MEDICAL.

Thousands of men and women are yearly cured by us who suffered so from back trouble that they could not stoop to even raise a pin off the floor without the most excruciating pain and misery. Again it would "catch" them in lifting or working so as to often lay them up for days and weeks. Excesses and indiscretion are frequent causes of this, though generally it is Lumbago or Rheumatism or the forerunner of Bright's Disease, Diabetes, Nervous Debility, Premature Decay, &c. None out of every ten men and women suffering from this lameness and weakness of the back neglect it, and what is the consequence?—untold misery and with many poverty from paying cost-mous doctors' bills and medicines. To these sufferers we offer a positive remedy in DR. SANDEN ELECTRIC BELT, which silently but surely furnishes nature's own remedy without drugging, and cures when all other remedies fail.

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DR. A. T. SANDEN, Dear Sir—I am under lasting obligation to you as a benefactor to me as doubtless you are to thousands. Two years ago I purchased one of your Belts and the result is to-day I am a well man. I am a platform speaker, a professional lecturer, connected with the State Lyceum Bureau, Tribune Building, New York City. I was sick and unable to fill my engagements for a whole year, though a nervous break down. I suffered from general prostration, bladder trouble, etc., and but for your Belt I would have been forced to give up my profession, and I cannot thank you too sincerely. I have recommended you to hundreds of people, and will recommend you to hundreds more.

Yours truly, JOHN E. CLARKE, 693 West Utica St., Buffalo, N. Y.

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Cures at once Rheumatism, Lumbago, Sciatica, Kidney Complaints, Lame Back, &c. Electric SUSPENSORY for men free with all Belts.

To MEN SUFFERING any private weakness we WARRANT the BEST RESULTS.

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THE LATEST FASHIONS.

A JENNESS MILLER TAILOR-MADE LINEN DUCK GOWN.

The Distinguishing Characteristics of the Latest Gowns—The Fabrics Most in Vogue—The Smart Hats Worn by Well-Dressed Women This Season.

Some of the latest and dressiest gowns have long, full panniers which are met by jabots of lace so wide that they fill in the entire side of the skirt. This garniture is used, of course, only on very handsome dresses, and is adapted to Jennies Miller models with good results. A recent creation in doe-colored taffeta—"doe" is a cool, clear brown—has a waist pointed at back and front, a wide jabot of pale, cream-colored Medicis lace set in as a vest, very full sleeves showing a narrow edge of the lace set on in jabot style, and the skirt panniered and paneled with the jabots of lace as described above. This, is, of course, a very dressy gown, designed more for carriage or dinner use than for the promenade. Its full panniers cannot be worn by stout women, and even slender ones should be careful not to exaggerate them. The skirt is sewed to a Jenness Miller underwaist. The sleeves are not as long as those of street dresses, and the waist is cut a trifle low at the neck.

Crepon, perhaps, is the most popular fabric worn this season. It comes in a countless variety of colors, and at its best is shown with a crinkled surface and a mohair thread. Sometimes, too, it has a corded effect, and sometimes it is flowered, but in any of these designs it is pretty and desirable. A valuable suggestion lies in the hint that crepon must be draped over silk to show its folds properly. Such silk, of course, should be as soft as possible. Taffeta is used for such purposes entirely this season.

Grenadine is now shown with a mixture of silk and wool. These goods show flowers, stripes and the bouds effects so fashionable recently in stylish wools. Canvas crepe is another variety which is attracting high favor. This goods shows crinkled, plain, lace, silk and satin stripes. It is one of the leading novelties.

In thick goods the covert suitings take precedence, the brown and blue mixtures being the latest favorites. It is a singular fact that the demand for these color mixtures in fine woolen goods changes with the advent of every season. Last spring people wanted conglomerate patterns of black and white, blue and gray, and now the fad has changed again to brown and blue, and blue and green.

There is a new material called worsted duck, and there are many varieties of wash

JENNESS MILLER DUCK GOWN.

silks which launder quite as well as cotton. New challies are in with borders in large flowers, these patterns being especially adapted for tea-gowns. There is a great variety of patterns in linens, the embroidered spots showing all colors singly and in combination.

The latest thing in organdie shows a pond lily floating on a lake of palest green—which is, of course, the groundwork of the material. The new muslins, chiffons and, in fact, all the summer stuffs show a wondrous march of progress from month to month in the way of beautiful designs. No woman needs to be shabbily dressed this season because she can afford only a cotton gown.

The figure in the illustration shows a tailor-made gown of linen duck which is appropriate for traveling, shopping or any of the plainer uses of warm weather. In color it is a clay brown, the waistcoat being sprigged with green. The short, natty jacket shows a full ruffle on the bottom. The smart revers are the full length of the garment, and extend out over the shoulders in sharp points. The sleeves show that desirable moderation in fulness which our system recommends. The waistcoat is pique, the groundwork being the exact shade of the duck suiting. The four-in-hand is of dark green satin sprigged with dark buff. The skirt is plain in front and pleated full at sides and back. The stylish straw hat is in clay brown, with sprigged satin trimming to match the waistcoat and tie.—Jenness Miller Monthly.

Some Smart Hats.

The first shapes seen in spring and autumn are rarely to be relied upon as being the correct style for summer and winter wear. They are usually conspicuous, and are feelers sent out to try the popular taste. The jaunty little cavalier hats worn a year ago have yielded their place to the Hombergs and a modified Alpine, something on the plan of the old-fashioned English walking hat. These Hombergs were at first sold only by two high-priced hatters in town, but can now be bought in almost any shop. Not quite the same, but sufficiently like to make them satisfactory and vastly more economical.

Sailors are pretty much the same as we remember them. They have wide brims and medium high crowns, trimmed as usual with band and flat bows of ribbon. The fine straws are more in favor than the coarse ones.

Trimmed sailors resemble those of two or three seasons ago, with quite narrow brim and low crown. The correct thing is to have the straw look as though it had been exposed to at least one summer's sun and rain. It is called "burnt," and the color certainly is that of scorched straw.

Leghorn hats, black and white, are as much the fashion as ever. With wash gowns nothing can be prettier, and now, made soft and flexible, they can be bent and caught up in a thousand and one dainty and stylish shapes. These hats are more becoming to young girls than to older women. A very charming one worn the other day by a woman of thirty-five was of black, with the brim left untouched at point and sides, but caught up sharply at the back. A big Alsatian bow of black moire ribbon was put directly across the crown, the back loops falling over the turned up back brim, and with a curved rhinestone buckle.

Another of white leghorn was trimmed with lilacs, purple and white, and a soft scarf of purple gauze the exact shade of the lilacs. This hat was covered with lilacs above and beneath the brim, and the scarf went around the low crown through the back of the hat, falling in a long end, which could be twisted around the neck. An exquisite confection was trimmed with masses of different colored roses, and just a touch or two of black velvet ribbon to emphasize the freshness and beauty of the straw and flowers.

Large black hats with ostrich feathers are always worn—this year, perhaps, not so much as usual, but those seen are extremely picturesque. The finer straws, like the old-fashioned Neapolitan, are much used and trimmed with feathers.

Wood Yard Removed.

James Campbell has removed to the corner of Wellington and Barrack streets. Always on hand a good stock of best maple, cut and uncut, dry slabs, pine and cedar blocks. All cheap for cash. Telephone No. 116.

K. D. C. Pills tone and regulate the liver.

HOW TO KEEP ICE.

A Sick-Room Hint Which Certainly is Worth Knowing.

A very simple but little known method of keeping ice is to draw a piece of thick flannel tightly over some deep vessel, like a bowl, for instance, and fasten it there. The ice is placed on top of this drumhead and covered loosely by another piece of flannel.

In this condition the ice keeps cold and even freezes to the flannel. Thus a small

piece of ice can be kept near the patient all night, so as to avert many weary marches up and down stairs to the refrigerator.

To break the ice a sharp needle or hat pin is the best thing. Force it in and you will be astonished to see how easily it will divide the ice.—Vesper L. George, in Youth's Companion.

Preserving Eggs.

Any method of preservation to be effective must be applied when the eggs are quite fresh and must aim at the exclusion of the air from the inside of the shell. The buttering process is very simple, as detailed by the Feathered World. A very small piece of good butter should be placed between the palms of the hands and rubbed well over the inner surface of both hands. When it is thoroughly melted, the eggs to be buttered should be taken in the hands and thoroughly covered over with the melted butter. The thinner the covering the better, provided that the whole surface be covered. The buttered eggs should then be placed in a basket in some dry, cool place and need not be moved until they are wanted for use. The other process of preservation is by putting them in lime water. A large earthenware vessel of some kind is most suitable for this purpose. There are several methods which vary in detail, but all are equally efficacious. The simplest plan is to fill the vessel intended to be used with water, put in it a couple of good-sized pieces of unslacked lime. The exact quantity used is not of consequence, provided that there is not enough to saturate the water. As evidence of this there should always be a film of lime on the surface of the water. The lime at the bottom will do no harm, but rather good, as it will lessen the risk of any eggs being cracked when being put into the lime water.

The vessel may be filled with eggs at once, or these may be added day by day. Care must be taken that the eggs are all covered with water, and to prevent evaporation a cover to the vessel is of advantage. In case there is evaporation or leakage water must be added from time to time, and if there be not a film on top some fresh slacked lime should be added by sprinkling it in the water. Unless it is certain that all are fresh, every egg should be examined before placing it in the lime, as in this process one bad egg frequently leads to a lot being spoiled. Some salt is added to the lime by old hands.

All Men

Young, old or middle aged, who find themselves, nervous, weak and exhausted, who are broken down from excess or overwork, resulting in many of the following symptoms: Mental depression, premature old age, loss of vitality, loss of memory, bad dreams, dimness of sight, palpitation of the heart, emissions, lack of energy, pain in the kidneys, headaches, pimples on the face and body, itching or peculiar sensation about the scrotum, wasting of the organs, dizziness, specks before the eyes, twitching of the muscles, eyelids and elsewhere, bashfulness, deposits in the urine, loss of will power, tenderness of the scalp and spine, weak and flabby muscles, desire to sleep, failure to be rested by sleep, constipation, dulness of hearing, loss of voice, desire for solitude, excitability of temper, sunken eyes, surrounded with LEADEN CIRCLES, oily looking skin, etc., are all symptoms of nervous debility that lead to insanity unless cured. The spring or vital force having lost its tension every function wanes in consequence. Those who through abuse committed in ignorance, may be permanently cured. Send your address and 10c in stamps for book on diseases peculiar to man, sent sealed. Address M. V. LUSON, 24 Macdonnell Ave., Toronto, Ont., Canada. Please mention this paper.

A Hammock in the Sickroom.

A hammock will often prove a boon to a sick person who has grown weary of the bed. It can be strung across a room from a door frame to the window casing and may be even hung right over the bed where the patient can slip into it at will. There are light cotton hammocks that are right pretty, and they are soft as silk to the touch. A hammock adjusts itself so perfectly to every inch of the body that it is a wonder that tired women do not try their resting properties oftener.

A Wise Wife.

Hazely—By George! I can't understand it. My credit must be gone. Business men don't seem to think I'll be able to pay. Mrs. Hazely—Perhaps they'd think so if they saw your wife dress better.

When Baby was sick, we gave her Castoria.
When she was a Child, she cried for Castoria.
When she became Miss, she clung to Castoria.
When she had Children, she gave them Castoria.

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That is what the people say and we admit the fact.

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A word to the wise is sufficient you know,
Although the thermometer's far from zero,
Take heed of the rhyme,
For now is the time
To order your coal while the prices are low.

Be Wise!

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To the Wearer.

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THE BUSY BEE.

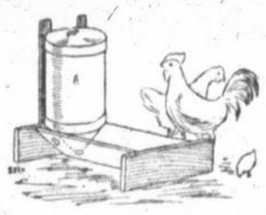
Some Information Concerning the Profitable Insect in Summer.

This promises to be a profitable year for the bee-keeper. The early spring bloom was plentiful and the general rains which are now saturating a parched soil will soon make plentiful the white clover and the other summer blooming plants. In the management of bees a writer in the Epitomist says: In May we left the bees all or nearly all equalized, so that they were nearly the same strength. We are now drawing very near the surplus season of the north and west, as these are the locations we are giving instructions for; of course, in the south, where bees fly every day in the year, fair weather operations must be commenced earlier in the season. We should now watch to see when the bees commence honey gathering. If we remove the cover to a hive and give the bees a puff of smoke we shall see when they begin to build little bits of white comb at the top of the frames, or begin to build on to lengthen out the cells with white comb. This is just the time to put on our surplus arrangements. Now, if we are to run for extracted honey, we want an empty story filled with empty combs. We first smoke the bees and open the hive by removing the cover, and place a perforated honey-board on the hive. We now place the upper story, containing the empty combs, on top of the other hive, and place the cover on the upper story. This perforated honey-board is made of zinc and is perforated so that the worker bees can readily pass through it, but the queen and drones cannot; so no eggs are laid in the upper story. When the combs are filled with honey in the upper story we are ready to extract the honey. This is done by smoking the bees, removing the frames, shaking off all the bees and uncapping all the cells with a knife made for that purpose. The combs are then placed in the extractor, and, by turning a crank which is attached to a gear, the honey is all thrown out clean by centrifugal force. Then these combs are returned to be filled again.

A better way is to have an extra set of combs go to the hive to be extracted, and remove the frames, shake off the bees and give them this extra set; then take this set to the honey-house, or wherever the extracting is to be done, and extract the set and use them for the next colony. Some small beekeepers do not extract until the last of the season, preferring to have two or three extra sets of upper stories, with frames, and as soon as one is nearly filled they raise the upper story and put another one under it, thus having a three-story hive and sometimes run it up to four or five stories; then when they have leisure they do the extracting. Sometimes, and very often, large apiaries have to be worked on this plan on account of not having sufficient labor or time in the pressing part of the season. If the honey is kept extracted out of the combs bees very rarely swarm, but all their attention is turned to honey-gathering, so a large crop of honey is the result. If we are to run for comb honey, then the operation depends something on the style of our surplus arrangements. One thing, however, is a settled matter with bee keepers, that is, the honey must be stored in section boxes of some style, and the market of our country calls for a one-pound box and he who uses anything else will find, when he attempts to put his honey on the market, that he has made a mistake. The honey box that may now be called the standard is 4¼x4¼x1⅞ inches, and when separators are used, as they always should be when a twenty-eight-pound case is used, they will weigh, when well filled, just about one pound. This is the most common case now in use on the L or simplicity ten frame hive. If brood frames, with seven-eighths inch thick top bar, are used, then we will require a slatted honey-board to be placed on top of the the frames, and then set the case on top of the honey-board. This case should contain twenty-eight one-pound boxes. We prefer a starter of V-shape, the lower point extending down half the depth of the section, as this is precisely the shape bees begin to build a comb from the start. Thin pieces of wood, called separators, should go between each row of four section boxes; then a quilt should be placed on top of the sections, enameled side down. If the new Root hive is used or a thick top broad frame, then the slatted honey-board can be dispensed with. But the case I like by far the best is a small case, each holding six or seven boxes, and each independent of the other; four cases just cover a hive.

Water Fountain for Chickens.

The illustration presented herewith, re-engraved from Orange Judd Farmer, represents a simple method of supplying fowls regularly with pure water. It consists first of an ordinary V-shaped trough B, made from common fence boards. This can be any desired length, but eighteen inches is sufficient. In this at one end invert a five gallon can or jug A, which has been previously filled with pure water. To



FOR WATERING FOWLS.

keep it erect, drive two stakes at the end of the trough and lean the can against them. If further support is necessary, tie it to the stakes. As soon as the water is lowered in the trough below the opening in the top of the can, a little air is admitted and water flows out to take the place of that consumed. By this means water can be kept pure and wholesome and if the vessel be made of earthenware and placed in the shade it will keep cool for a long time. During warm weather possibly as much disease in the poultry yard originates from unclean drinking vessels as from any one source, and a little time used in constructing this fountain will be well spent.

Hardy Vines.

A useful and curious vine is the Dutchman's Pipe, (Aristolochia sapho). This has very large leaves, grows fast, and has flowers which resemble an old style tobacco pipe, from which its name, pipe vine is derived.

There are many miscellaneous vines of great value. The Akebia quinata is one of the best, being a rapid grower, having five-foliate leaves, and bearing sweet-scented, plum-colored flowers. Another is the bitter-sweet, Celastrus scandens. This has small, white flowers, of no attraction at all, but when fall comes the blossoms have changed to bright scarlet berries, which hang on the vines all winter long.

Auburn Amiabilities.

AUBURN, N.Y., July 23.—Farmers are harvesting their crops. They are good, considering the dry weather. There have been lots of berries and good prospects for other kinds of fruit.—Mrs. Perrigo and Miss Borge went thirty-three miles on their wheels to see the fresh air children from New York. There are over 300 to be sent to Freeville, where they have large tents to accommodate them.—The First church has its picnic on the 25th to Atwater Landing, on Cayuga Lake.—There was the largest band of gypsies, and the richest, that ever came to Auburn camped at Owasco Lake Park.—Mrs. Sorr, Rochester, visiting her mother, Mrs. Harris.—Mrs. Adams visiting friends at Freeville.

"GO TO SLEEP"

Try "Go to Sleep" Powders. The new Remedy and Sure Cure for Sleeplessness. CONTAINS NO NARCOTICS. Gives sweet refreshing sleep in every case.

In Boxes, 25 cents at Wade's Drug Store.

PIANOS.

NEWLOOK SECOND-HAND AT CARNOVSKY Wood MANUFACTURING CO'Y FACTORY, Ontario street.

DOES YOUR Umbrella Leak?

If it does send it to us. We'll put a new roof on it for a dollar.

LAIDLAW & SON

The Peoples' Life Insurance Co., Toronto,

Issues Polices on every plan of Insurance, including Ordinary Life, Limited Payment Life Endowment, with or without profits, Deferred Premium Annuity Bonds at lower rates than any other company.

H. E. Carter, District Manager, Office, 20 Market Square. Telephone 52.

NAVIGATION.

Richelieu & Ontario Navigation COMPANY.

MONTREAL AND TORONTO LINE.

Steamers leave Kingston, going East, DAILY (except Monday), at 5.15 a.m.; going west DAILY (except Monday) at 3 p.m.

—FARES—

To Montreal, single, $3.25; return, $6.50; to Toronto, single, $4; return, $8.50.

Meals and berth included both ways, until June 30th, after which meals and berth will be extra going East; but will be included going West.

MONTREAL AND HAMILTON LINE

Steamer MAGNET leaves Kingston every Wednesday, for Montreal, at 2 p.m., and every Sunday, for Toronto and Hamilton, at 4:00 a.m.

—FARES—

To Montreal, single, $4; return, $7.50; to Toronto, single, $4; return, $7.50. Hamilton, single $4.15; return, $8. Meals and berth included both ways.

For freight rates apply to

JAS. SWIFT & CO. For tickets apply to THOS HANLEY & SONS.

C. F. GILDERSLEEVE, General Manager.

Kingston, Ottawa & Montreal.

THE NEW PALACE PASSENGER STEAMER JAMES SWIFT, lighted by Electricity and heated by steam (CAPT. FLEMING, Master), will leave Swift's Wharf every MONDAY and THURSDAY at 6 a.m., arriving at Ottawa every Tuesday and Friday at 8 a.m., connecting with the Ottawa Forwarding Company's Steamers for Montreal and intermediate Ports, forming a through line twice a week between Kingston, Ottawa and Montreal.

RETURNING, will leave Ottawa every Tuesday and Friday at 3 p.m., arriving at Kingston every Wednesday and Saturday.

Freight carefully handled, promptly delivered, and at rates as low as by any other line.

Passenger accommodation unsurpassed.

Connections made at Ottawa with the Ottawa River Navigation Company's steamer "Empress" for Montreal and all ports on the Ottawa River.

Through tickets issued over this line from Kingston to Montreal and return, via Rideau Canal and Ottawa River.

Apply to O.R.N. Co'ys Agents, Capt. Bowie, Steamer Empress, or to CAPT. NOONAN.

Steamer Hero

LIGHTED BY ELECTRICITY. HEATED BY STEAM.

WEEKLY TIME TABLE.

Leaves Kingston:

Monday, 5:30 p.m.
Tuesday, 3:30 p.m.
Wednesday, 8:00 p.m.
Thursday, 3:30 p.m.
Friday, 3:30 p.m.
Saturday, 3:30 p.m.

Further particulars from G. JOHNSTON, Master on board. H. H. GILDERSLEEVE, Manager. JAS. SWIFT & CO., Freight Agents.

QUEBEC STEAMSHIP COMPANY

River and Gulf St. Lawrence—SS. MIRAMICHI

LEAVES MONTREAL on MONDAYS

At 4 p.m. 9th and 23rd July, 6th and 20th August, 3rd and 17th September, 1st, 15th and 29th October, for Pictou, N.S., calling at Quebec, Father Point, Gaspe, Perce, Summerside, P.E.I., and Charlottetown, P.E.I.

Summer Cruises in Cool Latitudes.

The well and favorably known SS. ORINOCO, 2,930 tons, lighted by electricity, and with all modern comforts, will cruise between New York and Quebec, visiting both ways Boston, St. John, N.B., Yarmouth, Halifax, Charlottetown, Dalhousie, Bay of Chaleur and the Saguenay River, taking passengers only. Sailings from New York 1st and 29th August; from Quebec 15th August and 18th Sept.

The finest trips of the season for health and comfort.

ARTHUR AHERN, Secretary, Quebec.

For tickets and state rooms apply to HANLEY'S GENERAL TICKET AGENCY, Kingston, Ont.

GRAND TRUNK RAILWAY

SEA SIDE EXCURSIONS.

From Kingston to Portland to St. John, N.B., via	$9 50
Portland and steamer	$11 00
From Kingston to St. John, N.B., via Levis and I.C.R.	$12 00
From Kingston to Moncton, N.B., via Levis and I.C.R.	$12 00
Kingston to St. Andrews, N.B., via Portland and steamer	$11 00
Kingston to Halifax, N.S., via Levis and I.C.R.	$13 50

Tickets good going July 23rd and 30th, and valid to arrive back at starting point on or before August 8th, 1894. Stop over will be allowed within the time limit of the tickets at Quebec or Portland and east thereof, but on going journey must be used to Quebec or Portland on or before July 25th, 1894.

TIME TABLE G.T.R. LOCAL BRANCH.

GOING EAST		GOING WEST	
No. 3 Express	12:05 a.m.	No. 3 Express	1:05 a.m.
No. 95 (Mixed)	6.00 a.m.	No. 5	at 2.45 a.m.
No. 6 Express	12.25 p.m.	No. 92 (Mixed)	8.40 a.m.
No. 4 Express	1.55 p.m.	No. 1	at 2.35 p.m.
No. 94 (Mixed)	4.10 p.m.	No. 93 (Mixed)	7.00 p.m.

Trains Nos. 3 and 4 run daily. Train No. 5 runs daily, Mondays excepted. All other trains daily, Sundays excepted. For tickets, sleeping car accommodation, etc., apply to

THOS. HANLEY, Agent, Corner Johnston and Ontario Streets.

Ho! For Oswego and Rochester

LAKE STEAMER BON VOYAGE will leave Kingston every Sunday, Wednesday and Friday at 7.30 p.m. For Alexandria Bay and Gananoque every Sunday, Wednesday and Friday at 8.15 p.m. For berth and tickets call on JAMES SWIFT & CO.

TRAVELLING.

THE OLD RELIABLE CUNARD LINE.

Established 1840. Oldest Line in Existence.

"CAMPANIA," "LUCANIA."

THE NEW TWIN SCREW STEAMSHIPS Positively the largest and most magnificent steamers in the world. 620 feet long 12,500 tons. 15,000 horse power.

Umbria, Etruria, Aurania, Servia and others, averaging over 500 feet long, 7,500 tons, and 11,000 horse-power; the whole comprising an incomparable fleet of Fast Express Passenger Steamers. Two and three sailings weekly (including Boston Steamers) forming a service unequalled.

The character, record and general reputation of this line for speed, comfort and safety—HAVING NEVER LOST A PASSENGER DURING THE 53 YEARS OF ITS EXISTENCE, needs no comment.

Average time: A trifle over six days.
Fastest time: Five days, 22 hours, 7 minutes.

New York to Liverpool, via Queenstown.

SERVIA	July 21	7:30 a.m.
LUCANIA	July 28	7 p.m.
UMBRIA	Aug