RESULTS OF FASTING.

AN ALBANY MAN WHO LIVED FIFTY THREE DAYS WITHOUT FOOD.

The fasting of Dr. Tanner has reminded one of the correspondents of the case of Reuben Kelsey, reported by the late Dr. James McNaughton, of Albany, as follows:

Kelsey, on the 2nd of July, 1829, declined to eat anything, assigning as a reason for fasting, that when it was the will of the Almighty that he should eat he would be furnished with an appetite. For the first six weeks he went regularly to the well in the morning and washed his head and face and took a bowlful of water into the house. With this he occasionally rinsed his mouth, and drank some of it. His parents were of opinion that he did not drink more than a pint of water in twenty-four hours. Compulsory means to make him take food were found unavailing.

On one occasion he went three days without taking even water, but on the fourth morning he was observed to go to the well and to drink copiously and greedily. On the eleventh day of his fast he stated to his friends that he did not felt so well nor so strong in two years as at that moment and consequently denied the necessity of taking food. For the first six weeks (forty-two days) he walked out every day and sometimes spent the greater part of the day in the woods. He walked steadily and firmly, and his friends remarked that his step was unusually elastic. He shaved himself until about a week before his death, and was able to sit up in bed to the last day.

His mental faculties did not seem to become impaired as his general strength declined, but, on the contrary, his mind was calm and collected to the end. His voice towards the last became feeble and low but continued distinct. Towards the close of his life he did not go into the fields, nor during the last week even to the well, but still he was able to sit up and go about his room. During the first three weeks of his abstinence he fell away very rapidly, but afterwards he did not seem to waste so sensibly. His color was blue, and towards the last blackish.

His general appearance was so ghastly that children were frightened at the sight of him. He died on the 24th of August, 1829, having lived fifty-three days without food. At that time of his death Mr. Kelsey was twenty-seven years of age.

This case was perfectly authenticated. The post mortem proved the man died of starvation, and that proved the sincerity of his delusion and his ability to go without food for forty-two days (Tanner's time) and not die till several days afterwards. So Tanner may hold out and save his life by eating. And he may not.—*Albany Argus.*

Lazy Husbands.

SIR,—I often read in your papers letters from women complaining of their husbands. Some say that their men will not work, that they are lazy and all the time scolding and abusing them. This, I believe, is true enough, for I live opposite a tavern, and it is enough to disgust anyone to see such a lot of loafers strolling around. To look at them you would think that if there was a shower of porridge that they would be too lazy to hold up a dish to catch it. How I pity poor creatures of women who are tied to such men. At home the poor drudge of a wife has to toil with a houseful of children, while their good-for-nothing husbands sit boozing round the tap-room. How I feel for the poor soul of a woman who has to sit up until midnight waiting for her lord and master to come home, and when he has made his appearance it is only to abuse his better-half for not having supper ready for him. How is she to have a supper? what will she make it of? It would provoke any of us if we had to keep the pot boiling without a fire. And it is enough to vex any woman to be mending and striving to keep house without any assistance her husband. You will find where there is a kind husband there is gentleness in the wife, and all work together right. I know that some women have long tongues. But take a peep into a barroom when a man's jaws are well oiled with liquor, and my word for it if they do not make more noise than a dozen women. The man that ill-treats his wife should be whipped, and would not I like to have a cut at him? I tell you what, sir, that if I were to abuse my wife the way some men do their wives, it would make a devil of her, gentle as she is. Kind words make kind echoes, and kind echoes beget kindness in return. Would to God that our judges would look more into this line of cruelty, and punish the offender more severely.

HUSBAND.

Rough on his Friends.

The owner of a rich villa, a Sicilian nobleman at Bageris, near Palermo, has a fondness for satire, which he has exemplified in a novel manner. After occupying it for some time he turned it into an artificial monastery, which you understand only after entering it. In the cloisters you see groups of monks standing, sitting and kneeling, and you are about to retire believing that you have invaded their privacy, when you discover that they are wax. They look exceedingly pious and solemn, as if they had entirely relinquished sublunary affairs, and fixed their hopes and thoughts on a very melancholy heaven. The sarcasm lies in their exact resemblance in face, form and manner to the nobleman's different acquaintances, noted for their worldly and selfish disposition—well-bred egotists and sycophants, who frequent the tables of the rich and hang on favors of the titled. Their secular expression is skilfully blended with one of sanctimoniousness, and yet the likeness is accurately preserved. The effect is ludicrous, and the figures are stinging sarcasms embodied in wax. The originals do not like it, as may be supposed, but they do not want to quarrel with the nobleman, of whom they speak as a humorist that will have his way, and so try to hide their chagrin. A number of new toad eaters have carefully kept away from the Sicilian's entertainments, fearing that they shall be reproduced in this monastery. Several attempts have been made, it is said, to burn it down by agents of the persons satirized.

Cabinet Changes.

Sir John Macdonald has gone to England to escape the importunities of his supporters for office. He is being unmercifully pestered by members of the Commons, who, seeing that the fate of the ministry is sealed, are anxious to get themselves shelved before the crash comes and the ship sinks. There is a commotion in the cabinet. As a matter of course ministers are to be provided for first, then commoners will be installed in their places, to be shelved to make room for others of the faithful in their turn. It is rumored that O'Connor, the Postmaster-General—the Tamworth *Echo* is to blame for that—is to go. Mackenzie Bowell, Her Majesty's Minister of Customs, is to have some soft sinecure. The Minister of Justice is to be provided for and the Minister of the Interior. The Baby is to be set on the bench.—*Express.*

TIMELY ADVICE.—Everybody at this season of the year is liable to sudden attacks of sickness, and it is important to have on hand a remedy, prompt in action and yet safe, able to young and old. Nerveline promptly cures chills, spasms and cramps. Nerveline never fails to cure vomiting, diarrhœa, cholera and dysentery. Nerveline is in fact the most useful family remedy in the world. Sold by Polson & Co.

LIFE IN NEW YORK.

SHADES OF NIGHT—THE TIME OF GREAT TEMPTATION, AND SIN AND DESTRUCTION.

One night often destroys a whole life. The leakage of the night keeps the day forever empty. Night is sin's harvesting time. More sin and crime are committed in one night than in all the days of the week. This is more emphatically true of the city than of the country. The street lamps, like a file of soldiers with torch in hand, stretch away in long lines on either sidewalk; the gay colored transparencies are ablaze with attractions; the saloons and billiard halls are brilliantly illuminated; music sends forth its enchantment; the gay company begin to gather at the haunts and houses of pleasure; the gambling dens are aflame with palatial splendor; the theatres are wide open; the mills of destruction are grinding health, honor, happiness and hope out of thousands of lives. The city under the gaslight is not the same as under God's sunlight. The allurements and perils and pitfalls of night are a hundred fold deeper and darker and more destructive. Night life in our cities is a dark problem, whose depths, abysses and whirlpools make us start back with horror. All night long tears are falling, blood is streaming. Young men, tell me how and where you spend your evenings, and I will write out the chart of your character and future destiny and leave blanks to insert your names. It seems to me an appropriate text would be, 'Watchman, what of the night?' 'Policeman, walking thy beat, what of the night?' What are the young men of the city doing at night? Where do they spend their evenings? Who are their associates? What are their habits? Where do they go in, and what time do you see them go out? Policemen, would the night life of young men commend them to the confidence of their employers? Would it be to their credit? Make a record of the nights of one week. Put in the morning paper the names of all the young men, their habits and haunts, that are on the street for sinful pleasure. Would there not be shame and confusion? Some would not dare to go to their places of business; some would leave the city; some would commit suicide.—Talmage.

False Impression.

It is generally supposed by physicians and the people generally that Dyspepsia can not invariably be cured, but we are pleased to say that GREEN'S AUGUST FLOWER has never, to our knowledge, failed to cure Dyspepsia, and Liver Complaint in all its forms, such as Sour Stomach, Costiveness, Sick Headache palpitation of the Heart, Indigestion, bad taste in the mouth, &c. Out of the 50,000 dozen bottels sold last year, not a single falure was reported, but thousands of complimentary letters was received from Druggists of wonderful cures. Three dose will relieve any case. Try it. Sample Bottles 10 cents. Regular size 75 cents.

For Sale by J. G. King, Kingston, and all first class Druggists.

A CARD.

To those who are suffering from the errors and indiscretions of youth, nervous weakness, early decay, loss of manhood, &c., I will send a recipe that will cure you, FREE OF CHARGE. This great remedy was discovered by a missionary in South America. Send a self-addressed envelope to the REV. JOSEPH T. INMAN, *Station D, New York City.*

KINGSTON & PEMBROKE R. R.

GOING NORTH.		COMING SOUTH.	
Leave	Mail No. 1	Leave	Mail No. 2.
Kingston	3.00 p.m	Mississippi	6.00 a.m
Glenvale	3.40 p.m	Maberly	6.30 a.m
Murvale	3.55 p.m	Oso	6.40 a.m
Harrowsmith	4.15 p.m	Sharbot Lake	7.00 a.m
Sigsworth	4.25 p.m	Olden	7.20 a.m
Hartington	4.30 p.m	Parham	7.40 a.m
Verona	1.45 p.m	Hinchinbr'ke	8.15 a.m
Bedford	5.05 p.m	Bedford	8.25 a.m
Hinchinbr'ke	5.15 p.m	Verona	8.45 a.m
Parham	5.50 p.m	Hartington	9.00 a.m
Olden	6.05 p.m	Sigsworth	9.05 a.m
Sharbot Lake	6.30 p.m	Harrowsmith	9.15 a.m
Oso	6.50 p.m	Murvale	9.40 a.m
Maberly	7.00 p.m	Glenvale	9.55 a.m
Mississippi	7.30 p.m	Kingston	10.00 a.m

Mixed Trains leave Kingston at 6.45 a.m., 8.45 a.m. and 11.45 a.m., and going South from Mississippi at 1 and 7 p.m.

GRAND TRUNK RAILWAY

Hours of Arrivals and Departures from Kingston Station, Montreal Time.

GOING WEST

	Arrive.	Depart.
Express	4.40 a.m.	4.40 a.m.
Express	4.15 p.m.	4.15 p.m.
Mixed	8.30 p.m.	6.00 a.m.

GOING EAST.

	Arrive.	Depart.
Express	1.25 a.m.	1.25 a.m
Express	1.55 p.m.	2.13 p.m.
Mixed	11 p.m.	6 a.m.

TICKET OFFICE.

TICKETS FOR SALE TO MANITOBA Dakota, Nebraska, Arkansas, Colorado, California, British Columbia and all points West FROM FIVE TO TEN DOLLARS CHEAPER THAN ANY OTHER ROUTES. ☞ Parties going West will find it to their advantage to give me a call. R. J. ELBEK, General Ticket Agent, Dom. Telegraph office.

CITY FIRE ALARM.

1. St. Lawrence Ward
2. Ontario Ward.
3. St. Paul's Church.
4. Barracks.
5. All Saints Church.
6. G. Newland's, Princess Street.
7. Corner of Barrie and Princess Sts.
8. Corner of Earl and Barrie Streets.
9. Queen's College Gate.
12. Downing's Brewery, King Street.
13. Dr. Strange's, King Street

BRITISH AMERICAN HOTEL

KINGSTON, ONT.

THE only first class hotel in the city with all modern improvements, combining the finest commercial sample rooms in the Province. Terms moderate. Omnibus attends all Express Passenger Trains. Wilson & Davis' First Class Livery in connection with Hotel. WM. DAVIS, Proprietor.

STOVES, STOVES.

Call and see the Crown Jewel Revertible Fire HALL AND PARLOR HEATING STOVE, the most successful Stove sold. ☞ Every Stove guaranteed. Also the

Crowning Glory Wood Cook Stove,

With large portable planished copper Reservoir; combines more important features than any other Reservoir Cooking Stove, and is the only low portable Reservoir Cooking Stove in the world with warming oven under the fire.

Examine my Stoves before buying elsewhere.

WM. DUNN,

PRINCESS STREET.

Oct. 3rd.

H. STALLERAFFE SMITH.

Bookbinder

—AND—

Stationer,

Anchor Buildings,

43 Brock Street,

MARKET SQUARE, Over Express Office.

7th, 880.

Removed to Wellington St.

W. J. MAHOOD

Will be found at No. 182 Wellington Street, second door from Waldron's Dry Goods Store, where his reputation for having

Fancy Goods

in great quantity and variety, retailing at wholesale prices, will be fully sustained. A large selection of FANS now offered, besides Children's Carriages, Vases, Toilet Goods, Jewellery and Baskets.

Kingston, June 10th, 1880.

Three Times a Week

—TO—

OSWEGO AND ROCHESTER.

Richelieu and Ontario Navigation Company.

ROYAL MAIL THROUGH LINE.

Commencing on TUESDAY, JULY 6th, one of the Steamers of the above Line will leave Kingston on

WEDNESDAYS, FRIDAYS and SATURDAYS at 5 a.m. for MONTREAL and QUEBEC, calling at Clayton, Wells' Island, Alexandria Bay, Brockville, Prescott, Cornwall and Coteau.

On TUESDAYS, THURSDAYS and SUNDAYS at 5 a.m., calling at Gananoque, Brockville, Prescott, Cornwall and Coteau.

At 5.30 p.m. for TORONTO and HAMILTON, calling at Cobourg, Port Hope and Bowmanville, DAILY, Mondays excepted (weather permitting).

On TUESDAYS, THURSDAYS and SUNDAYS at 4 a.m. for Clayton, Wells' Island, Alexandria Bay, Brockville and Prescott.

On TUESDAYS, THURSDAYS and SUNDAYS at 7 p.m. for Oswego and Rochester.

For Passage Tickets and any information apply at the Lake and River Steamboat Office, St. Lawrence Wharf, foot of Johnson Street.

Passengers going to the west can procure tickets via the Great Western, Detroit and Milwaukee and Michigan Central Railways, for Detroit, Chicago, Milwaukee, Grand Haven, and also for all the principal points in the West, and also via the Pacific Railroad to Utah, Nebraska, Colorado, Nevada and California.

A comfortable and convenient waiting room for ladies and gentlemen on the wharf.

C. H. HATCH,
Passenger Agent.

Kingston, July 6th, 1880.

For Montreal and Intermediate Ports.

The Commodious and Favorite Passenger and Freight Steamer

'ALEXANDRA,'

(CAPT. SMITH,)

WILL leave Trenton, head Bay of Quinte, every Monday morning, and Kingston nine o'clock p.m., for ports as above, running all the rapids, arriving in Montreal early Tuesday evening.

RETURNING leaves Montreal every Thursday at noon for River and Bay ports, arriving in Kingston Friday evening, leaving for Trenton Saturday morning at 7 o'clock

A. GUNN & CO.,
Agents.

May 29, 1880.

St. Lawrence River

Steamboat Company.

(Limited)

STEAMER leaves Ferry Wharf for Cape Vincent at 6.00 a.m. and 3.15 p.m.

For Wolfe and Garden Islands at 8.30 and 11.30 a.m., 2 p.m. and 4 p.m.

For Gananoque at 3.30 p.m.

Sundays leave for Wolfe Island and Garden Islands at 9.30 and 11.30 a.m and 1.15 p.m.

A steamer calls at Islands returning from the Cape in the evening.

June 21st, 1880.

L.S.L.

Take Notice!

This is the only Lottery ever voted on by the people of a State, and under a late decision of the U. S. Supreme Court at Washington, is the only Legal Lottery now in the United States, all other charters having been repealed or having no existence.

A Splendid Opportunity to win a Fortune. Eighth Grand Distribution, Class H, at New Orleans, TUESDAY, AUGUST 10th, 1880.—123rd Monthly Drawing.

Louisiana State Lottery Company.

This institution was regularly incorporated by the Legislature of the State for Educational and Charitable purposes in 1868, for the term of twenty five years, to which contract the inviolable faith of the State is pledged, which pledge has been renewed by an overwhelming popular vote, securing its franchise in the new Constitution adopted December 2nd, A.D., 1879, with a capital of $1,000,000, to which it has since added a reserve fund of over $350,000.

ITS GRAND SINGLE NUMBER DISTRIBUTION will take place monthly on the second Tuesday.

It never scales or postpones

Look at the following Distribution:

CAPITAL PRIZE, $30,000.

100,000 TICKETS AT TWO DOLLARS each

HALF-TICKETS, ONE DOLLAR.

LIST OF PRIZES.

1 Capital Prize		$30,000
1 Capital Prize		10,000
1 Capital Prize		5,000
2 Prizes of $2,500		5,000
5 Prizes of 1,000		5,000
20 Prizes of 500		10,000
100 Prizes of 100		10,000
200 Prizes of 50		10,000
500 Prizes of 20		10,000
1000 Prizes of 10		10,000
APPROXIMATION PRIZES		
9 Approximation Prizes of $300		$2,700
9 Approximation Prizes of 200		1,800
9 Approximation Prizes of 100		900
1857 Prizes, amounting to		$110,400

Responsible corresponding agents wanted at all points, to whom liberal compensation will be paid.

Write, clearly stating full address, for further information, or send orders by express or in a Registered Letter or Money Order by mail, addressed only to

M. A. DAUPHIN,
New Orleans, La.

or same person at

No. 319 Broadway, New York.

All our Grand Extraordinary Drawings are under the supervision and management of Generals G. T. Beauregard and Jubal A. Early.

BREAD! BREAD!

Another Car of that Choice Flour just in.

What is Better than a Good Fresh Soda Biscuit?

making them this afternoon. TRY A THREE POUND BOX.

H. & W. J. CROTHERS,
Wellington Street.

May 22nd, 1880.

VALUABLE FARMING LANDS FOR SALE.

THE undersigned having sold most of his valuable farming lands in the townships of Attica and Arcadia, now an agent for the owner, offers the same at reasonable prices either for cash or on time, to suit purchasers. These lands are high and rolling, and well adapted for wheat raising, being within an average distance of three miles of Chicago and Grand Trank Railway and a good wheat market. Well watered and plenty of timber for fencing. Address I. N. JENNESS, Agent, Attica, Michigan.

TO LOAN.

$60 000,

In Small or Large Sums, on Mortgage on Farm or City Property. Apply to

THOMAS BRIGGS
Manager Frontenac Loan & Inv't Society.

Kingston, March 5th, 1880.

FOR SALE.

THAT DESIRABLE PROPERTY, situated on the corner of King and Maitland Streets, opposite the Park, and for many years the residence of the late John Watkins, Esq.

For particulars apply to

R. C. McGILL,
Clarence Street.

Kingston, July 10, 1880.

Liverpool & London & Globe

FIRE AND LIFE

Insurance Company.

This is one of the Best Insurance Companies doing Business in Canada.

Invested Funds	$29,000,000
Investm'ts in Canada	900,000

Mercantile Risks taken at Lowest Current Rates.

Dwelling Houses and Farm Property insured for three years at as low rates as any safe office.

THOMAS BRIGGS,
Agent

Clarence Street, Kingston, March 5th, 18

OLD AND RELIABLE.

Western Assurance COMPANY,

Fire and Marine, Toronto.

Capital	$ 800,000
Assets	1,270,000
Liabilities	89,808
Surplus	1,180,592
Income for 1878	905,806

Risks taken on as favorable terms as those offered by any first class company.

S. S. FRIPPEN,
Agent for Kingston.

Kingston, Oct. 6th, 1879.

GUARDIAN

FIRE AND LIFE

Assurance Company.

(Established 1821.)

Subscribed Capital	£2,000,000 Stg
Total Invested Funds upwards of	£2,894,000 Stg
Total Income	£465,000 Stg
Funds Invested in Canada	$100,000.

Insurances against loss by Fire accepted at the lowest current rates and claims settled without reference to the Board in London.

ROBERT SIMMS & CO.
GEORGE DENHOLM.
Gen Agents for Canada
R. W. VANDEWATER,
Agent for Kingston,
Ontario street

Kingston, Jan. 1st, 1880.

Ætna Insurance Co'y.,

OF HARTFORD, CONN.

Capital paid in Cash	$3,000,000.00
Reserves for all Liabilities, including re-insurance	1,868,688.85
et surplus	2,130,659.31
Total Assets, July 1st, 1879	$6,999,348.16

Losses paid, $49,723,532.19 in 60 Years.

Is the leading Fire Insurance Company on this continent. Its annual Premium Receipts in Canada and the United States are greater than any other Fire Insurance Company, and it has an unblemished record of over 60 years.

JAMES SWIFT,
Agent.

Sept. 24th, 1879.

Phœnix Fire Insurance

Company, of London.

ESTABLISHED IN 1782.

AGENCY ESTABLISHED IN CANADA 1811. Unlimited liability of all the Stockholders, and large Reserve Funds. Moderate rates of premium.

GEO. A. KIRKPATRICK,
Agent, Kingston

1877

ROOM PAPER.

The Largest, Cheapest and Best Stock of

ROOM, HALLWAY

—AND—

DECORATIVE PAPER!

IN CENTRAL CANADA

AT THE

CITY PAINT SHOP

BAGOT ST

HAVING taken my son into partnership and being about to make alterations on our store, we will sell for the next two months our large stock of Room Paper, Window Shades, Bordering and Decorations at cost price.

Any person wishing to get cheap Paper should call and see our stock and prices before purchasing elsewhere.

House and Sign Painting, Graining, Glazing, Paper Hanging, Kalsomining and Window Shade Painting done in the best style, shortest notice and at the lowest rates.

W. ROBINSON & SON

Bagot St., between Princess and Queen Sts.

April 19

COAL DEPOT

JAS. SWIFT,

ST. LAWRENCE WHARF, KINGSTON,

WHOLESALE AND RETAIL DEALER IN

All DESCRIPTIONS of COAL

For House, Furnace, Blacksmiths' and Steamboat use. The best description of House Coal kept on hand under cover, screened and delivered to order at the lowest market rates.

☞ Country orders will receive prompt attention.

J. SWIFT.

Oct. 13th, 1879.

ONTARIO

Building & Savings' Society,

OFFICE—WELLINGTON STREET

Opposite St. George's Hall.....Kingston

WM. FORD, President. M. DORAN, Vice President.
Solicitor.....B. M. BRITTON, Q.C.

Subscribed Capital, $250,000

Savings Bank open daily from 10 a.m. to 3 p.m. Interest allowed on deposits.

Loan Department—Money advanced on the security of Farm or City Property. For further information apply to

JAS. McARTHUR,
Manager.

The "ONLY" LUNG PAD.

Manufactured by the "Only" Lung Pad Co., Detroit, Mich.

Absolutely cures Asthma, Bronchitis, Catarrh, Hay Fever, all Throat and Lung diseases, relieves and cures Consumption.

A trial of this excellent remedy costs you no more than one visit from your Physician, to say nothing of Prescriptions. The fact that disease can be cured by Absorption is well established. The "Only" Lung Pad contains the embodiment of the research of some of the best medical students and writers in the world, and cures. Sold by all druggists throughout the Dominion.

H. HASWELL & CO.,
148 and 150 McGill St., Montreal., P.Q.,
General Agents for the Dominion.

July 16, 1880.

TO SPORTSMEN.

A Large and well Selected Stock of Fishing Tackle, Rods, Flies, &c.

LAWN MOWERS!

CHEAPEST IN THE CITY, AT

FRASER & MOWAT'S,

P. Harty's Old Stand,

Dealers in Builders' and General Hardware, Water Lime, Portland Cement, Plaster Paris, Glass, Land Plaster from steel, &c.

Agents for the only reliable Rubber Paint in the market.

184 PRINCESS ST.

June 2nd, 1880.

ALLAN LINE!

Liverpool, Londonderry & Glasgow

CARRYING CANADIAN AND UNITED STATES MAILS.

Cabin, Intermediate and Steerage at Lowest Rates.

TWENTY-THREE splendid Iron Steamships, fair powered, double engined, Clyde built:

Parisian,	*Peruvian,*	*Nestorian,*
Sardinian,	*Scandin'n,*	*Canadian,*
Polynesian,	*Prussian*	*Grecian,*
Sarmatian,	*Caspian*	*Manitoban,*
Circassian,	*Hibernian*	*Waldensian,*
Moravian,	*N. Scotian*	*Phœnician,*
Acadian,	*Austrian*	*Newfoundland*
Buenos Ayrean,		*Lucerne.*

THE STEAMERS OF THE

LIVERPOOL MAIL LINE

Sailing from Liverpool every THURSDAY and from Quebec every SATURDAY (calling at Lough Foyle to receive on board and land Mails and Passengers to and from Ireland and Scotland) are intended to be despatched,

FROM QUEBEC.

Sardinian.....Saturday, June 5
Peruvian.....Saturday, June 12

Last train leaves the Grand Trunk Station Kingston, at 2.15 p.m. every Thursday.

RATES OF PASSAGE FROM QUEBEC.

Cabin.....$ 0 and $80
According to accommodation.
Intermediate.....$ 40
Steerage.....$ 25

Extra steamers for Liverpool will be despatched at regular intervals throughout the season.

The steamers of the Halifax Mail Line from Halifax to Liverpool via St. Johns, Nfld, are intended to be despatched as follows:

FROM HALIFAX

Hibernian.....Tuesday, June 8

TO GLASGOW.

The steamers of the Glasgow Line are intended to sail from Quebec as follows:

Buenos Ayrean.....About June 2
Manitoban.....About June 9
Phœnician.....About June 16
Grecian.....About June 23

Prepaid Passage Certificates

Persons wishing to send for their friends can obtain Passage Certificates at lowest rates. The tickets are good for one year and the amount is refunded, less a small deduction, if not used.

For Tickets and any further information apply to H. BOURLIER, General Agent, Toronto.

FOLGER & HANLEY, Agents,
Office, foot of Brock Street.

Kingston, April 30, 1880.

PEPPER'S QUININE AND IRON TONIC contains an unvarying amount of quinine and iron. It possesses all the powers of these valuable tonics in banishing diseases and symptoms traceable to weakness, a low state of the nervous system, or feebled condition of the body, and derangement of the general health.

PEPPER'S QUININE AND IRON TONIC strengthens the nervous and muscular system, improves digestion, and makes the spirits, recruits the health. For debilitated health from the effect of hot climates this tonic is invaluable.

PEPPER'S QUININE AND IRON TONIC renews and develops the nervous energies, enriches the blood, promotes appetite, dispels languor and depression, fortifies the digestive organs. Is a specific remedy for neuralgia, ague, indigestion, fevers of every kind, chest affections and in wasting diseases, scrofulous tendencies, &c. The whole frame is greatly invigorated by Pepper's Tonic, the mental faculties brightened, the constitution greatly strengthened, and a return to robust health certain. Bottles, 32 doses, 4s 6d.; next size, 11s. Sold by Chemists everywhere. The name of J. Pepper, Bedford Laboratory, London, must be on the label. There is no Tonic so certain in effect as Pepper's Quinine and Iron, it is strongly recommended to residents in India and the Colonies, and should always be kept ready for use in every case of fever or tropical emotion.

TARAXACUM AND PODOPHYLLIN. Prepared only by J. Pepper, London. This Fluid combination, extracted from medicinal roots, is now used instead of blue pill and calomel for the cure of dyspepsia, biliousness, and all symptoms of congestion of the liver, which are generally pain beneath the shoulders, headache, drowsiness, no appetite, furred tongue, disagreeable taste in the morning, giddiness, disturbance of the stomach, and feeling of general depression. It sets the sluggish liver in motion, very slightly acts on the bowels, giving a sense of health and comfort within 24 hours. It is the safest medicine. Taraxacum and Podophyllin is a fluid made only by J. PEPPER, Bedford Laboratory, London, whose name is on every label. Bottles, 2s 9d and 4s. 6d. Sold by all Chemists. A most valuable and essential medicine for India, Australia, the Cape, and Colonies generally.

LOCKYER'S SULPHUR HAIR RESTORER will darken grey hair, and in a few days completely bring back the natural colour. The effect is superior to that produced by an instantaneous dye and does not injure the skin. Large bottles 3s 6d. Lockyer's is equal to the most expensive hair restorer.

LOCKYER'S SULPHUR HAIR RESTORER is the best for restoring grey hair to its former colour. It produces a perfectly natural shade, and is absolutely harmless. Recommended for destroying scurf and encouraging growth of new hair.

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by its supplying all the essential constituents of the blood and nerve substance and for developing all the powers and functions of the system to the highest degree.

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Permanent Cure of

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Liver complaints,	Impaired digestion,
Palpitation of heart,	Mental and physical depression,
Dizziness,	Consumption (in its first stages),
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Loss of energy and appetite,	Nervous fancies,
Hypochondria,	Impoverished blood,
General debility,	Nervous debility in all its stages,
Indigestion,	Premature decline,
Incapacity for study or business,	Shortness of breath,
Lassitude,	and all morbid conditions of the system arising from whatever cause.

THE ACTION OF THE VITAL RESTORATIVE IS TWO-FOLD,

on the one hand increasing the principle which constitutes nervous energy, and on the other the most powerful blood and flesh generating agent known; therefore, a marvellous medicine for renovating impaired and broken-down constitutions. It quickly improves the function of assimilation to such a degree that, where for years an emaciated, anxious, cadaverous and semi-vital condition has existed, the flesh will rapidly increase in quantity and firmness, and the whole system return to a robust state of health.

The Vital Restorative

acts electrically upon the organization for instance, it assists nature to generate that human electricity which renews and rebuilds the osseous, muscular, nervous membranous and organic systems. It operates on the system without exciting care or thought upon the individual as to the process. It moves the lungs, liver, heart, kidneys, stomach and intestines with a harmony, vigour, yet mildness, unparalleled in medicine.

The Vital Restorative

gives back to the human structure, in a suitable form, the phosphoric or animating element of lifewhich has been wasted, and exerts an important influence directly on the spinal marrow and nervous system, of a nutritive tonic and invigorating character, maintaining that buoyant energy of the brain and muscular system which renders the mind cheerful, brilliant, and energetic, entirely overcoming that dull, inactive, and sluggish disposition which many persons experience in all their actions.

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