THE CITY DIRECTORY.

Hotels and Restaurants.

at regular hours. W. DOYLE, Market Square. BURNETT HOUSE, Ontario St., nearest first class hotel to G. T. R. and K. & P. Stations. T.

WILSON, Proprietor. ALBION HOTEL, corner Queen and Montreal Streets, well situated, with yard and stabling.

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With St. Lawrence Hotel on King Street. First class rigs will always be on hand on the shortest

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CARRUTHERS BROS., Financial Agents, King Street. Money to loan on real estate and other securities.

MONEY TO LOAN in large or small sums at low rates of interest, on City and Farm Property Loans granted on City and County Debentures. Apply to Thomas Briggs, Manager, Frontenac Loan and Investment Society. OFFICE-Opposite the Post Office.

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H. HENDERSON, Photographer. Enlarged Portraits and Views. Satisfaction guaranteed.

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SUITS TRIMMED and made to order, in latest fashions, at JOHN SHANAHAN'S, Market Square. FOR LATEST AMERICAN STYLES, guaranteed to fit, go to A. O BRIEN'S, 269 Princess St., above Sydenham.

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ACKNOWLEDGED by everybody that the finest line of soft drinks manufactured in the city can be found at HINDS BROS', Market Square. They consist of all areated waters. Prompt attention paid to pic-nic parties. AT Telephone

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E. Jones, 280 Princess Street, has always an excellent stock of express waggons, crockery, glassware, baskets and fancy goods to choose from. Registry office for servants in connec-Plumbing and Gas Fitting.

J. G. Bastow, practical sanitarian. Plumb-

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CRAWFORD PEACHES for Preserving. Large quantities arriving daily at the BAZ-AAR. ANNow is the time to buy.

REES BROS., Man. Confectioners.

JUST THE THING FOR PIC-NICS.

Ginger Ale, Lemon Soda, Birch Beer and Cream Soda-the finest in the city. Davies, Gold Medal Ale in pints and quarts.

Also a fine stock of choice Wines and Liquors. JAMES THOMPSON, 331 and 333 King St

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PRINCESS ST., - KINGSTON.

All kinds of goods cleaned and dyed and well I put up and have for sale the "Jem Package Dyes," warranted to be the best in the market. Try them. Agents wanted.

R. MONTGOMERY, Practical Dyer. March 4.

CLEANLINESS IS NEXT TO GODLINESS Hot and Cold Baths at all Hours at JONES' TONSORIAL PARLOR British American Hotel Block, Clarence St'

N.B.—These are the only Baths in the city heated by steam thereby securing at all hours hot "ter

CARE OF THE HAIR.

WHY WE ARE LIKELY TO BECOME A NATION OF BALD HEADS.

An Erroneous View That Prevails-The Bad Practice of Continually Washing the Head-Nature's Hair Oil-Advice to Young People

No careful observer fails to notice, as he looks over assemblies of men past 30 years of age, that a very large proportion is bald or in a state of partial baldness, which indicates the speedy loss of the hirsute appendage. The percentage of men of all ages who show signs of baldness has been put at 30 per cent., and by some observers as high as 40 per cent. From careful observations in churches, theatres, lecture rooms and political assemblies we are satisfied that these estimates are too high, and that 23 or 24 per cent, is a more exact estimate.

This exhibit is alarming, as it indicates that the time is near when we shall be a nation of bald heads, and that alopecia as a disease will afflict the youth in our schools, as through heredity physical deformities and illnesses are multiplied and extended to an enormous extent.

SCOURING THE SCALP. What is the cause of this early loss of hair? It is not due to the hats or caps we wear, not to the clipping of the hair close, not to living in hot rooms; it is not due to the forms of foods we consume, but, in our view, it is largely due to modern methods of treatment of the hair and scalp. The erroneous view prevails that the skin which holds the hair follicles and the delicate secretory organs of the scalp must be kept as "clean," so to speak, as the face or hands; consequently young men patronize barbers or hairdressers, and once or twice a week they have what is called a "shampoo" operation performed; and this consists of a thorough scouring of the hair and scalp with dilute ammonia water and soap, so that a heavy "lather" is produced, and the glandular secretions, which are the natural protection of the hair, and promotive of its growth, are saponified and removed. No act could be more directly destructive of a healthy growth of hair than

this, and no one is more common. The practice of frequently washing the head in warm or cold water at home with or without the adjuncts of soap, alcohol, ammonia or perfumery is deleterious and promotive of early loss of the hair. Men in active indoor business-clerks, bankers, shopkeepers in cities-are continually washing the head. Many do this night and morning, under the false notion that it is necessary to cleanliness, and promotive of a vigorous growth of hair, and when alarmed at its rapid disappearance in early life they are at a loss to understand the reason. The secretion of wax in the ear passages is nature's method of protecting the delicate machinery upon which hearing depends. It closes the organ to the entrance of insects and dust; and fortunately the secretion is, to a considerable extent, placed beyond easy interference, and thus the sence of hearing is protected from injurious "washouts." NATURE'S HAIR OIL.

The waxy secretion which is poured out from the glandular organs which are found in connection with the follicles of the hair is nature's product, and is designed to preserve and protect the wonderful and beautiful head covering. If we persist in removing it altogether we must march with the bald pates before the frosts of age come along to change its color. Woman do not shampoo or wash the hair as often as the other sex, and consequently they are in a large degree exempt from baldness in middle life. It is true, however, that many women in cities make frequent visits to the hairdressers, and subject their tresses to the "scouring" process. If this becomes common, it will not be long before baldness will overtake the young mothers as well as the fathers, and the time will be hastened when children even will have no hair to destroy with ammonia or other caustic cosmetics.

The advice we have to offer to the young men and maidens is, let your hair alone; keep at a safe distance from hairdressing rooms and drug shops, where are sold oils, alkaline substances, alcoholic mixtures, etc., for use upon the hair. They are all pernicious, and will do you harm. The head and hair may be washed occasionally with soft, tepid water, without soap of any kind. As a rule, the only appliances needed in the care of the hair are good combs and brushes; and they should not be used harshly, so as to wound the -calp. Avoid all "electric" and wire made brushes. No electricity can be stored in a hair brush; if it could be, it is not needed. The hair is a beautiful gift of nature, and it must not be destroyed. - Popular Science News.

The True Method of Riding.

Again, the riding in the show is having a material influence upon the British army. The officers of most of the regiments have sent the men up here to watch us ride. "By the way," I asked, "Mr. Cody, do you not think that the British have the true method of riding at a trot when they raise themselves in the stirrups?"

Miss Cody, who had dropped in for a moment, said: "I do not think it is the proper method of riding at all. They could not keep it up on the plains, riding all day long, as father has ridden, a hundred miles in a day. It is too much work."

"I do not see," said Buffalo Bill, "why a man should give himself so much pains when he rides. The true method of riding is to make your body flexible with the motion of the horse, and not to invent a movement of your own. I ride from the knee and the end of the thigh. Their way of putting the foot through the stirrup would never do with us; it is dangerous. The foot ought to touch the stirrup, and the man ought to hold his knees close to the animal and sway his body with

the movement of the horse." Here Jack Burke spoke up, saying: "Sir Garnet Wolseley asked me after the show was over how many such riders we had on the plains. I told him I had no statistics at hand, but I thought I would answer him in round numbers as largely as possible, so I said I thought we had about a million such riders, each of whom had an extra ho:50 to lead."-"Gath" in Cincinnati Enquirer.

Under the Damask Cloth.

Put under the damask cloth upon the table. a sub-cover of thick canton flannel, if you cannot afford the heavier table felt sold for this purpose, or an old blanket, darned, washed and kept for this use only, will prove satisfactory. The upper cover will lie more smoothly, look like a much better quality of napery and keep clean a third longer than spread over the bare table top. - Boston

To Clean Brass.

Immerse or wash it several times in sour milk or whey. This will brighten it without scouring. It may then be scoured with a woolen cloth dipped in ashes; or clean with pumicestone and water applied with a brush -an old tooth brush will answer-polishing with dry pumicestone, and woolen cloth. -Atlanta Constitution.

Cen. Lew Wallace strathe Turks do not illt coat Christins

NOTES FROM NATURE.

I love these gentle fenants of the wood, The timid hare, the filibustering jay, Who, flitting here and there throughout the day, Fill with discordant notes the solitude.

The chattering squirrel, with plumes of red and

The woodpecker, beating off his reveille; The partridge, whirring rapidly away To denser coverts where no eye can see,

And often, when beneath the silver moon, Placid and still the basking river lies, The far off wail of some belated loon Floats faintly up to purple evening skies,

While swaying pines, with soft Æolian tune, Forever join in nature's symphony. -Paul H. Lear,

A Primitive Fandango Among the Talamancas-Belles and Beaux.

INDIANS OF COSTA RICA.

It was a clear, beautiful night, when the strains of music with which the entertainment began summoned the belles and beaux to the dance. Beyond stood the mountains, stranger's finger involuntarily sought his ears to shut out sounds which his uneducated sense prevented his considering musical.

The native drum was a primitive instrument of torture, consisting of the skin of a snake stretched across sticks and beaten with a vigor rather unwelcome to the unfortunate pilgrim, considering it was his first experience. At a given signal the participants in the dance formed a circle of men and women alternately, the women clasping hands over the shoulders of the men. Then to the hideous discord the dancers went through figure after figure, first in a rather slow style not altogether unsuggestive of the grace supposed to be inherent with the lithe and sinewy dwellers in the forest; but as their spirits rose, assuming a rapid motion almost impossible to follow with the eye.

Little by little the excitement deepened, until the circle was broken and each individual became a fantastic figure, leaping and shouting in a manner quite worthy of pandemonium. The light of many torches flamed upon the dusky faces, upon the elders seated in solemn silence without the circle, upon the forlorn traveler, who felt that he was in very deed a poor, wretched castaway. The costumes, as became a ball honored by the presence of the elite of society, were in the highest style of art, many of the young men wearing feathers in their heads and the most approved Roman togas; the girls, as was suitable with debutantes, being attired simply and elegantly, some in robes made by a simple incision in a canvas bag, others in toilets to which fully two yards of "fruit of the loom" cotton had been devoted, the brand forming a unique species of embroidery across the front draperv. One maiden wore exquisite family jewels, consisting of the teeth of the mountain tiger strung together; it is almost unnecessary to add that she was the envied of her young companions and the recipient of much attention from the men; another had heightened the already extreme beauty of her rounded cheeks by laying on a thick coating of suspiciously red paint-the real war rouge of her valiant ancestors.

The belles of the ball comported themselves with a conscious dignity, not by any means a bad imitation of their cultured sisters in civilized ball rooms; and the attendance of some promising young cacique aroused the old feelings of envy known all the world over from time immemorial.—Costa Rica Cor. San Francisco Chronicle.

Ladies of San Francisco.

I think I have spoken about the good looks of the San Francisco ladies, but I must once more refer to the subject. They have the healthiest, happiest faces, finest figures and best fitting dresses I have ever seen. English women have good figures-of the hour glass shape-and their tailor made gowns fit exquisitely. New York ladies have better figures, for they are not laced quite so tightly, thus giving the fifth ribs a better chance, and their dresses fit well, too, had the San Francisco ladies carry off the palm; they have far and away better figures, and their dresses are better fitting than those of London or New York ladies. Dressmakers here are artists in one way at least, if nature has not given to their customers the required amount of adipose tissue to make them fine figures, theythe dressmakers-know how to upholster artistically in the right places, and only a careful and experienced eye can discern where nature ends and art begins.

The dressmakers spend all their energies on the fit of the garment, evidently, leaving nothing for originality of design or for draping. A second class New York modiste will discount the best of them here when it comes to draping, and the average New York woman has ideas of her own which she insists upon having her dressmaker carry out, even though she stand over her, club in hand.

You remember the witty Parisian who said "It isn't so much what your clothes are as it is the way you swing 'em." The San Francisco ladies have a way of swinging them right stylishly. How handsome they are, too, if only they wouldn't use so much paint and powder. When will women learn that thesè are not necessary adjuncts to the toilet, and that they but prove a blotch on the fair work of nature?-San Francisco Cor. Cleveland Leader.

A Lively Imagination.

Some years ago a newspaper man with a lively imagination went upon a trip. I think he paid his way, wildly improbable as that may seem to be, because either the newspaper business must have fallen off in its emoluments lately, or he must be lying like all who go there. There were not so many people about the place then, and it was not so easy a trip. In the party was a bright young married lady, who had also a great deal of fun in her. The two put up a job that what either of them saw in the shapes of the crags and peaks in the clouds, or anything else, the other was to indorse it and say "How lovely!" or "Isn't it weird?" or something like that. The charm worked.

"Do you see that rock? Isn't it the exact picture of an immense chariot? And just look if that doesn't look like a horse of gigantic proportions drawing it?"

"It is. How grand it is." "Where is it?" from all the passengers. "There; why, don't you see it? You see it,

Mrs. Smith, don't you?" "Very plainly. It's exactly like it." Then one by one the others would begin to recognize it, or swear they did. The number of those singular resemblances kept growing until the two began really to see things that could not by any possibility be distorted out of the landscape, and finally the joke got thin. -San Francisco Chronicle.

Vital Parts Well Balanced.

It is a curious fact that persons far from robust often outlive those of extraordinary strength and hardihood. Upon this subject The Canada Health Journal says that the vital parts of the system must be well balanced in order to attain long life, and that excessive strength in one part is a source of danger. Hence an over developed muscular system invites dissolution, because is is a continuous strain on the less powerful or cans, and finally wears them out .- Boston Transcript.

JUST UNBALED AT THE CARPET HOUSE

RICHMOND, ORR & CO.

Calcutta Cocoa Matting, 2-4, 3-4, 4-4, 5,4 and 6-4.

Striped Napier Matting. Diamond Brush Mats.

Crimson Baize, Green Baize.

Two-yard wide Felt, only \$1.00, in Crimson, Garnet, Olive and Peacock Blue.

ATThe most carefully selected stock of Carpets in Canada, as well as the Lowest Prices, to be had from

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WALSH&STEACY'S SILK DEPARTMENT.

dark and immutable. Torches lit up the scene with their wavering glow, and the Special Bargains Offering This Week.

Colored Surah Silks, in 12 shades, pure silk, 60c. Colored Satin Merveilleux, all silk, only 75c, in 10 shades. Evening Shades Satin Merveilleux, all silk and goo weight, \$1.00.

Black Satin Merveilleux 60, 75, 80, 90c to \$1.35. Black Persian Gros Grains from 75c to \$1.65. Mascotte, Faille and other new silks Cheap at

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PILLS AND OINTMENT.

THE PILLS Are at all seasons of the year a reliable remedy for correcting any Disorder of the Digestive organs, and for restoring a healthy action to the STOMACH and BOWELS. They act on the Liver and Kidneys with marvellous effect, and by giving strength and tone to these important organs create a circulation of pure and healthy blood. Females of all ages find these Pills invaluable.

THE OINTMENT Heals all recent Wounds, Cuts, Bruises and Sprains and is a certain cure for BAD LEGS SORES IVE CERS and OLD WOUNDS. It has no equal for the cure of Bronchitis, Sore Throat, Coughs, Colds, Rheumatism, Gout, Glandular Swellings and all Skin Diseases.

Manufactured only by Thomas Holloway, 78 New Oxford St., late 533 Oxford St., London. TarPurchasers should look to the Label on the Boxes and Pots. If the address is not 533 OXFORD STREET, LONDON, they are spurious.

Prepare for the Cold Weather by buying a Suit of Warm Underclothing at

ALEXANDER ROSS'.

Men's Ribbed Shirts and Drawers from 25 cents up. Boys' Shirts and Drawers in Union and All-Wool, all sizes. Ladies' and Misses' Underwear in Merin and Fine Lamb's Wool; also Combination

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R. REID, MANAGER. I UUU I

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For 35 Cents. Misses, 30 Cents.

D. F. ARMSTRONG,

141 PRINCESS STREET.

Ladies' Colored Undressed Kid Gloves, 16, 18 inch. Ladies' Black Undressed Kid Gleves.

Ladies' Black "Stitched Back" Kid Gloves.

Ladies' Colored Dogskin Gloves, "Stitch Back." Ladies' Colored Dogskin Gloves, "Stitch Back," 75 cents.

Ladies' Undressed Mosquetaire Gloves, Stitch Back. Ladies' Black, Cream and White Lint Gloves, 18, 20, 22 inches.

R. WALDRON.

Slightly soiled, but just as Good as the Best, and from \$1.00 to \$1.50 Cheaper.

R. M'ELAU.L.

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A Full Line of CHILDREN'S AND MISSES' SCHOOL BOOTS.

We have also, without doubt, the Finest OIL GOAT BOOT FOR LADIES in the city.

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