



PORTLAND U.C.W.

The November 15th meeting was opened by acting President Jean Peters with a verse "Along the Way". Fourteen members were in attendance. Business reports were given by Phyllis Fuller, Lucille Strong and Hazel Diamond. A motion to have a pot luck luncheon and gift exchange for the December meeting was passed. The meeting will be held on December 13th at 12:30 p.m. Lucille Strong closed the business meeting with a reading "Share the Journey", an article on Stewardship. The worship segment was a study on "The Women of South Africa". We were given some insight into how African women cope with oppression by Marion Seeley, Roma Derrough, Jean Sheffield and Olga Baker. This was followed by a discussion on the lesson to be learned from Genesis 16, verses 1 to 15. The meeting closed with a social hour and a luncheon served by group 1.

LEGION BIG DEER CONTEST "88"

Portland Rideau Lakes Branch No. 231, R.C.L., Big Deer Contest "88" concluded with a dance on November 19th. The "Rubbles" band provided the music for a moderate crowd.

The winners were declared and prizes awarded as follows: 1st prize: a Winchester Model 70, 308 rifle was won by Peter Knapp of Chaffey's Lock, with a 225 pounder. 2nd prize: a Lakefield pump action 12 gauge shotgun was won by John Fortier of Elgin, with a 223 pounder. 3rd prize: a reversible hunting jacket, donated by Randy Cannon, was won by Keith Clarke of Kingston, with a 221 pounder.

A number of draw prizes which were donated by area merchants were awarded.

The Legion extends thanks and appreciation to all who assisted - prize donors, ticket sellers, the participants in the hunt, those who attended the dance, the committee who worked so hard and did a wonderful job and the Ladies Auxiliary for providing the lunch.

The Annual Remembrance Day services were held at the Elgin and Portland Cenotaphs on November 6. Rev. J. Harry Seeley conducted the services assisted by Rev. Renshaw and Cheryl Battams at Elgin and Rev. Kompass

and Cheryl Battams at Portland. The fine weather permitted a pleasant parade and ceremony and a piper livened things up. The Elgin and Portland Volunteer Fire Departments, the ambulance services, Scouts, Cubs, Beavers and Brownies participated and assisted with the wreath laying under the capable guidance of Comrade Bertha Dillon. Comrade Linton McConville was parade marshal.

Legion members attended the splendid remembrance services at the Portland and Elgin Schools on November 11th. The Principal, Staff and students are to be commended on their fine performance and we salute them.

Following the services on November 6th, there was an open house at the Portland Community Hall where the Ladies Auxiliary provided lunch. A social hour was enjoyed by all.

Work is underway renovating the new hall on the Harlem road.

The annual Children's Christmas Party, co-sponsored by the Legion and the Ladies Auxiliary of the Portland Firemen's Association will be held at the Portland Community Hall on Saturday, December 17 from 2 - 4 p.m.

The next general meeting will be held on December 1st.

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AND DATES OF PROGRAMS**

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MON - FRI 9:00-5:00

THE HEALTH PROGRAM PLANNING COMMITTEE WOULD LIKE TO INFORM YOU OF HEALTH PROMOTION PROGRAMS AVAILABLE

- *Monthly Foot Clinic
- *Ongoing Weight Reduction Groups
- *Ongoing High Cholesterol Instruction
- *Exercise For Seniors
- *Health Education Lectures
- *Pharmacy Instruction "Medication & You"
- *Diabetic Information Sessions - Series of Six One-Hour Topics (C.D.A. Approved)

Season's Greetings

WE WISH YOU
JOY AND HAPPINESS
FOR THE
HOLIDAY SEASON
AND EXTEND
SINCERE THANKS
TO ALL OUR
GOOD FRIENDS

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Season's Greetings
from
Portland Grocery

Kirk, Kathy, Eldie, Shirley
Gord, Zelda, Jane and Craig

wish you
ALL THE BEST
this holiday season
HOLIDAY HOURS

CLOSED Christmas and Boxing Days
New Years Day and Jan. 2