MEDICAL.

Coca Wine

Sustains and Refreshes Both Mind and Body-Aids Digestion-Improves the Appetite, and Removes Fatigue.

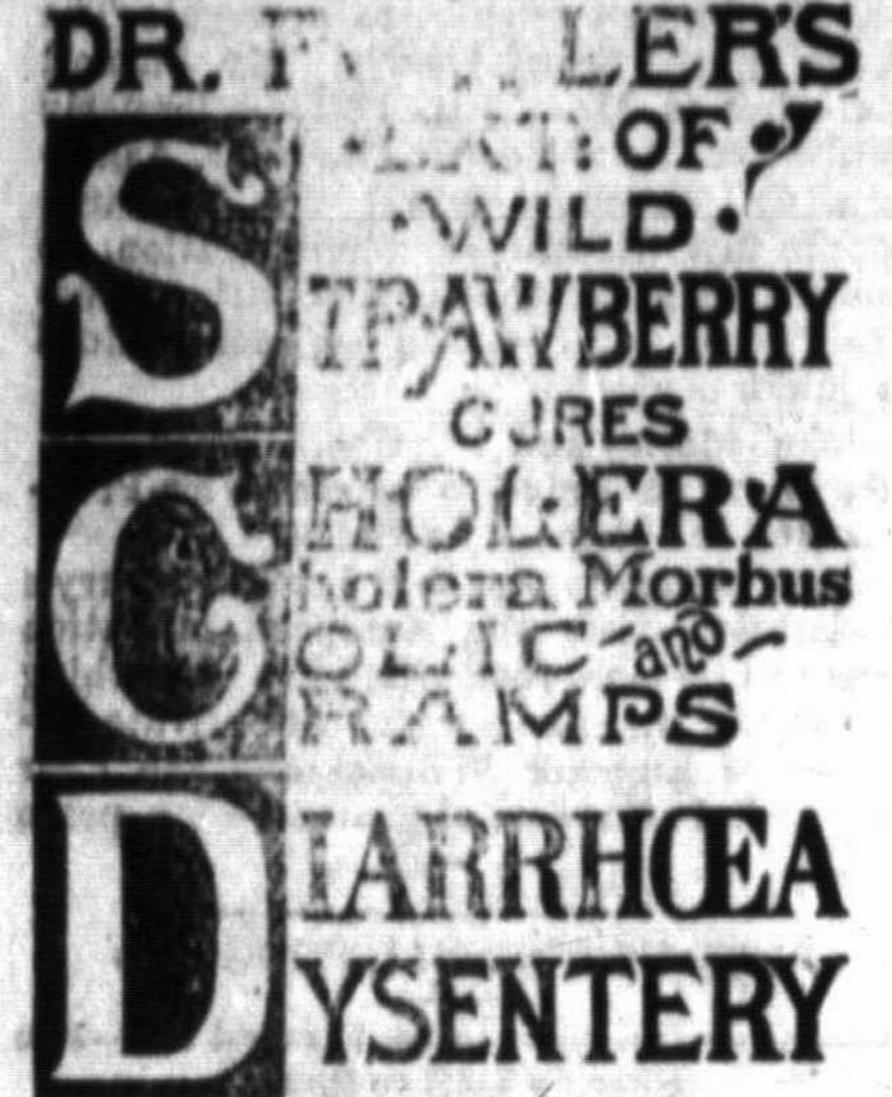
It is both effective and rapid in its action, and may be taken with perfect safety for any length of time. It is superior to all properly prepared for the table. A like stateother tonics, such as Iron, Cinchona, Cali- ment is applicable to fruits, from the strawsaya, &c., and unlike these IT NEVER CON-STIPATES.

In cases of sleeplessness from exhaustion or fatigue it is invaluable, producing sound and refreshing sleep, without the distressing sensation so common after Opiates, Bromides, and Hydrate of Chloral.

It has been prescribed throughout Europe for years by the most eminent physicians, and has been pronounced the most powerful restorer of the vital forces.

ARMBRECHT, NELSON & CO.,

FOR SALE BY G S. HOBART



AND ALL SUMMER COMPLAINTS AND FLUXES OF THE BOWELS IT IS SAFE AND RELIABLE FOR CHILDREN OR ADULTS.

IN UNION IS STRENGTH

Particularly is this the case in the union or combination of the vegetable oils which, blended together, compose '

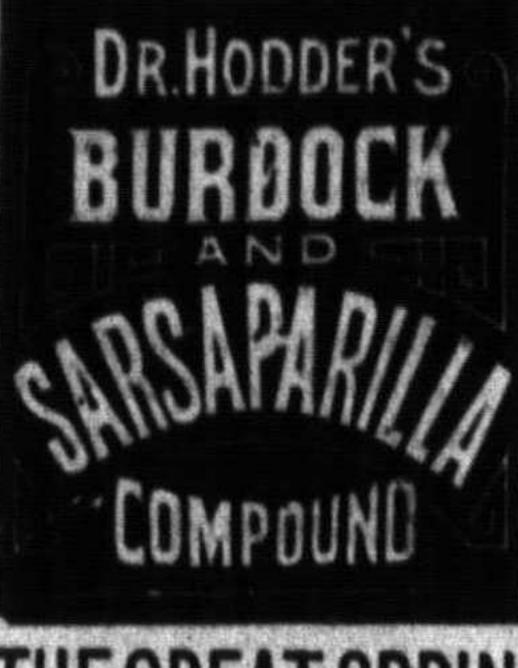
Simson's Liniment.

It's penetrating powers in cases of Rheu matism, Lame Back, Neuralgia, Sore Throat, etc., have been thoroughly proven,

MR. JAMES AVERY, Mallorytown, Leeds County, Ontario, writes - "Shortly after your agent was here last winter my son unfortunately strained the cords of his back, and not paying attention to it at once, near as possible to the paroxysm which has eaught cold which settled there. He was passed, and repeated every four hours until laid up for about a week and suffered con. | ringing noises in the ears are experienced. siderably. I, as an experiment, gave your Simson's Liniment a trial and it brought him around in twenty-four hours. I heartily recommend it."

SOLD EVERYWHERE FOR 25 CENTS. MANUFACTURED NO

Brown Brothers & Co., Halifax, N.S. Chemists,



CURES IVER COMPLAINT DYSPEPSIA, BILIOUSNESS, SICK HEADACHE, KIDNEY TROUBLES

RHEUMATISM, SKIN DISEASES and all

IMPURITIES OF THE BLOOD FROM ANY CAUSE ARISING.

THEGREAT SPRINGMEDICINE PRICE, 75c. WITH PILLS, \$1) -TRY-

DR. HODDER'S LITTLE LIVER PILLS. NO GRIPING. - NO NAUSEAU Sold everywhere. Price, 25 cents. Union Medicine Co., Prop's, - Toronto, Can.



DONT COUGH, COLDS, HOARSE CROUP, INFLUENZA

DIFFICULT BREATHING and all Throat and Lung

Sold Everywhere at 25c. a Bottle Recommended by Everybody.

Dear Sir,-I thank you for your Pine Tar Cordial. It has done me more good than anything I have ever used. MRS. S. R. HARVEY, Cobourg.

PERRIN'S PINE TAR CORDIAL CO'Y., Lindsay, Ontario

AQUATIO MATTELS.

JAMES KNAPP& SON, Leading Boat-Building Establish-

ment, Barriefield, Ont. LARGE STOCK OF PLEASURE BOATS,

SHOOTING SKIFFS, AND CANOES,

Of all sizes and descriptions, on hand, or built to order. YACHTS for steam or sail built to First class material used, and none but first ass workmen employed. We guarantee satis

Address all letters, Barriefield P.O.

PHYSI LOJY AND HYGIENE.

Hints for Hot Weather, with Information

About Sunstrokes, by Dr. Hammond. Dr. William A. Hammond, in a recent mmunication, makes the following statestinal diseases, and especially a peculiar disorder known as sunstroke or heat fever. To lessen the liability to the first group mentioned, some attention to the food taken into the system is necessary, and it is especially requisite to gvoid vegetables or fruit that are not fully ripe. There is scarcely a vegetable berry, which is the first to appear, to peaches, pears and apples, which come later in the ason. But when they are brought from a distance, having been picked when still green, and after their arrival frequently been kept by the dealers until they are more or less rotten, they cannot be considered suitable articles of food. Children are especially liable to suffer from eating such substances. Their digestive systems are exceedingly delicate, and their nervous systems are very impres-

Heat fever does not necessarily result from direct exposure to the rays of the sun. It may be caused by the diffused heat endured by a person while under the shelter of his own house. In these later cases there has representation of the second s disease, or some untoward mental disturbance has occurred, or the patient has been indulging in excessive physical exertion.

The persons who suffer from heat fever through the action of the direct rays of the sun are generally those whose modes of life have been in some respects vicious, or whose sanitary surroundings are bad. Sunstroke rarely occurs to those who take proper care of themselves, even when they are fully exposed to the direct heat of the sun. The victims are generally those who drink alcoholic liquors to excess, or who have overloaded the stomach with improper food.

Still cases of sunstroke do occur when the mode of life has not been at variance with the laws of health. It is therefore well for every one to take proper precautions against all risks. The clothing should be light, and that worn next to the body should be of some material capable of readily absorbing the perspiration. Wool is probably to be preferred, and it should be pure, that is, unmixed with cotton. For the head during very warm weather nothing is better than a straw hat, for not only is it of light weight, but, if properly made, free passage of air around the head takes place. The so called Panama hats, which are so closely woven that they will hold water, are the worst possible covering for the head in summer.

It is a remarkable fact that sunstrokes are very seldom met with among persons who expose themselves to the full heat of the sun in the country or outside the limits of large

Chills and Fever.

The sovereign remedy in the treatment of intermittent fever is quinine, and the most common forms in which it is employed are the sulphate and bisulphate, and The Boston Journal of Health affirms that, owing to its great solubility, the latter is preferable. Several methods are employed in giving

quinine. Some advocate the use of a single large dose to ward off an expected attack, others prefer to give the remedy in small doses, repeated at intervals of two or three hours. The weight of evidence is in favor of the latter method, still, in some cases, the former will be more effective. If the disease has existed but for a short time, says Scientific American, five grains of quinine should be taken during the sweating stage, or as Even if by this method the second occurrence of a paroxysm is prevented, the use of the drug should for several weeks be persisted in, and be given three or four times daily in decreasing doses.

SOCIAL ETIQUETTE.

Rules That May Safely Be Observed by Everybody at Table.

As an invited guest never be late for dinner. This is an incivility to your host, to] the other guests and to the dinner. Don't be late at the domestic table, as this is wrong to your family and is not calculated to promote harmony and good feeling.

Be careful not to seat yourself at the table until your host or hostess gives the signal. A gentleman ought never to seat himself | his shining pate. until the ladies are all seated.

Never serve gentlemen guests at your table until all the ladies are served, including those who are members of your own house-

Do not eat soup from the end of the spoon, but from the side. Take care not to gurgle, draw in your breath or make other noises when eating soup. Do not ask for a second service of soup.

Do not bite your bread from the slice, but break it off, a little at a time, as you require it. It is considered ill bred to break or crumb bread into your soup at a dinner

Avoid eating vegetables with a spoon. Eat these with a fork. In a word, observe the rule not to eat anything with a spoon that

can be eaten with a fork. Do not devour the last mouthful of soup, the last fragment of bread, the last morsel of

Never stretch across another's plate in order to reach anything; avoid asking your neighbor to pass articles, when there is a ser-

vant in attendance. A gentleman should not fail, at dinner, to rise when the ladies leave the table. Remain standing until they have left the room, and then reseat yourself if you intend to remain for cigars.

Society's Demands of a Hostess.

Certain hostesses in certain cities have become enormous social powers; they have tact and intelligence, they become the admired of men and the envied of women. Certain women who have no social position know that if they are seen at such a house, introduced by such a woman, their social position can be advanced. As such a hostess is very apt to be good hearted, many undesirable people get into society through her good natured but inconsiderate introductions. Society may be a false condition of things, but it demands of a hostess the highest order of virtues. She must have self possession, memory and tact, coolness and gentleness, and composure, politeness and serenity. But she must also have the negative virtue of knowing whom not to introduce, sometimes a very hard thing to

Don't Make Endless Adleux. Avoid making endless adieux in parting with friends. The woman who begins at the | who has received the shake after having top of the stairs, and overflows with fare- been worked for numerous plates of ice wells and parting admonitions every step on | cream and theatrical tickets, would be ready the way down, and repeats them a hundred | to attest the fact at any time. times at the door, simply maddens the man who is her escort, be he her husband or lover. Be persuaded, ladies, to say "good-by" once and have done with it.

Montreal Announcements.

SMALL DOSE. SMALL PRICE.

FOR SICK HEADAHE.



THE GREAT STRENGTH GIVER

A NEW MATERIAL. Fiberiene Collars and Cuffs in

Sets for Ladies and Gents Wear. Send 10 cts. for 2 Sample Collars and one pair Cuffs.

30 to 38 Dewd Street,

MONTREAL



NESTLÉS

SWISS MILK THOS. LEEMING & CO., Montreal

PLATE GLASS.

MONGENBIS, BOIVIN & CO.

THE GREAT ENGLISH MEDICINE

COCKLE'S ANTIBILIOUS PILLS.

Free from Mercury.

Lymn & Brywarith and briefly

SOLD BY ALL DECOGISTS.



USE RAMSAY'S MIXED PAINTS

THE BEST IN THE MARKET. For Blinds, Villas, Barns, Roofs and Floors. Sold even where we want work with the second where the second with the A. RAMSAY & SON.

MONTREAL.

and cold in the Head. Easy to use, speedy in its effects, Lasting Cures. No douche or instrument required. BEWARE of imitations similar a name and appearances. For sale by all Druggists, or sent on receipt of price, (50c. and \$1.00) by addressing FULFORD & CO., BROCKVILLE, Ont. Send for Pamphlet containing Testimonials, &c.

THE TEA TABLE.

The Cream of the Pa ers Gathered For Readers.

Talk is cheap unless you have just caten philopena with a young lady friend. All cotton, silk and lisle thread hosier, and gloves reduced at R. McFaul's.

The finest assortment of boating and cashmere shawls in the city to be had at R. Mc Faul's. The largest crop of peaches ever growu

was produced in 1875, and it amounted to

5,000,000 baskets. The crop of 1888 will be double that quantity. Striped tweeds, all wool, for trousers, Lambert & Walsh, prices from \$3 to \$3.50.

110 Princess street. Mr. Alex. Thomson, of Caintown, has sold the right to manufacture his milk acrator in the United States to parties in Toronto for \$10,000.

Best dry wood in the city, either cut or uncut, at James Campbell's wood yard, opposite barrack gate; also dry slabs daily arriving from Sharbot Lake.

Carleton Place has been made the head-

quarters of the C. P. R. for the freight service, which gives that place fourteen new conductors. Ladies to be twenty at thirty use Poz-

zoni's "Dove" Complexion Powder. Sold at Wade's Drug Store. Tan, freckles, sunburn, &c., can be removed by applying Bell's Lotion. In bottles

25c. at Wade's drug store. Alonzo Black has sold his Point Anne quarry to Phippen and Quinlan, Belleville, for \$2,000. There are about thirty acres in the quarry, and the stone is the best that can be found in Canada. Mr. Black has

You hardly realize that it is medicine, when taking Carter's Little Liver Pills; they are very small; no bad effects; all troubles from torpid liver are relieved by their use.

purchased the Shaw farm.

Henry Brewer, an English soldier wounded in India and sent home to be put on the reserve, has just died of what the doctors agree was hydrophobia, although he solemnly asserted that he had never been bitten by a dog, cat or any other animal.

We have just received a fine line of Jerevening wear, only 15c., and which are well worth 20c. All summer dress goods at clearing prices. R. McFaul's.

"Pa, what's an anomaly ?' asked Bobby, looking up from his book. "That the American eagle is bald-headed, yet there are no flies on him," replied pa, viciously slapping

Do not suffer from sick headache a moment longer. It is not necessary. Carter's Little Liver Pills will cure you. Dose, one little pill. Small price. Small doze. Small pill.

A negro woman who recently went insane in Atlanta imagined that the sun had perched itself on her head and she could not shake it off. "I have been walking around all day with the sun on my head," said she, "try ing to shake it off, but I can't get rid of it."

Ayer's Hair Vigor restores colour and vitality to weak and gray hair. Through its healing and cleansing qualities, it prevents the accumulation of dandruff and cures all scalp diseases. The best hairdressing ever made, and by far the most economical.

Mahlon D. Spalding, who ranks well up in the roll of Boston millionaires, was an Illinois farmer boy, who by industry and frugality managed to save a few dollars as a country storekeeper, and finally came east to make millions as a sugar refiner.

You don't have to pay for rags and canvass when you buy our sugar-cured hams, breakfast or roll bacon. We get them fresh every week from the packers and we keep them in our cooling room so they are always tresh. Jas. Crawford.

My friend, look here! you know how weak and nervous your wife is, and you know that Carter's Irou Pills will relieve her, now why not be fair and buy her a box? "Society has decreed," says the Earth,

"that this is to be what the milliners call a flower season." But let the Audubons lay no flattering unction to the their soul. Whatever American milliners may say this is to be a season of birds. Word comes from Paris that birds are more used than ever. and the society for the protection of aerial bipeds would do well to get ite gun.

Ayer's Sarsaparilla, by purifying and enriching the blood, improves the appetite, aids the assimilative process, strengthens the nerves, and invigorates the system. is, therefore, the best and most thoroughly reliable alterative that can be found for old

and young. A German physician has discovered that a woman's heart weighs less in proportion to the rest of her body than the heart of the man. It should not take the efforts of a scientific medical man to determine so plain a fact as the above. Many a rising youth,

New drinks at Wade's drug store: Orange phosphate, lemon phosphate, egg phosphate, milk shake, ice cream soda water, raspberry actart.

Reason Why Men Whistle. Whistling was invented to give a man a

chance to add a noise to the other noises in creation. The other noises in nature are all attuned to the character of the article that produces them. The breeze makes its gentle sigh, the brook has its peculiar sound, the storm has its crash and its roar. Everything made a noise in the world except man when he was alone. A man can't talk to himself; it is idiotic, although it is astonishing how many people do it. A cough is not a very enjoyable sound, and it irritates the lungs to produce it. A sneeze always goes with a cold in the head. True, a man can sing; that is, he can try to sing, but if it is at all agreeable it seems somehow to be wasted if somebody has not paid an admission fee to hear it. That's why women have such a terrible reputation for talking. They can't whistle, and they have nothing to relieve the restraint when they are alone; so when they get hold of anybody they make up for it.

But whistling was invented to conceal music. You don't need to have music in your soul to whistle. It is simply the noise of a vacant mind. The loud laugh of Oliver Goldsmith that bespeaks the vacant mind applies to a crowd. The whistle shows the vätant mind in its solitary state. When you hear a man whistle who palpably does not know a tune, he is either a very good fellow or a very bad fellow. Did you ever notice that Jews don't whistle much? They haven't got much vacant mind. When it isn't needed in their own business they rent it to other businesses. But of all whistlers the young gentleman going home about 1 o'clock in the morning, who whistles "Il Trovatore" with all the band parts, takes the bakery. - San Francisco Chronicle.

Hamilton's Pills

Cure liver complaint, biliousness, &c. These troubles arise from terpidity or inaction of the liver, and should be promptly treated. An active dose should at first be taken, say three of Hamilton's Pills, followed the next night by one or two pills as the occasion may demand; after which take one pill once or twice a week, which will gradually restore the action of the great blood filter and thereby allow it to perform those functions sey cloths in coral and salmon shades for | so essential to the health and comfort of the body. Sold by dealers in medicines.

Certain Cure.

A cure for Cholera Morbus. A positive cure for this dangerous complaint, and for all acute or chronic forms of bowel complaint incident to summer, and fall is found in Dr. Fowler's extract of Wild Strawberry, to be procured from any druggist or medicine dealer.

On an Average.

It is said that during the lifetime of the average man he will endure about 500 days sickness. The best way to reduce your average is to use Burdock Blood Bitters whenever the system requires a tonic regulating and cleansing medicine.

The Finest inthe Land.

Our 3 lbs. cans apples 25c.; salmon 15c.; two lobsters 25c.; choice pic-nic hams, not canvassed, but fresh every week from the dackers; tomatoes; two cans corn 25c.; one gallon can plums 40c. Jas. Crawford.

Easily Understood.

The causes of summer complaint, diarrhœa, dysentery, cholera morbus, etc., are the excessive heat, eating green fruit, impure water, over-exertion and sudden chill. Dr. Fowler's Wild Strawberry is an infallible and prompt remedy for all bowel complaints from whatever cause.

Advice To Mothers

Mrs. Winslow's Soothing Syrup, for children teething, is the prescription of one of the best female nurses and physicians in the United States, and has been used for forty SOLD - EVERYWHERE. years with never-failing success by millions of mothers for their children. During the process of teething its value is incalculable. It relieves the child from pain, cures dysentery and diarrhœa, griping in the bowels, and wind-colic. By giving health to the child it rests the mother. Price 25c a bottle.

Piles! Piles! Itching Piles.

Symptoms—Moisture; intense itching and stinging; most at night; worse by scratching. If allowed to continue tumors form, which often bleed and ulcerate, becoming very sore. Swayne's Ointment stops the itching and bleeding, heals ulceration, and in most cases removes the tumors. At druggists, or by mail, for 50 cents. Dr. Swayne & Son, Philadelphia. Lyman, Sons & Co., Montreal, wholesale agents,

Eczema, Itchy, Scaly, Skin Tortures, The simple application of "Swayne's Ointment," without any internal medicine, will cure any case of tetter, salt rhenm, ringworm, piles, itch, sores, pimples, eczema all scaly, itchy skin eruptions, no matter how obstinate or long standing. It is potent, effective, and costs but a trifle. Lyman, Sons & Co., Montreal,

Sunday school scholar (who has been giving profound attention to the subject under discussion)-Teacher, you say we must always love our enemies. Now, s'pose two fellers love the same girl, an' one gets her an' the other don't, do you s'pose the one that gets left is goin' to love the one that gets the girl? Teacher is lost in mediTHE LARDER.

The only positive cure for CATARRH in all its forms and stages.

BREADI We take the lead in Quality and

Variety. You can get almost any shape and style. Our Home-Made Bread is the latest. Made only at R. H. TOYE'S. KING STREET BAKERY.

CITY FLOUR STORE. CHOICE FAMILY & BAKERS' FLOUR SEED GRAIN, PRESSED HAY, CLO-VER AND TIMOTHY SEED.

D. FRANKLIN MARKET SQUARE.

BUTCHERS, FARMERS & GARDENERS. Prime small hog casings, by tierce, 500 lbs. 28c. per lb; kegs, 100 lbs, \$30; half kegs, 50 lbs. \$15.00; small quantities, 35c per lb. English sheep casings, kegs, of 50 large bund les, \$30; small quantities, 65c per bundle. Pure Fertalizer, composed of blood, bone and meat, only \$30 per ton; fine bone meal, \$35 per ton; coarse bone meal, \$35 per ton, f. o. b. Hamilton.

F. ROWLIN & CO .. -- HAMILTON. SEEING IS BELIEVING.

For a Genuine Milk Shake Go to the Bazaar. You see it made and get it well shook. REES BROS.

DOMINICA

LIME-FRUIT JUICE.

PURE &

MANUFACTURING CONFECTIONERS.

UNDILUTED

WHOLESOME, Purifies the Blood. REFRESHING, AN AGREE-ABLE TONIC.

Cooling, Just the Drink for Warm Weather. ABSOLUTELY FREE FROM ALCOHOL,

TELEVILLE TOTAL For sale by Grocers and druggists everywhere, in pints and quarts, Imperial Measure.

SMOKE BILL NYE CIGAR.

If you want a good cigar, SMOKE BILL NYE. If you've had a family jar. SMOKE BILL NYE. If you're feeling rather glum. Because your mother-in-law has come SMOKE BILL NYE.

If your feeling in the blues, SMOKE BILL NYE. When you're waiting for the news. SMOKE BILL NYE. If the nurse exultant grins,

And the doctor says it's twins. SMOKE BILL NYE. J. M. FORTIER,

MANUFACTURER, -

NATHANIEL D. MOORE, MINING ENGINEER &

IRON ORE EXPERT

Mines and mineral lands examined and re-ports made on same. Mines and mineral lands bought and sold on commission. Government land examined and secured for patrons. buy or handle phosphate on commission. chandise, furniture, etc., of all descriptions stored at reasonable rates.
Office and warehouse foot of Princess street. Kingston.

Correspondence solicited.

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Gile, Treasurer Northern Chief Iron Company.

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