BRAIN FOOD

Is Of Little Benefit Unless It Is Digested.

Nearly everyone will admit that as a nation we eat too much meat and too little of vegetables and the grains.

For business men, office men and clerks, and in fact everyone engaged in sedentary or indoor occupations, grains, milk and vegetables are much more healthful.

Only men engaged in a severe out door manual labor can live on a heavy meat diet and continue in health.

As a general rule, meat once a day is sufficient for all classes of men, women and children, and grains, fruit and vegetables should constitute the bulk of food eaten.

But many of the most nutritious foods are difficult of digestion and it is of no use to advise brain workers to eat largely of grains and vegetables where the digestion is too weak to assimilate them properly.

It is always best to get the best results from our food that some simple and harmless digestive should be taken after meals to assist the relaxed digestive organs, and several years experience have proven Stuart's Dyspepsia Tablets to be a very safe, pleasant and effective digestive and a remedy which may be taken daily with the best results.

Stuart's Dyspepsia Tablets can hardly be called a patent medicine, as they do not act on the bowels nor any particular organ but only on the food eaten. They supply what weak stomachs lack, pepsin diastase and by stimulating the gastric glands increase the natural secretion of hydrochloric acid.

People who make a daily practice of taking one or two of Stuart's Dyspepsia Tablets after each meal are sure to have perfect digestion which means perfect health.

There is no danger of forming an injurious habit as the tablets contain absolutely nothing but natural digestives; cocaine, morphine and similar drugs have no place in a stomach medicine and Stuart's Dyspepsia Tablets are certainly the best known and most popular of all stomach remedies.

Ask your druggist for a fifty cent package of Stuart's Dyspepsia Tablets and after a week's use note the improvement in health, appetite and nervous energy.

When Tired of Common Tobaccos

SMOKE

T. & B.

Myrtle Navy.

See "T. & B." on Each Plug or Package.

Lincoln's Tablets Are not a Patent Medicine

These Tablets are the latest production of Modern Medical Science. They are the only reliable Medicine known for the treatment and cure of all Diseases of the Stomach, Bowls, Liver and Kidneys. They are infinitely superior to all pills or similar preparations containing gummy matter and chocolate compounds.

They are a positive cure for Indigestion, Heart Disease, Bright's Disease, Nervous Prostration and General Weakness; are a magnificent tonic, purifying the blood and give a good healthy appetite. To nervous and delicate women these tablets will prove a positive blessing if taken strictly according to directions.

Formula and samples sent free to any registered physician on application. Price 50c. per box. If you cannot get them from your druggist, do not waste your money upon a substitute. The tablets will be mailed free to any address on receipt of price by H. F. Macarthy, Druggist, Wellington street, Ottawa, or from the company's office. Prepared only by

THE Lincoln Medicine Co., 50 Queen Street, Ottawa.

Cook's Cotton Root Compound

Is successfully used monthly by over 10,000 Ladies. Safe, effectual. Ladies ask your druggist for Cook's Cotton Root Compound. Take no other, as all Mixtures, pills and imitations are dangerous. Price, No. 1, $1 per box; No. 3, 10 degrees stronger, $3 per box. No. 1 or 3, mailed on receipt of price and two 3-cent stamps. The Cook Company Windsor, Ont. Nos. 1 and 2 sold and recommended by all responsible Druggists in Canada.

No. 1 and No. 2. Sold in Kingston by Henry Wade and W. H. Medley, druggists.

Free Cure For Men.

A new remedy which quickly cures sexual weakness, varicocele, night emissions, premature discharge, etc., and restores the organs to strength and vigor. Dr. E. W. Knapp 2082 Null Building, Detroit, Mich., gladly sends free the receipt of this wonderful remedy in order that every weak man may cure himself at home.

LESSONS IN EMBROIDERY.

Private Lessons in Embroidery and Fancy Work. Evening Classes.

MISS SUTHERLAND,

Corner Brock and Barrie Streets.

Neat, Strong, Cheap,

Are some of the Features of OTTO'S BINDING.

Try Him with some of your work.

Cor. Bagot & Brock Streets

CARPENTERS.

ALL UNION CARPENTERS AND sympathisers in the trade will take notice that there is trouble in Kingston.

By Order of the Executive.


# AN IMPORTANT SESSION.

## REJECTED TENDERS OPENED AND ONE ACCEPTED.

**Board of Works Awards Contracts For Supplies and Work—The Successful Tenderers—Hardware Has Advanced—The Carting Question Reviewed.**

A regular meeting of the board of works was held in the office of the city engineer yesterday afternoon. Chairman Donnelly called the meeting to order and these members answered the roll call: Alds. McLeod, McFarlane, Toye, Craig, White and Taylor.

The petition of Joseph Bews and others for the construction of a sewer in Chestnut street was referred to the city engineer for his report and estimate.

Touching the complaint of the chairman of the board of health concerning foul smells arising from slips along the harbor front, city engineer Bolger reported that the trouble would be removed just as soon as the outlet pipes from sewer openings were laid. The matter was referred to the city engineer to be attended to.

When the pay roll came up for review Ald. Craig asked if all the money set apart under the heading of carting was for contract work.

City engineer Bolger replied in the negative; both E. McFadden and C. H. Clarke had had teams at work during the snow blackade, the first mentioned working ninety hours and the other twenty hours. These men were paid at the rate of $2 a day; the contract price was $1.50 a day, but the contractors, McKegney and Nolan, had been unable to procure the necessary number of teams required at the time. McFadden and Clarke earned their money, as they put to work good teams and sleighs with unusually large boxes.

Chairman Donnelly pointed out that the amount earned by these two men in excess of the contract price totalled $5.50.

Ald. Craig asked if the contractors were to make good that amount, or would the city have to pay it.

The city engineer replied that it was a question for the committee to decide.

Ald. Craig was of opinion that the committee would be justified in holding the contractors to the terms of their agreement with the city. Ald. White took the same view of the matter.

Ald. McLeod disagreed; the board of works was not the only civic committee accepting contracts which were of little value, as the city could not recover damages, if it was thought wise to press for the same.

Ald. Craig claimed that Ald. McLeod had no right to insinuate that any of the civic contractors were unreliable, nor to cast reflections upon the actions of last year's board of works. He would be satisfied to allow the item to pass providing it would be understood as not establishing a precedent.

Ald. McLeod corrected Ald. Craig; the speaker had not said that civic contractors were unreliable; he wished to bring out the point that some contracts were weak.

Ald. White was inclined to insist upon the contractors fulfilling the terms of their agreement; what was the use of entering into an agreement if the terms were not intended to be fulfilled?

Ald. McLeod wanted Ald. Craig to present a motion calling upon the contractors to comply with the terms of their agreement, but Ald. Craig said he did not feel inclined to take the contractors by the throat and exact the last cent from them, especially as they had tried to place a sufficient number of rigs at work and were unable to do so.

Ald. McLeod moved that the pay list, as presented, be adopted, and this was carried.

Ald. White suggested, before tenders were opened, that in future all contractors under the control of the board of works be made fulfil the terms of agreements. The committee adopted the suggestion and will insist upon this being done.

Before chairman Donnelly opened tenders he took occasion to remark that two had been sent in late, one two and the other ten minutes behind the hour specified in the advertisement calling for tenders. Would the board open and consider these?

Ald. McLeod said yes; they had been sent in within a reasonable time and should not be rejected. Many a time he had been late himself with a tender, but he never had one rejected.

Alds. Craig and White were opposed to the two late tenders being considered. They insisted upon the terms of the advertisement being carried out.

Ald. McLeod cautioned the committee to use a little reason. Perhaps the tenderers had been unavoidably delayed on the road while on their way to put in their tenders; they should not be made to suffer for this. Besides, the tenders came in within a reasonable time after the stroke of the hour. Many people considered noon to last from twelve to one o'clock. Ald. Craig would not refuse a tender sent him ten minutes after the appointed hour if he thought he would save $5 by opening it.

The advertisement was looked up and found to read that tenders must be in by twelve o'clock noon.

Again Alds. White and Craig insisted upon the terms of the advertisement being adhered to.

Ald. McLeod was very hot just about this time. He did not care what anybody said, he would move that the late tenders be received and considered. Ald. McFarlane seconded the resolution. The vote stood:

Yea—Alds. McLeod, McFarlane, Taylor.

Nays—Alds. White, Craig, Toye.

Chairman Donnelly had to decide the tie and did so by voting against the resolution, saying he did not wish to establish a dangerous precedent by leaving an opening for future trouble. No matter how his sympathies lay, his duty was plain and he would have to oppose the considering of the late tenders.

The opening of tenders was then proceeded with. The Rathbun company and S. Anglin & Son tendered for lumber and cedar sleepers. The first mentioned tendered $16.85 per thousand for lumber and the other firm $16.95. Their figures were alike, two and a half cents per lineal foot, for sleepers. The Rathbun company secured the contract. The price paid last year was $13.35 and one and seven-eighth cents.

W. A. Mitchell, J. Corbett and Dalton & Strange tendered for the necessary hardware. The first mentioned was given the contract at these figures: Five-inch nails in kegs, $2.99; powder in kegs, $1.75; fuse, 40c. per 100 feet; shovels, $9 a dozen; steel picks, 10c. a pound; pick handles, $1.50 a dozen; nails, three to six-inch, three cents a pound; Portland cement, $2.20 a barrel. Taking last year's supply as a basis, the totals, according to each tender, were: Mitchell, $208.44; Corbett, $210.08; Dalton & Strange, $213.37. The prices paid this year are greatly in excess of those paid last year; some of the items, particularly nails, have more than doubled.

Frank Tracy and J. A. Skinner tendered for the smithing work. The first mentioned was successful, his figures being the lowest: Steel pointing picks, 7 15-16c.; steel pointing drills, 18 15-16c.; sharpening picks, 2½c.; sharpening drills, 3½c.; iron gratings, 3¾c. a pound. The prices are the same as paid last year, with the exception of steel pointing picks, 8c.; and steel pointing drills, 19c.

There were two tenders received for the supply of horses and carts: McKegney and Nolan, horse and cart, nine hours, $1.65; team, $2; three horse team, $3; carting stone, per toise, $1.75. McFadden and Eaves, horse and cart, $1.63; team, $1.95; three horse team, $2.75; carting stone, per toise, $1.73. The last mentioned received the contract, being lowest. The prices paid last year were: $1.34; $1.50; $2, and $1.40.

For street watering there were three tenders sent in: W. J. Camic, teams, 30c. per hour; singles, 16c. per hour. C. H. Clarke, teams, 25c. per hour; singles, 15c. per hour. McFadden and Eaves, teams, $2 a day; singles, $1.50 a day. The last mentioned tender was not according to contract and was thrown out. Clarke being the lowest tenderer was given the contract.

When it came to opening tenders for tile it was found there were four, but two of these had been rejected on account of being sent in late. The two tenders opened were from the Ontario tile company, Toronto, and the Canadian sewer pipe company, St. John's, Que. Their figures were unusually high. This led city engineer Bolger to explain that a Canadian combine kept prices in the foreground, that last year a local merchant had broken the combine by securing and submitting figures from an American firm, his figures being so low that the committee did not hesitate in giving him the contract, thereby saving the city a large sum of money.

Such being the case, chairman Donnelly thought the committee would be justified in reconsidering their action, in deciding not to receive the two late tenders.

Ald. McLeod pointed out that one of two things must be done—accept one of the high tenders or go back on previous action, receive the rejected tenders and save the city money.

Ald. Craig suggested rejecting all the tenders and calling for others.

Alds. McLeod and McFarlane pointed out that such action would be unfair.

In view of the explanation made by the city engineer, Ald. Toye considered that the committee would be doing an injustice in refusing to accept the two tenders. He moved a resolution along these lines and it was adopted. Ald. Craig alone dissented.

The two tenders were from Elliott Bros. and Simmons Bros. The tender of the first mentioned was lowest, but it was not according to specifications, specifying that the city must pay freight from place of shipment. Simmons Bros. complied with the specifications and secured the contract at these figures: Six inch tile, 9 9-10c.; nine inch, 18 3-20c.; twelve inch, 28c.; fifteen inch, 41½c.; eighteen inch, 50c. For the same sized junctions the prices quoted were: 30c., 67c., $1.26 2-5c., $1.85 1-5c., and $2.30.

## MILLINERY OPENING

**At Starr & Sutcliffe's—The Principal Styles This Season.**

Starr & Sutcliffe's annual spring millinery opening last night was attended by large crowds which kept streaming into the large apartments for two hours. Of course the ladies were by long odds in the majority, but there were a number of the male sex in the throng who wore very weary looks as they gazed at some of the massive finery which might obscure their vision in a church or a concert hall. An orchestra, stationed in the business office, discoursed music.

The most popular hat this season is one which droops slightly at both back and front. Following the Parisian tastes, the tendency this year is to have slightly smaller shapes. The pastel shade in ribbons, buckles, etc., will predominate. In the trimming, flowers and chiffon will be used in greater quantity than last year, but the colors will be much milder in comparison with the flashy upholstered headgear turned out a year ago. The ribbons will be plain and of shot effect. Sailor hats of this season will be somewhat smaller and jaunty in effect. Several of the most noticeable hats in the array last night were:

Marie Antoinette—Composed of fancy jetted chiffon; the brim, raised at the left over a side front of knotted chiffon, is supplemented with three ruchings of the same. It is trimmed with superb black amazon plumes which are held in place by a handsome buckle. The ties are of black chiffon.

Chatelaine.—This hat is composed of a lace Tuscan braid faced with tucked chiffon of the same shade. The brim is draped with white silk lace, and the crown is surrounded with a roll of tucked chiffon. White Amazon plumes fall artistically over the left side, finished with looped ribbon of black and Tuscan and a crystal buckle. The ties are of black velvet ribbon.

Parisian.—A toque, composed entirely of tucked white chiffon, is trimmed with a pouffon of violets in two tones. A large white paradise osprey is placed at the left hand side, and held with a pastel buckle.

Lacelet—A nobby little bonnet caught up in the back to accommodate the hair. It is made of heliotrope frilled chiffon. The draper of the brim is held with straps of pastel shades and brilliant buckles. A handsome white osprey gives it the necessary height. The ties are of wide heliotrope ribbon.

Generale.—Composed of blue silk, covered with sequin net in a decided military shape. The brim, which is raised at the left side, is formed of a garland of roses in the latest "auto" shades. The toque is finished with ash of roses shade, and a drapery of Battenburg lace foliage is used.

Miss Bell and Miss Thompson are again at the head of the millinery departments.

**Spring, 1900.**

Our importation of woollens for the coming season is now complete. It comprises the newest designs and colorings and an early look at them will both interest and repay you. C. Livingston & Bro., fine clothiers, 75 and 77 Brock street.

# INCIDENTS OF THE DAY.

## PARAGRAPHS PICKED UP BY OUR BUSY REPORTERS.

**The Spice of Every Day Life — What The People Are Talking About — Nothing Escapes Attention.**

Miller's Grip Powders Cure. Sold by E. C. Mitchell.

The street railway cars are now able to run to the asylum gate.

For to have bright furniture use furniture restorer. James Reid.

The snow went faster to-day than on any other day this year.

Repairing and mattresses renovated at James Reid's.

"Consider not what ye shall wear" is a commandment the women disregard, especially at this season of millinery openings.

My wife is having the best of health. Compound Iron Pills did it. Sold by E. C. Mitchell.

The R. & O. navigation company has several appointments of captains yet to make. The pursers will also be announced shortly.

When children are pale, peevish and restless at night they require a dose or two of Miller's Worm Powders. Sold by E. C. Mitchell.

City commissioner Gordon was engaged to-day in testing milk. The vendors' delivery rigs were "held up" and samples of the liquid obtained.

Oh my! how your complexion has improved. Yes, Miller's Compound Iron Pills did it. Sold by E. C. Mitchell.

The street railway cars last night got as far as the asylum gate on their way to Portsmouth. The line is being gradually opened up by the residents.

Miller's Kidney and Bladder Pills cure headache, indigestion, rheumatism, and all ailments caused by affected kidneys and bladder. Sold by E. C. Mitchell.

Miller's Compound Iron Pills; only 25c. for fifty doses. Sold by E. C. Mitchell.

The Bowserville Clarion says if its subscribers don't pay up "this paper will be running as the sheriff would run it." This is a take off on the Sheldonian plan.

The will of the late Alexander Cameron disposes of $40,000 $15,000 in cash. After ample provision for his widow the property is divided among his four brothers and sisters.

Miller's Kidney and Bladder Pills are expressly for weak kidneys, bladder, pain in the back, etc. Sold by E. C. Mitchell.

Laxa-Cara is a mild effective laxative, prepared in a tablet form and has the appearance and taste of candy. It is very popular with the children. Try it; 25c. per box at druggists.

City solicitor McIntyre is preparing the necessary papers in connection with the opening up of the new drain in Victoria street. The work will be pushed ahead at an early date.

The repairs to the bank of Montreal's building, King street, are now being made. Alexander Newlands has the contract for the masonry work, and M. Sullivan for the carpentering.

Laxa-Cara moves the bowels each day; in order to be healthy this is necessary. 25c. per box at druggists.

Last evening Dr. Curtis made the City band—or, as it will hereafter be called, the 47th battalion band—a present of $20 in cash, and promised to do whatever else he could to assist them.

Workmen are busily engaged in renovating Folgers' ferry ticket office and waiting room, foot of Brock street. The interior will be beautifully fitted up, supplied with new desks, chairs and other conveniences.

Joseph George, one of Kingston's well-known grand old men, has just received a photo of a resident of Utica, N.Y., who is 118 years old. It is given to but few human beings to attain such a remarkable age.

The captains, mates and engineers of the M. T. company's fleet will be announced in a day or two. Workmen are working hard at the vessels, and it will take every day before navigation opens to make all repairs necessary.

Prevost, Brock street, has received his spring stock of English and Scotch tweeds, latest designs; also spring overcoatings and serge of all kinds. These goods made to order at very low figures and a first class fit guaranteed.

The local Lord's day alliance is well satisfied with the interest manifested in Kingston concerning the necessity of actual steps being taken to ensure the better keeping of the Sabbath day. The attendance at meetings for this purpose speaks well for the city.

Constipation means decay of the bowels. Flush your system clean and pure by the aid of Laxa-Cara Tablets. The most highly recommended laxative in the market. Druggists, 25c. per box.

Alderman Bell says he will not sign the fire and light committee's report to be presented to council on Monday night. He thinks the clause upholding the chairman's purchase of horses is unnecessary as the committee gave the chairman authority to buy the horses.

A farmer in paying off a mortgage on Wednesday gave a Kingston law firm forty-two dollars too much, the error being caused by a previous payment not being credited to the farmer. Money must be plentiful in the country when a mortgagor will forget what he has paid on his debt.

Yesterday's session of the board of works was a lengthy one, but the time was made to pass somewhat pleasantly by fragrant cigars which Ald. Toye thoughtfully passed around. It was noticed that the ruffled feelings of some of the aldermen became smoothed under the soothing influence of the cigars.


ANEMIA

is thin blood. It causes pale faces, white lips, weak nerves and lack of vitality. A blood-enriching, fat producing food-medicine is needed.

Scott's Emulsion

goes to the root of the trouble, strengthens and enriches the blood, and builds up the entire system.

For Anemic girls, thin boys, and enfeebled mothers, it is the Standard remedy

50c. and $1.00, all druggists.
SCOTT & BOWNE, Chemists, Toronto.


## CITY AND VICINITY.

**Balance Of This Week.**

"Double trading stamps" at Mullins' grocery, corner of William and Division streets. Special—3 pounds lemon snaps, 25c.

**Called To A Church.**

The Ross Presbyterian church, Forester's Falls, has issued a call to Rev. C. A. Ferguson, of Queen's college. Mr. Ferguson is a clever young man; his home is in Admaston township.

**Left For Western Ontario.**

Routley & Meredith's biograph pictures in the Gananoque opera house on Wednesday night drew a crowd that completely filled the building. Mr. Meredith left yesterday for towns north of Toronto. E. Lawrenson, late of McKelvey & Birch's, has gone with him as an assistant. These Kingston boys are meeting which deserved success wherever they exhibit.

**To Build A New Creamery.**

The directors of the Perth Road cheese factory have decided to build a creamery, and tenders have already been let for the work. The timber is now being got out and drawn to the site. It is intended to have the new factory ready by the fall, when milk will be received. Butter will be manufactured during the winter season and cheese during the summer season.

**Court Spectators Beware!**

When the congregation enters the high court room in the court house on Monday they will be amazed at the grandeur of the place. The constables have instructions to allow no spitting upon the bright upholstered floors, and the "gods" had better take notice of this. Sheriff Dawson is exceedingly proud of the place of justice, and hopes to surprise the judge.

**Conservative In Taste.**

A local merchant thinks that the people of Kingston are terribly conservative in their tastes. He finds it very difficult to get a demand for many new articles, because the people cling tenaciously to the old, and do not wish to change. The merchant, in question, has on various occasions paid parties to wear a certain article so as to make it prominent. Then the demand for it immediately began.

**A Distinguished Visitor.**

There arrived this morning at J. B. McLeod's drug store, from Brantford, six bottles of that celebrated medicine, Merrill's System Tonic. This is not a patent medicine but a reliable remedy prescribed by three eminent doctors and dispensed by a druggist. Purifies the blood, builds up the system, strengthens the nerves and regulates the bowels. Price 50c. for fifty doses. Get a bottle to-day while it lasts.

**Must Have Stolen Them.**

That's what our competitors say when they see the prices we are selling them at. Special for Friday and Saturday only. White dress shirts, regular 75c. and 81 goods, sizes from 14½ to 17, to be cleaned out at 25c. each. Come early and avail yourself of a genuine snap as our quantity of these goods is limited and won't last long. The Glover & Brais bankrupt stock sale. Sinclair's old stand, 342 King street. Bert. Prevost, manager.

**The 47th Battalion Band.**

A deputation from the City band last evening waited upon Lieut.-Col. Hunter and surgeon-major Curtis, of the 47th battalion band, relative to the forming in the city of a regimental band for this battalion. Bandmaster Jacobs, J. Johnston, George Angrove, D. Shawcross and J. Bird represented the City band, and signed the agreement by which that body becomes the regimental band of the 47th. The uniforms and instruments will be turned over to them at once.

**Will Not Turn Out.**

At a meeting last night of officers of the 14th P.W.O. rifles, it was decided to adhere to the suggestion of Lieut.-Col. Skinner and not perform the annual drill until autumn, which means that the regiment will not participate in the Queen's birthday parade and review. Capt. Macnee was appointed chairman of the band committee protem, during the absence from the city of Major Galloway. The matter of purchasing new band instruments was left to the band committee.

**The Only Cure For Catarrh.**

Miss Lizzie Lanford, of 353 Market street, Chicago, Ill., says: "I have been a constant sufferer from catarrh for twelve years. During that time I have used most of the known remedies for catarrh, but can safely say that Catarrhozone is the best. It has cured me. It is very pleasant and effective in its use. I shall recommend it at every opportunity to my friends." Catarrhozone is a guaranteed cure. Sold by all druggists. Trial outfit sent to any address for 10c. in stamps. N. C. Polson & Co., Kingston, Ont., proprietors.

**Floods Are Caused.**

In the days of floods the Napanee river has a habit of overflowing its banks in the townships of Portland and Camden and drowning 15,000 acres of land, besides breeding typhus and miasma in the vicinity. It is all caused by a dam which the people cannot remove without legislation. The township of Portland appeared before the private bills committee at Toronto and asked for legislation. W. E. Harrington, Q.C., Napanee, representing thirty-two manufacturers on the river, objected to the act, claiming that one million dollars' worth of property would be injured. He suggested that there should be an investigation.

**Not An Absent-Minded Beggar.**

Though he has been a life-long soldier of the queen, Ernest Roberts, clerk in the city engineer's department, cannot be classed as an "Absent minded beggar." He is quite the reverse, as he has frequently shown by his many thoughtful acts. He gave a good exemplification yesterday afternoon at the meeting of the board of works, when he had tender sheets ready for all the aldermen. These contained headings under which each item tendered for could be placed at once, enabling the aldermen to grasp at sight the standing of each tenderer. He went further, and filled in at the bottom of each blank the figure at which the goods were supplied last year. Added to this thoughtfulness again, he had placed a nicely sharpened pencil in front of each alderman's chair; and he was not forgetful of the press.

# FOR THE SPORTING MEN.

## INTERESTING OCCURRENCES IN ARENA OF SPORT.

**A New Yacht Under Construction Skating Race at the Kingston Rink——Hockey Not Yet Ended in Ontario.**

Lionel King, Peterboro, is a candidate for the first vice-presidency of the C. L. A.

Lindsay will probably have a team in the Canadian lacrosse association this year.

The attempt to form a professional international baseball league has fallen through.

Oshawa hockeyists defeated the Toronto Simcoes by a score of 10 to 8 Wednesday night.

A movement is on foot to send an all Canadian lacrosse team to Australia in 1901. There are over seventy good clubs in Australia now playing the great Canadian national game.

Peter Jackson, ex-champion heavyweight pugilist, sailed from San Francisco for his old home in Australia Wednesday. Jackson is ill and is but a shadow of his former self.

Madoc will have a good lacrosse team this year if hustling counts for anything. The management are advertising for twelve players promising good positions. The town is batty on the question of lacrosse.

Beck Olsen, Copenhagen won from Ernest Roeber in the heavyweight championship wrestling match, Wednesday, at New York. Each man got a fall but Roeber was unable to come to time after the second bout.

Toronto Telegram: Londoners are now happy, for they have been forwarded the intermediate championship cup. Manager Sutherland, of the Frontenacs, last years holders, packed it off to manager Mace, of London, but not before he had filled it with great salt tears.

The agreement between the Royal St. Lawrence yacht club and the White Bear yacht club, of St. Paul, Minn., for the Seawanhaka international challenge cup, has been reached, which is an unusually early date. The races will begin on Lake St. Louis, near Montreal, Aug. 3rd, next.

James J. Jeffries, the champion heavyweight, has been fighting three years; Tom Sharkey six years; Bob Fitzsimmons eleven; Corbett, fourteen; Peter Maher, twelve years; Gus, Ruhlin, seven; Kid McCoy, ten years; Joe Choynski, sixteen years; Syracuse Tommy Ryan, twelve years.

The old players of the Capital lacrosse club, under the ban of the amateur athletic union, would like to arrange a match for the 24th May with the western men who are recommended for suspension. The match, if arranged, would likely be the starter for the formation of a professional league.

**To Build A Sailing Yacht.**

Davis & Sons have been instructed by George W. Davis, New York, to build him a sailing yacht 41x13 feet, yawl rigged, and containing all conveniences for cruising. Mr. Davis summers on Wolfe Island and desires a boat for pleasure trips. The boat builders have been told to spare no expense in fitting out the yeacht.

**A Speedy Skater.**

A skating race for boys under sixteen years of age took place at the Kingston rink last night. There were only three entries, but the contestants were evenly matched. The distance was three miles, which meant a circuit of the rink forty-seven times. E. Wilson, son of contractor G. Wilson, finished first in four minutes and forty seconds, leading W. Walsh by half a lap. B. Murphy finished third. The medal presented to Wilson was donated by M. Flanagan, manager of the rink.

**Have You A Better Cure?**

Cures recommended for whooping cough:

1. Take a piece of black silk, tear off a strip about two inches wide and wrap it closely around the child's throat. This will effect a cure in two days.

2. Cut off a lock of the child's hair from the back of his or her head, put it between two pieces of meat, feed this sandwich to a dog and the child will whoop no more.

3. Find a married couple who bore the same surnames before marriage, take the child with the whooping cough to their house and get the wife to feed the child a piece of bread and butter and its whooping cough will be instantly cured.


PLASTERES NO USE

Couldn't Cure an Ottawa Man of Pain in the Back.

DOAN'S KIDNEY PILLS,

THOUGH, FIXED HIM UP ALL RIGHT.

Samuel Boston, whose address is 262 Preston street, Ottawa, like many, another person, tried plasters to cure him of severe pain in the back.

He soon found out though that pain in the back was a symptom of kidney complaint and that all the plasters and external applications could avail nothing. As soon as he started taking Doan's Kidney Pills he got relief and is now perfectly well.

Here is the statement of his case: "I have been troubled for some time with a severe pain in my back which was so bad that when I sat or lay down I could only get up with the greatest difficulty. I tried all sorts of plasters, but they did me no good. Then I got a box of Doan's Kidney Pills and before I had finished it I got great relief. I continued the use of the pills for a time and now I am free from pain or ache. There is some pleasure in life now since Doan's Pills cured me."

Doan's Kidney Pills are indicated as a prompt and positive cure for backache, lame or weak back, Bright's disease, diabetes, dropsy, swelling of the feet and ankles, puffiness under the eyes, loss of memory, specks floating before the eyes, rheumatism, gravel, urinary troubles, kidney weakness of children and old people, and all diseases or disorders of the kidneys and urinary organs. Prices 50c. a box or by mail. The Doan Kidney Pill Co., Toronto, Ont. Remember the name Doan's and refuse all others.

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