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CONSUMPTION
CAN BE CURED
IS A FACT ATTESTED BY THE HIGHEST MEDICAL
AUTHORITIES IN THE WORLD.

NERVOUS DEPRESSION.
Hints to Suffering Patients—SUGGESTIONS THAT WILL BE REFRUITFUL.
The chief part of the cure has with the patients. Change exercise, fresh air, diet, tonic—all these together will not cure any one who gives up and gives away. The aim of the patient must be to discharge and even daily his anxieties, impressions, languor, or whatever forms his sufferings may take, and just go on as usual, doing all he can to forget self. Nervous people often rally wonderfully under a period of acute excitement, sometimes even under sudden trial. They surprise their friends by their activity and endurance, and accomplish the otherwise impossible. Let us illustrate our meaning in one or two particulars. Suppose a patient so severely depressed that he can hardly be persuaded to move. He must begin; he must try.

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Notice of Marriages—One Dollar
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