AN OBJECT LESSON.

In A Restaurant.

A physician puts the query: Have you never noticed in any large restaurant at lunch or dinner time the large number of hearty, vigorous old men at the table; men whose ages run from 60 to 80 years; many of them bald and all perhaps grey, but none of them feeble or senile?

Perhaps the spectacle is so common as to have escaped your observation or comment, but nevertheless, it is an object lesson which means something.

If you will notice what these hearty old fellows are eating you will observe that they are not mumching bran crackers, nor gingerly picking their way through a menu card of new fangled health foods; on the contrary they seem to prefer a juicy roast of beef, a properly turned loin of mutton, and even the deadly broiled lobster is not altogether ignored.

The point of all this is that a vigorous old age depends upon good digestion and plenty of wholesome food and not upon dieting and an endeavor to live upon bran crackers.

There is a certain class of food cranks who seem to believe that meat, coffee, and many other good things are rank poisons, but these cadaverous sickly looking individuals are a walking condemnation of thier own theories.

The matter in a nutshell is that if the stomach secretes the natural digestive juices in sufficient quantity any wholesome food will be promptly digested; if the stomach does not do so, and certain foods cause distress one or two of Stuart's Dyspepsia Tablets after each meal will remove all difficulty because they supply just what every weak stomach lacks, pepsin, hydro-chloric acid, diastates and nux.

Stuart's Dyspepsia Tablets do not act upon the bowels and in fact are not strictly a medicine, as they act almost entirely upon the food eaten, digesting it thoroughly and thus gives a much needed rest and giving an appetite for the next meal.

Of people who travel nine out of ten use Stuart's Dyspepsia Tablets knowing them to be perfectly safe to use at any time, and also having found out by experience that they are a safeguard against indigestion in any form, and eating as they have to, at all hours and all kinds of food, the travelling public for years have pinned their faith to Stuart's Tablets.

All druggists sell them at 50 cents for full sized packages and any druggist from Maine to California, if his opinion were asked, will say that Stuart's Dyspepsia Tablets, is the most popular and successful remedy for any stomach trouble.

Lincoln's Tablets Are not a Patent Medicine.

These Tablets are the latest production of Modern Medical Science. They are the only reliable Medicine known for the treatment and cure of all Diseases of the Stomach, Bowls, Liver and Kidneys. They are infinitely superior to all pills or similar preparations containing gummy matter and chocolate compounds.

They are a positive cure for Indigestion, Heart Disease, Bright's Disease, Nervous Prostration and General Weakness; are a magnificent tonic, purifying the blood and give a good healthy appetite. To nervous and delicate women these tablets will prove a positive blessing if taken strictly according to directions.

Formula and samples sent free to any registered physician on application. Price 50c. per box. If you cannot get them from your druggist, do not waste your money upon a substitute. The tablets will be mailed free to any address on receipt of price by H. F. Macarthy, Druggist, Wellington street, Ottawa, or from the company's office. Prepared only by

THE

Lincoln Medicine Co.,

50 Queen Street, Ottawa.

Brame's

Furniture Sale

Is now going on and everything is marked down below cost.

There will be no reserve. Everything must be sold within the next few weeks.

Bargains for everybody in

Parlor Suites, Fancy Chairs, Sideboards, etc.

Free Cure For Men.

A new remedy which quickly cures sexual weakness, varicocele, night emissions, premature discharge, etc., and restores the organs to strength and vigor. Dr. W. Knapp 209 Bull Building, Detroit, Mich., gladly sends free the receipt of this wonderful remedy in order that every weak man may cure himself at home.

Before. After.

Wood's Phosphodine,

The Great English Remedy.

Sold and recommended by all druggists in Canada. Only reliable medicine discovered. *Six packages guaranteed* to cure all forms of Sexual Weakness, all effects of abuse or excess, Mental Worry, Excessive use of Tobacco, Opium or Stimulants. Mailed on receipt of price, one package $1, six, $5. *One will please, six will cure.* Pamphlets free to any address.

The Wood Company, Windsor, Ont.

Wood's Phosphodine is sold in Kingston by W. H. Medley and Henry Wade, druggists.

IN CHURCH AND CATHEDRAL

NEWS TOUCHING RELIGIOUS MATTERS.

"What Shall We Do With Christ?" Was the Subject of a Good Sermon by Rev. E. S. Rowe, of Toronto—Various Church Notices.

Missionary anniversary sermons were preached in Sydenham street Methodist church yesterday by Rev. Elliott S. Rowe, pastor of Euclid avenue Methodist church, Toronto. There were good-sized congregations at both services. In the evening the reverend gentleman spoke from the words, "What shall I do then with Jesus, which is called Christ?" (Matthew xxvii, 22.) In connection with Christ's appearance before Pilate, the speaker said that the governor had the Roman sense of justice, but was disturbed by conflicting emotions. He was anxious to relieve himself of the stain of putting to death a just man. He would have liberated Jesus and to have pleased the Jews at the same time.

"What shall I do with Jesus?" is a vital question with each of us. We cannot put Christ out of society or out of the world. He is the only man who ever lived whose fame grew greater the longer He was dead. No one can say: "He does not enter into my life." We are all debtors to Christ. His enemies attempted to soil His name and take Him from the world, but they failed. His name is the greatest name in the world to-day. The most progressive and powerful nations are those that judge each other by the standards set up by Christ.

Mr Rowe then touched on the sin of treachery, as exemplified in Judas. Judas sold his Master for thirty pieces of silver. The most scornful thing one can say of a man is, "He is a Judas!" "Would to God," exclaimed the speaker, "that when Judas hanged himself he had hanged the spirit within him." There are many men, who, like Pilate, are attempting to do the "balancing act,"—that is, attempting to please two people at once. They are treacherous. We would have liked Pilate better if he had boldly denounced Christ. There are always opportunities for us to declare whether we shall accept Christ or not. We cannot soothe our souls by lip-loyalty to Him. Shall we accept Him, follow Him, enthrone Him, or shall we crucify Him?

The musical service was very fine. In the morning Miss Rose McCartney sang a solo, and the choir rendered the anthem: "The Earth Is The Lord's." In the evening Mrs. Striewing's solo was much appreciated, and the choir did exceptionally well in its anthem, "Break Forth."

Church Items.

Bert. Spencer sang a solo in St. Paul's church last evening.

Mrs. Cochrane presided at St. Andrew's church organ yesterday, in the absence of Mr. Singleton.

Next Sunday morning members of all the local lodges of Oddfellows will attend service in Cooke's church.

Cooke's church pulpit was occupied on Sunday morning by Rev. R. J. Craig, and in the evening by Prof. Macnaughton, of Queen's.

Miss Grace Clarke sang the solo, "O Rest In The Lord," from Elijah, in Chalmers church last evening. The singer has a very sweet voice.

Rev. Prof. Mowat preached in Williamsville Methodist church yesterday morning, and Rev. T. C. Brown, of Brock street Methodist church, in the evening.

It was announced in Queen street Methodist church yesterday that the anniversary sermons would be preached two weeks from that day. Rev. Prof. Jordan will occupy the pulpit in the morning and Rev. Prof. McNaughton in the evening.

In his sermon last evening Rev. W. B. Carey made a touching reference to the late Mrs. Allen who had been a pillar in St. Paul's church for over forty years. She was the first one to introduce flowers into that church on Easter Sunday.

Deseronto Tribune: A. McMillan, Queen's college, appointed to the West End mission, Deseronto, and St. Andrew's, Tyendinaga, enters upon his duties on April 29th. Mr. McMillan comes highly recommended and may be expected to do good work in these important fields.

In St. Mary's cathedral yesterday Rev. Fr. Kehoe thanked the societies, mayor, corporation of the city of Kingston and all those citizens who had turned out to welcome the papal delegate, Mgr. Falconio. A slight indisposition confined the archbishop to his room, and so Fr. Kehoe thanked the people in his stead.

LETTERS TO THE EDITOR.

The Loyal 47th Would Turn Out Two Companies on May 24th.

Kingston, April 21.—(To the Editor): In your report of the Queen's birthday celebration meeting of Thursday evening, I am quoted as saying things that never entered my mind. I never mentioned the name of the 14th battalion or the 14th battalion band. Consequently, I did not mention the sum $25 or any other amount that the 14th band may have received. As far as growing warm, I commonly warm up to the occasion while addressing loyal citizens at so loyal a time as her majesty's birthday. Life is not certain, it may be our last opportunity. I was speaking of the 47th battalion and not the 14th. In my address I mentioned, as a junior officer of the 47th, I thought I was safe in saying that we could put two companies in line on the 24th; I also mentioned, in order to display our loyalty, that should another contingent leave our shores the 47th would cheer them off and it would be as free as the air it breathes, without cost and without price. It would seem that some ill-favoured person made the report to scatter discord and dissention amongst our peace loving people.—C. L. CURTIS.

Away Down in Mexico.

There grow two plants known and used before Columbus discovered America. One is a specific for inflamed membranes and the other a certain cure for bronchitis. Combined with Tar, Tamarac, Tolu and other herbs they go to make up Four T's, the only positive cure known to-day for whooping cough and bronchitis. A 25c. bottle cures an ordinary cough in twenty-four hours. Sold at J. B. McLeod's drug store, Kingston.

Sick headaches are cured by Miller's Granules. Sold by E. C. Mitchell.

MARINE INTELLIGENCE.

Notes Regarding the Movements of Vessels.

The steamer D. D. Calvin with consort Augustus left Garden Island on Saturday for Toronto to load timber.

The schooner Annandale, Capt. F. McMaster, Deseronto, may carry iron ore from Kingston to Hamilton this season.

The schooner Jamieson, from Port Hope with 11,000 bushels of peas, arrived at the M. T. company's elevator to-day.

Capt. Joseph Dix leaves to-morrow with his steamer Valeria to begin the season's work on the Gananoque-Clayton ferry.

The Frenchmen and others, who will constitute the Calvin company's rafting crew, are expected to arrive in the city to-morrow.

Owing to the break in the Welland canal traffic, the steamships Rosemount, Bannockburn and Glengarry, did not start for Toledo.

Capt. M. Shaw has spent this winter between $600 and $700 in fitting out his schooner the Fleetwing. She is now practically a new boat.

The steamer Nichols, arrived at Crawford's wharf, from the bay yesterday. She will receive some repairs before commencing the season's work.

The steambarge Alberta and the steamer Valeria came out of Davis' dry dock this afternoon, and the steamer James Swift entered immediately afterwards.

Capt. James Dix has the schooner S. H. Dunn nearly ready to start on her first trip of the season. She will probably leave the harbor to-morrow. The boat has been newly painted and many improvements made to her.

A large gang of the M. T. company's men, under Capt. Gaskin, were actively engaged yesterday in attempting to remove the tug Thomson from the ways on which she had stuck while they were attempting to launch her on Saturday.

Much difficulty was experienced in launching the tug Thomson from the M. T. company marine railway. The work was continued for forty-eight hours and the steamships Bannockburn and Rosemount were brought to the aid. It was expected that the tug would be afloat some time this morning.

NO REST FOR HIM.

He Dreaded When Night Came on—A Well-Known Toronto Citizen Tells of His Years of Suffering From Asthma—Was Cured by Clarke's Kola Compound.

J. Ponston, driver for J. Walsh, soda water manufacturer, Toronto, writes: "I have been a great sufferer from that dread disease asthma for eight years, finally the disease becoming so severe that I could not rest at night. I dreaded when night came on, for there was no rest for me. I suffered only what an asthmatic can realize. I tried many remedies; at last the stuff I smoked lost its effect. I consulted my family doctor, and after a few weeks' treatment said he could do nothing for me. I thought it funny that the science of medicine had done nothing for the poor asthmatic. A neighbor, who had been cured by Clarke's Kola Compound, advised me to try it. I procured a bottle, which helped me some. I took in all five bottles, and it has worked wonders in my case, and have not since lost a night's sleep or a day's work. It is truly a wonderful remedy, and I can cheerfully recommend it to any sufferer from asthma." Clarke's Kola Compound is sold by J. B. McLeod, druggist, Kingston, or by the Griffiths & Macpherson Co., limited, 121 Church street, Toronto.

To Build A Pavilion.

A local architect is preparing plans and specifications for a new pavilion to be erected at Lake Ontario park this spring. Work will be rushed ahead so as to have the new attraction ready by the incoming of the warm weather. The pavilion will be in amphitheatre style, with the seats built on an incline. The stage will be 30x40 ft. clear, and beneath it will be built dressing rooms. The back of the stage will be towards the water. The seating capacity will be not less than 1,500.

10,000 Free Samples Catarrhozone.

Guaranteed cure for catarrh, bronchitis, asthma, throat irritation, colds, etc. Don't let that catarrh, cold or bronchitis run on. Root it out before it becomes chronic. The best, simplest and quickest remedy for these complaints is "Catarrhozone." It cures by inhalation. Ten minutes four times a day cures catarrh and bronchitis. Ten minutes every hour cures consumption. Coughs and colds cannot exist where it is used. Six weeks' treatment, price $1. Regular 25c. trial outfit sent free if ten cents is enclosed for postage and boxing. At druggists or by mail from N. C. Polson & Co., Kingston, Ont.

Time Streets Were Watered.

"Why are our streets not being watered?" asked a merchant on Saturday night, as a cloud of dust blew in at the door and settled over his stock. "We pay for street watering for the season, but it doesn't begin till late and ceases too early. The carts should be on the streets now."

Miller's Grip Powders Cure. Sold by E. C. Mitchell.

Spearing for pike, suckers and mullets will be allowed until the close of the present month.

ANEMIA

is thin blood. It causes pale faces, white lips, weak nerves and lack of vitality. A blood-enriching, fat producing food-medicine is needed.

Scott's Emulsion

goes to the root of the trouble, strengthens and enriches the blood, and builds up the entire system.

For Anemic girls, thin boys, and enfeebled mothers, it is the Standard remedy.

50c. and $1.00, all druggists.

SCOTT & BOWNE, Chemists, Toronto.

INCIDENTS OF THE DAY.

PARAGRAPHS PICKED UP BY OUR BUSY REPORTERS.

The Spice of Every Day Life—What The People Are Talking About—Nothing Escapes Attention.

For to have bright furniture use furniture restorer. James Reid.

The work of rebuilding part of the jail wall commenced to-day.

If your tongue is coated, try Miller's Granules. Sold by E. C. Mitchell.

Sunday, though a cloudy and damp day, was enjoyed after the sultry atmosphere of Saturday.

Repairing and mattresses renovated at James Reid's.

Miller's Worm Powders cure fever in children. Sold by E. C. Mitchell.

No more repairs will be made to the court house until after the county council meeting in June.

A dose of Miller's Worm Powders occassionally will keep the children healthy. Sold by E. C. Mitchell.

The 14th battalion band has secured the exclusive right to give band concerts at Lake Ontario park during the summer months.

Don't lose your temper, lose your bile. Laxa-Cara tablets take away all impurities from the stomach, bowels and blood. 25c. at druggists.

Saturday evening a number of sports drove down to Grass Creek and spent an hour or two spearing suckers, which were running thickly.

Children like Laxa-Cara; they are an easy way to healthy stomach and regular bowels. Parents, try them! Druggists, 25c. per box.

Prevost, Brock street, has the most up-to-date goods of English and Scotch tweed suitings, venetian, clay, worsteds, serges and spring overcoatings. A first class fit guaranteed.

The 14th battalion band has just obtained from Boosey & Co., music publishers, London, Eng., another set of marches, by J. Ord Hume and other noted composers. This is the third set the band possesses by these great march writers.

Laxa-Cara tablets cure constipation and purify the blood. Druggists, 25c.

Miss Mental Fabulum, of Boston, who is an enthusiastic yachtswoman, has given orders that, during the ensuing yachting season, the crew of her yacht, the Trigonometry, should refer to "a spanking breeze" as "a maternal zephyr."

The sewing meeting of the Soldiers' Wives' League, which was postponed from last Tuesday, will take place to-morrow afternoon at half-past two, in the Barracks library.

Among the juvenile magazines, "Cassell's Little Folks," published by Cassell & Co., London and New York, occupies a foremost position. Every month seems to add to its popularity for every number is an improvement on the last. It is a magazine to delight the children.

Sig. Lo Verdi—pianist to Italy's Queen—plays in City hall to-morrow night.

Some of Kingston's letter carriers are to be pitied when one sees the great loads they have to carry through the streets, especially in the mornings. And in most cases those with the longest and farthest away routes have the heaviest burdens. Another letter carrier is badly required.

Secure your seats for the grandest musical treat Kingston has ever known.

Friday afternoon a man under the influence of liquor while proceeding along Montreal street, fell over the embankment into artillery park, in rear of St. Paul's Sunday school. The place is quite unprotected and is decidedly dangerous. The drop is about sixteen feet, but the fellow was uninjured, save for a few bruises.

Everybody is cordially invited to inspect the new store and new stock of up-to-date gent's furnishings at Bert Prevost's, 57 Brock street, next to Henderson's grocery.

PERSONAL MENTION.

Movements of the People—What They Are Saying and Doing.

Henry A. Wood returned on Saturday from a western trip.

W. C. Dalby returned on Saturday. He has been to Elora attending the funeral of his sister.

Mrs. Angus McLeod Orr, Brock street, is visiting relatives in Hemmingford, Chesterville and Montreal.

J. Carson and wife, Boston, are spending a few days in the city. They are touring through Canada.

Miss Rosa Mendel, Queen street, has returned from New York, where she spent the winter with relatives.

The Tweed News says Miss Waggoner of Kingston gave a pleasing skirt dance at a recent gathering in that village.

Ex-alderman William and Mrs. Robinson will leave this week for Sharbot Lake to take up their summer home.

William A. McIlroy, B.A., of this city, will be the valedictorian for the graduating class in theology at Queen's.

Lieut. Hugo B. R. Craig, leaves to-night for St. John's, Que., to take a short course in regimental depot No. 6.

F. A. Carrell, Toronto, who recently suicided, was many years ago a captain of a vessel plying between Kingston and Belleville.

Rev. A. Laird, of Cooke's church, is fast recovering from his illness, and will be able to resume his duties in a couple of days.

George Robinson, Lyn, stenographer with the Gananoque axle company, Gananoque, spent Sunday as the guest of Thomas Billings, Barrie street.

R. D. Baker, Kingston, will erect a cottage at Tremont park, on the property purchased by him last fall on the south side of the island. It will be completed by June 1st.

The 14th battalion band has been strengthened by the acquisition of a solo cornetist in the person of James Ryan, who served twelve years in the celebrated British marine band.

Dr. J. H. Bell, who has been confined to his room for the past few days, suffering from quinsy, was out to-day for a while. He will be unable, however, to be present at the council meeting to-night.

Lieut. Carr-Harris has been gazetted to the 4th Hussars, to complete establishment. The vacancy was caused by the advancement of Capt. Vanluven to the Royal Canadian mounted rifles for service in South Africa.

The Cornwall Freeholder, in referring to the production in that town of "Leo the Royal Cadet," in which several Kingstonians took part, speaks of Dennis Brannigan as "the late proprietor of the Grand opera house, Kingston."

CITY AND VICINITY.

Valuable Canine Killed.

Saturday afternoon a valuable collie dog owned by Carl Y. Ford, was killed on Union street by the street car. The animal had won many prizes, and was valued at $250.

Band Uniforms.

To-night the members of the 14th P.W.O. rifles band will discuss the question of procuring new khaki uniforms. Sergt. Robinson has obtained prices from an English firm of army outfitters. Prices range from $2 to $20 a suit, exclusive of cap.

Seized Fish Nets.

Saturday afternoon on complaint of game inspector Brickwood, game overseer G. Clyde seized ten fish nets between Bell's island and Kingston Mills. The matter has been reported by inspector Brickwood to the Ontario fisheries department.

Killing Deer Out Of Season.

At Tichborne last week two men were fined $20 and costs each for killing deer out of season. The men were arraigned by game inspector Brickwood. A third man was not prosecuted on account of his poverty. This week a Hinchinbrook man will be tried for the same offence.

Pill Manufacturers Enraged.

The makers of all the various pills on the market are greatly troubled over the new medicine, Merrill's System Tonic. It is doing away with their business. System Tonic is not only a positive cure for habitual constipation, but a blood purifier and builder as well as a tonic for every organ in the body. One 50c. bottle cures to stay cured. Sold at J. B. McLeod's drug store.

To Appoint A Professor.

At the meeting of the board of trustees of Queen's next week, the appointment of a new professor in theology will be considered. The faculty has been greatly strengthened by the addition of Rev. Dr. Jordan to the teaching staff, and another professor would make that department of the university exceptionally strong. Hitherto the theology professors had too much work to attend to. The need at present is for a lecturer on church history.

Why Rheumatism Is Like Catarrh.

Both are inflammations. The former of the muscle tissue, the latter of the mucous membrane. The only way to cure either is by a course of blood purifying and blood enriching treatment. Merrill's System Tonic is the most thorough blood purifier and at the same time the most rapid blood making remedy known. Fifty pleasant-to-take doses for 50c. Sold at J. B. McLeod's drug store.

The Class Resumed.

This morning the class for military instruction in connection with the Royal military college was resumed. This class is composed of cadets who have accepted commissions in the imperial army. It was begun in January, but was dropped when there was some hitch concerning the appointments. The subjects taught are purely military, such as will be of service to the officers when on duty.

Life Insurance For Fifty Cents.

Any one wishing to insure themselves against heart, stomach, kidney or liver troubles, can do so by taking Merrill's System Tonic. This wonderful medicine combines the blood building properties of iron with the blood purifying and nerve toning powers found in herbs—skilfully compounded by a reliable druggist. Fifty doses for 50c. Sold at J. B. McLeod's drug store.

Farmers' Help Scarce.

"The farmers cannot get enough men this spring to do their work," said a yeoman, who visited the city to-day. "The man who doesn't get big wages has only himself to blame. Good men are in great demand everywhere, and the farmer who gets one must pay handsomely for him." Every class is feeling the benefits of Canada's returning prosperity under a good government.

In Need of Band Leaders.

T. C. Carey, late instructor of the 14th battalion band, has been appointed instructor of the band of the Royal Canadian regiment on garrison duty at Halifax. He was in the city to-day on his way down to Halifax.

J. W. Trendell, instructor of the 14th P.W.O. rifles' band, has received a tempting offer to go to Vancouver, B.C., to take charge of a band there. He has the matter under consideration.

Better News To Hand.

Private Bradshaw, formerly of the Standard bank of this city, will likely be home on sick line 1st. He is now in England under eminent surgeons. Bradshaw's friends will be glad to know that his voice will be partially retained, and he will be able to speak. In this respect his injuries are not as bad as was at first intimated, although his left jugular was slightly injured. He had, indeed, a close call.

Death Of Robert Mavety.

The remains of the late Thomas Mavety, of Kingston township, were interred on Friday last in Cataraqui cemetery. He had died in Florida on April 15th of heart disease. Deceased was seventy-four years of age and was a son of the late Robert Mavety, of Keplar. He was a cousin of Dr. Mavety, Toledo, and brother-in-law of J. L. Pope, University avenue. It had been his custom for some years to spend the winters in Florida; there he was taken ill some time ago. His daughter, Mrs. Clothier, of Kemptville, nursed him until death ensued and then brought the remains to Kingston for interment. Last summer he lived in this city.

To Mark The Country Roads.

H. B. Howson, chairman of the dominion roads and racing committee, has written to Henry P. Smith, of the local bicycle club, concerning the large hand signs to be posted along the roads and highways throughout the country surrounding Kingston. Mr. Smith has made out a list of places where these signs would be of great use, not only to wheelmen, but to every traveller. On each sign the name of the next town and the distance to it will be given. The C.W.A. will supply large numbers of these signs, which will be made of iron or steel, with a metallic covering. About eighty are wanted in this district, where exceptionally good roads are to be found, but it is improbable that the C.W.A. will supply that many.

"A" FIELD BATTERY NOTES

THE CORPS IS INCREASING IN STRENGTH.

Gr. Bradford Has Secured His Discharge—The Corps May Go Into Camp—Two Non.-Com. Officers Have Been Given Warrant Rank.

Gr. Bradford, who joined "C" field battery for service in South Africa but who was afflicted with rheumatism and was left behind at Halifax, subsequently being removed to Kingston, was discharged from the hospital at Tete de Pont barracks, Saturday, and at once left for his home, at Hamilton. He was also discharged from the militia service, not caring to serve in the ranks of "A" field battery. Gr. Bradford was a smart soldier and the officers were sorry to part with him. He was given an honorable discharge from the service.

There are at present 104 men all told on the strength of "A" field battery. The corps is still considerably below strength and recruits are still solicited. The officers think they have done well in securing so many in so short a time, considering that the country was pretty well relieved of eligible recruits.

Sergt. Hazelton, who took ill of rheumatism while en route to Halifax, with "C" field battery, being transferred to the military hospital there, subsequently being brought back to Tete de Pont barracks, was to-day discharged from hospital as cured and resumed his duties as sergeant instructor.

Four recruits for "A" field battery came up from Montreal last week, but only two were accepted, the other two proving unfit for military duty; these two were rejected and sent back to their home at Montreal.

While on his tour through Central Ontario drumming up recruits Sergt.-Major Pearson secured twenty-nine recruits for "A" field battery. Of this number only one was rejected, being a trifle under the regulation height. Sergt.-Major Pearson's trip was a very successful one.

"A" field battery is short of horses. At present there are only thirty-three on the strength and it is intended to sell off some of these, on the ground that they are unfit for service. Just when the sale will take place is not yet known.

There is a rumor afloat that "A" field battery will go into camp at Deseronto in May for one month. The order to this effect has not yet been received, but it is daily expected.

Upwards of a year ago master gunner Stroud and Sergt.-Major Long, "A" field battery, were notified that they had been created warrant officers, being two of five Canadian non-commissioned officers chosen for such honor. Last week their commissions arrived and henceforth they will rank almost on the same basis as commissioned officers. This rank was created by Major-Gen. Hutton on the same basis as that existing in the imperial army.

Providing "A" field battery turns out on the queen's birthday, the corps can man four guns and four waggons. There are horses enough for this purpose only, allowing two horses for each ammunition waggon and four horses for each field gun.

The guns of the 5th Kingston field battery have been transferred to "A" field battery. At present two of the guns are in use at the Royal military college, but these will be placed in commission by "A" field battery as soon as a sufficient number of horses are obtained. The guns will be painted khaki color. All the accompanying stores and accoutrements have also been transferred to "A" field battery and it is expected that the 5th field battery will cease to exist as a field battery and will be converted into a garrison artillery company. For some years past the 5th field battery has not given satisfaction, being below par in ordinary standing and last fall Lieut.-Col. Stone, commanding the Royal Canadian artillery, expressed the intention of converting the corps from field to garrison.

HEARING COMPLETELY RESTORED.

Catarrh Cured the Deafness, But Japanese Catarrh Cure Cured The Catarrh, Allayed All Inflammation, and Restored The Hearing After Physicians in Toronto and Winnipeg Failed.

D. N. Spencer, 11 Coolmine avenue, Toronto, writes: For over twelve years I have suffered from catarrh, while, in spite of doctoring with specialists in Toronto and Winnipeg, became worse, until finally my hearing became much affected. About a year ago I procured a sample of Japanese Catarrh Cure, afterwards used in all four bottles; since I have been completely free from catarrh, and my hearing has altogether returned. I can cheerfully and conscientiously recommend it." Sold by J. B. McLeod, druggist, Kingston, 50c. Write for book on catarrh and deafness, free. Griffiths & Macpherson Co., limited, 121 Church street, Toronto.

It is said that the knighthood to be conferred on a local customs officer has been intercepted.

BEECHAM'S PILLS

For Bilious and Nervous Disorders, such as Wind and Pain in the Stomach, Sick Headache, Giddiness, Fulness and Swelling after meals, Dizziness and Drowsiness, Cold Chills, Flushings of Heat, Loss of Appetite, Shortness of Breath, Costiveness, Blotches on the Skin, Disturbed Sleep, Frightful Dreams, and all Nervous and Trembling Sensations, etc. These ailments all arise from a disordered or abused condition of the stomach and liver.

Beecham's Pills, taken as directed, will quickly restore Females to complete health. They promptly remove any obstruction or irregularity of the system. For a

Weak Stomach, Impaired Digestion, Sick Headache, Disordered Liver, etc.,

they act like magic—a few doses will work wonders upon the Vital Organs; Strengthening the Muscular System, restoring the long-lost Complexion, bringing back the keen edge of Appetite, and arousing with the ***Rosebud of Health*** ***the whole physical energy*** of the human frame. For throwing off fevers they are specially recommended. These are "facts" admitted by thousands, in all classes of society, and one of the best guarantees to the Nervous and Debilitated is that ***Beecham's Pills have the Largest Sale of any Patent Medicine in the World. This has been achieved without the publication of testimonials, the fact being that Beecham's Pills recommend themselves.***

Beecham's Pills have for many years been the popular family medicine wherever the English language is spoken, and they now stand without a rival.

at all Druggists.

Annual sale 6,000,000 boxes.

Pointer No. 75.—Peo... the stage should r... negro minstrel is n... he is painted.

OUR COAL COMES

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