



**ST. PETER'S ACW**

The February 4 meeting of St. Peter's Anglican Church Women was held at the home of Vera Bennett with 10 members present.

Vera conducted the worship service using the Luke 5 verses 1 - 11 scripture and asked thought-provoking questions as to why we went to church and why the crowd pressed in our Jesus.

The Private World Relief Fund was discussed and a video tape was shown. We learned that the fund helps refugees at home and abroad and these funds are watched by the Canadian International Development Agency three to one. It was decided that we use the proceeds of our Pancake Supper for the Private Fund.

Although the decision on whether we should sponsor another child has been on the agenda through the Christian Children's Fund as part of our missionary program the decision was deferred to our next meeting.

Again concerning missions the Ryandale House in Kingston and funds from the Nearly-New Shop for it was voted.

A group, Vera Bennett, Rita Jones, Mary Dean and Betty Sly, volunteered to organize the Pancake Supper March 3.

The price of \$3.50 for adults and \$1.75 for children and a family price of \$11.50 was decided.

The meeting closed with the ACW prayer and song and a delicious lunch was enjoyed.

Gail Moore

**RECREATION COMMITTEE  
MEETING FOR THE  
TOWNSHIP OF REAR  
OF LEEDS AND  
LANSDOWNE**

The regular meeting of the Recreation Committee for the Township of the Rear of Leeds and Lansdowne was held in the Council Chambers at 7:30 p.m. on Monday, January 27, 1992. Seven members were present.

Minutes of the November 25, 1992 meeting were approved as read.

A Motion was made to pay the Gananogue Recreation Department Voucher covering children playing hockey in Gananogue from Rear of Leeds and Lansdowne Township.

There was a discussion with regards to the Volunteer Appreciation Night being held on March 3, 1992 at the Lyndhurst Legion Hall.

A Motion was made to appoint Jake Eyzenga as Chairman of the Recreation Committee for 1992. A vote of thanks was given to Alan Roantree who had been the Chairman for 1991.

The meeting adjourned at 9:45 p.m. and will meet again February 24, at 7:30 p.m. or at the call of the Chairman.

Betty Sly

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**THE LUNG ASSOCIATION**

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**ARE YOU SICK OF BEING INDOORS?  
YOU MIGHT REALLY BE!**

(YOUR TOWN/CITY)...Are you sick of being indoors? "It might not be the February blahs. Poor indoor air quality might be causing health problems in your home and workplace", said Trudy Lundvall, Executive Director of The Lung Association of Lanark, Leeds and Grenville.

On average, Canadians spend at least 90 percent of their time indoors. At this time of year that percentage could be even higher. In fact, experts agree that air pollution levels can be greater indoors than out.

The most significant pollutants found indoors are second-hand smoke, the vapours from household and personal care products, vapours from arts and crafts materials, nitrogen dioxide, carbon dioxide, formaldehyde, microbes and fungi asbestos, and volatile organic compounds. These pollutants can cause a variety of health effects including: lung cancer, eye and respiratory tract irritation, headaches, nausea, reduced resistance to infections, allergic reactions, fatigue, confusion, dizziness and rashes.

"There are a number of things you can do to reduce the amount of indoor air pollution in your home and workplace," suggested Mrs. Lundvall. "The most important step you can take is to quit smoking and ban smoking your home and workplace. There are 43 known carcinogenic compounds in tobacco smoke alone. Standard domestic and commercial ventilation systems cannot eliminate the hazards of tobacco smoke," added Mrs. Lundvall.

"The Lung Association can provide you with other simple steps you can take to control indoor air pollution in your home and office and information on how to quit smoking," concluded Mrs. Lundvall.

The Lung Association is Canada's oldest voluntary not-for-profit health promotion organization. It conducts public health education, research and public awareness programs which are supported by donations to the annual Christmas Seal Campaign and by other voluntary contributions.

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**NEARLY NEW SHOP**

The Nearly New Shop which is being operated by the Anglican Parish of Leeds Rear periodically through the winter months appears to be meeting a real community need.

Last year, these sales generated income of \$1085.31! Considering the very low prices being charged, this represents a large turnover of clothing and other goods and we are most grateful for those who have made donations of material. The income from these sales, other than necessary expenses, is being used for charitable purposes within the community. To date, our operating costs have been \$116.31 leaving \$965.04 for disbursement. Of this, \$115.00 was given for the rental of a wheelchair, \$200.00 to the Gananogue Food Bank and a further \$200.00 to the Seeley's Bay Lions Club for Christmas hampers. The balance of \$460.04 together with the net profits from this year's sales will be used for similar projects or other urgent needs which come to our attention.

Unfortunately, we had to postpone our end-January sale and regret any inconvenience this may have caused. In addition to the sale this weekend (February 28/29), another is planned for Friday, March 27 and Saturday, March 28. Donations of clean "nearly new" spring and summer clothing in good condition would be gratefully appreciated and can be left at St Luke's Church in Lyndhurst or call 928-2787 to arrange pick-up.

Our thanks to everyone for your support.

Terry Lafferty