CURE RHEUMATISM CURE CONSTIPATION
MACK'S RHEUMATIC (LIVER & KIDNEY) PILLS PRICE 50cts.
CURE SCIATICA CURE NEURALGIA

Sold in Kingston by E. C. Mitchell, 124 Princess Street.

## TRAVELLING.

GRAND TRUNK RAILWAY SYSTEM

OPENING OF PARLIAMENT, OTTAWA, AUG. 19th.

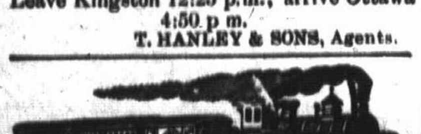
$1.50.

(Returning same day). Tickets good to return Aug. 20th.

$2.00.

Leave Kingston 2:15 a.m., arrive Ottawa 9:20 a.m.
Leave Kingston 12:25 p.m., arrive Ottawa 4:50 p.m.

T. HANLEY & SONS, Agents.

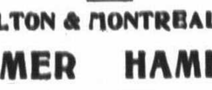


KINGSTON & PEMBROKE —AND— Canada Pacific Railways WILL RUN A LABORERS' EXCURSION AUGUST 18th, TO WINNIPEG and all stations West to MOOSEJAW ESTEVAN SALTCOATS } FOR $14.

Certificates will be issued entitling purchasers to return for $14.00.
Full particulars at K. & P. and C. P. R. Ticket office, Ontario street.
F. CONWAY, Asst. Gen. Pass. Agt. B. W. FOLGER, Gen. Manager.

Richelieu & Ontario Nav. Co.

Sailing Through the Bay of Quinte.



DAILY LINE.

Commencing on and after June 15th the steamers of this line will leave Kingston Daily (except Mondays), going East at 5 a.m., going West at 3 p.m.

HAMILTON & MONTREAL LINE.

STEAMER HAMILTON

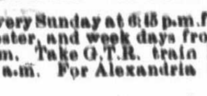
—BETWEEN—

Hamilton, Toronto, Kingston, 1000 Islands, Rapids of the St. Lawrence and Montreal.

LEAVES KINGSTON—
Going East—Tuesdays, at 5 p.m.
Going West—Fridays, at 10 p.m.

FARES:—Hamilton $4.50, return $8.50; Toronto $4.00, return $7.50; Montreal $4.00, return $7.50. Berths and meals included both ways.
JAS. SWIFT & CO., Freight Agents. T. HANLEY & SONS, Passenger Agents.

ROCHESTER ROUTE



STEAMER NORTH KING

Sails every Sunday at 6:15 p.m. from Kingston to Rochester, and week days from Port Hope at 2:30 p.m. Take G.T.R. train leaving Kingston 8:40 a.m. For Alexandria Bay, Sundays, 9 a.m.

PICTON AND BELLEVILLE.
STR. HERO

LEAVES FOR PICTON WEEK DAYS at 3:30 p.m. On Mondays, Tuesdays, Wednesdays, Thursdays and Fridays going to Belleville.
For further particulars apply to THOS. HANLEY, J. P. GILDERSLEEVE, J. SWIFT & CO., H. H. GILDERSLEEVE, Mgr

Montreal and Rochester Transit Company.

Str. ALEXANDRIA

Electric Lighted, Steam Heated,
Leaves Craig & Co's Wharf MONDAYS at 8 o'clock p.m. for Montreal and way ports, shooting St. Lawrence Rapids, remains over one and a-half days in Montreal.
Returning arrives in Kingston FRIDAYS, 9 o'clock p.m., and leaves for Charlotte via Bay of Quinte and Murray Canal SATURDAY MORNING, at 1:30.
For tickets and other information apply to W. G. CRAIG & CO., Agents.

QUEBEC STEAMSHIP CO., LTD.

River and Gulf St. Lawrence
Summer Cruises in Cool Latitudes.
Twin Screw Iron S.S. "CAMPANA"
with electric lights, electric bells, and all modern comforts,

LEAVES MONTREAL on MONDAYS
At p.m. on 25th May, 8th and 22nd June, 6th and 20th July, 3rd, 17th and 31st August, and 14th September, for Picton, N.S., calling at Quebec, Father Point, Gaspe, Perce, Summerside, P.E.I., and Charlottetown, P.E.I.
The finest trips of the season for health and comfort.
ARTHUR AHERN, Secretary, Quebec.
For tickets and state-rooms apply to HANLEY'S GENERAL TICKET AGENCY, Kingston, Ont.

ALLAN LINE

Royal Mail Steamships.

Liverpool, Quebec & Montreal Mail Service

| From Liverpool | Steamships. | From Montreal. | From Quebec |
| --- | --- | --- | --- |
| 4 Jun | Numidian | 20 Jun | 20 Jun, 3 p.m |
| 11 Jun | Parisian | 27 Jun | 28 Jun, 9 a.m |
| 18 Jun | Laurentian | 4 July | 5 July, 9 a.m |
| 25 Jun | Mongolian | 11 July | 11 July, 3 p.m |

RATES OF PASSAGE—CABIN.
$50 and upwards single; $100 and upwards return; Second Cabin $30, single; return $65. Steerage—To Liverpool, London, Glasgow, Belfast or Londonderry, $24.50. Prepaid, $25.50. Bedding and all necessary utensils free.
T. HANLEY & SONS, Agents.
J. P. GILDERSLEEVE, Agent

Str. "Bon Voyage"

Leaves Kingston every Wednesday, Friday and Sunday morning at 4:30 for Clayton, Alexandria Bay and intermediate ports, connecting at Alexandria Bay with Str. "Island Belle" for Brockville and Ogdensburg (except Sunday).
Returning leaves Alexandria Bay every Wednesday and Friday at 1:20 p.m. and Kingston at 4:30 p.m. for Oswego and Charlotte, arriving at Oswego at 9:30 p.m. and Charlotte at 6:30 a.m. On Sunday leaves Alexandria Bay at 4 p.m., Kingston 7 p.m., for Oswego and Charlotte, N.Y.
JAMES SWIFT & CO., Agents, St. Lawrence Wharf, Kingston, Ont.

MONEY TO LOAN
J. A. GARDINER
Real Estate and Insurance,
151 Wellington St., Kingston.

A FIRST-CLASS BOOKBINDERY.
Is doing business every day at the corner of Bagot and Brock streets. New premises and new facilities for good work. Orders for Binding, Ruling and Lettering received.
OTTO

# THE WAY TO SLEEP.

## HEALTH AND LIFE ENDANGERED BY A FALSE POSITION.

**The Dangerous Position, That of Lying on the Back—Babies Take It Voluntarily or Are Placed So—A French Physician Emphasizes the Harm Thus Done.**

The health and the lives of hundreds of thousands of people in this land are daily injured and destroyed by the position in which they are permitted to sleep.

This dangerous position is that of lying on the back. It will be found that a majority of babies either take it voluntarily or are placed in it when put to bed. The great mistake made is in putting them on a bed which enables them to take this position, instead of the natural and healthy one of lying on the side.

The injuries arising from lying on the back are of several kinds. One is the hindrance of breathing by the pressure of the palate against the back of the throat. The other is the collection of mucus and other unwholesome substances in the throat. From these two injurious conditions there result many diseases of the throat and respiratory organs, as well as a general weakening of them.

The remedy is a very simple one. It is to put the child to sleep on a fairly hard bed. Then the position on the back becomes practically impossible, and it turns naturally on its side, which is the proper attitude for sleep.

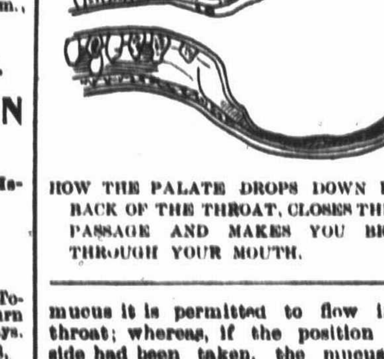
A French physician—Dr. Madeuf—has recently made some interesting investigations on this subject. He emphasizes his conclusions by some very striking pictures showing the evil results of sleeping on the back, from an anatomical point of view.

When the head is in an upright position there is considerable space between the palate, or uvula, and the back of the throat. It is through this space that the air must pass on its way from the nose to the windpipe.

Put a child to sleep on its back, and the palate tends by its own weight to fall toward the back of the throat. It may go so far as to make breathing impossible. Then the child is forced to open its mouth and breathe through it, which, as every one should know, is unwholesome and unnatural.

When the child lies on its side the palate has no tendency to fall backward, and remains in nearly the same position as when the head is upright.

The position on the back also tends to increase the effects of injurious secretions. If during sleep the nose secretes



HOW THE PALATE DROPS DOWN IN THE BACK OF THE THROAT, CLOSES THE WIND PASSAGE AND MAKES YOU BREATHE THROUGH YOUR MOUTH.

mucus it is permitted to flow into the throat; whereas, if the position on the side had been taken, the mucus would have remained in the nose.

A person who has a severe cold in his head finds his lips red, swollen and cracked on account of the passage of mucus from his nose. In the same way, but to a higher degree, does this injurious secretion affect the delicate skin of the throat when it is allowed to enter there.

Affections of the ear, the internal passage of which opens in this region, are also facilitated by the same cause.

Dr. Madeuf noticed that diseases of the nose, ears and throat, so common in Europe, are very rare in Algeria. The reason of this he attributed to the fact that the Arab mother puts her child to sleep on a mat; with one or two light coverings. The hard couch was made necessary by the climate, but it also served a valuable purpose in obliging the child to sleep on its side, and not on its back. Thus it stood a better chance of growing up without weakness or disease of the throat, ears and nose.

The American child is in this respect less well off than the half-civilized Arab. It is usually put to bed on a pillow of down or feathers. Then, more often than not, it lies on its back, turns up its little face, and is in a fair way to develop the terrible diseases mentioned.

In this country grown-up persons have happily discarded the unwholesome feather bed to a greater extent than in Europe; but when the seeds of disease are laid in infancy they develop in maturity.

### The Diagnosis Complete.

An earnest dissertation on the destiny of nations in general and on that of this country in particular was interrupted by the advent of the orator's wife.

"Beriah," she said "would you mind my takin' a hand in the argyment?"

"'Taint no argyment," he answered. "All of 'em agree with wat I say."

"Well, mebbe I could help explain."

"I dunno's I see how ye kin."

"Just ez I got here I heard ye say thet what we suffer from is havin' too many men lookin' for work an' not findin' it ter do."

"Thet there's the condition of things."

"Well, thet ain't whut causes the hull trouble. It's bad enough, but it ain't all."

"What's the rest of it?"

"The rest of the trouble is thet men es has work ter do 'll look the other way an'set around talkin' politics an' finance, leavin' their wives ter run the farm an' ten' ter the live stock, not countin' the children, the best way they kin. That's the rest o' the trouble, Beriah."—Detroit Free Press.

### The Russians as Linguists.

The Russian woman, according to philologists, is a linguistic prodigy. Almost any daughter of the Muscovites, it is said, can learn six languages in eighteen months, without the medium of study, provided she is allowed to spend three months in each of the countries. For some unexplained reason, Russian girls excel Russian boys in this faculty, though both seem phenomenal to other races. Probably it is merely the result of the feminine mimetic power.

### Bah ?

What is the use of growling about your poor shaken nerves and pale face? All you have to do is buy a 25c box of Miller's Iron Tonic Pills at Wade's drug store. They will build you up in short order

### Answer This.

Can you find a case of Bright's disease of the kidneys, diabetes, urinary or liver complaints that is curable, that Hop Bitters has not or cannot cure. Ask your neighbors if they can.

The Bay of Quinte Ry. new short line for Tweed, Napanee, Deseronto and all local points. Train leaves City Hall depot at 3:30 p.m. R. J. Wilson, agent, C.P.R. telegraph office, Clarence street.

Have no equal as a prompt and positive cure for sick headache, biliousness, constipation, pain in the side, and all liver troubles. Carter's Little Liver Pills. Try them.

When Baby was sick, we gave her Castoria.
When she was a Child, she cried for Castoria.
When she became Miss, she clung to Castoria.
When she had Children, she gave them Castoria.

# A Montreal Buisness Man

## Won the Battle Through His Wife's Advice.

A short time ago a Montreal business man returned from a New York private hospital, to which institution he had gone last February for treatment.

The case was a serious one— kidney disease — and had baffled the skill of the local doctors. The New York specialist, after a month's close attention could not hold out very strong hopes of a complete cure, but advised patience and continued treatment.

The sick man, hoping for better results, remained for some weeks longer, but finally left for home sick, unhappy and despondent. Upon his arrival in Montreal, friends were alarmed when they found his condition had not improved, and some recommended a sea voyage.

The sick man's wife having heard of the wonders accomplished by Paine's Celery Compound in cases of kidney disease, urged her husband to give it a trial. A supply of the medicine was procured and used faithfully, and the diet list— prepared specially for those afflicted with kidney troubles— was closely followed.

After three weeks' use of Paine's Celery Compound, a blessed and happy change was observed. The patient was bright and stronger, no constipation, no backache, urine was more natural in color, and appetite was healthy and established.

After due care and attention, and the use of Paine's Celery Compound, this Montreal merchant is well and attending to business to-day.

Poor sufferer from kidney trouble, what think you of this Montreal case? Will not the same treatment bring you the health and freedom from disease that you so much desire? Yes, we are certain it will.

Paine's Celery Compound will quite renew your life, and give you a long lease of happy days. Use the kind that cured the Montreal merchant; remember there are imitations, and very worthless ones too. 'Tis "Paine's" that makes people well.

### He's So Obliging.

"I can't make out how it is that Jim Johnson always gets such good places," said Harry Smith, the carpenter's son, to another boy, as they were returning home one afternoon.

And Harry was not the only one who thought thus, for Jim's luck was the talk of the neighborhood. Jim was certainly no pattern of cleverness, or beauty, or strength; he could not do more than others nor could he do it so well as many; but for all that, it was quite true he always had good places, good wages, and a good character.

When he left one employer to go to another, it was generally said: "I would not part with him if I could help it; he is a good boy, and so obliging."

This was the secret of his good luck—he was "so obliging." Did the merchant or the wagoner want an errand boy, or did any one want a job done at a moment's notice, it was only to get a sight of Jim, and it was as good as done; for Jim would hurry through his own business in order to help.

When he was at home he kept the wood box full of wood, and his mother never had to ask him to bring in a bucket of water, and many other little things did he do in a cheerful manner, so that he was a great favorite. And if he saw younger boys in trouble he would try to help them out; and he put on his shoes, after having taken them off, one pouring, rainy night, to walk two miles to the town for a parcel containing a new gown the carrier had neglected to bring to the kitchen girl, who was crying her eyes out because she could not have it to wear next morning at her sister's wedding. But it was not so much what Jim did as how he did it, that was so agreeable.—Our Companion.

### How Treasure Is Transported In China.

We have heard much, especially of late, of the diverting of public treasure to private gain by Chinese officials of rank, and the pitiable evidence of it in the failure of the Chinese army and navy to be ready for the inevitable struggle with Japan is too recent and convincing to be disputed; but on the other hand, we can only wonder at the power of this law of responsibility which, in such a land, enables the remotest province to transport its dues to Peking in solid silver, by the simplest means, without loss by the way and without the protection of a single soldier. Nothing impresses one more with the absoluteness of this power as applied to transportation than to meet a line of pack-mules, horses, or camels, loaded with silver bullion. The silver is usually confined in rough logs of wood that have been split, hollowed out, and then bound together, and each load is marked with a little flag of imperial yellow, stating the amount and destination. That is all the protection there is except the ordinary drivers, who carry no weapons, and are attended by no guard. In what other land on the face of the globe could the same be done?—"Responsibility Among the Chinese," by Prof. C. M. Cady, in Century.

### Can't Get It.

Diabetes, Bright's disease, kidney, urinary or liver complaints cannot be contracted by you or your family if Hop Bitters are used, and if you already have any of these diseases Hop Bitters is the only medicine that will positively cure you. Don't forget this, and don't get some puffed up stuff that will only harm you.

### Lansdowne Items.

LANSDOWNE, Aug. 15.—Alex. Cornett has sold his stock of dry goods and groceries to Herbert Horton, who has removed them to Phillipsville, where Hilliard Warren will take charge of them. The genial operator, John Kitchen, has been removed to Gananoque for a short time. Mr. Loveless has taken his place here. Miss Maggie Kerr has gone to spend vacation at her home in Madoc. Miss Josie Gray has returned to her home in Harrowsmith. John Shields will be able to occupy his handsome brick building next week. It does credit to the place. Dr. Shaw has left for a short time. Dr. McCammon, of Brockville, has taken his place. Our successful teacher, E. LaFontaine, has arrived to resume duties on Monday. David McLaughlin has recovered from his illness. The new creamery is progressing rapidly under the management of Messrs. Young and Kirker. Visitors: Miss Bryant, Brockville, at W. B. Warren's; Bennie Kirker and Gordon McLaughlin, of Rochester, at Benjamin Kirker's.

When children are pale, peevish and restless at night they require a dose or two of Miller's Worm Powders. They are pleasant to take; no physic required. Sold by E. C. Mitchell.

By Special Royal Warrant. Soap Makers To The Queen.
SUNLIGHT SOAP
GOLD MEDAL PARIS 1889.
Highest Award WORLD'S FAIR 27 Gold Medals and other Awards
Success Came To Sunlight Soap BECAUSE IT IS HONEST SOAP, PURE AND GOOD. IT MAKES WORK LIGHT & HOME BRIGHT.
Books for Wrappers
For every 12 "Sunlight" wrappers sent to Lever Bros., Ltd., Toronto, a useful paper-bound book will be sent, or a cloth-bound for 50 wrappers

## MEDICAL

The Tonic Digestive Diamond Dinner Pills

THESE BRISK LITTLE PILLS ARE EXACTLY WHAT IS ALWAYS NEEDED IN ALL CASES OF CONSTIPATION, SICK HEADACHE, BILIOUS ATTACKS AND DYSPEPSIA. SOLD EVERYWHERE AT 25c. A BOX. DODD'S MEDICINE COMPANY, PROPRIETORS, TORONTO, ONT.

BLOOD POISON
HAVE YOU Sore Throat, Pimples, Copper Colored Spots, Aches, Old Sores, Ulcers in Mouth, Hair-Falling? Write COOK REMEDY CO., 307 Masonic Temple, Chicago, Ill., for proofs of cures. Capital, $500,000. Worst cases cured in 15 to 35 days. 100-page book free.

## WOOD AND COAL.

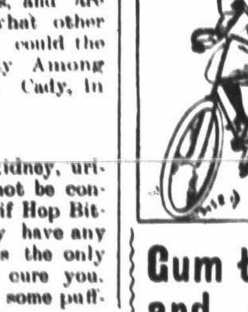
DUST WON'T BURN
......in a stove.
We can sell you coal dust at about $2.00 a ton. You would not want it for a gift.
We will sell you the best Coal in Kingston WITHOUT THE DUST, at
$5.50 a Ton.
CRAWFORD, Foot of Queen St
Telephone No. 9.

TELEPHONE NO. 133.
BOOTH & CO.,
(Successors to Breck & Booth,)
—DEALERS IN—
Coal & Wood
OF EVERY DESCRIPTION.
CORRESPONDENCE OFFICE—Corner Ontario and Queen streets.
SALES OFFICE & YARD—Corner Ontario and West streets.
BRANCH OFFICE Telephone No. 458. { J. A. Hendry's Office, corner Johnston and Ontario streets

ALL COAL LOOKS THE SAME, BUT QUALITY IS NOT.
SCRANTON
Insures unquestionable quality. Try it.
JAMES SWIFT & CO.

## EDUCATION.

Kingston Business College
Cor Princess and Sydenham Streets, (Odd-Fellows Block), Kingston.
INDIVIDUAL instruction in BOOK-KEEPING, SHORTHAND, etc. Preparation for CIVIL SERVICE examination.
FALL TERM begins Sept. 1st.
Excellent staff of Teachers. Make arrangements now. For particulars call at the College office or write to
J. B. McKAY, Prin.



Bicyclists use Adams Tutti Frutti
Gum to allay thirst and give staying power on long runs.
See that the trade mark name "Tutti Frutti" is on each 5c. package.
Save coupons inside of wrappers for latest books. 110

Varnish,
Japans,
Paints,
Oils.

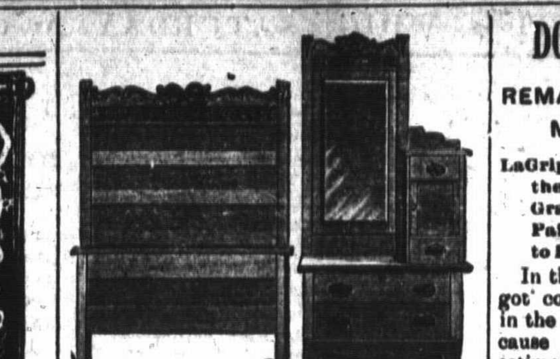
BAYLIS MANUF'G CO.
16 to 30 Nazareth Street,
MONTREAL.
The oldest and largest manufacturers of Varnish in Canada.

......THE......
Anaphrodisic
from Prof. Dr. Ricord, of Paris, is the only sure remarkable remedy for restoring manly strength under guarantee.
IMPORTED DIRECT FROM PARIS. Sole Agents for U. S. A.
A. RENKERT & CO.,
DRUGGISTS,
Corner Main and Adams streets, Memphis, Tenn. Price per box, inclose directions for use, $5.00. For Sale by all respectable Druggists.

## Children's Aid Society

For the Rescue and Care of Neglected and Ill-treated Children.

Office in City Building, Kingston, Rev. J. R. Black, Agent, in attendance from 11 a.m. till noon on Tuesdays, Thursdays and Saturdays.
Information confidentially treated. Telephone No. 311.
Will those who desire a child for adoption kindly communicate?



JULY AND AUGUST SPECIAL REDUCTIONS.

Oak Suite reduced from $65 to $54.
Oak Suite reduced from $40 to $37.
Fancy Maple Suite reduced from $60 to $48.
Curly Birch Suite reduced from $38 to $30.
Mahogany Suite reduced from $55 to $48.
Similar reductions all through. We gain by increasing trade. You gain by lower prices

T. F. HARRISON CO.

Massey's Magazine
FICTION NUMBER, AUGUST, '96,
Contains an article by MAJOR-GENERAL GASCOIGNE,
The British Army of To Day
Illustrated by A. H. Hider and F. H. Brigden.
Cuba in War Time
By FRANK L. POLLOCK. Illustrations from Photographs.
The Camps of American Canoe Association
By D'ARCY SCOTT. Illustrations from Photographs.
Stories by the following well-known authors: Duncan Campbell Scott, Clifford Smith, Byren H. Basinia, Edward F. Slack, Esther Talbot Kingsmill, and other matter of general interest.
Per Year, $1. 10c per Copy.
F. NISBET'S
The Corner Bookstore,
Corner of Princess and Wellington Streets

GET . . THEM WHILE THEY LAST.
Since we reduced prices on
TAN SHOES
They are going fast. If you need a pair don't delay.
SUTHERLAND'S, SHOE HOUSE.

'What's the Matter'
With papering the home now instead of waiting until fall!
Many families have closed up their homes and are away summering, giving a better chance for the work to be done without confusion and discomfort. Now's the time when Wall Paper can be bought for half the price it will be in the fall and when it costs less to put it on.
ROBINSON BROS.
Painters, Decorators, Glaziers, etc.
275-7 BAGOT ST.

Don't Spoil The Ship
For a ha'p'worth of tar. That's an old English saying. Don't throw away your boots when the heels, edges or shanks get red and rusty. LYNN BURNISHING INK polishes easily, finishes jet black and retains its brilliancy.
Quart bottle 25c.
J. CORBETT,
GENERAL HARDWARE DEALER.

Every $ Dollar
You spend with WALSH, THE TAILOR, brings its full return. Try our $4.00 Pants.
Opera - House - Block.

ARE YOU FOR Gold OR Silver ?
We take either in payment for anything in our store.
GREENBACKS Are also accepted.
HAMBLY'S HARDWARE HEADQUARTERS.
115 Princess Street, - Kingston

HANDSOME . . . . . . POSTERS
THE WHIG
DOES THE FINEST LETTER PRESS POSTER WORK IN CANADA.
References to Race and Celebration Committees.

CARPENTERS' TOOLS of every description at greatly reduced prices.
A. STRACHAN.

# DOCTORS GAVE HER UP

## REMARKABLE EXPERIENCE OF MRS. SALOIS, OF ST. PIE.

**LaGrippe, Followed by Inflammation of the Lungs, Left Her on the Verge of the Grave—Her Whole Body Racked With Pain—Her Husband Brought Her Home to Die, But She is Again in Good Health.**

In the pretty little town of St. Pie, Bagot county, is one of the happiest homes in the whole province of Quebec, and the cause of much of this happiness is the inestimable boon of health conferred through the use of Dr. Williams' Pink Pills. Mrs. Eva Salois is the person thus restored, and she tells her story as follows:— Like a great many other Canadians, my husband and myself left Canada for the States, in hope that we might better our condition, and located in Lowell, Mass. About a year ago I gave birth to a bright little boy, but while yet on my sick bed I was attacked with la grippe, which developed into inflammation of the lungs. I had the very best of care, and the best of medical treatment and although the inflammation left me I did not get better, but continually grew weaker and weaker. I could not sleep at

night, and I became so nervous that the least noise would make me tremble and cry. I could not eat, and was reduced almost to a skeleton. My whole body seemed racked with pain to such an extent that it is impossible for me to describe it. I got so low that the doctor who was attending me lost hope, but suggested calling in another doctor for consultation. I begged them to give me something to deaden the terrible pain I endured, but all things done for me seemed unavailing. After the consultation was ended my doctor said to me, you are a great sufferer, but it will not be for long. We have tried everything; we can do no more. I had therefore to prepare myself for death, and would have welcomed it as a relief to my suffering, were it not for the thought of leaving my husband and child. When my husband heard what the doctors said, he replied, then we will at once go back to Canada, and weak and suffering as I was we returned to our old home. Friends here urged that Dr. Williams' Pink Pills be tried, and my husband procured them. After taking them for some weeks I rallied, and from that on I constantly improved in health. I am now entirely free from pain. I can eat well and sleep well, and am almost as strong as ever I was in my life, and this renewed health and strength I owe to the marvellous powers of Dr. Williams' Pink Pills and in gratitude I urge all sick people to try them.

Dr. Williams' Pink Pills create new blood, build up the nerves, and thus drive disease from the system. In hundreds of cases they have cured after all other medicines had failed, thus establishing the claim that they are a marvel among the triumphs of modern medical science. The genuine Pink Pills are sold only in boxes, bearing the full trade mark, "Dr. Williams' Pink Pills for Pale People." Protect yourself from imposition by refusing any pill that does not bear the registered trade mark around the box.

### Personal Appearance of Tecumseh.

Tecumseh was the greatest Indian, next to Thayendanegea (Joseph Brant) that America produced. It will be interesting to the readers of Popular Science to learn of his personal appearance. Col. Wm. Stanley Hatch, in the year 1872, published a little book called "A Chapter of the War of 1812." Hatch was a volunteer in the Cincinnati Light Infantry, and acting assistant quartermaster-general of that army. His book is now rare.

He says: "His height was 5 feet 9 inches. His face was oval rather than angular; his nose handsome and straight; his mouth beautifully formed, like that of Napoleon I., as represented in his portraits; his eyes clear, transparent hazel, with a mild, pleasant expression when in repose or conversation, but when excited in his orations or by the enthusiasm of conflict, or when in anger they appeared like balls of fire; his teeth beautifully white, and his complexion more of a light brown or tan than red; his whole tribe, as well as their kindred, the Ottoways, had light complexions; his arms and hands were finely formed, his limbs straight. He always stood very erect, and walked with a brisk, elastic vigorous step, invariably dressed in Indian tanned buckskin."

### Hamilton's Butternut Pills — A Reliable, Non-Mercurial Purgative. One a Dose.

Every household should have always on hand a few simple remedies. No greater need than a safe, mild and efficient purgative can be mentioned and no remedy so exactly fills the bill as do Hamilton's Pills of Mandrake and Butternut. These pills contain no calomel, never gripe, act mildly, but most thoroughly upon the liver, and in a ward the best purgative medicine in the market. Sold by all druggists.

### Best Of All.

Quality and not quantity characterizes Wade's Mandrake Pills. You need only take one for a dose. Positive cure for sick headaches, stomach and lives disorders. 25 pills for a quarter, only at Wade's drug store.

## "SAVED MY LIFE."

**It's No Hopeless Wail, but Testimony With a True Ring to It for the Great South American Cures.**

### WONDERFUL TESTIMONIALS

RHEUMATISM.—The Great South American Rheumatic Cure is safe, harmless, and acts quickly. Gives instant relief and an absolute cure in one to three days; works wonders in the most acute forms of rheumatism and neuralgia. "I was crippled so that I had to use a stick to get about," writes James A. Anderson of Calgary, N. W. T. "At times I suffered untold misery. I tried every medicine under the sun—spent six weeks in the hospital under special treatment, without any relief. I was induced to try South American Rheumatic Cure. After using two bottles I threw away my stick and went to work, and have worked every day since, and that was two and a half years ago."

KIDNEYS.—"I believe it saved my life," is the positive testimony of James McBrine, of Jamestown, Huron Co., Ont., in speaking of the miraculous cure of a complication of kidney troubles by the Great South American Kidney Cure. This gentleman was so severely affected that his physician had to attend him daily to take the urine from him. The first dose gave him relief, and half a bottle cured him completely, dissolving all obstructions, and healing and strengthening the parts. South American Kidney Cure is a kidney specific only, and it does all that is claimed for it every time.

STOMACH AND NERVES.—Two thirds of all chronic diseases are due to disordered nerve centres. Cure the nerves and you will control the disease. South American Nervine has proved this thousands of times. It is a powerful nerve builder and, in cases of acute indigestion and dyspepsia, has effected marvellous cures. George Webster of Forest writes: "For a number of years I suffered greatly from nervousness, twitching of muscles and sleeplessness. I tried almost every known remedy without relief. I was induced as a last resort to try South American Nervine. The first bottle benefited me, and five bottles cured me. It is a grand medicine, and I owe my life to it." Sold by W. H. Medley, successor to N. C. Polson & Co.

# A VACATION IN EUROPE.

**Hints for Working Women Who, Going Abroad, Must Economize.**

Let us settle ourselves for a few days in Antwerp and make pension rates at 6 or 7 francs a day ($1.20 or $1.40)

There is a deal to amuse in Antwerp about the streets, on the quay and in the antique shops But there are more important sights

If we happen to be here on a Sunday, let us go to service in the cathedral, and there, peacefully resting under the Gothic arches, we can listen to the organ and the choir and the chimes above us ringing The incensed-ladened atmosphere in the dimly lighted church quiets our travel-tired brain, and we watch as though in a dream the townspeople, who come in to tell a few beads, or bring a votive offering to the Virgin, whose chapel is in the north aisle.

Before leaving the church we must see the Rubens' masterpieces "The Descent From the Cross" and "The Elevation of the Cross," and having seen them, the spirit of religion is stirred deeper within us than by any service we could have attended.

The rest of the day suppose we spend at the Museum. On Sundays and Thursdays it is free, as is also the Musee Plantin, which is, perhaps, the most interesting of things to see in Antwerp. It is well worth the fee of 1 franc (20 cents), provided we are not fortunate in being there on a free day.

It is scarcely worth while to pay the entrance fee for the Hotel de Ville. Its exterior is imposing, but the interior is not sufficiently interesting.

The Steen, formerly part of the Castle of Antwerp, is of interest as the seat of the Spanish Inquisition; but there are many extra centimes to be given for side shows, and unless we happen to visit it on a free day our curiosity will cost us about 2 francs (40 cents).

We do not see in Antwerp the peasant costumes nor picturesque bits of foreign life which we left behind in Holland, but we have, instead, tortuous, ill-paved streets, and irregular squares, while the peasant women, ashamed of their native gold head-dresses and frilled caps, attempt to hide their characteristic head coverings with home creations of modern tawdry bonnets.

Though one likes Antwerp, it is left without the same hesitation in leaving that we had at The Hague or Dortrecht, for, though historically it appeals to us, picturesquely we can find better things.

Therefore we take a trip of two hours to Ghent, which costs 3 francs 90 centimes (78 cents), and there we get a room and our meals for 5 francs ($1) a day.

The great attraction in Ghent is the possibility of stepping from the friction of our nineteenth century surroundings into the peace of a thirteenth century nunnery.

When once the gates of the Beguinage, this settlement of Sisters, is closed upon us, we are separated by a gulf of centuries from the troubles of our modern life. The brick paved streets lead us between rows of tiny houses, over the doors of which preside the different patron saints

As the sun is going down we enter the chapel, and in the fading light that filters through the windows we listen to the chanting of vespers

The Sisters all come to service, and while kneeling on the stone flagging they throw over their bowed heads a white linen cloth

These devout, motionless bodies grow more and more dim, as the glow of the setting sun fades from the sky, while the candles on the altar gleam more brightly—like guiding stars in the fast gathering gloom.

Still the Sisters kneel, and the white draperies covering their formless bodies seem to become a congregation of spirits. After the benediction, with noiseless tread, and speaking no word to anyone, the silent worshippers pass from the chapel to their own homes. If we are anxious to inspect the lace, the making of which is the occupation of the convent, we can, perhaps, get admission to a Sister's house, and, sitting in her immaculate kitchen, she will show us with pride her handiwork.

It is not often in Holland, nor in Belgium, that we see a ruin, but here, by taking the tram for 2 cents, we reach the crumbling Abbey of St. Bavon.

This old abbey, dating back from the eighth century, with the remains of fine frescoes, and ancient tombs hewn in sandstone, is well worth the admission of ½ franc (10 cents).

Having spent a day and a night in Ghent, we go on to Bruges. The trip costs 2 francs 80 centimes (56 cents), and we can be comfortable for a couple of days at the same rate we paid at Ghent.

Here let us see the picture gallery, ½ franc, and also pay 1 franc (20 cents) to go through the Hospital of St. John.

This last is the most interesting building to be seen in Bruges, and the pictures by Hans Memling will amply repay us for the visit, despite the fact that the hospital itself is worth our time and money.

A Sister of Charity takes us around the wards, and we see the care with which the patients are treated and all the modern appliances of the sick room, notwithstanding the mediaeval aspect of both exterior and interior of the hospital.

There are several private collections of pictures and "objets de vertu," but as each one costs an extra ½ franc, I think we would prefer to use this same money on a trip to Blankenberghe, a watering place near by.

Let us buy a third-class ticket and take a seat on the roof of the car, where we get a good view and an excellent idea of the Belgian country.

Blankenberghe is not especially pretty, but it is a typical watering-place, and more accessible for us than Ostende, of which it is a counterpart. The trip from Bruges takes scarcely an hour, and half a day will give us time to see all we want.

If we are inclined to views and think it worth our while, we can climb the belfry at Bruges, but it will cost 75 centimes (15 cents).

Let us now go on to Brussels—5 francs 20 centimes ($1.05) will pay for a second-class ticket, and we can find a comfortable pension for our few days' sojourn.

Our trip has cost us thus far:

| | |
| --- | --- |
| 9 days in Holland | $15 00 |
| 6 days in Antwerp, Bruges, Ghent | 12 00 |
| Total | $27 00 |
| Which, taken from $90, leaves $63. | |
| Living expenses at Antwerp, $1.40 a day, 2 days | $ 2 80 |
| Musee Plantin, 20 cents; Steen, 40 [redacted] cents | 60 |
| Trip to Ghent, 78 cents; to Bruges, 56 cents; to Blankenberghe, 19 cents | 1 53 |
| Living expenses at Bruges and Ghent, $1 a day, 4 days | 4 00 |
| Picture gallery, 10 cents; hospital, 20 cents; abbey, 10 cents, etc. | 40 |
| Tramways | 20 |
| Trip to Brussels | 1 05 |
| Total | $10 58 |

Tips and extras make it $12.—New York Morning Journal.

### Monumental Folly.

Not to get Dr. Hall's Famous Rheumatic Cure when you are down with rheumatism is monumental folly. It cures every time and the world knows it. Send to Wade's drug store for a 50 cent bottle at once. Tell your friends how it cured you.

### Wood Yard.

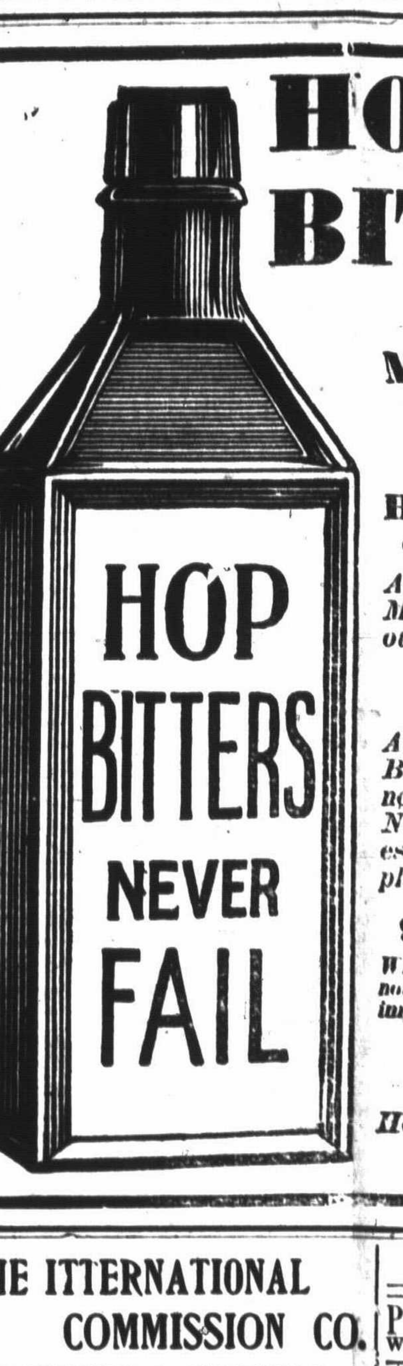
James Campbell, corner of Wellington and Barrack streets, always has on hand a good stock of best maple, cut and uncut, dry slabs, pine and cedar blocks. All cheap for cash. Telephone, 116.

Must not be confounded with common cathartic or purgative pills. Carter's Little Liver Pills are entirely unlike them in every respect. One trial will prove their superiority.

It is the best cough cure I have ever used says G. Fred Anderson, of T. S. Simms & Co., in speaking of Norway Pine Syrup.

Men who suffer from mental worry and overwork will find immediate relief in Miller's Compound Iron Pills. Sold by E. C. Mitchell.

SO MUCH COMFORT . . .
and happiness in these Corsets that we want you to know it.
Perhaps you have had trouble in securing Corsets that fit.
TRY OUR NEW MAKE.
75c.
$1.00. Every inch fits.
$1.25.
Also 50c. Summer Corsets.
J. LAIDLAW & SON.



HOP BITTERS
A MEDICINE, NOT A DRINK,
CONTAINS
Hops, Buchu, Mandrake, Dandelion,
*And the Purest and Best Medical Qualities of all others.*
Cures
*All Diseases of the Stomach, Bowels, Blood, Liver, Kidneys and Urinary Organs, Nervousness, Sleeplessness, especially Female Complaints.*
$1,000 IN GOLD
*Will be paid for a case it will not cure or help, or for anything impure or injurious found therein.*
TAKE NO SUBSTITUTE.
*Hop Bitters, 685 Broadway NEW YORK.*

THE ITTERNATIONAL COMMISSION CO.
BANKERS & BROKERS, BUFFALO, N.Y.
Stocks, Bonds, Grain and Provisions bought and sold for cash or on small margins.
Branch Offices, KINGSTON, ONT.
F. W. WAKEFORD, 4 Ontario Chambers Building. Telephone 495.
W. C. CONBOY, 20 Market Square. Telephone No. 52.

A PRESERVING WOMAN
Always requires Preserving and Pickling requisites. We have them They are: Corks of all sizes, Gem Jar Rubbers, Resin, Beeswax, Sealing Wax, &c. For pickling you want Cinnamon, Currie, Cloves, Allspice, Turmeric and many others. Bear in mind where to buy, at
HOAG'S
Drug Store, Opposite Windsor Hotel.

HOTEL REGISTERS
The WHIG Office makes a specialty of Hotel Registers.
NOTHING BUT THE FINEST and most correct work is turned out, from a Calling Card to a Mammoth Poster

An Ideal Summer Resting Place..
The Famed Sand Banks
WEST POINT, NEAR PICTON.
In many respects the most attractive Summer Resort in Canada. Easily reached over Grand Trunk Railway or by steamer to Picton. On the Lake Shore, in the garden county of Ontario, never too warm, with superb bathing, good fishing, driving and bicycling. The hotel is commodious and charges moderate. Families may secure the use of cottage if application be made in good season.
HYATT & McDONALD, Proprietors.

Ladies Favorite
Cook's Cotton Root Compound.
Is the only safe, reliable monthly medicine known. Druggists everywhere sell and recommend it.
One Dollar per box. By mail, One Dollar, Six Cents

JAS. REDDEN & CO.
Have secured the Agency of the
Celebrated Club House Tea
Blended specially by the packers for their trade. This is the finest Indian and Ceylon blend ever offered in Canada.

THOSE WHO HAVE SEEN THE
Ladies' Stearns Bicycle
Say it is the Prettiest Wheel in town. Call and see it. Finished in Black or Orange.
E. B. LOUCKS
HARDWARE. KING STREET.

STAMPS
RUBBER STAMPS OF all kinds. Self-Inkers, Linen Markers, Daters, Seals, Stencils, Bank, Ticket & Office Stamps, etc. Repairs promptly done. John Orvean, Whig Office.

## ARCHITECTURAL.

POWER & SON, ARCHITECTS, MERchants Bank Building, corner Brock and Wellington streets. Phone 212.

ARTHUR ELLIS, (Member of the Ontario Association of Architects), ARCHITECT AND APPRAISER. Offices—81 Brock Street, Kingston, Ont.

WM. NEWLANDS, ARCHITECT AND Appraiser, corner of Brock and King streets, over Wade's Drug Store. Entrance on King street, next to WHIG office.

## DENTAL.

S. A. AYKROYD, D.D.S., L.D.S. Dentist Office over Hobart's Medical Hall, corner Princess and Bagot Streets, Kingston. Telephone 510. Residence 115 York Street.

LEONARD CLEMENTS, L.D.S., DENTIST directly opposite the Post Office, Wellington street, Kingston. Established in 1857. Telephone No. 337. Residence, 254 King street East.

R. E. SPARKS, D.D.S., L.D.S., M.D., DENTIST. Office, 230½ Princess street. Residence, 132 University Avenue. Office hours, 9 a.m. to 6 p.m. Saturday evening, 8 to 10. Telephone 346. C. P. Sherman, D.D.S., L.D.S., Assistant.

## LEGAL

SMYTHE & LYON, BARRISTERS, SOLICItors, &c., Ontario Chambers.
E. H. SMYTHE, Q.C. H. I. LYON.

CHAS. F. SMITH, BARRISTER, SOLICItor, Notary Public. Commissioner for taking affidavits in Ontario for use in the Province of Quebec. Money to lend at current rates. Office, Anchor Buildings, Market Square, Kingston.

## FINANCIAL.

J. S. R. McCANN, ACCOUNTANT AND REAL Estate Agent. Rents and accounts collected. Money to loan at lowest rates. Office 332 King st., over Wade's Drug Store.

MONEY TO LOAN IN LARGE OR SMALL sums, at low rates of interest, on City and Farm Property. Loans granted on City and County Debentures. Apply to THOMAS BRIGGS, Manager Frontenac Loan and Investment Society. Office opposite the Post Office.

## VETERINARY.

GEO. W. BELL, V.S. AND D.V.D.S. DISpensary and Residence, 675 Princess street. Consultations free. Telephone 514. Branch office—Bibby's Livery, Brock street.

## HORSE LIVERY.

F. A. BIBBY, 129 BROCK STREET, THE leading hack and livery stable in the city Telephone No. 201.

## MEDICAL CARDS.

DR. H. RAMSAY DUFF, [illegible] BAGOT ST., formerly occupied by "Gold [illegible]" Telephone 89.

R. K. KILBORN, M.D., M.C.P. & S., LATE Medical Superintendent Kingston General Hospital. Coroner for city and country Office formerly occupied by the late Dr. Saunders. Telephone No. 342.

DR. STIRLING,
Corner William & Wellington Streets,
Telephone 530.

DR. R. H. ABBOTT,
56 William street. Telephone 517.

S. H. McCAMMON, M.D., C.M.
Member College Physicians and Surgeons, Ontario. Office, 19 Montreal street. Telephone 525.

## INSURANCE.

London & Lancashire Life Assurance Company.
PRACTICALLY A CANADIAN COMPANY WITH BRITISH SECURITY.
Reserves are deposited annually at Ottawa and now amount to one million dollars. Rates lower than the majority of offices Many and choice plans of insurance offered.
MILLS & CUNNINGHAM, Sole Agents, Kingston and District.

London, Liverpool and Globe Fire Insurance Company.
Funds over $52,000,000. In addition to which the policy holders have for security the unlimited liability of all the stockholders. FARM AND CITY PROPERTY insured at lowest possible rates. Before renewing old or giving new business get rates from
STRANGE & STRANGE, Agents.
W. J. FAIR, Special Agent, King Street under Ontario Bank.

Fire Insurance.
London Assurance Corporation
W. H. GODWIN, AGENT.