

we make our great boset. Our pills cure it while there do not. Carter's Little Liver Pills are very small and tise them. In vials at 25 cents; five for \$1. Sold by druggists everywhere, or sent by mail.

CARTER MEDICINE CO., New York Small Pill Small Dose Small Price

ARMBRECHT'S Coca Wine

Sustains and Refreshes Both Mind and Body-Aids Digestion-Improves the Appetite, and Removes Fatigue.

It is both effective and rapid in its action, and may be taken with perfect safety for any length of time. It is superior to all other tonics, such as Iron, Cinchona, Calisaya, &c., and unlike these IT NEVER CON-STIPATES,

In cases of sleeplessness from exhaustion

or fatigue it is invaluable, producing sound and refreshing sleep, without the distressing sensation so common after Opiates, Bromides, and Hydrate of Chloral. It has been prescribed throughout Europe

for years by the most eminent physicians, and has been pronounced the most powerful vestorer of the vital forces.

ARMBRECHT, NELSON & CO., 2 Duke St., Grosvenor Sq., London, Eng.

FUR SALE BY G. N. HOBART

Particularly is this the case in the union or combination of the vegetable oils which, blended together, compose

It's penetrating powers in cases of Rheu matism, Lame Back, Neuralgia, Sore Throat, etc., have been thoroughly proven,

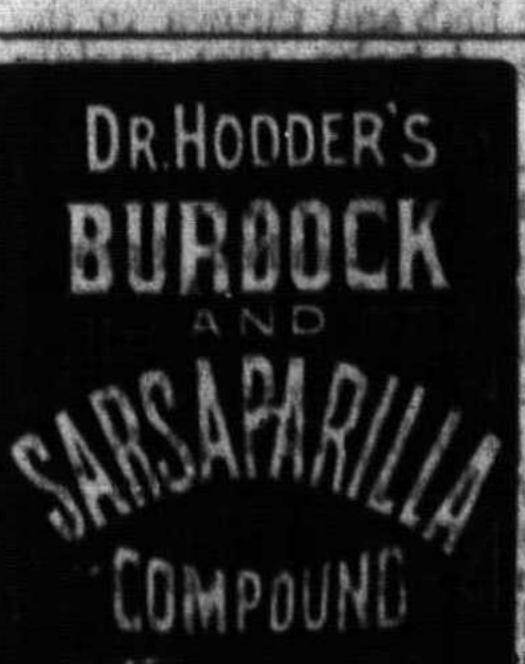
MR. JAMES AVERY, Mallorytown, Leeds County, Ontarso, writes - "Shortly after your agent was here last winter my son unfortunately strained the cords of his back, and not paying attention to it at once, caught cold which settled there. He was haid up for about a week and suffered considerably. I, as an experiment, gave your Simpson's Liniment a trial and it brought him around in twenty-four hours. I heartily recommend it."

SOLD EVERYWHERE FOR 25 CENTS.

MANUFACTURED BY Brown Brothers & Co., - Halifax, N.S. Chemists,

DR. FOWLER'S ·EXT: OF ·MILD TRAWBERRY CURES holera Morbus YSENTERY

AND ALL SUMMER COMPLAINTS AND FLUXES OF THE BOWELS IT IS SAFE AND RELIABLE FOR CHILDREN OR ADULTS.



CURES IVER COMPLAINT DYSPEPSIA. BILIOUSNESS, BICK HEADACHE,

KIDNEY TROUBLES RHEUWATISM. BKIN DISEASES and all IMPURITIES OF THE BLOOD FROM ANY CAUSE ARISING.

ural

THEGREAT SPRINGMEDICINE PRICE, 75c. WITH PILLS, \$1)

----TRY

HODDER'S LITTLE LIVER PILLS. NO GRIPING. - NO NAUSEAU Sold everywhere. Price, 25 cents. Union Medicine Co., Prop's, - Toronto, Can

PHYSICLOGY AND HYGIENE.

Why Some People Get Little Benefit from Summer Outing or Change of Air,

Dr. A. J. Crespi, of England, gives some valuable advice to both physicians and atients about the profit to be got out of a worries in one's handbag and carry them about. Many persons who are "ordered" to the seashore or mountains go there grumbling under protest, and spend the precious days of would be recuperation in longing to get back to the duties that haunt them. This sort of a "change" is a mere farce, but often it is the only kind that is obtainable. People are too poor to count the outing as a pleasure: it is an expense over which they fret till the last vestige of benefit is worn away. On this account, the physician must beware of flippant advice to try the seashore and mountains, when such a change may involve expenses which are hard to bear, and may lead only to hearier burdens thereafter. Unfortunately, the people who are overworked -the middle classes-who, with the tastes and aspirations of the rich, have only very limited means at command, are the very ones who most need the change, and get it with the greatest difficulty. Before prescribing a change of air, it is well to estimate the labor involved in getting it-as to whether the effect of the tremendous effort necessary may To the change -

In ordering change ofair, it is wise not to promise too much. Do not pack people off to some distant clime, as some physicians do, because they do not know what to do with them. One ought to consider well before advising climatic changes in the case of a person presumably incurable. The excitement of a journey often hastens death in persons who are very low; and, if death ensues, it is very sad and inconvenient to the friends, and very prejudicial to the physician's fame. At best a change of air ought only to be suggested; coercion does no good.

Contagiousness of Consumption.

It is now generally accepted that pulmonary consumption is a contagious disease, that it can be communicated from man to man, and, according to Journal of Health, this theory is to a very great extent displacing that of inheritance, or, at least, it is believed by many that the latter plays a much less important part than is generally supposed. Its supporters consider that children of consumptives, instead of being at birth tainted with the disease of their parents, acquire it while in immediate contact with them, in attendance during their illness, etc. Thus, if a child has a consumptive mother or father, the germs of that disease are communicated to it in the breath or from the matters coughed up; and, consonant with this theory, unless the child of such parents be exposed to such poisonous influence, it is scarcely more likely to fall a victim to consumption than it would were it born of comparatively healthy parents. Years of patient investigation will, of course, be needed to perfect this theory, which certainly has now no inconsiderable support.

Vanilla Poisoning. It is asserted that poisoning by vanilla ice cream has been frequently reported in Europe, where vanilla is recognized as a dangerous toxic agent, its peculiar effect being known scientifically as vanillism. It is explained that in preparing the vanilla beans for the market they are classified according to their size and quality, the latter depending upon an abundance of a substance which exudes from the pod and crystallizes upon the surface in the shape of white, frost like needles. In order to secure these needles, the pods are covered with a protective coating of the oil of cashew nut. This oil is a most powerful irritant, simple contact with the skin causing vesicular erysipelatous and other cutaneous eruptions, and this, it is thought, is the cause of the poisoning that results from eating ice cream.

Useful Suggestions:

Dr. Bernbeck recommends the application of flexible collodion containing thirty-five grains to the fluid ounce of salicylic acid, for the cure of insect stings.

A foreign physician suggests that excursionists should substitute for the blue veil, usually worn as a protection from the sun, a red one, since blue affords the very least protection against the chemical rays of

To make a mustard plaster that will remain flexible and not dry out, molasses is used for mixing, instead of water; spread a fine cloth over the plaster, so that it may heal without

SOCIAL ETIQUETTE.

Life a Frequent Cause of Bad Manners. People err very often in society from not

knowing what good manners are, affirms excellent social authority. Something or somebody annoys them, and they have not themselves under sufficient control not to show it, and so they are brusque and abrupt, and sometimes distinctly rude to their guests or associates. To have really good manners, great self control is necessary. One must learn not to show all one feels, so that if anything disagreeable occurs, or some one appears whom we dislike, we must still preserve a calm, affable demeanor, and be at least preferred to his company, and make and Cable cigars. James Crawford. him feel most awkward and confused, though at the same time he may be quite suffering small boy gets shingled by the worthy of a welcome as far as birth and posi- barber and by his mother, too. tion are concerned; but he is not in their distance. At the same time, some one born | had never been round much. in a far lower sphere receives adulation, and

terious way to that "set." they can behave just as they like in the home circle, but that in society of course they are and must be quite different, put on a com- | Sophronia, dear, is a man who draws a good pany air, and fancy it takes and seems natural. But it is not so at all; unless people are habitually polite and amiable and courteous in their home life, they will not be so when they are out, however much they are home as courteous, as obliging and as per- | dinner. fectly polite to each other as they would be never produce rudeness, and those families | suit)-Then I am to understand, Miss Breezy, agree best who make a point of treating each | that you will not be my wife? Miss Breezy other with uniform politeness and courtesy. (sleepily restraining a yawn)—That is it ex-

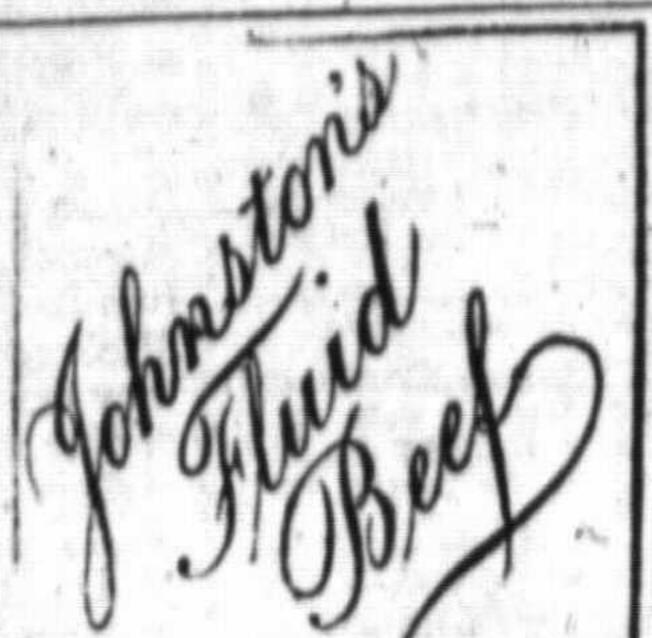
Letter Paper.

Letter paper should be fine and plain, and for ordinary notes neither crest nor monogram should be upon it, though the latter orpaments may be used for such letters as are ceremonious or are of such a friendly nature that they are likely to be preserved.

Montreal Announcements.

SMALL DOSE. SMALL

A POSTVIVE CURE FOR SICK HEADAHE.



Fiberiene Collars and Cuffs in Sets for Ladies and Gents Wear. Send 10 cts, for 2 Sample Collars and one pair Cuffs.

30 to 38 Dewd Street,



SWISS MILK Send 15 cts. in Stamps for a half-pound Sample. THOS. LEEMING & CO., Montreal

PLATE GLASS.

MONGENBIS, BOIVIN & CO.

THE GREAT ENGLISH MEDICINE. COCKLE'S ANTIBILIOUS

A pure vegetable ingredient, and Free from Mercury. SOLD BY ALL DAUGGISTS.



SUNDRIES.

USE RAMSAY'S PAINTS

A. RAMSAY & SON. MONTREAL.

CATARRII in all its forms and stages, and cold in the Head. Easy to use, speedy in its effects, Lasting by all Druggists, or sent on receipt of price, (50c, and \$1.00) by addressing FULFORD & CO. Send for Pamphlet containing Testimonials, &c.

THE ITEA TABLE.

The Cream of the Papers Gathered For Readers.

Zonweiss for the teeth at Wade's. The average New Yorker's clubs are his trumps.

Temperance sailors do not like groggy It does not require an expert marksman to shoot the Niagara rapids.

Mournful numbers-A balance on the wrong side of the sheet. All cotton, silk and lisle thread hosiery and gloves reduced at R. McFaul's. Mme. Nilsson has recovered from a long

deafness caused by abscesses in both ears. The finest assortment of boating and cashmere shawls in the city to be had at R. Mc-Faul's. We have a few left of white and coloured

to clear them out. R. McFaul's. If you want to be well-informed take a paper. Even a paper of pins will given you some good points.

costumes which we will sell at less than cost

Best dry wood in the city, either cut or uncut, at James Campbell's wood yard, opposite barrack gate; also dry slabs daily arriving from Sharbot Lake. New York belle-What do you think of

in church when the sermon is dull? Boston belle-I count the beans on my rosary. Nikita is the name of a young American singer scoring triumphs for the last year or two in concent rooms abroad.

We have just received a fine line of Jersey cloths in coral and salmon shades for evening wear, only 15c., and which are well worth 20c. All summer dress goods at clear claim that the organization is now in a beting prices. R. McFaul's.

Chemists say that it takes more than twice as much sugar to sweeten preserves, sauce, etc., if put in when they begin to cook, as it does to sweeten after the fruit is cooked. All cases of weak or lame back, headache,

rheumatism, will find relief by wearing one Backache Plasters. Price 25 cents. Try

potato masher, it lightens up the cotton and I most largely that degree of health and vigor makes them soft and new.

moved by applying Bell's Lotion. In bottles 25c. at Wade's drug store. For hoarsness, beat a fresh egg and thick-

en it with fine white sugar. Eat it free'y and the hoarseness will soon be relieved. Ladies to be twenty at thirty use Pozzoni's "Dove" Complexion Powder. Sold at Wade's Drug Store.

Tar may be removed from the hands by rubbing with the outside of fresh orange Princess street, Kingston, dealer in new and or lemons peel and drying immediately. second hand goods of every kind, and the The volatile oils dissolve the tar so that it only locksmith in the city. Thousands of can be rubbed off.

headache is very disagreeable. Take two to come and see him and buy goods at their of Carter's Little Liver Pills before retiring, own prices; 288 Princess street, Kingston. and you will find relief. They never fail to do good.

Mineral waters at Wade's drug store : Caledonia, Deep Rock, St. Leon, Vichy, Bathesda, Hunyadi, Friedrickshall, Clysmic, Bay View (from Wolfe Island).

pic-nic hams, from 6 to 8 lbs., not canvasscourteous in our manner. But amongst the ed, 121c; rolls or half rolls new fresh bacon, light) at once that his room would be | 40c; S. Davis & Sons' Madre Hijo, Mungo | press extends similar greetings. Now is the time of year when the much

his conversation is listened to, and sometimes | most constitutions, especially to people his manners are copied, all that is needed to | having impure blood. For all such (and be welcome being to belong in some mys- | they constitute the majority), the best safeguard is Ayer's Sarsaparilla, the use of which It is curious how some people imagine that | cleanses the blood and strengthens and in

vigorates the system. What is a poker artist? A poker artist hand in the game. New York seems to be getting too many

bob-tail cars. The people seem to be literally overrun with them. That distention of the stomach which

under control-little tricks of manner, slang | many people feel after eating, may be due words, etc., will come out, and if mothers | to improper mastication of the food; but, in and fathers aim at their sons and daughters | most cases, it indicates a weakness of the being refined and agreeable in society, they | digestive organs, the best remedy for which must begin by insisting on their being at | is one of Ayer's Pills, to be taken after

Fitznoodle (who has remained to an un-Then when they go out all is easy and nat- actly. There is a yawning gulf between us.

Be Prepared.

Many of the worst attacks of cholera mor bus, cramps, dysentery and colic come suddenly in the night, and the most speedy and prompt means must be used against them Dr. Fowler's Extract of Wild Strawberry is

the remedy. Keep it at hand for emergen-

cies. It never fails to cure or relieve.

W.J.DICK & SON.

NEW STORE (at the Old Stand),

Showing a large stock of Boots, Shoes, Trunks, Valises, Bags and Satchels of every de scription from the best houses in the Dominion, including the Superior Manufactures of J. D. King & Co., J. & T. Bell, Cooper & Smith, H. E. Clarke & Co., and other reliable firms. Our long experience in the business and other facilities we possess enable us to supply

our customers with the very best goods at the lowest possible prices. Our business (as before) will be conducted strictly on the One Price System. A good dotlar's worth given for every dollar received. Call and inspect the goods and the store.

CARPET WORKERS' POSITION.

A Great Convention of Them at New York-Now in Good Shape.

NEW YORK, July 28 .- At the annual meeting of the Progressive Carpet Workers' National association held to-day there were delegates present from twenty unions in Philadelphia, Amsterdam, Astoria, Lowell, Roxbury, Worcester, Thompsonville, Conn., and this city. The reports of the various officers stated that at present trade is very dull and that nearly all the mills of the country have been closed down. No where is there any trouble between the employers and employes and the only reason for the guspension of work is want of orders to fill. In Amsterdam the mills only work three days week with half the usual force. Out of 2,692 looms on ingrain in Philadelphia only 1,000 are in operation and there is the same decline in other grades. The delegates ter financial condition than it was before it left the knights of labor as the money formerly paid to the general executive board has been devoted to a defence fund.

Is Cholera Coming

The possible advent of cholera on this side of the Atlantic makes it of the utmost of Carter's Smart Weed and Belladonna importance that proper precaution shall be taken to meet a foe so uncompromising and powerful. The liver and its condition at If quilts are folded or rolled tightly after once becomes a matter of serious considerawashing, then beaten with a rolling pin or | tion, for upon its normal action depends that can surely withstand the assaults of Tan, freckles, sunburn, &c., can be re- disease. No remedy can equal Hamilton's Pills of Mandrake and Butternut. They at once strike at the source of disease, remove obstructions in the liver, give tone and digestive power to the stomach, reinvigorating the whole system. Sold by Polson & Co. and dealers everywhere.

Three Years Away.

William David, the cheap broker, 288 keys on hand; saws filed and set, tools That tired, languid feeling, and dull ground. William David wants everybody

Tendering Congratulations.

Berlin, July 28.—Congratulations from all the European courts followed rapidly Emperor William's message from Stockholm to the empress. The North German Gazette Can do you up once more-sugar cured referring to the new born prince, says : "After days of deepest sorrow there has dawned a day of the brightest domestic joy, "upper ten" it is often the case now that they | 121c; 3 cans Lakeport apples, 25c; 2 cans | which transfigures the time of mourning. do not try to be courteous, but show an in- salmon, 25c; 2 cans lobsters, 25c; 1 lb. May the event be a good omen of the future truder (or any one they look upon in that | mixed tea, with a cup and saucer or plate, | destinies of the fatherland." The whole

An Old Time Favorite.

The season of green fruits and summer drinks is the time when the worst forms of The ancients believed that the earth was | cholera morbus and bowel complaints pre-"set," so must keep himself at a respectful square, but that was probably because they vail. As a safeguard, Dr. Fowler's Extract of Wild Strawberry should be kept con-The vicissitudes of climate are trying to | stantly ou hand. For 30 years it has been i the most reliable remedy.

Have You Thought About It?

Why suffer a single moment when you can get immediate relief from all internal or external pains by the use of Polson's Nerviline, the great pain cure. Nerviline has never been known to fail in a single case; it cannot fall, for it is a combination of the most powerful and paid subduing remedies known. Try a 10c. sample bottle of Nerviline. You will find Nerviline a sure cure neuralgia, toothache, headache. Buy and try. Large bottles 25 cents, by all

A Dying Wish

to try Burdock Blood Bitters is often ex

pressed by some sufferer upon whom al other treatment has failed. Marvelous reto strangers. Freedom of intercourse should reasonable hour Snnday night urging his sults have often been obtained by the use of this grand restorative and purifying tonic under these circumstances. Now It Is Interesting. Iwo cans salmon, 25c; 2 cans lobsters,

> cured pic-nic hams, 121c; rolls or half rolls bacon, 121c; extra choice mixed tea, 40c; fresh eggs, 17c; gallon can plums, 40c; 13 bars laundry soap, 25c. James Crawford.

Great big bargains in summer goods at

Lambert & Walsh's.

25c; 3 cans Lakeport apples, 25c; sugar

WASHINGTON

OF TORONTO. Throat and Lung Surgeon.



British American Hotel KINGSTON, MONDAY, - TUESDAY & WEDNESDAY, AUG. 6th, 7th & 8th.

- WILL BE AT THE -

Napanee, Huffman House, Thursday, Aug. 9th.

Tam worth, Shields' Hotel, Friday, Aug. 10th

Oatarrh, Bronchitis, Asthma, Consumption, Effectually Cured. A FEW PROMINENT TESTIMONIALS OF PERMANENT CURES Mrs. John McKelvey, Kingston, Catarrh and

Consumption.

John McKelvey, Kingston, Catarrh. Mrs. A. Hoppins, Kingston, Broncho Consump-Mrs. E. Scott. Kingston, Catarrh, head and A. E. Fish, Gent's Furnishings, Belleville, Ca

tarrh, throat. Mr. Milne, Kingston, Asthma, Peter Hogan, Amherst Island, Catarrh and Broncho Consumption. Treated by the best city doctors without any good results. John Phippen, of Sandhurst, cured of Catarra of the head and nose—bad case. CONSULTATION FREE.

EXHAUSTED VITALITY,

THE SCIENCE OF LIFE, the Great Medical Work of the age, on Manhood, Nerv. Premature Decline, Errors of Youth, and the untold

miseries consequent thereon 300 pages 8 vo., 125 prescriptions for all diseases. Cloth, full gilt, only \$1, by mail, sealed. Illus trative sample free to all young and middle aged men. Send now. The Gold and Jewelled Medal awarded to the author by the National Medical Association. Address P. O. Box 1896 Boston, Mass., or DR. W. H. PARKER, grad uate of Harvard Medical College, 25 years practice in Boston, who may be consulted con dentially. Specialty: Diseases of Man. Of fice, No. 4 Mulfinch St.

PHYSICIANS, DRUGGISTS,



L'OR your convenience I will visit (see below) tout fend Ruptured, especially large cases, of which over one hundred thousand have been successfully adjusted in PE'son the last 20 years.
Club Feet, Spinal Curvatt re, and all Deforms tros straightened by MECHANICAL means. by Mail. Send 6c.for book of invaluable information CHAS. CLUTHE, Surgical Machinist

118 KING STREET WEST, TORON KINGSTON, City Hotel, Saturday, Sept. 8th. BROCKVILLE.

St. Lawrence Hotel, Friday, Sept. CLEANLINESS IS NEXT TO GODLINESS. Hot and Cold Baths at all Hours at JONES' TONSORIAL PARLOR

British American Hotel Block, Clarence St.

N.P — These are the only Baths in the cli heated by steam, thereby securing at all her? GEORGE CLIFF, The General Real Estate Agent, Makes a specialty of taking care of estates fetting houses, collecting rents, buying selling city properties. Parties wishing to buy or sell houses or lots should call at Headquar

ters for Real Estate. OPPOSITE POST OFFICE.

DYEING WORKS, PRINCESS STREET. Ord.

All kinds of goods cleaned, dyed and finished put up and have for sale the "Jem Packas"

Dyes," warranted to be the best in the market.

Try them. Agents wanted. R. MON fGOMERY

Practical Dress of goods cleaned, dyed and finished put up and have for sale the "Jem Packas"

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