

SENIORS ACTIVITIES COLUMN

Many people who are not aware of the extent of the involvement of our senior citizens in the community may assume they are inactive. In order to dispel this myth and for general information I have compiled the following partial listing of current activities in the VON Seniors Support area. If you are aware of other activities or have items of interest for seniors please contact Marian McLeod at 359-1068.

Lunch Programs

1st Thursday of the month - "Philippsville Outreach Neighbours" lunch 11:30 am - \$4.

December 3rd - table mats decorated by the students of Rideau Centennial, Portland

No January Lunch

2nd, 4th Wednesday - "Beverley Seniors Lunch" at Royal Canadian Legion in Delta 11:30 am - \$3. (Delivery in Delta area)

3rd Thursday - "Hands Across the Years" Lunch Senior Citizen room - Town Hall, Westport 11:30 am - \$4.

Meetings, Special Activities

Delta - Beverley Seniors Club

Meetings - 3rd Friday at 2 pm in Legion Hall

November 20th - Christmas Bazaar

December 1st - Bus trip to Kingston for Christmas shopping

December 12th - Christmas banquet

Elgin - South Crosby Friendship Club

Euchre - each Monday evening

Regular meetings - 2nd Wednesday 12 pm potluck lunch

December 9th - Christmas lunch catered by the Stage Coach Inn

Newboro - Rideau Friendship Circle

Regular Meetings - 1st Wednesday 2 pm Municipal Hall

November 30 - bus trip to Ottawa sponsored by the Newboro Recreation Committee

December 16th - Christmas dinner at the Stage Coach Inn

Philippsville

Bingo - Monday evenings at 8 pm

Portland - Rideau Welcome Club

Regular Meetings - 1st Wednesday evenings at Portland Community Hall

December 2 - Christmas Dinner - special guest Santa Claus

November 24th - Bus trip to Cullen gardens to view Christmas lights

December 6th - bus trip to Ottawa for supper

December 9th - Seniors Choir will sing in Riverview Nursing Home, Smiths Falls

December 8th - VON Volunteer Visiting Program

Christmas gathering - nonperishable food items have been donated to local food banks

January 26th - VON Visiting Program Inservice - Betty Healy, co-ordinator Leeds Grenville Volunteer Bureau.

VON Footcare Clinic

Last Thursday of the month sponsored by Philippsville Outreach Neighbours - 1:30 - 3 - For appointments call Lydia Tackaberry at 359-5845

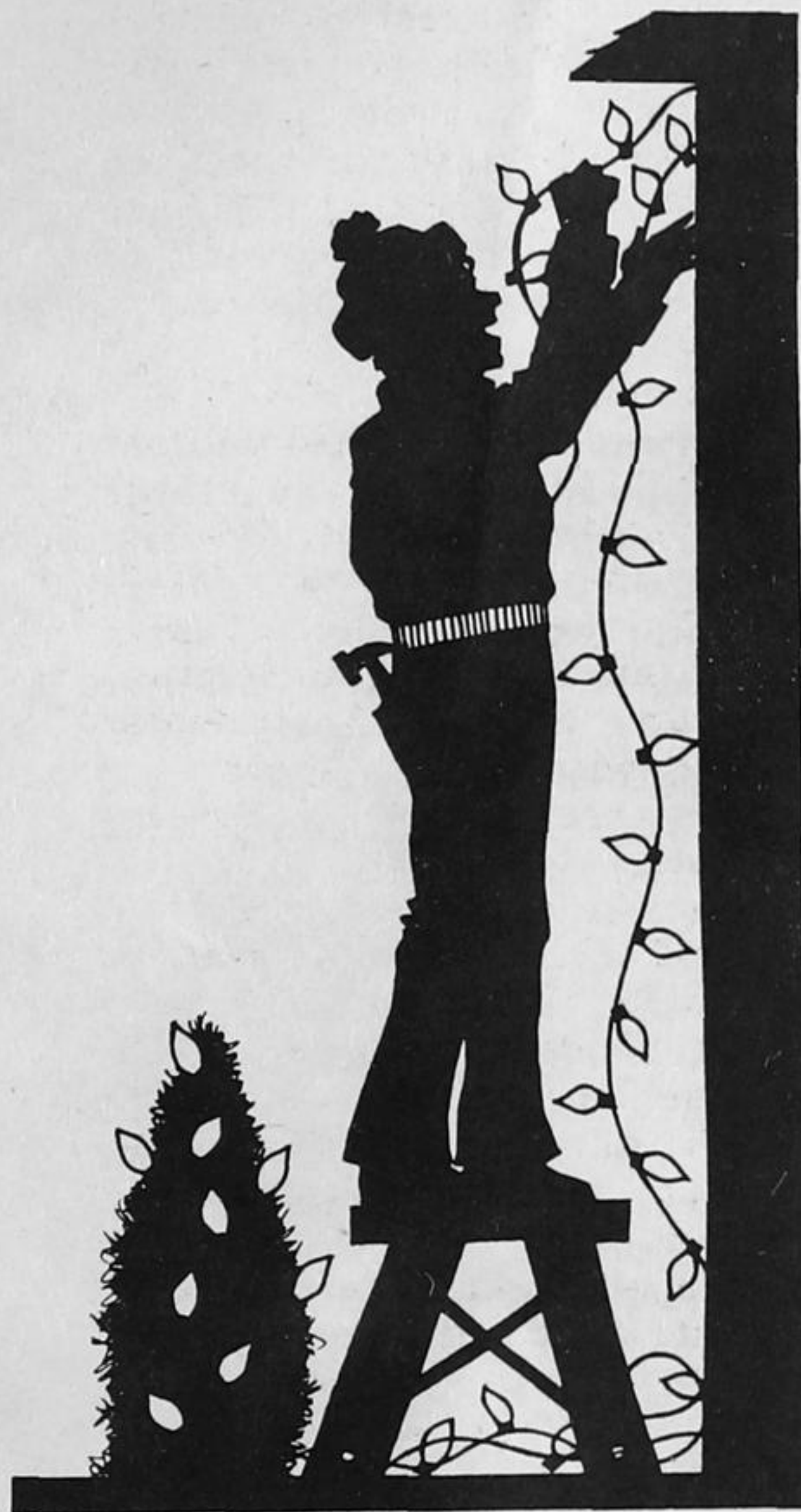
Adult Health Clinics

Delta - 4th Wednesday Royal Canadian Legion 1:30 - 3

Elgin - 1st Wednesday at Rideau Lakes Senior Citizens Apartment - 1:30 - 3

Newboro - 3rd Wednesday at Rideau Medical Centre - 1:30 - 3

SEASON'S GREETINGS



DECEMBER COMING EVENTS

- 1 Rideau Lakes Horticultural Society annual meeting 6 pm Forfar Community Hall - potluck, gift exchange, election of officers
- 2 Health Clinic - topic "Angina" at Rideau Lakes Apart. Lounge 1:30 p.m.
- 3 Public meeting re Senior Citizens' Residence in Seeley's Bay at Seeley's Bay Library 2-6 p.m.
- 6 Christmas Contata at Delta United Church 8:00 p.m.
- 8 Rideau Lakes Library presents "Dan Yashinsky" at South Crosby Public School 1:30 p.m.
- 12 Chaffey's Lock Community Christmas Party 6:30 p.m. - potluck supper, gift exchange, program and Santa
- 12 Seeley's Bay Legion dinner in honour of Ladies' Auxiliary and senior citizens
- 12 Children's Christmas Party in Portland 2-4 p.m.
- 13 Christmas Contata at Portland United Church 8 p.m.
- 13 Senior Citizens' Christmas Party 1:30 - 4:30 p.m. Elgin Lions Community Hall
- 25 **CHRISTMAS DAY**
- 31 Seeley's Bay Legion New Year's Eve Ball 9 p.m.
- 31 New Year's Eve Dance at Elgin Lions Community Hall 9 pm to 2 am

RIDEAU LAKES UNION LIBRARY CHRISTMAS SEASON HOURS

All branches in the Union, except Elgin will be CLOSED Dec. 24 - Jan. 1 inclusive

The Elgin branch will be open for all area patrons on the following days:

- Tuesday Dec. 29th, 11-4 and 7-9
- Wednesday Dec. 30th, 1-4
- Thursday Dec. 31st, 1-4

Regular operating hours at all branches will recommence Jan. 2, 1988

The Board and Staff of the Rideau Lakes Union Library wish you all

A Joyful Christmas Season and

A Happy and Prosperous New Year.

JANUARY COMING EVENTS

- 1 **NEW YEAR'S DAY**
- 1 Seeley's Bay Legion President's Levee noon - 4 pm
- 17 Elgin Lioness Club Spaghetti Supper 4-7 pm at Elgin Lions Community Hall

RIDEAU LAKES UNION LIBRARY

Hours of operation	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Librarian
DELTA 928-2991		1:30-4:30		7-9p.m.		9-11 a.m.	J.Gunnewiek
ELGIN 359-5315		11-4p.m. 7-9p.m.	1-4p.m.	1-4p.m. 7-9p.m.	1-4p.m.	10-1p.m.	H.Keates D.Haskins
LYNDHURST 928-2277			2-5 6-8 p.m.			10-1p.m.	W.Royal
PORTLAND		6-9p.m.		11-3p.m.	2-4p.m.	11:30-2:30	J.Gunnewiek
SEELEYS BAY 387-3909		1:30-4:30		1:30-4:30p.m.	2:30-5p.m.	10-1p.m.	H.Simpson 6:30-9

