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teresting Spots at Stratford-on-Avon, Associated with the Great Poet and Dramatist, William Shakespeare.

Washington Irving's description of Shakespeare's old house as a "small edifice of wood and plaster, a true nestling place of genius, which seems to delight in hatching its offspring in by corners," no longer applies to Shakespeare's birthplace, which has been mutilated again and again by careless repairs, but has ultimately been restored to something like its original condition. Thus it is now far more like what it was when Shakespeare played about its door, though, doubtless, many of the minor details have been changed.



ANNE HATHAWAY'S COTTAGE. One of the most picturesque architectural gems of Stratford is the parish church. A lime tree avenue leads up to the porch of the fine structure, rich in monuments and stone carvings. Shakespeare's resting place, with the monument and bust so well known to every lover of the drama, within the Communion table railing. He sleeps among his own people. On his right hand lies Anne Hathaway, his wife; on his left, his favorite daughter, Susanna Hall-"witty above her sex, but wise to salvation." Further away is the grave of her husband, P. Hall, and of

their only child, Elizabeth. The spots of interest connected with Shakespeare are not limited to Stratford. A short mile away through the fields is Shottery, a small village, where is the old half timber cottage, the house where Anne Hathaway lived when Shakespeare wooed her for his bride.

Sticklebacks and Their Nests.

Nests are by most persons associated with birds as their architects and occupants, but they are by no means exclusively so, as many quadrupeds build nests, like the beautiful little harvest mouse, whose nest, raised high up on the stalks of corn, is known to most practical field naturalists. Many fishes are also nest builders; among the best-known of these are the sticklebacks. The one illustrated is the fifteen spined stickleback, a marine species found in immense numbers. This is the largest of the three, attaining at times a length as great as seven inches. It is generally to be found in rocky pools on the coast, feeding on worms, small crustacea, and the eggs and fry of other fish. Its own eggs it protects in the singular nest figured in the engraving. In the early months of the year these fish select some quiet locality not apt to be disturbed by the violence of the waves, occasionally selecting a place that is left uncovered by the tide for two or three hours at a time. For the foundation, or perhaps it would be better to say, for the suspension of its nest, it frequently selects an overhanging branch of seaweed, or even the loose end of a rope hanging in the water, as shown in the central nest in our engraving. Soft fragments of seaweed and tougher corallines constitute the structure, these being fastened together by an elastic material that is likened



STICKLEBACKS AND THEIR NEST.

In this nest the spawn is deposited and watched over by the male parent, as are the young when hatched and able to shift for themselves. The fish itself, though valueless as food, is interesting, not merely from its nest building propensities, but also from its chameleon like power of changing its color rapidly when excited. The three spired stickleback is a much more familiar species than the one just described and inhabits fresh water.

The Original Robinson Crusoe. All are familiar with the statement that Daniel De Foe founded his story of "Robinson Crusoe" on the real adventures of Alexander Selkirk, but "Notes and Queries" gives an account of a work by a German author, which De Foe may have copied.

This German writer, Grimmelshausen, fifty years before "Robinson Crusoe" was written, and nearly as long before the story of Selkirk was made public, published "The Adventures of Simplicius Simpliscimus, and the coincidences are interesting.

Simplicius is wrecked on an uninhabited island in the tropics, rich in vegetation, with a warm climate and a periodical rainy season. He builds himself a house, and he has a cave to retire into. He makes clothes for himself of skins, and he keeps a register of time by cutting notches on a stick. He experiences an earthquake, and he also moralizes on the uselessness of some money which he finds. The island is visited by savages in boats, and also by a ship, the captain of which offers to take Simplicius away.

This is certainly a striking parallel, and suggests that De Foe did not draw on his own imagination so much as the world has heretofore given him credit for. And it also is made to appear that Simplicius, and not Selkirk, was the original Crusoe.

A widow usually lays aside her first wedding ring on the day of her second marriage.

PHYSIOLOGY AND HYGIENE.

Effects of an Insufficient Quantity of Food Upon Blind and Body.

In a lecture on "Food and Digestion" Professor Miles, of the University of Maryland, speaks thus of the effects of an insufficient

quantity of food: "The fat disappears first, then the muscles waste away, and finally the bones come through the skin. The brain, the spinal cord Like a king in a beleaguered city to whom his loyal subjects give up their food, the nobler organs are longest nourished. In starvation there is not simple hunger of the stomach, but hunger of the whole body. It is not strange that when hunger presses on people they will do strange things. It produces insanity, and they have been driven to eating what has been called 'strange flesh;' that is, to cannibalism. There are millions of peolice may give them a loaf of bread, but the whole body is ill nourished, and a restless but the child criminal comes first. The crim-Inal classes are called dirty, lazy and ugly. Of course they are. They are dirty because

the beauty of the fairest woman is made up of fat. The criminal classes are ugly because they have no fat. How could a child whose muscles and nervous system have been partly starved be expected to have all the sympathies and instincts of a higher class of society! An everyday Sabbath school, with at popular prices. a breakfast before the lesson, would be a capital thing for the poor children. Some say the poor themselves are to blame for their condition by living too luxuriously. One of the most intense cravings of the Greely arctic party was for sweetmeats. Tea and coffee do more good than harm. They stimulate not only the brain, but the activities of the whole body. There will be a great mission to the poor some day to see that they get enough of good food."

An Old Superstition

The belief that warts may be charmed away or removed by various superstitious practices, such as stealing a neighbor's dish cloth to rub the wart with and then burying it, when the wart will gradually waste away, has a certain attraction for many people of a non-scientific turn of mind, to whom it may be a pleasure to know that so eminent a man as Lord Bacon was not without a little weak-

ness in this direction. After telling in one of his works that he had a wart on one of his fingers from early childhood, and that when a youth in Paris at least a hundred grew upon his hands in a

month's time, Lord Bacon adds: "The English ambassador's lady, who was far from superstitious, told me she would get away my warts; and, in order to do it, she rubbed them all over with the fat side of a piece of bacon with the rind on-and, among the rest, the wart I had from my childhood-then nailed the bacon, with the fat toward the sun, upon a post of her chamber window, which was to the south; and in five weeks' time the warts went away, and the wart I had so long endured for company. At the rest I did not wonder, because, as they came in a short time, they might go away so too; but the vanishing of that which had remained so long, sticks with me."

Foed for Young Children.

hashed meat and vegetables, so often the supper of the hearty workman, are altogether too indigestible for young children. In fact, it should be the duty of the mother to learn what foods are easily digestible, and none others should be allowed. Her own powers of digestion, or those of the father, cannot by any means be considered a safe guide in the selection of food for her little ones.

Helpful Hints. The most exquisite cleanliness should pre-

vail in the sick room. "Infants intelligently fed have nearly as good a chance of life with artificial as with natural food," asserts a medical journal.

The habit of slow deep breathing-thirty or forty inspirations a day-is a great preventive of that terrible disease, consumption. Physicians say the number of patients cured in hospital rooms exposed to the rays of the sun are four times as great as those

SOCIAL ETIQUETTE.

confined in darkened rooms.

Accepted Laws of Correspondence Among Well Bred People.

Don't conduct correspondence on postal cards, advises a popular monthly on social matters. A brief business message on a postal card is not out of the way, but a private communication on an open card is almost insulting to your correspondent. It is questionable whether a note on a postal card is entitled to the courtesy of a response. Don't write on ruled or inferior paper. Don't use paper with business headings for private letters. Tasteful stationery is considered an indication of refined breeding, and tasteful stationery means note paper and envelopes of choice quality, but entirely plain. One may have his initials and his address neatly printed on his note paper, but there should be no ornament of any kind.

"Noblesse Oblige."

According to Mrs. Sherwood there have been hostesses of a singular turn of mind, who ask people to their houses apparently to insult them. They are not common, but they are not altogether unknown. This assumption of a mock dignity, this supposed addition to one's importance by a disagreeable and atrocious display of bad manners, is sometimes done to ward off insolence. It is repellant, but it is not half the armor of proof which is a cultivated politeness. The Arab knows better, the man who eats his salt is sacred. The Indian, in his dirty lodge, is more of a gentleman. There is no such detestable use of one's principles as to be rude on one's own ground. A hostess should be very particular to specify whom she wishes to see, but if the person gets into the house awkwardly, or even presumptuously, she must be polite, noblesse oblige.

The Well Bred Girl.

She never accepts a valuable present from a gentleman acquaintance unless engaged to

She never wears clothing so singular or

acquaintances. Etiquette and Reason.

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and a glass of milk, with possibly a little stewed fruit, will be quite sufficient for young children. Hot bread, cheese and

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