DOMINION LINE

Royal Mail Steamships LIVERPOOL SERVICE

VIA LONDONDERRY. From Montreal. From Quebec. " 18, daylight, Sept. 19th, 9 a.m Scotsman... Oct. 2, Scotsman..Nov. 6, MSS. CANADA will sail from Boston 11th

september, 14th October and 11th November Rates of passage to Londonderry or to First Cabin—\$52.50 to \$70 single; \$105 to \$133 Second Cabin-\$34 to \$36.25 single; \$66.75 to

Steerage to Liverpool, Londonderry, London, Glasgow, Queenstown, Belfast. \$22,50 to £23.50. Midship saloons, electric lights, spacious promenade decks.

J. P. Gildersteeve,

Agent, G.T.R. Station. 42 Clarence St. Richelieu & Ontario Navigation Company. THE SCENIC LINE OF AMERICA.

J. P. Hanley.



Double Service, Commencing Monday, October 4th.

STEAMERS CORSICAN AND HAMII Between Kingston, Hamilton, Toronto, 1,00 Islands, Bupids of the St. Lawrence and Mon-Leave Kingston Tuesday and Friday:-

Going East at 5 p.m. Going West at 10 p.m. Fares-Hamilton, \$4.50, return, \$8,50, To ronto, 24, return, 87.50, Montreal, 84 return \$7.50. Berths and Meals included both ways

Connections are made at Montreal daily for Quebec and the Saguenay. JAS. SWIFT & CO., P. HANLEY, Freight Agents. Passenger Agent.

\$1.00.

Sunday, October 31 PER STEAMER NORTH KING.

ONE DAY IN ROCHESTER.

Time Table :- Leave Kingston 5 p m. Arrive Charlotte 7 a.m. Returning, leave Charlotte p.m. Monday. Home Tuesday morning. Further particulars apply to agents. H. H. GILDERSLEEVE,

ALLAN LINE

For Liverpool (calling at Moville for Londonderry) every Saturday from Mon-

presl, calling at Quebec. From Montreal. From Quebec Ualifornia11th Sept12th Laurentian..... 18th Sept 18th Numidian 2nd Oct....... 2nd Carthaginian... 9th Oct...... 9th California......16th Oct......17th Parisian...... 30th Oct.......31st For tickets and every information apply to

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TRAVELLING-BY RAIL.

GRAND TRUNK BALLWAY

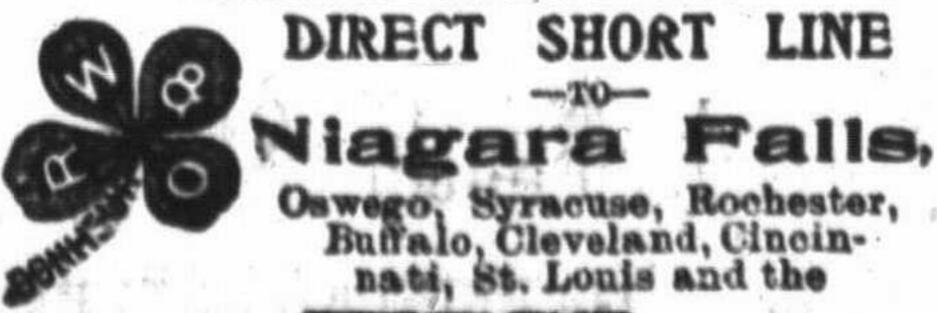
HUNTERS' EXCURSION To Muskoka Lakes, Bala, Beaumaris, Hamil's Point, Foot's Bay, Blackstone, Moon River District, Redwood, Port Cockburn. Maganetawan River, Rosseau, Penetang, Midland Argyle to Coboconk, Cameron to Haliburton, Severn to Norta Bay, Points on C. P. R. Mattawa to Nipigon and Spanish River via North Bay, inclusive SINGLE FIRST-CLASS FARE, going OCT.

17, 28,29, 30, and NOV 1st, 1867, valid for re-turn until Dec. 14th, 1867. NEW TIME TABLE.

GOING WEST. GOING RAST. No. 2 Express, 2.10 a.m. No. 3 Express. 1.20 a.m. " 4 Express, 1.10 p.m. " 7 Express, 12 40 p n 1 22 Mixed, 6.45 p.m. " 1 Express, 1.10 p.n.

Trains Nos. 1, 2, 3 and 4 run daily. No. daily except Monday. All other trains daily except Sunday. Train leaving at 12.00 noon, arrives in Ottawa at 5.50 p m., and train leaving at 2.10 a.m. has through Sleeper to Ottawa, arriving at 9.20 a.m. For tickets, Pullman accommodation and other information apply to

J. P. HANLEY, Agent. G.T. City Passenger Station Foot of John-



WEST. Rome, Utica, Albany, New York, Philadel-phia, Baltimore, Washington and the SOUTH Troy, Springfield, Hartford, Worcester, Providence, Boston and the

EAST. THRE TABLE: Steamer for CAPE VINCEN will leave KINGSTON daily (Sunday excepted) S A.M. and 2:30 P.M., connecting at Cape Vincent with trains to all points in the UNITED STATES.

Wagner Palace Sleeping Cars between CAPE VINCENT AND NEW YORK For lowest rates, time tables and reliable | design in rich white lace around the bo information apply to FRED. A. FOLGER, City Ticket Agent R. W. THEO. BUTTERFIELD,



Canada Pacific Railways

TRAINS LEAVE KINGSTON. 11:30 a.m.-For Ottawa, Montreal, Quebe inth. St. Paul. Winnipeg. Vancouver, Seattle

Costumes.

FANCIES IN FLIMSY FABRICS.

Favorite Materials For Dancing Gowns. Some Sample Costumes - Mantles For sories-Braid Grows In Popularity. (Copyright, 1897, by American Press Asso-

Now that the street and visiting garments have been made up after their several kinds and offered to levely woman the ball and ceremonious evening gowns are being developed from crude materials into fitting attire for the angelic beings they are to adorn. Curiously enough, the colder the weather the scantier the amount of

stuff put into the waist and sleeves.

fabrics with their dainty jeweled embroideries and the pretty fancies in silk floss worked in floral or geometrical designs. mentioned them only as they lay in their swathings of blue paper in the importers' warehouses and not as they now look, with | as the gowns. The majority are fitted in | little Missouri town which is turning out all the witcheries that Dame Fashion | the back by means of heavy folds, and osteopathists at the rate of half a hundred HAMILTON AND MONTREAL LINE. sist of flowers, feathers, ribbons, laces and are seen, but most of them are finished . jeweled beads and clevér embroideries. Silks and velvets, satins and the dainty thin stuffs that float upon the slightest | some soft, fluffy fur, swan's down or feath- | is a unique and interesting character. He breeze are all among the materials for the ers. They are lined richly with silks, gen- is a Virginian by birth and a physician by young, while heavy moires, peau de soie, erally in the light brocades, or the soft the same token—that is, his father was a satin duchesse, terry and lyons velvet and embossed brocades are presented for the more stately gowns for matrons. Some of these thick silks will almost stand

> The fine crepe lisses, the fishnets and the silk muslins are made in every conceivable style, the favorite being one where the outer skirt is of the mull or other goods and so gathered at the waist that it floats free and loose in the dance. Accordion plaitings are extremely pretty in the silk mulls. The fishnet silk laces are made very simply in some cases and in the most extravagant manner in others. One gown for a very grand ball had a skirt of pale pink silk muslin over a sulphur taffeta. By the way, this is quite a favorite fancy just now-the combination of sulphur yellow and pale pink. This skirt had six bias are other fancies in hoods and triangular other interests were dropped in order that ruffles of pinked out crepe lisse in butter color overlapping each other so closely and

a wide sash at the back, falling on the train nearly to the feet. The upper portion of the corsage was covered with white Russian lace net, draped very gracefully over the front to the top, leaving a jabot edge. There were lace epaulets over the short, puffed sleeves, and a pink damask rose with its foliage was daintily set above the right shoulder. A rather stately gown for a young married lady was of gold colored peau de soie. The skirt was cut in a deep train, but had no foot trimming or indeed any save four rows of ribbon put Evening Wear-Fans and Other Acces- | in in strap form, with fancy bows at the very quaint and picturesque. The front was open and filled in with pale lilac and black brocade. There were a narrow belt the sides and two in the back. There was embroidered in black and gold. The short | trammeled by orthographic limitations. sleeves had upturned cuffs, embroidered in a similar manner. Above this was have gone forth from Kansas to several drawn a scarf of white crepe lisse, beaded other states, are locally and commonly with fine gilt beads and pink pearls. This | known as bone setters or bone doctors. Some weeks ago I mentioned the thin scarf was drawn up on the shoulders into | They are heard of from time to time in puffed bows, and another was formed on | various localities and always as doin the bust. None of the best people will rushing business. They are not as wear a very low gown this season, so the | numerous enough to be generally know dressmakers say.

there are simulated or real sleeves. Hoods | a year. tea stain color. These are then picked out allopath of the old school. here and there with fancy beading. Metal bits of rich lace looped with ribbons.

To wear around the neck there are fluffy



NEW BALL COSTUMES.

a narrow pinked out ruche of the same The sleeves were very simple little puffs.

This seems to be a sort of model for most of the dancing gowns for the very young ladies, with some slight variations. The bertha is sometimes present and some times not, and the colors vary as well as the foot trimming, yet the general idea is " 19 Mixed, 6.45 p.m | the same. Hems with rows of narrow ribbons above are very popular, and, in fact, prettier than the more expensive doubled ruffles. The narrow footing Taces are seen in ivory and butter color, made into close ruches, and these one sees very often as a finish. In one very exclusive establish ment I saw a pure white silk mushin gown made over white taffeta.

The underskirt fitted closely around the hips and the silk muslin was cut to conform to it exactly, only a tritle looser. Over I this was a complete lattice work of butter colored valenciennes insertion half an inch wide, reaching to the bottom, where it ended in vandyke points over a full deep ruffle of valenciennes of the same color. with the insertion, and the neck was edged with a full plain frill of the wide valenciennes in the same width as that on the bottom. Pink in several shades, cardinal, magenta and turkey reds, blue in the pale. sky and electric shades, green in nile, sage and emerald, are all quite new in these evening goods, besides other colors. The yellows are sulphur, canary and straw. The yellows as a general rule do not look as well as the other colors at night, unless they are placed over or beside pure white. For young married ladies and girls in their second and third seasons the moires, pompadour and changeable taffetas are all favorite materials. One very handsom moire was in electric blue with an elegant tom, the pattern being woven so that there were points up the sides. There was corselet picce at the top. The waist was pointed with a graceful combination of lace and moire, with ribbon bows as finish. A bertha frill of the same pattern of lace extended around the neck. On one shoulder was a pert little bow; on the otner a tuft of ostrich plumes. The sleeves were

puffs of lace and silk. A pompadour stik was made in panels across the whole front, the panels being of KINGSTON & PEMBROKE the silk and the insets being of plaited fishnet, with a very narrow row of white valenciennes between the plaits. This fit ted to the figure like wax. There was demitrain in loose trumpet plaits, held position by length wise lines of featherbone The color of this gown was in the fain and shadowy pinks and greens over a delicate ashes of roses ground. Under the lace was pink silk. There was a draped girdle

Wood Yard.

good stock of best maple, cut and uncut, graph office, Clarence street.

gothered so full that the whole looked like | silk mull ruffs tied with ribbon to match, a roll of feather trimming. I would not and there are the sumptuous feather boas like to be obliged to pay for all that crepe in white, black, gray or other color. All lisse. There was another row of this ruf- of these are beautiful, and, moreover, they fling, but only two inches wide, put around are universally becoming, the oldest face the skirt in tablier fashion. The waist was | gaining something of softness and grace. of the taffeta, with a draped bertha of There are long gloves in a dozen new decrepe lisse and a belt and wide sash tied | signs in the light colors to match the even-From Brockville and West in Canada at | in the back, made of the lisse, edged with | ing shades of dress material. Some gloves | blocked channels and how to remove the have the clasps almost like jewelry and are in all the dark and brilliant colors of this

The fans for evening are both large and small. Some prefer very large ones, and for them there are gauze, beaded, embroidered or painted, and some are of white lace applied over black gauze. Some are spangled, and there are some very large feather fans in the natural colors and others are mottled with different colors. There are also black and white ones. These are very large, but the gauze and lace fans seem to me to be favorites. Dancing slipppers are of kid, plain, embroidered, beaded and also made with small bows of ribbon, with rhinestone buckles. Many of them are of satin, silk or brocade to match costumes.

Braid as dress garniture grows upon the popular taste as rapidly as did the rage for velvet ribbons, and it seems that human ingenuity has been taxed to its utmost to but six inches deep, and the back part was same up and down lines. It was an ex- the same principles. ceptionally neat and attractive design.

decorated in military style.

Directory For the Clergy. Mr. Daniel B. Vermilye, an attorney of Oxford, O., is getting out a clerical directory which will contain the names, birthplaces and brief biographies of the 5,000 and 20,000 Methodist ministers in Amer. cut rate healing for the masses. ica, and later he may take up the Baptist

The Bay of Quinte Ry, new short line for Tweed, Napanee, Deseronto and all local points. Train leaves City Hall depot

X.L. Lung Balsam, the AND COURS OF THE PROPERTY OF T

THEN DR. STILL STARTED A NEW SUHOOL OF HEALERS.

He Is a Natural Bone Setter and Has Performed Some Great Cures Without the Aid of Medicine-Calls His System Osteopathy and Has Many Followers.

Kansas has been held responsible for all bottom. The ribbon was in exactly the generally, and now it confesses to giving the preposition and adjectives in a like same shade as the gown. The waist was | the west a new style of healer. This time | manner. As an example of the terrific it is not an individual healer, like the late complexity possible as a result, Blade Schlatter, but a system of healing which gives 50 forms in the third persson singmay be acquired, and therefore which does | ular of the present indicative of the reguand a gold buckle. The rest of the waist not die out when the chief apostle is locked lar verb "to give" alone. Another classiwas in basque form, with gold buttons at | up or disappears. "Osteopathy" is the name given to the new healing system. a bertha cut to conform to the shape of It is a word which you will not find in the the shoulders, and this was stiffened and | dictionary, but Kansas people are not

The osteopathists of the west, for they but the time is not far distant when they Mantles for evening wear are as varied | will be, for there is an institution 1

The originator of this new medical fad with bertha capes, storm collars and revers, | is Dr. Andrew T. Still, formerly of Kanor simply great fluted ruff's, bordered with sas, but now of Kirksville, Mo. Dr. Sti. failles. There are some most beautiful, doctor. So were his three uncles, so are evening wraps, made of white cashmere or | his three brothers, and so are his three camel's hair, and others in light gray, sons, as well as his wife and one daughter. pale blue or pink. Tibet fur is seen on | The Stills are healers, you see, from way some of them, but moutlon oftener, and | back. Dr. Still served during the war as many are richly embroidered in silver or an army surgeon, and afterward settled gold threads and often beads. Heavy lace | down to the practice of his profession in is sometimes used in ecru, champagne or | Lawrence, Kan. At that time he was an

In 1874, so the story of the birth of osteand bullion fringe is also put upon the col- | opathy runs, four of Dr. Still's children lars, and, in fact, anything that is hand- | were simultaneously stricken with spinal some and rich answers for the purpose of | meningitis, and in spite of all skill and ornamenting the evening wraps. Dainty | medicine of the good old allopathic kind little knitted fascinators in fine split | they died. Then and there Dr. Still dezephyr, white, pink or blue, are wrought | cided that there was something radically with full ruche borders or scallops, edged | wrong with allopathy. So he gave up his with pearl beads, which jingle and make | practice, moved over into Kirksville, Mo., daintymusic as the wearer moves. There | and began to study along new lines. All he might pursue his investigations. His family was supported by his eldest son, who worked in a grocery store.

Little by little he worked out the theory of osteopathy and gradually put it into practice. His first success was the curing of a bad case of asthma, and for two years he traveled about hunting up asthma patients to practice on. At last he reduced



DR. A. T. STILL. his theories to what he thinks is a science

and since then he has been busy and pros-His theory is that the body, to be in a state of perfect health, must be in such a condition that the blood will circulate freely through the veins and arteries. Disease arises simply from the fact that something has stopped the free circulation of the blood through some of these channels. To know how to find the location of these the blood is forced through its natural passages. He uses an arm or a leg as he would the handle of a pump and the dis-

eased, clogged channels are flushed clean. This he calls the natural method. Physicians of the old school, Dr. Still says, at- tory is scandalous, her conduct is opprotempt to produce the same effects by the use of drugs which not only have a reactionary effect, but often entirely fail to her husband's name and her own act. Dr. Still uses no drugs at all. His tation, she sits enthroned on the pin-

up a bigger practice than he could handle | Europe, and within a few minutes on alons Dr. Still began to call upon the dif- the race course she wins a greater estate ferent members of his family to help him. | than her husband wasted on her. The athy. After much opposition he secured might have saved a multitude of hunger. devise different styles of applying it. One a charter from the Missouri state legisla- But in his office as the first gentleman of the prettiest ideas I have seen lately is ture to found a school of esteopathy. In of England he hastened to plead Mrs. Niagara Falls, The waist was blouse style and covered a blouse tailor gown with an arrange- 1895 a three story brick building was put Langtry's cause with the jockey club ment of narrow soutache, black on a up at an expense of \$30,000, which in it- that ruled her off the course. Here, then, gray green ground. It was sewed on in | self is an evidence that scientific bone set- is a modern Cressida, building fame, an up and down design, the front being | ting must be profitable, if nothing more. | fortune and royal honors on the wreck 20 inches where it ended at the back side | He has the stern manners of a doctor of the | manhood. Let the parsons construe this ceams. There was a corselet effect at the old school, but is said to have a most be- riddle and tell us more ingeniously how waist which reached in a point to 18 inch. nevolent nature. He refuses to do any kind honesty is the best policy in the case of es in the center and narrowed up at the of advertising, and his maximum charges | Lily Langtry and her unfortunate hussides. The sleeves were untrimmed, but are said to be \$25 a month for treatment. | band. on the lower part of the blouse, reaching | Hundreds of his patients pay nothing at to the bust, the braid was sewed in the all, and his sons conduct their business on

Michigan and Vermont. They have returned the dislike of the Episcopal ministers in the United States. regular physicians with good interest, The book is the idea of Rev. Mr. Lloyd of styling their associations as medical trusts Hamilton, O., and it is after the plan of a and denouncing them on every opporsimilar work published in England of the tunity. If the osteopathists increase as Established church cleruy, Mr. Vermilye | rapidly in the next decade as they have will follow this volume with others con- during the past two or three years it may taining sketches of the 8,000 Presbyterian | vet develop into a merry medical war with

> Soles For Slippers. Great variety at Abernethy's.

FRANKIGN PRICE.

That tired feeling will disappear, and you will be able to cat and sleep well by using Miller's Compound Iron Pills. Ladies fine evening slippers worth \$2.50

A DELIGHTFUL LANGUAGE.

The Basque, Which Condenses Half a Score

of Words Into One. In place of inflection, the Basue makes use largely of the E. called principle of agglutination. The different meanings are expressed by the compounding of several words into one, a device not unknown, to be sure, in Aryan tongues; but in the Basque this is carried much further. The verb habitually includes sorts of queer ideas and strange things parts of speech. The noun comprehends cal example of the effect of such agglutinaton occurs in the Basque word meaning "the lower field of the high hill of Azpcuelta," which runs

Azpilcuelagaraycosaroyarenberecolarrea. This simple phrase is an even match for the Cherokee word instanced by Whitney:-

Winitawtigeginaliskawlungtanawnelet-

meaning "they will by this time have come to the end of their (favorable) declaration to you and me." It justifies design. also the proverb among the French peasants that the devil studied the Basque language seven years and only learned two words. The problem is not rendered easier by the fact that very little Basque them before purchasing. literature exists in the written form; that the pronunciation is peculiar; and that the language, being a spoken one, thereby varies from village to village. There are in the neighborhood of 25 distinct dialects in all. No wonder a certain traveler is said to have given up the study of it in despair, claiming that its words were all "written Solomon and pronounced Nebudehadnezzar."

HOW TO EXAMINE A WATCH.

The Only Way to Appreciate Its Fine Mechanism.

To one who has never studied the mechanism of a watch, its mainspring or the balance wheel is a mere piece of metal. He may have looked at the face of the watch and while he admires the motions of its hands and the time it keeps he may have wondered in idle amazement as to the character of the machinery which is concealed within. Take it to pieces and show him each part separately—he will recognize neither design nor adaptation nor relation between them; but put them together, set them to work, point out the offices of each spring, wheel and cog, explain their movements, and then show him the result. Now he perceives that it is all one design-that notwithstanding the number of parts, their diverse forms and various offices and the agents concerned, the whole piece is of one thought, the expression of one idea. He now rightly concludes that when the mainspring was fashioned and tempered its relation to all the other parts must have been considered; that the cogs on this wheel are cut and regulated - adapted -to the ratchets on that; and his final conclusion will be that such a piece of mechanism could not have been produced by chance; for the adaptation of the parts is such as to show it to be according to design and obedient to the will of one intelligence. - Harper's Round Table.

Is Honesty the Best Policy?

Hiliary Bell writes in The New York Press: Speaking of feminine wickedness reminds us of the fact that honesty is the best policy has not been experienced by Mr. Langtry. Here was an honest man. He came of decent people and he lived decently. So far as can be ascertained, he never did anything to injure anybody, but remained as the poets put it-In manners gentle, in appearance mild; in wit a man, in simplicity a child. Yet for 15 years or more he has been the football of fate and buffeted by all the cuffs of unhappy fortune. His estate is gone, his youth is gone, his honorable name is gone, his home is gone, his dignity among men is gone, his mind is gone. Without in any way meriting misfortune, he has fallen into the bankruptcy of every hope that makes life worth living, and in his case honesty obstruction is to know how to cure the ill, seems to have been the worst of all His method of renewing the free circula- policies. That is, if his history is comtion of the life fluid is by manipulating | pared with the career of his wife. The the flesh and bones in such a manner that author of all his troubles and the Pandorn's box of countless evils on the stage. society and womanhood, has prospered exceedingly. Mrs. Langtry has broken every law that governs her sex, except the statute compelling beauty. Her hisbrious, her adventures could not h chronicled. Yet, after having destroyed two skilled hands are his only instruments. | nacle of worldly success, is about to Having claberated his science and built | marry into one of the noblest families in By this time his same had spread through Prince of Wales refused to mediate be-Missouri, and in 1892 he began to think of tween the striking engineers and their starting a school for the teaching of osteop- employers, although his arbitration Dr. Still is a man of many peculiarities. of her husband, her home and her wo-

How Linen Should be Marked

In stores which make a specialty of But for all this osteopathy has a hard fine napery orders are taken for the More ornamental though no more elegant | row to hoe. The medical profession is | working of letters when the linen is seeffects are obtained by using the picot | most jealous of its rights and prerogatives, | lected, so that it can be sent home in edged braid or a straight line of braid and its orthodox members do not look boxes ready for use. One financee will with a zigzag edge. Some of it is in sewed | kindly on innovations of any sort. They | choose two unpretentions initials placed figures and wide bands, put together firm- have been particularly active in making it | side by side and worked in plain raised ly, like passementerie, and ready to be annihensant for the bone doctors. In sev- satin stitch. Another chooses larger letstitched to the garment. The blouse eral instances they have caused the arrest ters, to be intricately interlaced and waists in thick cloth are frequently almost of the osteopathists on the charge of prac- elaborately worked with both solid and covered with these designs, and others are | ticing without a license. The defense of | open laced stitches. Huge ornamental the osteopathists has always been that they | monograms are also conspicuous on na-MATE LEROY. do not practice medicine, but merely pery and bed linen, as well as on teamanipulative healing. After a long and | cloths. Three letters are a good rule in hard fight in each state they have finally case of house linen, one for the respecsecured the passage of laws allowing them | tive initials of the Christian names of to practice in Missouri, North Dakota, the bride and groom and the third for the family name.

> Girl's School Boots. Good and cheap at Abernethy's.

The American public health association endorse the action of a number of churches in adopting the use of individual cups or chalices in administering the communion.

CASTORIA

For Infants and Children.

MOORE'S

THOUSANDS IN USE Reliable - Perfect - Economical

The Art Amherst Hall and Parlor Cook Stoves are fitted with the duplex Grate, Powerful Heaters, Economical on coal and handsome in

We have the largest assortment Stoves in the city. Examine

ELLIOTT BROS., 75 & 77 PRINCESS STREET.



Range quaran-

teed to give perfect

These

satisfaction.

BUCK'S

We claim that this is the greatest heater and the most economical Stove yet constructed. It s just as good a Heating Stove as the HAPPY THOUGHT is a Cooking Stove, and is saying very much in words.

We have a few Second-Hand Stoves in good repair for sale cheap for

69 & 71 Brock St.



Sole Kingston Agents, HAINES & LOCKETT

LOOKING FOR!

THIS BREAKS THE RECORD. Antique Oak finish, with

British bevel plate mirror. Exactly same as cut.

They will not last long. Come and get one.

Undertaker and Forniture Manufacturer JAMES REID, EOBERT REID, Manager.

At a Cowboy Dance. Git ver little sage hens ready. Trot 'em out upon the fleor. Line up there, you casses. Stradyl Lively new! One couple more. Shorty, shed that ole sombrero.

Proncho, decise that cigarette:

Stop yer e. win, Casimero,

Fore the ladies. Now, all set. S'lute ver ladies. All together. Ladies or posite the same. Hit the humber with yer leather, Balance all an swing yer dame. Bunch the heifers in the miquie. · Circle stags, an descedo.

Pay attention to the fidelle. Swing her round, an off you go. First four forward. Back to places. Second foller. Shuffle back. Now you've got it down to cases. Swing 'em till their trotters crack. Gents all r this a heel an toein. Swing 'em, kiss 'em if you kin.

On to next an keep a-goin Till yo' Lit yer pards ag'in. Gents to center, ladies round 'em. Form a basket. Balance all. Whirl yer gals to where yo' found 'em Promenade around the hall. Balance to yer pards an trot 'em Round the circle double quick.

Grab an kiss 'era while you've got 'em.

Hold 'em to it if they kick. Ladies' left hand to yer sonnies. Promenade like skeery cattle.

Alaman. Grand right an left. Balance all an swing yer honeys. Pick 'em up an feel their heft. Palance all an swing yer sweets. Shake yer spurs an make 'em rattle. Keno! Promenade to seats.

New Running Record.

An Englishman named Bacon recently ran 11 miles and 1,243 yards in an hour, breaking the famous record held by Deerfoot for 35 years. Deerfoot, whose real name was Bennett, was a half breed, and was born near Niagara Falls in 1826. George Martin, a famous manager of pedestrians, discovered the Indian while on a trip to this country. Martin persuaded Deerfoot to return with him to England. He at once assumed the leadership among the professional runners in England, and his exhibitions proved a drawing card that made a lot of money for Martin. The Indian always appeared in native lack of costume, his equipment in this respect consisting of a colored clout, a pair of running pumps, a necklace and a feather. W. E. George, when an amateur, made a areat attempt to lower Deerfoot's record in 1884. He was then considered the fastest ten mile runner living, and a special 12 mile handicap was arranged to give him a chance of surpassing the record figures. George just missed the record, completing 11 miles 932 yards in the hour.

A Foe to Strong Drink. Mrs. Wallace-Our milkman has been

attending temperance meetings, he tells Mr. Wallace -- Yes, and I am afraid it has had a bad effect on him.

"I think he has become so earnest a foe of strong drink that he has taken to

watering the milk."

When dizzy or drowsy take Beecham's pills