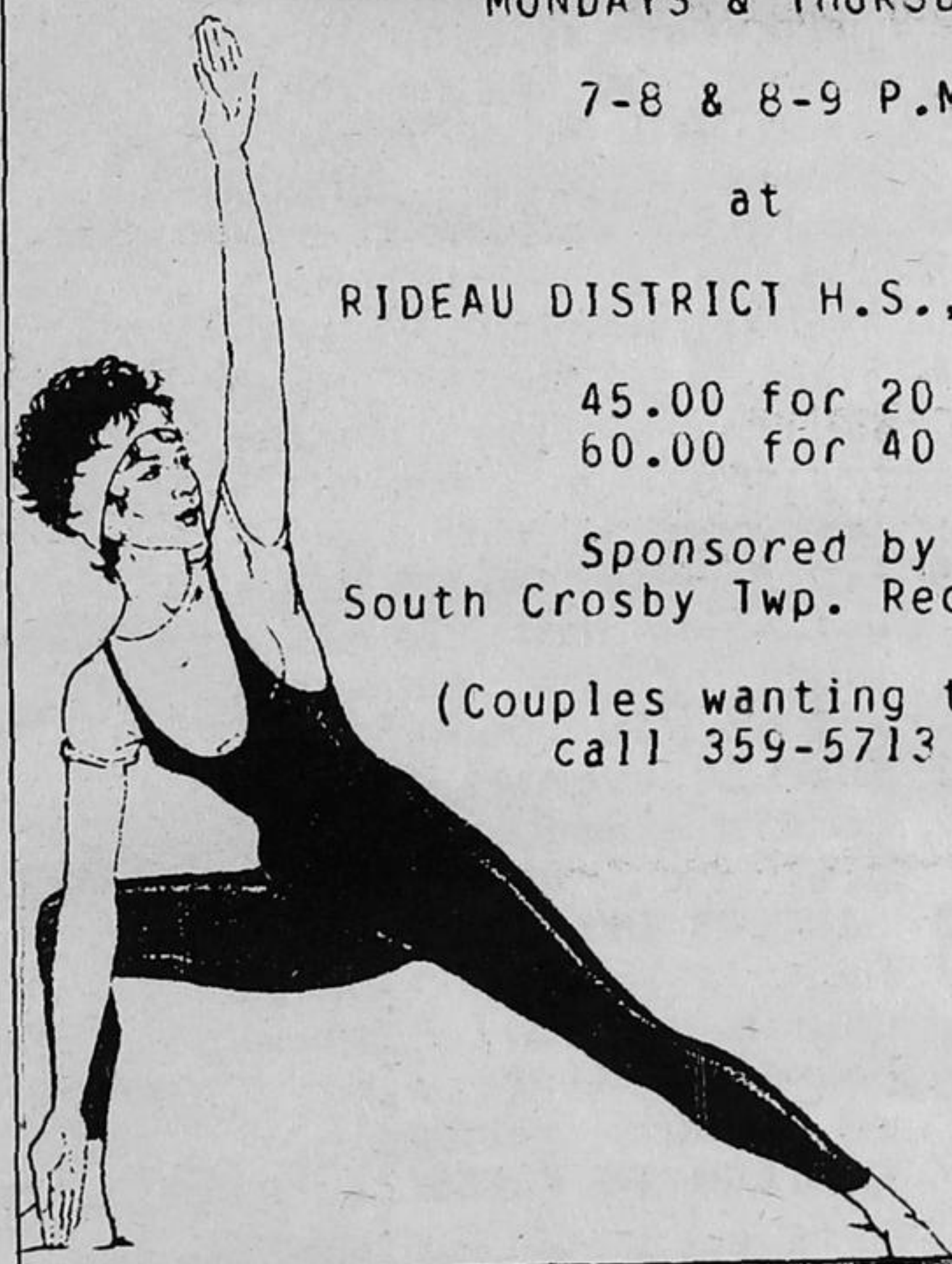
at

RIDEAU DISTRICT H.S., ELGIN

45.00 for 20 classes
60.00 for 40 classes

Sponsored by
South Crosby Twp. Recreation Committee

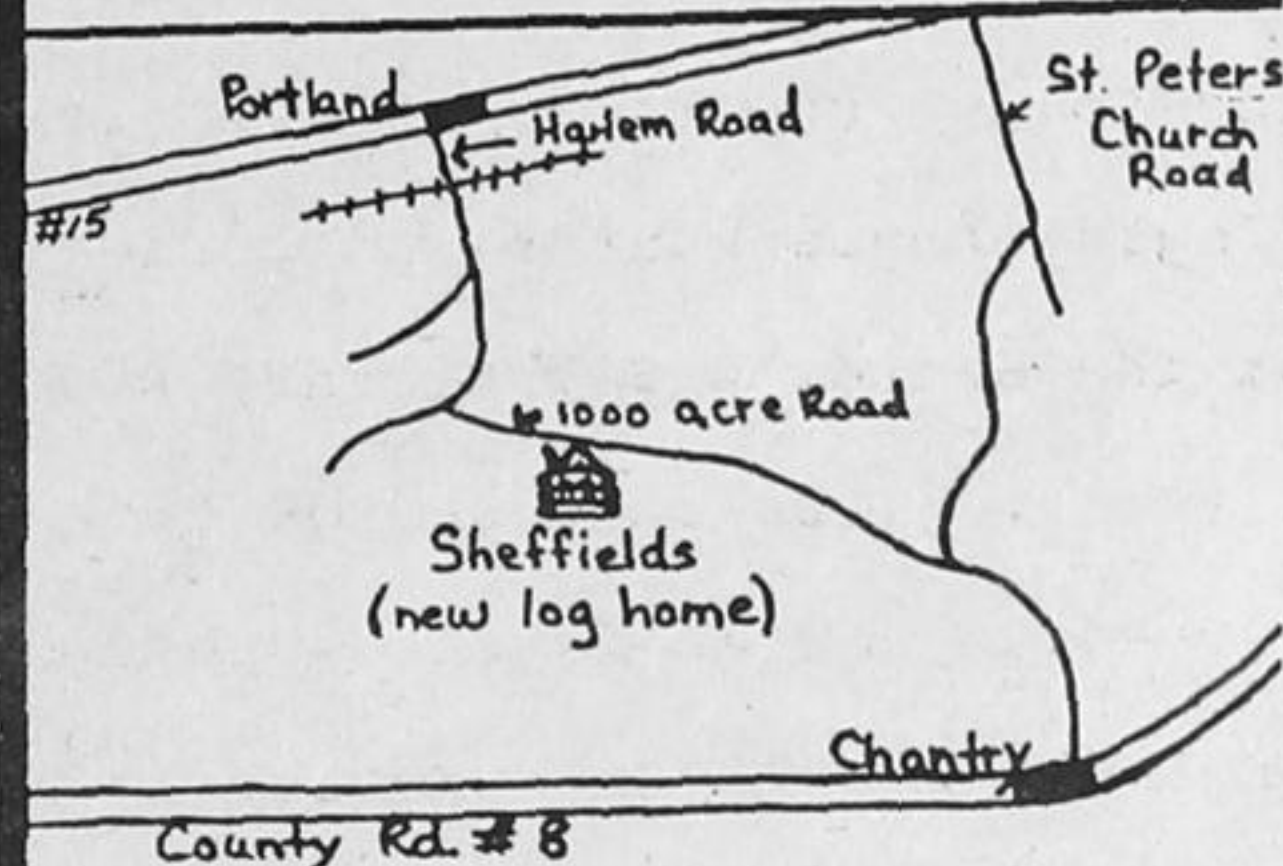
(Couples wanting to learn to "Jive"
call 359-5713 for information)



Pick Your Own TOMATOES

Mon. ~ Sat.
8 a.m. ~ 5 p.m.

SHEFFIELD'S
MARKET
GARDEN



THOUSAND ACRE RD.
R.R.# 3,
PORTLAND

272-2067

* WE PLAN TO CLOSE FOR THE

SEASON IN MID-SEPTEMBER

From Hwy 15 at Portland,
Take Harlem Road, then first left
and follow the signs.

Antique Show and Sale, 1987

25 Ontario and Quebec dealers.
High quality Canadian and European
Furniture (Country and Formal)
porcelains, Georgian Silver,
jewellery, prints, art glass,
collector's books and prints etc.

September 12th (11am - 8 pm)
September 13th (11 am - 4 pm)

South Grenville District High school
Prescott, Ontario

Just south of hwy 401 at exit 716.

Proceeds to operation of the
Homewood Museum, west off Prescott
on hwy # 2, operated by G.C.H.S.

Jean Jagersma,
Show Chairman.

RIDEAU LAKES UNION LIBRARY

Hours of operation	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Librarian
DELTA 928-2991		1:30-4:30		7-9p.m.		9-11 a.m.	J.Gunnewiek
ELGIN 359-5315		11-4p.m. 7-9p.m.	1-4p.m.	1-4p.m. 7-9p.m.	1-4p.m.	10-1p.m.	M.Keates D.Haskins
LYNDHURST 928-2277			2-5 7-9p.m.			10-1p.m.	W.Royal
PORTLAND		6-9p.m.		11-3p.m.	2-4p.m.	11:30-2:30	J.Gunnewiek
SEELEYS BAY 387-3909		1:30-4:30		2-4:30p.m.	2:30-5p.m.	10-1p.m.	H.Simpson 6:30-9