NERVOUS PROSTRATION.

Miss W. Childs-Blackburn Tells How She Was Cured.

"DEAR MRS. PINKHAM:—I take pleasure in acknowledging the effects of **Lydia E. Pinkham's Vegetable Compound.** In my estimation there is no female remedy to equal it. Weakness not properly attended to, together

MISS W. CHILDS-BLACKBURN,
Secretary Rock Island Literary and Art Society.

with the close confinement at my desk brought on **nervous prostration**, so much so that for a year I doctored continually. I tried different remedies which only succeeded in poisoning my system, and my stomach refused food. A neighbor who had suffered with **ovarian troubles** and **was perfectly cured,** called my attention to your Vegetable Compound and I made up my mind to give it a two months' fair trial. However, before one month had passed I was like a new woman, and after six weeks' faithful use of the Compound I was in perfect health. It certainly is of great benefit to women, and I wish every poor suffering woman could have a chance to try it. Yours very truly, MISS W. CHILDS-BLACKBURN, 2922 Fifth Ave., Rock Island, Ill."—*$5000 forfeit if above testimonial is not genuine.*

Nothing will relieve this distressing condition so surely as Lydia E. Pinkham's Compound.

Mrs. Pinkham advises sick women free. Address, Lynn, Mass.

CHIMERAS DIRE.

A Phenomena Not Explained by Scientists.

By a Banker

Amongst the many natural phenomena which have never been satisfactorily explained by scientists may be included that weird and remarkable hovering light which at times is to be seen in old, low lying churchyards and also over battlefields, known as Will o' the wisp or ignis fatuus, a phenomenon respecting which scientific men differ, not only as to its nature and composition, but also as to its cause. It would, however, appear that there can be no question but that it is a spontaneously ignitible gas, emanating, in more or less marshy ground, from decaying animal and vegetable matter.

In former times, when education was less universal, and superstition therefore more rife, this roving and dancing spectre-like flame hovering about amongst the tombs of a village churchyard, inspired the greatest terror and consternation. None but the very courageous would venture at night through a churchyard in which the ghostly visitant was wont to appear; and if necessity compelled him to do so, it would be with beating heart and trembling steps, and with a nervous dread lest he should see some disembodied spirit emerge from the grave to hover over the resting-place of its former mortal body.

The natural movements of these phosphorescent (or burning) flames certainly would tend to create alarm, for, being so lightly poised in air, if a person approached the phenomenon, the displacement of air would naturally drive it before him, whereas if he recedes from it the partial vacuum momentarily produced by his movement would cause the floating flame, or phosphorescence, to follow him. It is therefore intelligible that a lambent apparation, which the imagination could readily shape into a ghostly form, should inspire a certain amount of alarm and terror in the uneducated midnight pedestrian, when he found that the unearthly thing was unquestionably following him, and that if he plucked up sufficient courage to face it and advance towards it, it immediately retired before him; the quicker he moved, the quicker the movement of the horrible phantom, and if in his trepidation he should happen to stumble, the spectre would probably hover over his prostrate form, paralyzing him with fright and terrified dismay. For perhaps he would then expect that the grisly apparition was then and there about to carry him bodily off to the nether regions. Surrounded by tombstones and graves, and, as he imagines, by ghosts and hovering spirits, the pitiable condition of the wretched creature lying prone and trembling on the ground, so benumbed by abject fear that he cannot rise, may readily be imagined.

But though these grotesque shapes, which disordered imagination evolves from a natural phenomenon, are but unreal fantasias and chimeras, yet there are other shapes and spirit forms always hovering about us; some beneficent, some malignant. And those who conform their lives to the rules laid down in holy scripture, and, having accepted the mediation of the Redeemer, have become heirs of salvation, will ever be ministered unto by those bright angel forms; while those who forget their God, or who wilfully disobey Him, will be left alone to the evil power of those malignant evil spirits, which lull them into a false peace, and will at the last drag their soul down to ruin.

Alderman Carson states that with the limited finances at his command, he cannot understand how alderman Toye, chairman of the board of works, kept the streets and sidewalks in such good condition. Alderman White admits that alderman Toye made a good chairman.

Say, Miss! If you wish to keep on the right side of your young man, buy him one of Bob. Reid's chiffoniers for a Christmas present.

Nearly all our 60c. chocolates are included in these we are offering at 35c. a pound, or 3 lbs. for $1. All fresh. E. C. Mitchell.

Nobby neckwear, exclusive patterns, 50c. Bibby's.

BRIEF ITEMS OF SPORT.

THE MAIN TOPICS ENGAGING ATTENTION.

National Skating Championship—Offside Play in Hockey—A Champion Batter Dead in California.

The National skating championship races will be held at Verona, N. J., on January 31st and February 1st.

The United States will be represented in England in June, at the series of sports in connection with the coronation ceremonies.

It would seem that curling was surely invented for Toronto. The word "hog" has a prominent place in the rules of the game.

The Melbourne cup, the greatest race in Australia, had only nineteen acceptances this year, and eight of these represented four owners. One horse accepted because his owner bet £200 to £50 that he would start.

The Toronto Globe says: "Unless the R.M.C. visitors to Pittsburg last week were careful to see that Hern and Peel were not on any of the teams they played they will likely come under the discipline of the O.H.A." Bosh!

Offside play in Ontario hockey differs from that in Quebec and Manitoba, where a man can not be located on side. He must always be behind the puck when it is passed, whereas in the O.H.A. a man may be ahead of the puck and be put on side by his teammate skating up on even terms with him.

Napoleon Lajoie, champion batter of the American baseball league, died on the operating table at Santa Clara, Cal., Friday. He was injured in a railroad wreck. Lajoie was popular in the baseball world, and he was undoubtedly the best all round player in the American league. He was a French Canadian.

Melbourne Australian: The American jockey Ames rode two winners at Moonbidgee on Saturday. He rides in the "Sloan Style," and he is the only jockey in Australia that does. Torrens and others of our jockeys only imitate the crouching part of the last-named, and they do so in that case of the necessity to ride their horses against.

Irvine Orton, a younger brother of the champion long distance runner, who is now a student at the university of Pennsylvania, won the 600 yards run, and was beaten out by a yard in the 1,000 yards dash by Alexander Grant, of St. Mary's. Grant in addition won the two mile event. He also ran in the U of P. colors. In the two mile inter-collegiate relay race between Pennsylvania and Columbia, Irvine Orton ran in the final relay, and although he had to make up five yards he did it nicely, and, cutting out the pace all the way, won the event by three yards.

There's Many A Heart That's Wailing.

Peter Ryan.

Oh, there's many a heart that's wanting
With joy for the Christmas dawn,
Whose light soon around us breaking,
Shall herald the holy morn;
When hand to hand in their meeting
Will be clasping each other firm,
With a smile and Christmas greeting,
Receiving the same in return.

And in many a home on that morrow
Bright faces will gather around,
With never a care or a sorrow
To enjoy the good things that abound.
And in many a bright crafted fire
With laughter and song pass the time,
Having all that the heart can desire
With life like a bird's sweetest chime.

Oh hearts, that are filled with life's gladness,
Who have scarcely a thought of its care,
Who are tasting naught of its sadness,
You who live not by bright hopes alone,
Ere the light of the glad Christmas breaking
Shall herald the dawn in the east,
Seek a brother whose heart may be aching,
And help him to honor the feast.

For there's many a heart that's wailing
With a dread for the coming of morn,
Thought up in itself there is nothing
From the battle with life's daily storm.
Seek them out, you who can, ere cellar morning,
And God's love and blessing will flow
With the light that shall rise of the dawn
To cheer you where e'er you may go.

A Deadly Combination.

In a great issue of "The Plugger," published in the interests of the dental college of Omaha, Neb., appears an obituary notice containing the following sentence:

"It (the wish that he might recover) was a vain hope, for shortly after reaching Eureka, Cal., the hand of death overtook him, and this, combined with tuberculosis, hastened the end."

The sentence may seem all right at first glance, but a second reading discloses an amusing statement. After death had overtaken him, "tuberculosis set in and chastened the end." Death and tuberculosis would kill almost anybody.

A Good Fat Turkey.

Ald. Walkem, chairman of the civic waterworks committee, has set a good example for future chairmen to follow. On Monday he presented each official of the water works department, including pumping station, with a big, fat turkey. The gifts were appreciated.

How They Must Vote.

There are 2,250 property owners in the city, and in order to pass the Kingston foundry partial exemption by-law, 1,500 of these must vote for the measure. In the recent smelter by-law only 1,362 votes were cast favorably.

C. W. Dickson, recently returned from Columbia college, New York, underwent an operation in the general hospital on Saturday, for the benefit of his eyesight. He is recovering nicely.

Miss Kate Groonies, who has been visiting friends in Toronto, Guelph and Berlin, during the summer has now returned to her home to spend Christmas with her parents in Sydenham.

Stanley Claxton, of the Dominion cotton mills, Magog, Que., is in the city, spending Christmas with his parents.

J. F. Swift, met the late Maj. Ogilvy in the Yukon, and knew him as an upright, affable and generous officer.

R. Meade, M.A., Ottawa, is in the city to spend the holidays with friends on University avenue.

WATER WORKS STATEMENT.

The Department Developing and Growing In Importance.

At last night's meeting of the council, alderman Walkem presented the annual report of the finances and disbursements of the water works department, in part as here given:

"This being the time when my duties as chairman of the water works committee will cease, I deem it proper to submit a statement of the affairs of the system for the information of the council and ratepayers. The work of the year has been of the routine character, and owing to the careful attention given by the superintendent, the duties of the chairman have been comparatively light. The following is a statement of the revenue and expenditure for the year: Revenue—Water rates account, $30,405 revenue from other sources, $315; total, $30,721. Total working expenses, $14,202.53.

"The revenue shows an increase of $718.12 over 1900, while the working expenses are $595 more. This condition of things is caused by the higher price of coal, the fuel account being $129.84 more than in 1900, and the cost of the break on Wellington street, $609.

"Expenditure on capital account reached $1,718.63.

"One thousand two hundred and twenty two feet of new mains and fifty eight services have been laid during the year. The number of water takers has increased by seventy-five, making a total of 3,430. The sum of $5,650 has been paid off the debenture debt. The debt now is $262,850. The total number of gallons pumped during the year was 663,169,531, or a daily average of 1,817,560. The total number of hours pumped was 4,424, or a daily average of thirteen hours forty minutes.

"Two small fires occurred during the year in the coal shed, which have been fully covered by insurance, the sum of $280 being in the hands of the city treasurer for the purpose of repairing damage done. It will be necessary in order to avoid fires in future that ventilator shafts be erected in the shed to carry off the accumulation of gas. The debenture and interest account now amounts to $17,[illegible] 25.

"Summary—Total revenue, $30,721; working expenses, $14,202.53; debentures and interest, $17,590.25; total, $31,792.78; estimated surplus, $1,928.22.

"In conclusion I would recommend that some changes be made at the pumping house. An assistant engineer should be appointed who could at any time take the place of the present engineer, such assistant should be a skilled mechanic who could do any minor repairs that might be needed. These proposed changes should, I think, be taken up and considered by the committee of next year at the very earliest opportunity.

Praises For Two Men.

At Monday's meeting of the board of works, it being the last of the year, the aldermen took occasion to tender a vote of thanks to chairman Toye, who has presided so ably and economically during the past year. They pointed out that he had been an industrious, painstaking chairman, who had always worked hard in the interests of the city. He had presided over the committee's deliberations with tact and becoming grace. Before vacating the chair the chairman paid a tribute to city engineer Kirkpatrick. That gentleman, he said, was capable, industrious and economical. He had done hard work during the past year, and it would be difficult for a chairman hereafter to get an over draft, which in the past fourteen years, had amounted to over $40,000. The city should be proud of the position it is now in. The engineer deserved the thanks of the city for the good work he has done.

At St. George's Hall.

The annual Christmas tree entertainment, conducted by the Sunday school of the cathedral, was held in St. George's hall Monday night. The building was prettily decorated for the occasion, and there was a large attendance. A fine programme of recitations, songs and choruses was contributed by the children, while Dean Smith and Rev. G. L. Starr gave brief addresses on the festive occasion. At the close of the programme Santa Claus, in the person of Sergt. Huggins, of the R.M.C., made his appearance, and helped to distribute the many beautiful presents with which a large Christmas tree was laden.

A 'Xmas Treat.

The Bangor Times says: Thomas P. Kelley's big Lady Minstrels opened at the opera house last night and turned enough people away to fill an other theatre. The show is a rollicking string of handsome girls, clever comedians, new songs, dances and situations. No wonder the curtain never drops. There will be nothing for standing room, and very little of that, while Kelley's Lady Minstrels are here. Will appear in Victoria theatre on Christmas afternoon and evening.

Asked To Be A Candidate.

William Kelly, organizer of labor unions, has received a petition, largely signed by union men, requesting him to run as an independent candidate for the house of commons. The petition states that the electors believe that Mr. Kelly, by his broad mindedness, fairness and fearlessness, coupled with his knowledge of affairs, is eminently qualified to represent all classes. Mr. Kelly has not yet decided what to do.

To Have New Sewer.

The people of York street are to have a new sewer. The board of works recommended it and the council adopted the report. Mrs. Whitfield and Mrs. Watts addressed the council last night in support of the proposed sewer, and created a favorable impression by their straightforward and convincing arguments.

The stock broking house of McLelland & Co., Brock street, has closed. It was conducted by Brockville parties.

John Kelly, of Bay City, Mich., is home to spend his Christmas holidays.

Come early Thursday for double stamps. Grand Union.

INCIDENTS OF THE DAY.

PARAGRAPHS PICKED UP BY OUR BUSY REPORTERS.

The Spice of Every Day Life—What the People Are Talking About—Nothing Escapes Attention.

Merry Christmas to all our readers.

Not likely to be a green Christmas.

What church will you attend tomorrow?

The Whig will not be issued on Christmas day.

Linen collars. The new shapes 2 for 25c. Bibby's.

Double stamps until New Year's day. Grand Union.

Turkey will be the chief diet on tomorrow's table.

Genuine West India cocktails at McParland's. Try them.

Christmas eve a year ago, was a dark, mild and muddy day.

For the cheapest candies and the largest variety go to McLaughlin's.

Silk scarfs; a nice Christmas present for gentlemen, at J. P. Forrest's, King street.

'Tis said that clergyman intend to fall upon the necks of members who love cards and dancing.

Rev. C. E. Bland has been elected president of the Montreal Protestant ministerial association.

Charles O'Connor, Ottawa, who died in Ottawa on Sunday, was a graduate of Queen's university.

Sir William Wallace camp, No. 13, Sons of Scotland, met last night, and re-elected last year's officers.

We must not forget the babies. Rattan cradles only $2, children's rockers 75c. to $2.50, at R. J. Reid.

The new voting machines will be open to inspection in the office of the city clerk on and after Thursday.

M. B. Tudhope, barrister, Orillia, a Queen's graduate, was married on Saturday, to Miss Nellie Botsford, Toronto.

Cheap overcoats and double stamps until New Year's day. Grand Union.

The Frontenac hockey team acknowledges with thanks a donation of $25 from Hon. William Harty. It came as a Christmas box.

This morning mayor Kent gave further evidence of his generosity by presenting each member of the police force with a large goose.

Peter M. Collins, Helena, Montana, is visiting his cousin, W. J. Fair. Mr. Collins left Kingston twenty-seven years ago, and this is his first visit since that time.

Christmas the inmates of the penitentiary will enjoy the luxury of fresh pork, plum pudding, bread and butter, tea and coffee with milk and sugar, oranges and fruit.

Leather coats will last a life-time. Bibby's.

Mayor Kent has advised the city council that next year ways and means must be considered for the maintenance of the house of industry. The institution must be maintained.

The 14th band will play at the Kingston covered rink on Christmas afternoon instead of Tuesday evening, weather permitting.

Alderman Bell told council last night that he could rent an unlimited number of dwellings at $5 a month if they were available. There is a scarcity of dwellings suitable for workingmen.

Silk umbrellas for Christmas presents, at J. P. Forrest's, King street.

In speaking of the claims of Messrs. McCartney & Williamson, at last night's council meeting, alderman King used the word bluff, which led alderman Graham to remark that a "good deal of law is made up of bluff."

The new stiff hat for spring, $2. Bibby's.

Everybody says we have the swell line of parlor furniture for the money. Sell from $15 to $150. At R. J. Reid.

On the 5th inst., at Kilruane house, Menagh county, Tipperary, at the residence of her son, Sir Morgan Tuite, baronet, occurred the death of Frances, widow of late Maj. Gen. Tuite, R.A. Deceased was a sister of the late Mrs. Hinds, of Kingston, Ont.

What is prettier or more useful for a Christmas present than one of Bob. Reid's ladies' secretarys. From $3.50 to $25.

At yesterday's meeting of the fire and light committee, with alderman Behan in the chair, alderman King moved a hearty vote of thanks to chairman Farrell for the creditable manner in which he conducted the affairs of the committee during the year.

Our medicine and shaving cabinets, for $1.25 up, at Bob. Reid's.

We are selling a real seal purse for 65c., better value never was seen. E. C. Mitchell.

Referring in council last night to the request of the street railway company to double track certain streets, alderman Walkem characterized the attitude of the city as one of blackmail, in trying to exact new conditions from the company on an old agreement.

Living-tons for up-to-date overcoats.

It was reported in a Brockville paper that marriage had taken place between H. R. Bolton, of that town, and Miss Lizzie Campbell, of this city. We have the authority of both parties to say that the report is quite untrue, they fear that malicious persons have been at work.

Our brass and iron beds are sellers. We have had to repeat our order for the third time on them, at R. J. Reid.

THE MOST TALKED-ABOUT FOOD.

No other subject concerning home health and economy is receiving such close and devoted attention as the subject of breakfast grain foods. The advent of Malt Breakfast Food (the perfect health food) has brought joy, contentment and health into thousands of homes, and is the most talked-about food in the land. It is spoken of on the street, in our stores, in our colleges, in the best hotels and restaurants and on the great railway lines. Malt Breakfast Food on account of its exquisite deliciousness and health-giving virtues, stands far above all competing breakfast foods. It is relished by old and young, even the babies love it and thrive on it. All Grocers.

PRODUCE AND PRICES.

The Standard Rates Governing the Local Markets.

Kingston, Dec. 24.—The following is a corrected report of the local markets.

Ducks—Blue bills, 50c. a pair; redheads, 75c. a pair; black ducks, $1 a pair.

Oysters—40c., 50c. and 60c. a quart; canned oysters, in pint tins, 30c. a tin; Malpeque shell oysters, 20c. a dozen or 70c. a peck.

Fish—Smelts, 12½c. a lb.; bloaters, 20c. to 40c. a dozen; finnan haddie, 10c. a lb.; halibut, 15c. a lb.; salmon trout, 12c. a lb.; Seattle salmon, 15c. a lb.; salt salmon, salt trout, and salt mackerel, 10c. a lb.; smoked ciscoes, 10c. a lb.; salt ciscoes, 7c. a lb.; blue fish, white fish and mackerel, 12c. a lb.; salt codfish, 7c. to 15c. a lb.; lobsters, 30c. a lb.; little neck clams, 20c. a dozen; frogs' legs, 30c. a lb.; shad, 12c. a lb.

Grain—Soft wheat, white winter, and Canadian spring, 65c. a bushel; Northern, No. 1, 75c. a bushel; Manitoba, No. 1, hard, 77½c. a bushel; buckwheat, 48c. a bushel; barley, 44c. to 50c. a bushel; peas, 68c. a bushel; oats, 33c. to 35c. a bushel.

Fruit.—Jamaica oranges, 30c., 40c. a dozen; Mexican oranges, 30 cents to 50c. a dozen; California naval oranges, 30c. to 40c. a dozen; Florida, 40c. to 50c. dozen; pears, 20c. to 30c. dozen; Malaga grapes, 20 cents a lb.; cranberries, 12½c. to 15c. a quart; lemons, 20c. to 30c. a dozen; bananas, 20c. to 40c. a dozen; apples, $3.50 to $5 a bbl.

Vegetables—Potatoes, 80c. to $1, a bag; onions, 80c. to 90c. a bag; carrots, 40c. to 55c. a bag; turnips, 40c. to 60c. a bag; beets, 50c. a bush.; celery, 5c. to 7c. bunch; cabbage, 3c. to 6c. a head; cauliflowers, 10c. to 15c. a head.

Meat.—Yearling lamb by the carcase, 7c. a lb.; forequarters, 8½c. a lb.; hindquarters, 10½c. a lb.; hogs, live weight, 5c. a lb.; dressed, 8c a lb.; veal, by the carcase, 6c. a lb.; beef, forequarters, 4c. a lb.; hind quarters, 5c. to 5½c. a lb.; choice cuts, 12½c. a lb.; western beef, 6c. to 6½c. a lb.; beef tongues, 35c. each.

Hides—John McKay, Brock street reports the following prices: Beef hides, No. 1 6c. to 7c. lb.; deer skins, 10c. a lb.; dekin skins, 50c. to 60c each; horse hides, $2 to $2.25 each; rendered tallow, 5c. a lb.; unwashed wool, 8c. a lb.; washed wool, 13c. a lb.

Flour and feed—Hungarian patent, $2.10 to $2.20 a cwt.; farmers' flour and bakers' strong, $1.90 to $2 a cwt.; corn meal, $1.50 to $1.60 a cwt.; oatmeal and rolled oats, $5.30 to $5.50 a bbl.; bran, $19 to $20 a ton; shorts, $21 to $22 a ton; hay, $10 to $12 a ton; straw, $7 to $8 a ton.

Wholesale.

Butter—Creamery, 22c. a lb.; farmers', in prints, 18c. to 19c. a lb.; in rolls, 17½c. a lb.; baking butter, 14½c. a lb.

Eggs—Fresh, 25c. a dozen; lined, 18c. a dozen.

Cheese.—9½c. a lb.

Retail.

Butter—Creamery, 21c. to 25c. a lb.; farmers' in prints, 18c. to 20c. a lb.; in rolls, 17c. to 18c. a lb.

Fowl—35c. to 50c. a pair; chickens, 30c. to 50c.; turkeys, 60c. to $1 each; ducks, 75c. to 90c. a pair.

Eggs—20c. to 30c. a dozen.

Cheese—12½c. a lb.

Markets Elsewhere.

Montreal, Dec. 23.—There were about 350 head of butchers' cattle, 25 calves and 250 sheep and lambs offered for sale at the East End abattoir to-day. The butchers were present in large numbers and there was a brisk demand, with firm prices paid, for anything good in the shape of beef and veal and even the common stock brought better prices than they have been doing for a long time past. There were very few prime cattle on the market and G. Martel bought six of the best, paying 5c. per lb., for a choice heifer and 4¾c. per lb. for five others. Pretty good stock sold at from 3½c. to 4¾c. per lb., and the commons animals at from 2½c. to 3½c. do. Calves sold at from $3 to $10 each. Sheep sold at from 2½c. to 3c. per lb., and lambs at from 3½c. to 4½c. do. Fat hogs sold at from 6c. to 6½c. per lb., weighted off the cars.

Toronto, Dec. 23.—Wheat, white, bush., 70c. to 79c.; wheat, red, bush., 77c. to 78½c.; wheat, spring, bush. 67c. to 70c.; wheat, goose, bush., 66½c. to 67c.; oats, bush., 46c.; barley, bush., 54c. to 62c.; peas, bush., 78c.; rye, bush., 56½c. to 57c.; buckwheat, bush., 53c.; hay, per ton, $11 to $12; straw, per ton, $8 to $9. Seeds—Alsike, $7.75 to $8.50; Alsike, No. 2, $6.75 to $7.50; red clover, $4.75 to $5.40; timothy, $2.50 to $3; Dressed hogs, $8 to $8.25; butter, in pound rolls, 18c. to 21c.; butter, creamery, 20c. to 21c.; chickens, per pair, 40c. to 65c.; ducks, per pair, 60c. to 75c.; turkeys, per pound, 8c. to 11c.; geese, per lb., 6c. to 7½c.; eggs, held, per dozen, 25c. to 27c.; eggs, new laid, 40c.; apples, per bbl., $2.50 to $4; potatoes, per bag, 75c. to 90c.; turnips, bag, 25c. to 30c.; carrots, bag, 40c. to 50c.; onions, bag, 90c. to $1; beets, bag, 50c. to 55c.; parsnips, bag, 50c. to 55c.; cauliflower dozen, 50c. to $1; cabbage, dozen, 35c. to 50c.; celery, dozen, 40c. to 50c.; beef, forequarters, $5 to $6; beef, hindquarters, $7 to $7.50; beef, medium, carcase, $5.25 to $5.75; beef, choice, $6. to $6.50; lamb, $5.50 to $6; mutton, $4 to $4.50; veal, choice, $7.50 to $8.50.

Hopes To Be Cured.

I have used your remedy, Morin's
Dr. Ed. Morin & Co., Quebec.

Gentlemen,
Creso-Phates Wine, for chronic bronchitis and it is the only remedy which has given me ease. I hope that by continuing to use it, I shall be cured,
Yours, etc.,
HENRI LEMOINE DE MARTIGNY,
Montreal.

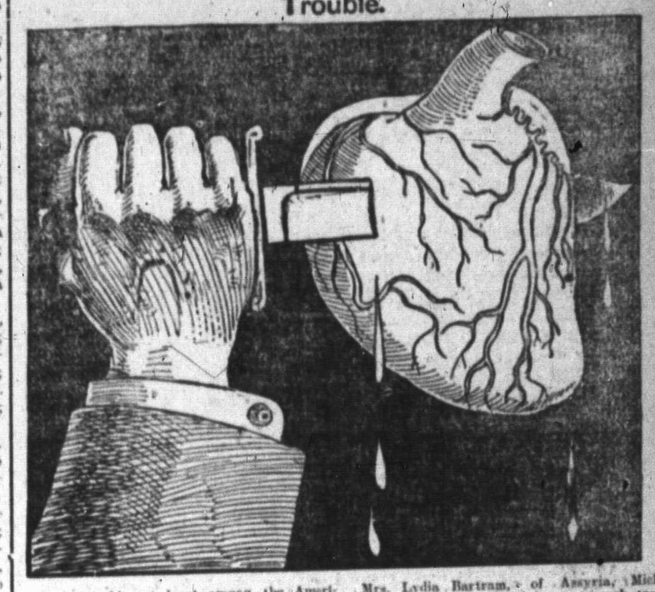
To Cure a Cold In One Day

Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

All the leading brands of imported and domestic cigars and cigarettes, at McParland's.

Heart Disease

Some Facts Regarding the Rapid Increase of Heart Trouble.



Heart trouble, at least among the Americans is certainly increasing and while this may be largely due to the excitement and worry of American business life, it is more often the result of weak stomachs, of poor digestion.

Real organic disease is incurable; but not one case in a hundred of heart trouble is organic.

The close relation between heart trouble and poor digestion is because both organs are controlled by the same great nerves, the Sympathetic and Pneumogastric.

In another way, also the heart is affected by the form of poor digestion, which causes gas and fermentation from half digested food. There is a feeling of oppression and heaviness in the chest caused by pressure of the distended stomach on the heart and lungs, interfering with their action; hence arises palpitation and short breath.

Poor digestion also poisons the blood, making it thin and watery, which irritates and weakens the heart.

The most sensible treatment for heart trouble is to improve the digestion and to insure the prompt assimilation of food.

This can be done by the regular use after meals of some safe, pleasant and effective digestive preparation like Stuart's Dyspepsia Tablets, which may be found at most drug stores, and which contains valuable, harmless digestive elements in a pleasant, convenient form.

It is safe to say that the regular persistent use of Stuart's Dyspepsia Tablets at meal time will cure any form of stomach trouble except cancer of the stomach.

Mrs. Lydia Bartram, of Assyria, Mich. writes: "I have suffered from stomach trouble for ten years and five different doctors gave me only temporary relief. A Mr. L. R. Page advised me to try Stuart's Dyspepsia Tablets, and four boxes did me more permanent benefit than all the doctors' medicines that I have ever taken.

Mrs. G. H. Crotsley, 535 Washington St., Hoboken, New Jersey, writes: "Stuart's Dyspepsia Tablets just fill the bill for children as well as for older folks. I've had the best of luck with them. My three-year old girl takes them as readily as candy. I have only to say 'tablets' and she drops everything else and runs for them."

Miss Lelia Dively, 4627 Plummer St., Pittsburg, Pa., writes: "I wish everyone to know how grateful I am for Stuart's Dyspepsia Tablets. I suffered for a long time and did not know what ailed me. I lost flesh right along until one day I noticed an advertisement of these tablets and immediately bought a 50 cent box at the drug store. I am only on the second box and am gaining in flesh and color. I have at last found something that has reached my ailment."

Phil Brooks, Detroit, Mich., says: "Your dyspepsia cure has worked wonders in my case. I suffered for years from dyspepsia but am now entirely cured and enjoy life as I never have before. I gladly recommend it."

Full sized package of these tablets sold by druggists at 50 cents. Little book on stomach troubles mailed free. Address, F. A. Stuart Co., Marshall, Mich.

Santa Claus

Leaves His Nothern Home and Heads for Crumley's.

His advance agent has left us sleigh loads of useful articles, suitable for Christmas Gifts. His Reindeers will be tired after the long journey; So we expect him to stable his Deers here and we will loan him White Rabbits for the remainder of his trip. Old St. Nick. and His Rabbits are now on exhibition in our window.

CRUMLEY BROS.,

FOR USEFUL CHRISTMAS GIFTS.

CHRISTMAS BOXES.

There is nothing will please the little ones better than a nice pair of SKATING BOOTS OR SLIPPERS. For the older people we have everything that is made for the season. You should call and see our immense stock of SLIPPERS, MOCCASINS, Etc., for Christmas.

A. ABERNETHY.

CHRISTMAS BARGAINS.

In future we intend holding two great Bargain Days, MONDAYS and THURSDAYS. Everything reduced. This is a few of the many bargains:

Fancy Oak or Mahogany Cobbler Seat Rockers, only $1.50.
Fancy Oak or Mahogany Parlor Tabes, only $1.50.
Fancy Oak or Mahogany Parlor or Music Cabinets, $1.50.
Fancy Screens, Filled Art Muslin, $1.50.
Fancy Ladies' Dressing Tables, all prices.
Fancy Easels, in Oak at 50c.
Fancy Jardinet's Stands in Oak or Mahogany, only 75c. Also Fancy Enamelled Stands, only 30c. Medicine Cabinets, Writing Desks, in great variety at

JAMES REID, THE LEADING UNDERTAKER

Store Open at Night. Mail Orders Promptly Attended to.