MEDICAL.

Children

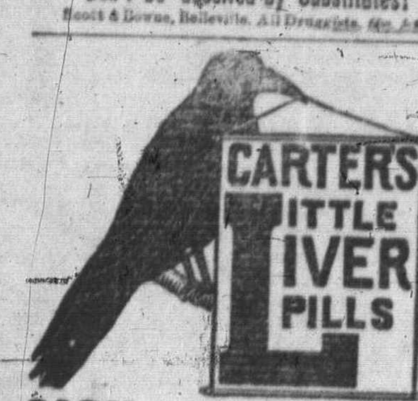
who are thin, hollow-chested, or growing too fast, are made Strong, Robust and Healthy by

Scott's Emulsion

the Cream of Cod-liver Oil. It contains material for making healthy Flesh and Bones. Cures Coughs, Colds and Weak Lungs. *Physicians*, the world over, endorse it.

Don't be deceived by Substitutes!

Scott & Bowne, Belleville. All Druggists. 50c. & $1.



SICK HEADACHE

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They Regulate the Bowels. Purely Vegetable.

Small Pill. Small Dose. Small Price.

Burdock BLOOD BITTERS.

UNLOCKS ALL THE CLOGGED SECRETIONS OF THE BOWELS, KIDNEYS AND LIVER, CARRYING OFF GRADUALLY, WITHOUT WEAKENING THE SYSTEM, ALL IMPURITIES AND FOUL HUMORS. AT THE SAME TIME CORRECTING ACIDITY OF THE STOMACH, CURING BILIOUSNESS, DYSPEPSIA, HEADACHES, DIZZINESS, HEARTBURN, CONSTIPATION, RHEUMATISM, DROPSY, SKIN DISEASES, JAUNDICE, SALT RHEUM, ERYSIPELAS, SCROFULA, FLUTTERING OF THE HEART, NERVOUSNESS, AND GENERAL DEBILITY. THESE AND ALL SIMILAR COMPLAINTS QUICKLY YIELD TO THE CURATIVE INFLUENCE OF BURDOCK BLOOD BITTERS.

VIGOR OF MEN

Easily, Quickly, Permanently Restored.

Weakness, Nervousness, Debility, and all the train of evils from early errors or later excesses, the results of overwork, sickness, worry, etc. Full strength, development and tone given to every organ and portion of the body. Simple, natural methods. Immediate improvement seen. Failure impossible. 2,000 references. Book, explanation and proofs mailed (sealed) free.

ERIE MEDICAL CO., Buffalo, N.Y.

The Celebrated English Remedy
LADY HUNTINGDON'S FEMALE PILLS

FOR ALL DISEASES PECULIAR TO FEMALES.

THESE PILLS are prepared from the original Recipe, and, having been many years in use, are esteemed the choicest FAMILY MEDICINE ever submitted for public patronage. They are well-known to have rescued many thousands of young persons from an early grave, and never failed to lengthen the life of every one who occasionally used this medicine. They will be found particularly efficacious in cases of General Debility of the constitution, in creating appetite, by strengthening the system, removing obstructions, giving relief to those troubled with fainting fits, nervous giddiness, pains in the head, etc., and peculiarly beneficial in cases of colic and shortness of breath, by strengthening the organs of the stomach, and correcting impaired digestion; giving a lively complexion to the most sickly countenance, and restoring to its natural standard that peculiar appearance so intimately connected with the constitutional welfare of the female sex.

PREPARED BY R. BARKER, SOLE PROPRIETOR BRIGHTON, ONT. PRICE 35 CENTS

NERVE BEANS NERVE BEANS are a new discovery that cures the worst cases of Nervous Debility, Lost Vigor and Failing Manhood; restores the weakness of body or mind caused by over-work, or the errors or excesses of youth. This Remedy absolutely cures the most obstinate cases when all other treatments have failed even to relieve. Sold by druggists at $1 per package, or six for $5, or send by mail on receipt of price by addressing THE JAMES MEDICINE CO., Toronto, Ont. Write for pamphlet. Sold in Kingston by Wade's Drug Store.

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Makes a Very Pretty Christmas Gift.

We have pretty Sets from 70c upwards, Fancy Goods of every description. Prices away down for the holidays.

ROBERTSON BROS, 187 PRINCESS STREET.

TO LET.

OH! I MEAN TOILET!

By this we mean we are making a special show of

TOILET REQUISITES this WEEK,

Comprising a very select stock of Choice Perfumes, Hair, Tooth and Nail Brushes, Combs and similar requisites, as well as showing a select stock of Tooth Washes, Tooth Powders and Toot Soaps. Inspection invited.

N.B.—We extend to you our compliments, wishing one and all a happy and prosperous New Year.

FRANK J. HOAG

Chemist and Druggist, opp. Windsor Hotel.

MRS. POTT'S SAD IRONS

3 Irons, 1 Stand, 1 Handle.

85c Per Sett.

J. MUCKLESTON & CO

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Princess Street.

Have just Received an Assortment of Burnished Brass

HOT WATER KETTLES,

With Stands and Lamps. Just the articles for Christmas presents.

THE KINGSTON DISTRICT.

WHAT OUR INDUSTRIOUS STAFF OF CORRESPONDENTS WRITE.

The Events of the Week that Concern the Residents of the Midland District—Little Escapes Notice, and Each Locality can Find Something of Interest.

JOYCEVILLE, Jan. 23.—Our village shoemaker is kept very busy.—Mr. and Miss Abbott spent last week visiting friends at Athens.—Miss Jessie Donaldson has returned after spending a few weeks visiting friends in Kingston.—Visitors: Rev. Mr. Laird, Sunbury; Mr. and Mrs. Fox and Miss Joyce, Dakota, and Mr. and Mrs. Corrigan, of Gananoque, at L. Joyce's; S. McKendry at his brother's.

MORTON, Jan. 23.—Mrs. Shock, living near here, fell on the ice on Friday and broke her leg in two places. She is old and not expected to live.—George Chapman is delivering our schoolhouse wood for the year.—Last week L. Sly's horse ran away; the cutter and harness were badly broken up.—Mrs. Phoebe Jones has secured judgment against the Watertown paper mill company for $1,730, as damages for the accident which caused the death of her husband, Milton Jones, some time ago.

BETHEL, Jan. 23.—J. S. Galbraith is getting out material for building a new house.—Large quantities of cord wood are daily being drawn down the lake from the vicinity of Moscow to the paper mills.—Miss Retta Williamson has returned home from Odessa, where she has been visiting friends.—Miss Alkenbrack, late of Michigan, is removing her household effects to Desmond.—Visitors: David Stitt, Ilion, N.Y.; Mr. and Mrs. Hugh Gray, Parham; Mrs. Alkenbrack, Ypsilanti, Mich.; Miss Salsbury, Camden East.

MORVEN, Jan. 22.—The Sabbath school entertainment in the White church on Wednesday evening last was a decided success in every respect. The songs, readings, recitations and dialogues were well rendered.—We join with many friends of Mr. and Mrs. Rombough in extending sympathy to them in their sad bereavement in the loss of their eldest son and two of his children all of whom died within a very few days of each other.—John Wood, cheesemaker, and his wife have returned after their extended visit at the north.

OSO STATION, Jan. 23.—Missionary service will be held in Christ church, Oso, on Saturday evening with the Rev. M. Seantlebury to officiate; also in the Methodist church on Tuesday evening.—Our blacksmith, E. Bourke, is kept busy attending to his customers. Our school is progressing under the able management of G. Thompson. The young people of lower town enjoy coasting on the hills of upper town. Visitors: John Clement, of Elphin; John Babcock, of Bedford; Elisha Larmon, of Zealand, at Mr. Campbell's.

KEELERVILLE, Jan. 22.—W. J. Loucks and J. Anglin attended the district meeting of the Sons of Temperance at Delta.—Miss Amanda Keeler is visiting friends at Carrying Place.—Our school is progressing rapidly; Miss M. Fisher is teacher.—B. Clark is spending a few days at home.—We are glad to see the people of this place take such an interest in the temperance lodge.—Enjoyable times are being spent on the lakes as they are in good shape for skating.—Visitors: Mrs. W. Ruthven, Elgin, at G. E. Clark's; H. Davey and D. O'Keefe.

YONGE MILLS, Jan. 22.—Mrs. J. S. Coleman, New York, arrived to-day, having been summoned to see her mother, Mrs. John S. McLean, who is dangerously ill.—The many friends of James A. Dickey will be pleased to learn of his complete recovery from his recent severe illness.—The school re-opened in the Purvis neighborhood with Mr. King, of Williamsburg, as teacher.—The funeral of the late Mrs. Simpson, of Sherwood Springs, was held at the Stone church on Sunday last.—Visitors: Mr. and Mrs. K. McKenzie, Picton; Charles Everson, Alexandria Bay; Miss Ethel Collier, Maitland; Miss Grace Tennant, Brockville.

FLINTON, Jan. 22.—The roads are in splendid order. It has thawed and frozen so they are solid ice.—The municipal councillors met on 15th and took their seats. The reeve appointed William Humphrey, of Anglesea, as his auditor. The council Charles Champange, Flinton. Mr. Kimmerly, reeve-elect, has gone to Napanee to attend the county council meeting.—Thomas Porte and wife, of Grand Forks, Dakota, have paid a visit to his old home, Kaladar, at the residence of his father, Capt. George Porte, Samuel Porte, of Brighton, is also visiting his parents.—Henry Perry, Flinton, lost a valuable mare by falling on the ice and breaking its head, knocking its brains out.

WILTON, Jan. 23.—Benj. Mills lost a valuable cow by falling on the ice.—Miss Pearl Switzer has been quite sick with inflammatory rheumatism.—Miss Frank Moxley, Kingston, has been visiting at Rufus Oyens'.—Miss Kate Keenan, Sydenham, spent Sunday with Miss Gertie Mills.—Messrs. Robert Miller and Wellington Babcock are attending county council in Napanee.—The young people are making good use of the skating this winter.—The Free Methodist meetings were largely attended on Friday and Saturday evenings. Quite a number were disappointed, there being no meeting Sunday afternoon. Rather than stay at home some of the young people attended church at Violet.

POINT ROAD, Jan. 24.—The sleighing is completely gone and the farmers cannot get up their wood. The ice makes it very bad for cattle and horses without shoes.—The boys intend holding a meeting at Myles Byrnes' hotel on Friday evening to decide when to hold the horse races and to select judges.—Mr. and Mrs. Donovan, of Lansdowne, are visiting P. Fowler.—Miss Florence Baxter is visiting friends in the city.—Wm. Nelson is recovering from a severe attack of grippe.—James McNiece is very low at present with inflammation of the lungs.—Wm. Toner had a cow choked to death with her chain while tied to the manger.—Thomas Milton lost a very fine horse from inflammation of the bowels.

HARROWSMITH, Jan. 23.—The address by Mr. Dawson, M.P., liberal member for Addington, on the political subjects of the day, was a success. The house was crowded. A reverend gentleman from a neighboring village made a few remarks with the view of "killing" some of Mr. Dawson's points, but little was made out of it.—The Chosen Friends' entertainment, last evening, was well attended. The audience was delighted with over 200 lime-light views of world's fair sights and scenes connected with the Birchall murder.—Mrs. Whiting, of Deseronto, with her son, is visiting at her father's, Samuel Mills'.—The recent rains and sharp cold nights have left the flats with a coating of fine glare ice, and even the streets are utilized as skating rinks.

CATARAQUI, Jan. 24.—Farmers are of the opinion that owing to the open winter meadows will be much injured and hay will be a light crop the coming season.—On Sabbath evening last an attentive congregation, in the Methodist church, listened to an interesting discourse upon the words uttered on the cross by our blessed Saviour. The speaker was the Rev. Mr. Chisholm, superintendent of the circuit. The Rev. Mr. Campbell, owing to an attack of grippe, is unable to fulfil his duties.—J. A. Haycock is to be congratulated on his success at the poultry exhibit in New Hamburg.—Those of our residents who attended the farmers' institute on Wednesday last had both pleasure and profit in listening to the spicy talks of the speakers.—As the holiday season is past few visitors are reported.

BREWER'S MILLS, Jan. 22.—We are sorry to report the death of so many of our old and esteemed neighbors. The remains of Mrs. Ann Maloney, wife of Martin Maloney, who died at her home in Deseronto, on 17th inst., reached here on Friday and were placed in the vault to await burial. The remains of James Brewer, who died on Thursday, 18th., after a few weeks illness, was placed in the same vault on Saturday. The body of Patrick Gorman, sr., who died on the 19th after a short illness, was conveyed to St. Barnabas church on Sunday, and afterwards to the vault. Mass was celebrated on each occasion by the Rev. Fr. Carey, pastor. There are at present nine corpses in that vault.—The bee at John McKenna's, jr., on Saturday, raising his drive-house was well attended.—R. See's threshing machine has made its appearance in our midst again.

ELPHIN, Jan. 22.—Last Thursday's rain made the roads very slippery, but the soft snow on Sunday has improved them considerably.—Loads of timber are passing through here every day en route to the K. & P. track for shipment.—All the stone and some lumber are on the ground to be used in the erection of the new church.—The annual meeting of this branch of the Ottawa auxiliary bible society was held here last Friday evening.—A large number of young people gathered at George Wilson's on Tuesday night of last week and spent a very enjoyable evening. Dancing was indulged in till the wee sma' hours.—The many friends and acquaintances of Jeffers Pitchers, who formerly resided in this place, will regret to learn that he has had his ankle fractured and his shoulder broken while working in the woods. No particulars as to how the accident happened have been received.—Neil McFarlane has recovered from a severe attack of neuralgia and is able to be around again.

STELLA, Jan. 24.—It is some time since the young folks have had such an enjoyment as lately. The ice is grand for skating, and they are taking the good of it. J. Montgomery is out every day with his ice boat. A number of ladies have been enjoying the trips across the bay on it.—A number from here attended the Foresters' concert in Bath last week.—Miss Bessie Howard returned home from Buffalo yesterday. She has been away several months. One of our nice young men has also returned from Chatham.—Every one is pleased to see Edward Fleming.—Peddlers are visiting the island at present.—Mr. Wartman and A. Gibson, Collins Bay, were here for a visit Saturday.—H. Garvin spent Sunday at home.—J. McCormick, Oshawa, is visiting friends here.—A prayer meeting and christening, conducted by Rev. J. Cumberland, took place at T. Smith's last week. The boat belonging to J. Dempster, was found without a scratch.—The oyster supper, which proved a huge success, was gotten up by W. Chown. The display was rich. Many and enthusiastic were the words of praise bestowed for the fine catering, and for the choice display made.

WESTPORT, Jan. 23.—The roads were so slippery last week that it was almost impossible to travel. The rain and snow which fell on Sunday left the roads good once more.—Wood is coming in plentifully, forty to fifty cords a day.—Edward McCue, ill for only two weeks, died on the 19th, aged thirty-nine years. He was born here and lived here all his lifetime, and was highly respected. His remains were placed in St. Edward's vault on the 21st. He leaves a wife and four children, to mourn.—Mrs. Jeremiah Donohoe sr., is seriously ill.—Thomas J. McCann, traveller, and Miss Annie O'Reagan, both of Ottawa, were married on the 7th. Rev. Fr. Whelan performed the ceremony. The presents were costly and numerous. They visited his father, M. J. McCann, on their bridal tour going west.—A grand social was held on the 22nd, at G. F. Reynolds', in aid of Presbyterian church.—T. R. Butler, ill for some time with grippe, is able to be out again.—The C.M.B.A. society is going to build a large hall the coming summer.—H. Derbyshire is hauling material for his large block. He will commence work in March.—J. Dier and James McCann are hauling material to build a cheese factory on the mountain. It is much needed in that locality.

Go to M. J. McCann's for high grade Granby rubbers and felt boots.

MOUNTAIN GROVE, Jan. 22.—A good congregation assembled in the Methodist church on 14th inst., to hear Rev. G. R. Clare, Marlbank. A good subscription was taken for missions. Mr. Clare was formerly stationed here and all were pleased to see and hear him. On Monday evening he delighted his audience for two hours while he gave a graphic account of his trip to the world's fair and his impressions of the things he saw there. Rev. W. D. Harrison gave a reading entitled "The Teacher's Dream." The choir gave several pleasing selections.—The funeral of Richard Bradley, who died very suddenly of paralysis on the 13th inst, took place at Mountain Grove church last Tuesday afternoon. The sermon was preached by Rev. Mr. Cornell, of Sharbot Lake, Rev. W. D. Harrison assisting in the service.—Archie Flynn, a little son of Wm. Flynn, had his arm badly injured by a fall recently. He is recovering.—The members of the junior league took charge of the evening service on Sunday and had an interesting meeting. Misses Nellie Flynn and Evelyn Abbott were the leaders.—Visitors: Mrs. Wm. Magee, of Adolphustown, at N. Price's; Mrs. W. Hayes, Deseronto, at Wm. Loyst's; Mr. and Mrs. Rose and Miss Gates, of Westbrook, at D. McDonald's.

BELLROCK, Jan 23.—Vanluven Bros., Moscow, will build a new cheese factory here this spring with a store in connection. They are locating on a suitable site.—Hiram Vannest, Colebrook, has settled down on his farm here, lately purchased from the Schuyler Shibley estate.—Mrs. E. M. York is still very low.—Organizer McRae, of the Patrons of Industry, has been canvassing in this vicinity. He says he will start a lodge here.—Miss Allie Lemmon, a former teacher here, has been renewing acquaintances.—Zara Vanluven has sold his farm here to Peter Brooks.—P. W. Brooks has gone to Vennachar after the household goods of Albert Brooks, who will take up his abode here.—Local sports have had a race track staked out on the swamp flats.—Teams are very busy hauling wood through the village from the drowned lands. Wood cutters say that the swamps are in the best condition now for getting out timber that they have been for years.—Rev. Mr. Williamson talks of withdrawing this appointment from his circuit on account of poor attendance. More should turn out, as he is a very eloquent speaker indeed.—A lynx is in the vicinity. It has been heard by several and its tracks have been seen by a number.—Miss Lizzie Moir visited Miss Eva M. Breeze at Verona last week.—Mrs. George Moir has returned from visiting her father, John Taylor, Norwood, who is not expected to live.—A school concert will be given in February.—Rev. F. Chisholm preached here on Sunday, 14th.—Those who attended G. W. Dawson's meeting at Verona, on the 17th, were delighted at the forcible yet pleasant way that he proved the objections groundless that his adversary made. Even the opposition admit that he is the most popular man in the county and one of the best debaters in the riding.

Down With High Prices For Electric Belts: $1.55, $2.65, $3.70; former prices $5, $7, $10. Quality remains the same—sixteen different styles; dry battery and acid belts — mild or strong current. Less than half the price of any other company and more home testimonials than all the rest together. Full list free. Mention this paper. W. T. Baer & Co., Windsor, Ont.

2 SPOONS

of The smaller size, filled with Cod Liver Oil, will do more building up than the larger one filled with the best of the many emulsions now in the market.

SKREI costs no more, and does three times as much as three bottles of emulsion. Almost tasteless. Prepared only by

K. CAMPBELL & CO., Montreal.

GROCERIES.

A Common Error.

Chocolate & Cocoa are by many supposed to be one and the same, only that one is a powder, (hence more easily cooked,) and the other is not.

This is wrong—

TAKE the Yolk from the Egg,
TAKE the Oil from the Olive,
What is left?

A Residue. So with COCOA.

In comparison,
COCOA is Skimmed Milk,
CHOCOLATE, Pure Cream.

ASK YOUR GROCER FOR CHOCOLAT MENIER. ANNUAL SALES EXCEED 33 MILLION POUNDS. If he hasn't it on sale, send his name and your address to **Menier**, Canadian Branch, 12 & 14 St. John Street, Montreal.

IMPERIAL

BAKING POWDER

PUREST, STRONGEST, BEST.

Contains no Alum, Ammonia, Lime, Phosphates, or any Injurient.

E. W. GILLETT, Toronto, Ont.

A preventative and an absolute cure for Coughs and Colds, ADAMS' HOREHOUND TUTTI FRUTTI.
Sold by Druggists and Confectioners, 5 cents.

30c. Everybody to have a whack. 40c.

STEWING : OYSTERS!

30c. a Quart.

W. H. CARNOVSKY,

THE OYSTER MAN

50c. On the Square, 60c.

McLAREN'S CELEBRATED

COOK'S FRIEND

BAKING POWDER

Has no Superior in Purity, Healthfulness and Economy.

It is distinguished from alum powder by the bread, etc., made with it, having no tendency to dry up.

THE SOCIETY OF ARTS.

OF CANADA (LIMITED) MONTREAL.

CAPITAL STOCK, $100,000!

A Society established with a view to disseminate the taste for arts, to encourage and help artists.

Incorporated by letters patent of the Government of Canada to 27th February, 1893.

GALLERY of PAINTINGS

Nos. 1666 and 1668 Notre Dame St. Montreal.

ONE OF THE RICHEST GALLERIES OF PAINTINGS IN CANADA.

ADMISSION FREE,

From 10 o'clock a.m. to 4 p.m.

All the paintings are original, mostly from the French school, the leading model school. Eminent artists, such as Franca s, Rochegrosse, Aublet, Barau, Pezant, Petitjean, Marius Roy, Scherrer, Sauzay, and a great many others, are members of this society.

SALE OF PAINTINGS at easy terms. Next distribution of Paintings between the Society and Scripholders on 24TH JANUARY NEXT.

PRICE OF SCRIPTUM, $1.00.

Ask for Catalogue and Circular,

H. A. A. BRAULT, Director.

BERMUDA.

The now far-famed BERMUDAS, with cable communication and equable winter temperature of seventy degrees, beautiful scenery and 100 miles of good roads, an important station of the British army and headquarters of the Atlantic Squadron of the Royal navy, and is unrivalled in its attractiveness, reached by the magnificent iron steamers ORINOCO or TRINIDAD in sixty hours from New York. The tropical islands, including ST THOMAS, SANTA CRUZ, ST KITTS, MARTINIQUE, and BARBADOS, also afford beautiful and interesting tours, all reached by steamships of the Quebec Steamship Company from New York.

For descriptive pamphlets and dates of sailing apply to A. EMILIUS OUTERBRIDGE & CO., Agents, 39 Broadway, New York, or T. HANLEY, Kingston, Ont. ARTHUR AHERN, Secretary, Quebec.

IF YOU WANT THE CHEAPEST AND BEST

FURNITURE!

Of all discriptions, call at

H. BRAME'S,

Princess Street, Corner of Sydenham St. Kingston.

PERFUMED ANTISEPTICS.

The Essence of China Cinnamon as Powerful as Corrosive Sublimate.

Antiseptics have generally a disagreeable odor. Commenting on researches made by French scientists, the New York Herald says they have shown that many essences are endowed with strong antiseptic qualities that appear in two ways—by direct contact, and even at a distance, on account of their vapor tension. The most of these essences is certainly the essence of China cinnamon, which has almost the same strength as corrosive sublimate, one of the most powerful antiseptics. But these essences in their natural form are very often irritating to the skin, so that M. Lucas-Championnière of Paris has been trying to find a way to turn the difficulty. With the idea that they are irritating because they are insoluble in the different liquids of the body and in water, he dissolved them by means of retinol, and obtained in this way preparations that are not at all irritating. Rectified essence of cinnamon is called cinnamol, and one per cent. solutions or ointments of cinnamol have been tested by the above mentioned surgeon. Dressings are made with the ointment, which does away with all odor, even in infected wounds. He has also tested the essences of geranium and verbena.

It is very desirable that this use of essences should become a common one, as nothing is more disagreeable in a sick chamber than the odor of the antiseptics which we now use. To introduce perfumery into surgery and medicine is a step that will certainly not displease the patients, and in time of epidemics the regular use of certain forms of perfumery—lavender, cinnamon, verbena and geranium—is to be recommended.

Open Air Treatment of Consumption.

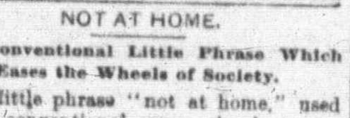
Consumption is a disease often engendered and certainly developed by impure air. This is a conclusion to which Dr. Bezly Thorne came in a paper read before the Royal British Nurses' Association upon the "Open Aair Treatment of Consumption" at Falkenstein. Winter and summer the patients at this German health resort are encouraged to spend the greater part of the day in the open air. Even when unable to take exercise the sufferers are placed out of doors, care being taken that they should be sufficiently wrapped up. At night the windows of the bedrooms are partially opened. Baths, especially douche baths, are freely administered, and with favorable results. Measures of a most scientific kind are taken to prevent the dissemination of the tubercular bacillus, and Dr. Thorne mentioned that the proportion of ascertained cures, both relative and entire, is 24 per cent.

A Curious Effect of Electricity.

An exchange tells that when the current was turned on the circuits for the first time at an insane asylum the insane persons were much affected. They tossed their hands about, fell into each other's embrace, danced with glee and displayed an exaltation such as irrational animals sometimes do when stirred by emotional music. Improvement in many of the patients has been noted, due to the buoyant effect on the system through the surprise.

A Note for Vegetarians.

It is a noticeable fact that, with all other great advances they have made during recent years, the stature and physique of the Japanese people have remained remarkably deficient. A parliamentary commission appointed by the mikado's government to investigate the causes of this lack of stamina has after prolonged investigation ascribed it to the vegetable diet to which the Japanese mainly confine themselves.



NOT AT HOME.

The Conventional Little Phrase Which Eases the Wheels of Society.

The little phrase "not at home," used in the conventional sense, simply means that one is not at liberty to receive her friends or acquaintances. It does not mean that she is out of the house, and it is not so understood by people accustomed to society. When the maid bars the door to a caller with the information that the lady is "engaged" and cannot come down, the caller, unless she is a very sensible woman indeed, is apt to feel that she has had a rebuff. "I'll not take the trouble to go to her house again very soon," she thinks, and probably says, as she walks disappointedly away.

One use of politeness is to ease the wheels of society and do away with needless friction. When everybody in a community adopts a certain formula, and its meaning is generally understood and accepted, there is no violation of truth in availing one's self of it, simply as a convenience. When we send out cards saying that on a certain day we will be "at home," we signify to our friends that then we will be free to enjoy their society. This may seem too formal to be done in a little village where old acquaintances run in upon one another on their way to or from the market or the postoffice, and where the demands of life are not very insistent. But in town, with its multiform and pressing engagements, a day at home is almost a necessity to those who would see their friends and still have time left for anything else.

Of course if the phrase "not at home" is crudely taken and regarded as a falsehood by the utterer and by the person who hears it, it lowers the moral tone of both. But this is not what is intended when it is used. The gentlewoman who is "not at home" is understood simply to be "not at home to visitors," and thus she has thrown up a fortification for the day around the poem she is writing or the picture she is painting, the child she is nursing, the gown she is making or the dessert she is concocting. "Mrs. —— will not be at home until after 3 or 4 or 7 p.m." is merely a variation of the form, signifying at what hour Mrs. —— will be disengaged.

In conclusion, Harper's Bazar expresses the opinion that the only really needful thing in the matter is to have everybody understand and adopt what a few have adopted and found convenient and courteous, a conventional phrase to indicate that the occupations of the house cannot be thrown over for the pleasure of a conversation with friends who may find another occasion for calling. To a multitude of over-wearied women, interrupted until serious pursuits become impossible, and nerves and health break down, this little phrase would prove a boon.

All Men

Young, old or middle aged, who find themselves nervous, weak and exhausted, who are broken down from excess or overwork, resulting in many of the following symptoms: Mental depression, premature old age, loss of vitality, loss of memory, bad dreams, dimness of sight, palpitation of the heart, emissions, lack of energy, pain in the kidneys, headaches, pimples on the face and body, itching or peculiar sensation about the scrotum, wasting of the organs, dizziness, specks before the eyes, twitching of the muscles, eyelids and elsewhere, bashfulness, deposits in the urine, loss of will power, tenderness of the scalp and spine, weak and flabby muscles, desire to sleep, failure to be rested by sleep, constipation, dullness of hearing, loss of voice, desire for solitude, excitability of temper, sunken eyes, surrounded with LEADEN CIRCLES, oily looking skin, etc., are all symptoms of nervous debility that lead to insanity unless cured. The spring or vital force having lost its tension every function wanes in consequence. Those who through abuse committed in ignorance, may be permanently cured. Send your address and 10c in stamps for book on diseases peculiar to man, sent sealed. Address M. V. LUBON, 24 Macdonnell Ave., Toronto, Ont., Canada. Please mention this paper.

Diphtheria is prevalent in London.

FURNISHING THE SPARE ROOM.

Artistic Decorations That are Inexpensive but Very Effective and Pleasing.

The actual decoration of spare rooms pales before the comfort of one's guests, by which I do not mean necessarily costly furniture, but the fact that the visitor has all that he or she can possibly want, says a writer in the Decorator and Furnisher. Making sure that your friends' rooms are looking their best is not only a duty, but should be a pleasure. It is just the fact of having a well plenished writing table, a wastebasket, a steady table near the bed, a cozy basket chair or a sofa, which makes the difference between the guest chamber and a room in a hotel.

In the transforming of the ugly spare room for the coming guest, which shall prevent madam from paying 50 cents apiece for a charming salmon paper, with bold brocadelike pattern in a darker shade and frieze of pink and yellow dahlias on a cream ground, and covering the ceiling with yellow daisy pattern? The paint shall be Japanese ivory, with gold paneling. The floor is covered with a dainty terra cotta and gold brussels carpet, leaving one foot of stained and polished surround.

In the windows we hang short curtains of gold serge and frilled ones of creamy muslin, reaching to the window ledge, beneath which, to the floor, are fixed shelves "boxed in" at the ends, over which hang dainty little curtains of cretonne. Then there should be a quaintly fashioned walnut suit, with wardrobe showing a full length mirror, plenteous drawers, a pretty niche for books, pottery etc., and furthermore a long wooden overmantel, to be painted with the room. Add to this a wide mantel board, with a deep frill of handsome terra cotta, and gold figured velveteen, and we have a pretty resting place for the treasured odds and ends which mean so much to a really womanly woman.

For the bedstead, we chose one of the pretty shade with no tester, but merely winglike supports for curtains at either side. For the curtains we choose a lovely cretonne, showing velvety single dahlias in soft shrimp pink and tender yellow on a willow green ground; the curtains are lined with salmon color and edged with tufted binding. The bedspread is of pink or willow green sheeting, with a frill to the ground. How much pleasanter to open our eyes in such a room as this than in one of those "done up" in the chilly old gray and white style, ugly enough on a bright day, but depressing beyond all description on a dull, sullen one!

Oysters Are Nourishing Food.

Urging the use of oysters as food, an exchange says: Speaking roughly, a quart of oysters contains, on the average, about the same quantity of actual nutritive substance as a quart of milk, or a pound of very lean beef, or a pound and a half of fresh codfish, or two-thirds of a pound of bread. But while the weight of actual nutriment in the different quantities of food material named is very nearly the same the quantity is widely different. That of the very lean meat or codfish consists mostly of what are called in chemical language protein compounds, or "flesh formers"—the substances which make blood, muscle, tendon, bone, brain and other nitrogenous tissues.

That of the bread contains but little of these and consists chiefly of starch, with a little fat and other compounds, which serve the body as fuel and supply it with heat and muscular power. The nutritive substance of oysters contains considerable of both the flesh forming and the more especially heat and force giving ingredients. Oysters come nearer to milk than almost any other common food. Their values for supplying the body with material to build up its parts, repair its wastes and furnish it with heat and energy would be pretty nearly the same.

Holloway's Ointment and Pills.

Dangerous Chest Complaints.—The enumeration of those diseases is scarcely necessary, as unfortunately, most Englishmen know them to their cost. Coughs, common colds, influenza, bronchitis, asthma, pleurisy, inflammation of the lungs, and even consumption in its early stages, are best treated by rubbing Holloway's Ointment upon the chest and upon the back between the shoulders. It penetrates internally, checks the cold shiverings, relieves overgorged lungs, gradually removes the oppression from the chest, and restores the obstructed respiration, hitherto so distressingly disagreeable and highly dangerous. In treating this class of diseases, Holloway's Pills should always be taken while using his Ointment; they purify the blood, promote perspiration, and allay dangerous irritations.

Wood Yard Removed.

James Campbell has removed to the corner of Wellington and Barrack streets. Always on hand a good stock of best maple, cut and uncut, dry slabs, pine and cedar blocks. All cheap for cash. Telephone No. 116.

When Baby was sick, we gave her Castoria.
When she was a Child, she cried for Castoria.
When she became Miss, she clung to Castoria.
When she had Children, she gave them Castoria.

MISCELLANEOUS.

HOLIDAY BARGAINS

—AT—

THE BOSTON FUR STORE.

FURS!

Misses' Gray Fur Capes reduced to $3 25.
Children's Iceland Lamb Jackets, only two left, reduced from $10 to $6 85, 2 only.
Misses' Gray Lamb Capes worth $12, reduced to $8 50: Ladies' fur trimmed circulars, $3 95.
Ladies' fur lined wraps from $9 up.
Alaska Sable Capes reduced to $25, worth $35.
Misses' Opossum Capes, Collars, Muffs, at reduced prices.
Men's Fur Collars, Caps, Coats, etc., at rock-bottom prices for cash only.

MANTLES!

We have the best fitted up Mantle Room in this city, and ladies tell us we have the finest assortment of Mantles. It is impossible to go into details in an advertisement of this kind; but some idea of the value we are offering may be formed when we tell you that $1.50 will buy a Misses' Ulster that used to sell at $3.75, and that Ladies' Choice Stylish Cloth Jackets, with and without Capes, plain and fur trimmed, are sold for $3.25, $5.98 and $8.50.

GEO. MILLS & CO.,
170 WELLINGTON STREET.

WORMWITH & CO'S PIANOS.

Celebrated for their Pure Tone
ELEGANT DESIGNS.
SUPERIOR WORKMANSHIP AND GREAT DURABILITY.

Sold on easy terms. Old instruments taken in exchange.

WORMWITH & CO.

Factory: Corner of Princess and Ontario sts. Kingston, Ont.

ELLIOTT BROS.,

75 and 77 PRINCESS STREET.

Telephone 35. - - - Residence 55.

Stoves cleaned and fitted up on the shortest notice. The "HAPPY HOME" range still leads, and every stove guaranteed to give satisfaction. We have a large number of second hand stoves—now is the time. select one.

C. H. OTTO,

BOOKBINDER AND BLANK BOOK MANUFACTURER.

181 Wellington St., opp. Ontario Bank.

Send address to store and your work will be called for.

You can tell more in a minute here than you can sitting in that chair reading this advertisement.

Come and see the choicest

EMBROIDERIES

we ever imported

J. LAIDLAW & SON.

INSURANCE.

FIRE INSURANCE
PHŒNIX INSURANCE CO., of Hartford, Conn.
Established 1854.

CANADA BRANCH. Head Office. 114 St. James Street MONTREAL.

CASH CAPITAL, $2,000,000

GERALD E. HART, General Manager.

A share of your fire insurance is solicited for this reliable and wealthy company, renowned for its prompt and liberal settlement of claims. Agents throughout the Dominion. See that you get a PHŒNIX OF HARTFORD POLICY.

KINGSTON AGENTS:
JOHN A. GARDINER, 151 Wellington Street, CHIEF AGENT.
J. A. GOODEALE, Special Agent.

The Canada Accident Assurance Company.

London and Lancashire Fire Insurance Company.

The Canada Permanent Loan and Savings Company.

Federal Life Assurance Co., Hamilton.

REAL ESTATE bought and sold. Money to loan. Rents and estates managed.

JOHN A. GARDINER.

OFFICE: 151 Wellington Street.

C. H. MARTIN,

GENERAL AGENT,

INSURANCE AND REAL ESTATE BROKER.

OF PROPERTIES BOUGHT, SOLD AND EXCHANGED.

Prompt attention. Call solicited.

OFFICE: 86 AND 88 BROCK STREET.

INSURANCE ANNOUNCEMENT.

WE HAVE PLEASURE in announcing the appointment of MR. W. J. B. WHITE as agent for Kingston and vicinity of the

Commercial Union Assurance Co., OF LONDON, ENGLAND,

Vice Messrs. Strange & Strange, resigned from this date.

EVANS & McGREGOR, Managers Canadian Branch.

Montreal, Dec. 1st, 1893.

GUARDIAN ASSURANCE CO'Y, LIMITED.

CAPITAL AND INVESTED FUNDS EXCEED $32,580,000.

Insurances against Loss by Fire accepted at the lowest current rates and claims settled without reference to the Board at London.

W. H. GODWIN, Agent for Kingston.

Office—Fraser's Arcade, 344 King street.

FIRE INSURANCE.

LIVERPOOL, LONDON & GLOBE FIRE INSURANCE COMPANY.

Funds over $52,000,000. In addition to which the policy holders have for security the unlimited ability of all the stockholders.

FARM AND CITY PROPERTY insured at lowest possible rates. Before renewing old or giving new business get rates from

STRANGE & STRANGE, Agents.

W. J. FAIR, Special Agent, Wellington St. opposite Ontario Bank.

LONDON AND LANCASHIRE LIFE ASSURANCE COMPANY.

PRACTICALLY A CANADIAN COMPANY WITH BRITISH SECURITY.

Reserves are deposited annually at Ottawa and now amount to one million dollars. Rates lower than the majority of offices. Many and choice plans of insurance offered.

MILLS & MILLS, Sole Agents, Kingston and District.

THE ETNA INSURANCE CO., HARTFORD, CONN.

Cash Capital	$ 4,000,000 00
Total Assets	10,457,497 04
Losses paid in 72 years	66,271,000 00

For prompt settlement of losses and equitable dealing with policy holders this company stands unrivalled.

J. Goodrow, President; W. B. Clarke, Vice-President; James F. Dudley and W. H. King, assistant secretaries.

JAMES SWIFT, Agent.

ATLAS ASSURANCE COMPANY, OF ENGLAND.

CAPITAL $6,000,000

Fire risks accepted at low rates and Losses promptly settled.

J. S. R. McCANN, - AGENT.

KING STREET, NEXT WHIG OFFICE.

CHRISTMAS PAPERS,

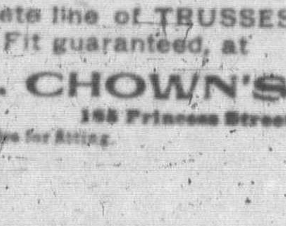
With all the Colored Plates Reduced in Price to 30c Each.

Graphic,
London News,
Ladies' Pictorial,
Black and White,

ONLY A FEW LEFT.

F. NISBET,

CORNER BOOKSTORE.



Complete line of TRUSSES, Perfect Fit guaranteed, at

A. P. CHOWN'S,

185 Princess Street.

Private office for fitting.

TRAVELLING.

THE OLD RELIABLE

CUNARD LINE.

Established 1840. Oldest Line in Existence.

"CAMPANIA," "LUCANIA."

THE NEW TWIN SCREW STEAMSHIPS. Positively the largest and most magnificent steamers in the world. 620 feet long. 12,500 tons. 25,000 horse power.

Umbria, Etruria, Aurania, Servia and others, averaging over 500 feet long, 7,800 tons, and 14,000 horse-power; the whole comprising an incomparable fleet of Fast Express Passenger Steamer. Two and three sailings weekly (including Boston Steamer) forming a service unequalled.

The character, record and general reputation of this line for speed, comfort and safety—HAVING NEVER LOST A PASSENGER DURING THE 52 YEARS OF ITS EXISTENCE, needs no comment.

Average time: A trifle over six days.
Fastest time: Five days, 22 hours, 7 minutes.

New York to Liverpool, via Queenston.

ETRURIA	Jan. 27	1 p.m
GALLIA	Feb. 3	8 p.m
UMBRIA	Feb. 10	8 30 a.m
SERVIA	Feb. 17	3 p.m
ETRURIA	Feb. 24	3 p.m
AURANIA	March 3	2 p.m
CAMPANIA	March 10	7 30 a.m
UMBRIA	March 17	2 p.m

RATES OF PASSAGE—Cabin passage, $45 and upwards. Second Cabin $35 and upward according to steamer and location. From Pier 40, N.R., New York.

STEERAGE AT VERY LOW RATES.

Steerage Tickets to and from London and Queenston and all other parts of Europe at lowest rates.

For freight and passage apply at Company's Office, No. 4, Bowling Green, New York, to VERNON H. BROWN & CO.

Or in Kingston to J. P. GILDERSLEEVE, 42 Clarence Street. | FRED. A. FOLGER, Foot Brock Street.

ALLAN LINE

Royal Mail Steamships, Calling at Moville.

	From Portland.	From Halifax.
Laurentian	Jan. 4	Jan.
Numidian	" 18	" 20
Mongolian	Feb. 1	Feb. 3
Laurentian	" 15	" 17
Numidian	Mar. 1	Mar. 3

CABIN RATES OF PASSAGE—By Parisian, $50, $60, $70; by other steamers, $45 and $50. Second cabin, $30; extra accommodation, $35; steerage, $24.

S.S. NUMIDIAN, from Portland, 18th Jan. Halifax, 20th Jan.; will call at St. John's, Nfl'd. Rate from Halifax: Cabin, $20; Intermediate, $15; Steerage, $6.

STATE LINE—NEW YORK AND GLASGOW (VIA LONDONDERRY).

	From New York.
State Of Nebraska	8 a.m., Feb. 1st.

RATES OF PASSAGE AS FOLLOWS:

Cabin passage, $40, single and upward. Return $80 and upward, according to location of berth. Second cabin $30. Steerage at lowest through rates.

All information regarding the selection of berths can be obtained in Kingston from

THOMAS HANLEY, Ticket Ag't G.T.R., City Station. | J. P. GILDERSLEEVE, Ticket Agent, 42 Clarence St.

GRAND TRUNK RAILWAY.

EXCURSION.

QUEBEC WINTER CARNIVAL

Jan. 29th to February 3rd, 1894.

FARE $10.20.

Tickets on sale Jan. 26th to Feb. 1st, good to return, leaving Quebec not later than Feb. 7th.

LOCAL TIME TABLE.

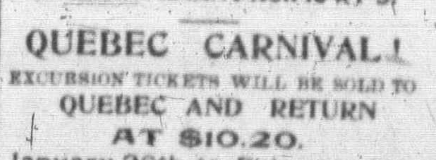
The following will be the G. T. R. Branch time table commencing Nov. 19th, 1893.

GOING EAST.	GOING WEST.
No. 2 Express at 1:05 a.m	No. 1 Express 1:05 a.m
No. 22 (Mixed) 6:00 a.m	No. 5 at 2:45 a.m
No. 6 Express 12:30 noon	No. 23 Mixed 8:40 a.m
No. 4 at 1:55 p.m	No. 1 at 3:35 p.m
No. 20 (Mixed) 6:15 p.m	No. 25 (Mixed) 7:00 p.m

Trains Nos. 2 and 3 run daily. Trains Nos. 5, runs daily, Mondays excepted. All other trains daily, Sundays excepted. For tickets, sleeping car accommodation, etc., apply to

THOS. HANLEY,

Agent, Corner Johnston and Ontario Streets.



KINGSTON & PEMBROKE AND CANADIAN PACIFIC RY'S.

QUEBEC CARNIVAL!

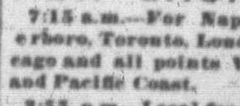
EXCURSION TICKETS WILL BE SOLD TO QUEBEC AND RETURN AT $10.20.

January 26th to February 1st,

Good to return until Feb. 7.

Trains making direct connections with C.P.R. leave Kingston at 11:20 a.m. and 11:20 p.m. Full particulars at K. & P. and C. P. R. Ticket Office, Ontario Street.

F. CONWAY, Ass't. Gen. Pass Agt. | B. W. FOLGER, Supt.



Bay of Quinte Ry Navigation Co. & Canadian Pacific Railways.

NEW SHORT LINE.

7:15 a.m.—For Napanee, Tweed, Peterboro, Toronto, London, Detroit, Chicago and all points West, Northwest and Pacific Coast.

3:55 p.m.—Local for Tweed, Napanee and Deseronto.

For full information and tickets apply to R. J. WILSON, Agent, C.P.R. Telegraph office, Clarence street.

R. C. CARTER, Gen. Manager. | G. A. BROWNE, Gen. Pass Agt.

H. B. SHERWOOD, Supt.

Fire Insurance.

London Assurance Corporation.

W. H. GODWIN, - AGENT.

Office—Fraser's Arcade, King street.