

MEDICALITIES.

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Simson's - Liniment

Has taken the lead and is the best preparation ever offered to the people of Canada for the RELIEF and CURF of

Rheumatism, Sciatica, Neuralgia, Catarrh, Cuts, Bruises, Swellings, Scald Head, Colic, dyspepsia, contraction of the muscles, lame back, diphtheria, sore throat, tender feet, corns, stiff joints, etc.

For Distemper in Horses, Enlarged Joints, and other diseases, incidental to these useful animals, it is unrivalled.

Certificates are constantly being received attesting of the good work performed by

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The last 25 years I have adjusted more Trusses than any man in America. Valuable Patents, my own invention, in Trusses, Spinal and Club Foot Instruments.

Rupture—I will guarantee to hold largest Rupture without touching your hip, no straps whatsoever, waterproof. Largest stock of general Trusses, also the great Club Foot Trusses in stock. Reliable system for ORDERING BY MAIL.

Spinal Instruments—half the weight and more effective. CLUB FEET—I claim the only mechanical system to straighten Club Feet. Patent. I will prove to anybody that operation never did me any straighter Club Feet. Send 6 cent stamps for Book.

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WILL CURE OR RELIEVE Biliousness, Dyspepsia, Indigestion, Jaundice, Erysipelas, Salt Rheum, Heartburn, Headache, Dizziness, Dropsy, Fluttering of the Heart, Acidity of the Stomach, Dryness of the Skin, and every species of disease arising from disordered Liver, Kidneys, Stomach, Bowels or Blood.

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SENT FREE A Private Treatise and Adviser in five languages; 24 illustrations. To young men only, and those contemplating marriage should not fail to send for it.

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EXHAUSTED VITALITY,

THE SCIENCE OF LIFE, the Great Medical Work of the age, on Manhood, Nervous and Physical Debility, Premature Decline, Errors of Youth, and the untold miseries consequent thereon. 300 pages 8vo., 125 prescriptions for all diseases. Cloth, full gilt, only \$1, by mail, sealed. Illustrative sample free to all young and middle aged men. Send now. The Gold and Jewelled Medal awarded to the author by the National Medical Association. Address P. O. Box 1895, Boston, Mass., or DR. W. H. PARKEE, graduate of Harvard Medical College, 25 years practice in Boston, who may be consulted confidentially. Specialty: Diseases of Man. Office, No. 4 Bulfinch St.

POND LILY CREAM.

A beautiful Toilet Article. Not a face paint or powder; does not cover over, but cures. Used in connection with Pond Lily Liver Pellets, a Pond Lily Skin Soap, most effectively and positively removes Pimples, Freckles, Tan, Black Spots, Blisters, itchy eruptions, itching, or any itchininess of the skin from what ever cause, and all roughness from the face, hands, neck and arms. Leaving them beautifully white and velvety. Sold by wholesale dealers and druggists everywhere. Pond Lily Cream, 25 cents; Pond Lily Liver Pellets, 25 cents; Pond Lily Skin Soap, 15 cents. S. PERRY, Chemist, Manufacturer and Proprietor for Canada.

DRUNKENNESS

Or the Liquor Habit, Positively Cured by Administering Dr. Felt's Golden Specific. It can be given in a cup of coffee or tea with out the knowledge of the person taking it; it is absolutely harmless and will effect a permanent and speedy cure, whether the patient is a moderate drinker or an alcoholic wreck. It has been given to thousands of cases and in every instance a perfect cure has followed. It never fails. The system once impregnated with the Specific, it becomes an utter impossibility for the liquor appetite to exist. For circulars and full particulars address GOLDEN SPECIFIC CO., 185 Race St., Cincinnati, O.

PHYSIOLOGY AND HYGIENE.

Advice About Heating Houses in Winter. III Effect of the Telephone on the Ear. What is essential from a sanitary point of view in heating houses is, according to Dr. W. F. Hutchinson, to have the temperature even throughout. There is, says Dr. Hutchinson, probably no better way of catching cold, or of laying a foundation for pneumonia or bronchitis, than stepping out of a warm bed into a cold or cool hall. Every skin pore is open or relaxed, every nerve of resistance half asleep, and the insidious chill that has proven a forerunner to so many dangerous diseases of chest and throat sends one shivering back to blankets that are some time in getting warmed up again. While sleeping, room temperature should be lower than the rest of the house, kept so by open windows, and if this suggestion is followed there can be no harm done by needful nightly wandering. A proper range at night is 60 to 65 degs. F. Beside the bed of those who are given to these nocturnal excursions should always stand a pair of bedroom slippers, ready to be slipped on at short notice; for cool currents of air are always playing about floors, and bare ankles are exceedingly sensitive to small temperature variations. There is a change of late years in the winter heat of American homes. With almost universal substitution of better forms of heaters for old time stoves, and better understanding of ordinary health law by the people, has come a cooling down of the suffocating temperature that made our homes dry forcing houses and sent our people out into wintry cold about as well fitted to face it as if they were naked. Except in rooms where sick are, or aged persons, mercury should never rise above 70 degs., nor fall below 65 degs. A narrow range, truly; but within such strict limits lies the zone of health.

A New System of Exercise. The invention of a new system of exercise for corpulent people is attributed to Professor Oertel, of Munich. Prince Bismarck is said to practice it with great benefit. While certain kinds and quantities of food and drink and certain regulations in their use, as well as the employment of packs and baths, are prescribed, the central idea of the new "cure" is to strengthen the muscle of the heart. The beneficial effect of this treatment is soon felt; the dropsy and congestions decrease, the pulsations of the heart become stronger and more regular, and the patient will gradually feel himself getting stronger day by day. At least, such is the author's account of the results of this method. The muscle of the heart is strengthened by enforced exercise, by walking, or, better, by climbing heights. The patient should walk slowly up hill until palpitation comes on, when he must stop until he can again breathe easily, but he must not sit down. He must walk several hours a day, and climb as much as possible. He should go up stairs now and then by way of exercise. Of course the capacity for taking exercise will be found to differ in different cases. Too much must not be required, but also not too little. Oertel has extended his advocacy of mountain climbing, as a curative agency, to other forms of heart disease besides such as are dependent upon or associated with corpulency—namely, to all forms of "weak heart," and also to valvular defects.

Hearing Impaired by the Telephone. In a paper recently read before the American Otological society, Dr. Clarence Blake, of Boston, advanced the opinion that the influence of the use of the telephone on the hearing power must be injurious, because the extremely low intensity, as demonstrated by experiment, of the sounds to be caught from the telephone, compelled a strain of the ear which soon fatigued it, and made it especially liable to injury by the accidental sounds of comparatively high intensity, which were constantly liable to be heard. Other physicians reported a number of cases of impaired hearing which they believed to have been caused by the continued use of the telephone.

SOCIAL ETIQUETTE.

The "Pushers" of Society May Be Tolerated, but Are Seldom Forgiven. There are some people who, in whatever station of life they may be, appear to have made up their minds not to be content therewith. Instead of taking the lowest place and waiting patiently till they are invited to go up higher, they at once try to push up to the seat of honor, thrusting aside many a better man than themselves and trampling under foot all the little rules and regulations which the laws of custom impose upon society. Such persons must know everybody—everybody who is anybody, that is. They cannot endure to feel that there is any drawing room that is not open to them, any table at which they do not dine. Any house of which they have not the entrée assumes at once a fictitious importance in their eyes; any persons who hold aloof must be assiduously courted, and no stone left unturned to win them over. It is usually easy enough to find some means of introducing yourself to the most exclusive, and your pushing person is rarely over scrupulous as to the means he— or more often she—employs. We knew a young fellow once who always made a point of treading on old gentlemen's toes and then apologizing sweetly. He said he hoped that after an acquaintance so pleasantly commenced they might leave him money some day.

It is very hard to convince the pushers of society that your house is your castle, or rather, perhaps, they are so fully convinced of the fact that they feel no scruple about besieging it. Such people are very troublesome neighbors, and their aggressions should be put down with a high hand. No one is safe from them, for while they are, of course, at liberty to force their acquaintance on new comers, priority of residence is no defense against their unwelcome attentions. No rebuffs discourage them; they appear to take the widow woman of Scripture for their model, and think to gain their point by reason of their importunity. Our only hope of immunity must lie in insignificance, and few of us like to own ourselves indebted to that quality for salvation. Of all pushing, this is the hardest to forgive; and, to those not personally interested in the struggle, the trouble taken seems so ridiculously out of all proportion to the object to be attained that in the eyes of society at large there is not sufficient temptation to excuse the breach of good manners. Many will condone it, however, for average humanity is very lazy, and it is often easier to give way to persons of this class than to oppose them. But though it may be condoned, it will not be forgotten; they may be tolerated by the society into which they have pushed their way, but though in it, they will not be of it; try as they may, they will never overcome the prejudices their own conduct has created.

Fred Douglass' Mother. The mother of Frederick Douglass, the colored orator, was a negro slave woman; his father a white man, who was her owner. Frederick was reared as a slave, but in 1837, when about 20 years of age, emancipated himself by running away. While lecturing in England his English friends raised a sufficient sum and purchased his freedom. He has been appointed to many public offices of trust under the United States government.

THE TEA TABLE.

The Cream of the Papers Gathered For the Whig Readers.

John Armour, wealthy farmer of Burgess, has moved to Perth to live. Hanson's magic corn salve cures corns and bunions with three applications. 15c. per box at Wade's drug store.

If there is such a thing Brockville will have races on the ice Feb. 16th. For coughs and colds take the Diamond Cough Remedy, composed of elecampane, wild cherry and horehound. 25 and 50 cents a bottle at Wade's drug store.

Rev. Mr. Meikle will go from Almonte to Lanark to hold evangelical services, and probably from Lanark to Balderson. Sleepless nights, made miserable by that terrible cough. Shiloh's Cure is the remedy for you. Sold by W. J. Wilson.

Shiloh's Cough and Consumption Cure is sold by us on a guarantee. It cures consumption. Sold by W. J. Wilson. Rev. Mr. Holbein, Renfrew, was seriously injured by a runaway accident. He was thrown out of a buggy.

Croup, whooping cough and bronchitis immediately relieved by Shiloh's Cure. Sold by W. J. Wilson. Renfrew county must have a lot of stirring lads in it for she has 60 county constables.

That hacking cough can be so quickly cured by Shiloh's Cure. We guarantee it. Sold by W. J. Wilson. Mrs. George Cronk who recently died at Trenton in her ninetieth year, was a native of Dorset county, Vermont. Her remains were placed in the cemetery vault at Deseronto.

Catarrh cured, health and sweet breath secured, by Shiloh's Catarrh Remedy. Price 50 cents, Nasal Injector free. Sold by W. J. Wilson.

Will you suffer with dyspepsia and liver complaint? Shiloh's Vitalizer is guaranteed to cure you. Sold by W. J. Wilson. W. A. Taylor, Royal Hotel, Nananee, pays \$880 rent and taxes per year, yet forty rigs were left in his yard and no recompense offered. His receipts on Jan. 7th were \$5 and Jan. 14th \$4.70.

Smart Weed and Belladonna, combined with the other ingredients used in the best porous plasters, make Carter's S. W. & B. Backache Plasters the best in the market. Price 25 cents.

A little girl named Lowe, at Lochwinnoch, met with a sad accident. She was passing a grain hatcher when her clothes were caught. The poor girl was wound round and had her thigh broken close to the hip and her arm badly mangled.

For lame back, side or chest, use Shiloh's Porous Plaster. Price 25 cents. Sold by W. J. Wilson. J. L. P. Gardiner, Moscow, has a yearling colt that weighs 1,200 lbs. He was imported from England. Mr. Gardiner bought him at the provincial show, Kingston, for \$400. He took first prize at all the shows. His name is Bonnie Dundas.

If you had taken two of Carter's Little Liver Pills before retiring you would not have had that coated tongue or bad taste in the mouth this morning. Keep a vial with you for occasional use.

Vincent Lundberg, of Stockholm, Physician in Chief to the King of Sweden, recommends Hall's Vegetable Sicilian Hair Renewer for the scalp and hair.

Considerable thieving has been done in North Fredricksburg lately. The son-in-law of deputy-reeve Wagar, on his way from the mill, had bags stolen. Saturday night thieves broke into the granary of Jacob Alcombrack and carried off a number of bags of peas and wheat, some grass seed, a quarter of beef, etc., the loss being over \$40. The stuff was carried about one hundred yards up the road to where a team was tied.

The great popularity of Ayer's Pills as a cathartic is due no less to their promptness and efficacy than to their coating of sugar and freedom from any injurious effects. Children take them readily. See Ayer's Almanac for this year, just out.

The horticultural society, Gananoque, received \$950 last year and expended \$850.77. After all accounts are met there will be a deficit of \$236. The following officers were elected: President, J. T. Green; vice-president, J. B. Landon; directors, Peter Richardson, James Dempster, M. McIntyre, F. C. Stark, Robert Taylor, Wellington Landon, James Birmingham, D. Darling, D. Dowling—secretary-treasurer, F. Britton.

Weak eyes and inflamed lids indicate an impure condition of the blood. The best remedy is Ayer's Sarsaparilla. It vitalizes the blood, regulates the secretions, and expels all scrofulous humors from the system. Try it. Price \$1. Worth \$5 a bottle.

Avoid the Small Annoyances of life if you would be happy. A very slight headache will make us miserable and give a sense of discomfort to all with whom we come in contact. Nature's intimations are seldom pleasant, but they should be valued as pointing out a cause and demanding a remedy. Never has a remedy given equal satisfaction in all diseases of the liver, stomach, and bowels as have Hamilton's Pills of Mandrake and Butternut. They at once strike at the root of the trouble, give aid to the torpid inactive liver, restore tone to the digestive organs, and promote a supply of new healthy blood. Though disappointed hitherto do not fail to test the wonderful efficacy of Hamilton's Pills. Sold by all dealers in medicines.

Presence of Mind. Presence of mind is good in case of accidents and emergencies, and when coupled with Hagyard's yellow oil will often save life. Yellow oil cures all painful injuries, burns, scalds, bruises, frost bites, rheumatic and neuralgic pains and is in fact a handy and reliable surgical aid.

A Cure For Deafness. There have been many remarkable cures of deafness made by the use of Hagyard's yellow oil, the great household remedy for pain, inflammation and soreness. Yellow oil cures rheumatism, sore throat and croup, and is useful internally and externally for all pains and injuries.

A Valuable Discovery. "F. P. Tanning, Neebing, Ont., says he has not only found B.B.B. a sure cure for dyspepsia, but he also found it to be the best medicine for regulating and invigorating the system that he has ever taken. B.B.B. is the great system regulator.

Ahead of All. I have used Hagyard's pectoral balsam in my family for years and have found it ahead of any preparation of the kind in curing colds, etc. I can especially recommend it for children. Alex. Moffatt, Millbrook, Ont.

Piles! Piles! Itching Piles. Symptoms—Moisture; intense itching and stinging; most at night; worse by scratching. If allowed to continue tumors form, which often bleed and ulcerate, becoming very sore. Swagye's Ointment stops the itching and bleeding, heals ulcers, and in most cases removes the tumors. At druggists, or by mail, 50 cents. Dr. Swagye & Son, Philadelphia. Lyman, Sons & Co., Montreal, wholesale agents.

Eczema, Itchy, Scaly, Skin Tortures. The simple application of "Swagye's Ointment," with just any internal medicine, will cure any case of itching, salt rheum, flaccidum, piles, itchy sores, simple eczema, all scaly, itchy skin eruptions no matter how obstinate or long standing. It is potent, effective, and costs but a trifle. Lyman, Sons & Co., Montreal, wholesale agents.

Here Is a Treat!

Four of Washington Irving's Best Stories.



Washington Irving.

We shall shortly present four of the most popular of WASHINGTON IRVING'S many delightful stories in these columns. These sketches will be:

- The Legend of Sleepy Hollow. Rip Van Winkle. Dolph Heyliger. The Devil and Tom Walker.

The type used in these tales will be a new and large-faced Brevier, splendid for the eyes.

These Novelettes Will Be Superbly Illustrated

By the Best Newspaper Artists, and, altogether, will form a most unique and popular feature.

We need not remark on the quality of Irving's writings. There is nothing better. And yet a large majority of our readers have, probably, never read more than one, or at most, two, of the stories we shall present. This is the age of revival of good things, and we urge everybody to read these WASHINGTON IRVING NOVELETES from beginning to end. If you have read either or all of them once, read them again. It will do you good.

The opening chapter of "The Legend of Sleepy Hollow" will appear in to-morrow's (Thursday) issue.

MISCELLANEOUS.

PAINTS OILS, COLORS, ARTISTS' MATERIALS, WINDOW GLASS, VARNISHES, ETC. A. RAMSAY & SON, MONTREAL.

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LIVERPOOL AND LONDON AND GLOBE FIRE AND LIFE INSURANCE COMPANY. This Company is one of the best in the world. Its available funds amount to \$4,852,139 in addition to which is the unlimited liability of shareholders. The yearly premiums for fire risks alone amount to \$6,447,880. Insurance effected on Farm and City Property at the lowest possible rates. Three year policies issued on private dwellings and farm buildings at low rates of premium. Losses paid promptly. THOMAS BRIGGS, Agent.

THE AETNA INSURANCE COMPANY, HARTFORD CONN. Cash Capital..... \$4,000,000. Total Assets, January 1st, 1882..... \$,902,272.90 Losses paid in 63 years..... \$3,400,000.00 The leading Fire Insurance Company on the Continent. Its Annual Premium Receipts in Canada and the United States are larger than those of any other Company, and it has an unblemished record of 63 years. JAMES SWIFT, Agent

GUARDIAN ASSURANCE COMPANY. Subscribed Capital..... \$2,000,000 Total Invested Funds upwards of..... \$3,901,000 Total income..... \$ 768,000 Insurances against Loss by Fire accepted at the lowest current rates and claims settled without reference to the Board at London. W. H. GODWIN, Agent for Kingston, British Whig Office.

MONEY TO LOAN. INSURANCE. MONEY TO LOAN in large or small sums on farm or city property. WANTED.—Persons having money to invest can always obtain first-class mortgages of the undersigned at six to seven per cent. LONDON & LANCAIRE FIRE INSURANCE COMPANY. Capital \$9,000,000. Premium income \$2,500,000. F. C. HILL, Real Estate Agent, 155 Brook street.

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