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A LONG CRY OF NEGLECT.

Hon. Howard Ferguson, Ontario
Prime Minister, was in New Ontario
before coming in this direction to
speak at Arnprior and Renfrew, says
the Renfrew Mercury, and in his
speech at Cochrane he criticised the
Government of the Rt. Hon. Mackenzie
King for "not giving Northern
Ontario a fair chance in the last few
years." There must be many a man
in Eastern Ontario, both Conservative
and Liberal, who will feel that
Northern Ontario has fared quite as
well at the hands of the Federal
Government as Eastern Ontario has
fared in recent years at the hands
of the Ontario Government. There
has been one long cry of neglect on
the part of Eastern Ontario, but the
cry has evidently not reached the
ears of the authorities at Queen's
Park, Toronto.

ANOTHER MEDICAL SCHOOL.

The University of Saskatchewan,
at Saskatoon, has taken another
step forward in the establishment of
a medical school marking wide ex-
pansion of the province's main edu-
cational institution. The Saskatoon
Star in noting the advance at this
successful seat of learning says "a
high standard has been set, which is
well, since universities are often
judged especially by the quality of
the medical practitioners they turn
out. It is an encouraging fact that
a number of students who took pre-
liminary medical or other scientific
work here have done brilliantly in
other universities. One reason is
doubtless the excellence of the labora-
tory equipment. The scientific
work-rooms at the University of
Saskatchewan have been highly
praised by good judges."

Saskatoon has always had high
ideals in education, set before the
people by governments forming the
best in every line of development.
The university, maintained by the
government, is exceptionally well
managed and in the various courses
pursued, has the leadership of the
best minds Canada can provide. In
its economics branch it is led by Dr.
Swanson, a Queen's man of excep-
tional brilliance and whose work
ranks among the best on the contin-
ent.

AVOID CREATING FEARS.

Many a mother and many a maid
have the time of their lives soothing
a troubled little soul to go to
sleep in the dark. It is possible, of
course, to train a child from his
cradle to be alone in an unlighted
room, but too many of them, when
they have developed a certain de-
gree of intelligence, have fear in-
stilled in their minds and their emo-
tions are quite distressing when left
alone in the blackness of an unlit
room. Too many unwise fears are
created by unwise persons, too
many threats are made which rise
up to impress them with dangers and
dreads.

It is a pleasing thought that the
little folk may be prepared in ad-
vance of this time of peril, by wise
parents and still wiser maids, by in-
fluences and happy suggestions in
their developing minds such as this
simple one: "The dark is kind and
cozy, the dark is soft and deep, the
dark will pat my pillow, and love me
as I sleep."

There should be a constant avoid-
ance of anything suggesting fear, the
telling that a policeman will get

BIBLE THOUGHT
AND AN ANGEL OF THE
LORD CAME and
said, I will never break my covenant
with you.—Gen. 21.

dem, or goblins will pick them up.
These malevolent influences some-
times follow the children all through
their lives.

LUDENDORFF'S ALCHEMIST.

The great Ludendorff has fallen.
The hard-headed and hard-boiled
militarist who was regarded as the
brains of the German campaign
which so nearly mastered Europe
has been swindled by a modern
alchemist.

Not by a scientific alchemist,
either, of the type that uses high
voltage currents and costly labora-
tory mechanism to turn mercury into
gold by bombarding atoms with elec-
trons. A mere "locksmith's apprentice"
is credited with having sold
him a process for "turning all metals
into gold," thereby getting away
cleverly with all the general's loose
money.

THE MODERN GIRL'S THINNESS.

The champion lightweight of the
world, the Modern Girl, if she wishes
to hold her fashionable title, will
have to put on the gloves against a
formidable opponent of quite anoth-
er class. For the medical profession
is menacing her with a salutary
knockout. "The desire of the modern
girl to be extremely thin has become
an obsession that is threatening her
health and happiness," said Dr.
Lewellyn F. Barker, emeritus profes-
sor of medicine, Johns Hopkins Uni-
versity. The ideal of the exaggerat-
edly thin figure, dictated by the
fashion of the moment, is sure to
pass, until it has been the cause of
many tragedies. "Wrecked physical
health, especially insidiously devel-
oping tuberculosis and nervous
breakdowns are frequently the results
of under-nourishment, declared Dr.
Barker, outlining the dangers seen
by medical men in underweight.

"The trouble with young women
today is that their ideal of what is
proper weight is all wrong. They
have developed an obsession against
being fat. They say to doctors: 'I
would rather die than get fat.' Some
of them starve themselves to the
point of almost literally carrying
this out. Often, already too thin,
they diet to grow thinner. By un-
scientific dieting they fail to eat a
balanced ration, and thus predispose
themselves to food deficiency dis-
eases. They smoke constantly, espe-
cially during meals, to take away
the normal appetite they have, and
by too many cigarettes increase
their nervousness."

"These girls, the greater number
of them between 16 and 20 years of
age, but many of the same mind
between 20 and 30, are trying to
face a pace of life that makes far
greater demands on them than it did
on their mothers and grandmothers,
with thin scrawny bodies that do not
hold the needed reserve of strength.
What is the result? Many of these
young women are incurring wrecked
health that not only forbids their
continuing public activities, but that
interferes seriously with their es-
sentially fulfilling the responsibilities
of marriage and motherhood."

Dr. Barker was inclined to lay the
blame tentatively at the door of the
modistes. "The makers of fashion
have sponsored a style that is really
as unbecoming as it is unhealthy. It
will pass, as have the evils of the
hour-glass figure and other unrea-
sonable and unhygienic whims of
fashion. But it is time that someone
felt the responsibility for this under-
mining of the health of our young
women. Family doctors and public
health officials can do a great deal,
He adds:

"Parents can at least back these
I am quite out of patience with the
silly frivolous mother, who, because
of the prevailing mode will encour-
age her daughter to go against the
advice of her doctor.
"Behind the doctors, the artists
could, I believe, help much, if they
would unite in fostering the aesthet-
ic ideal of a normal healthy beauti-
ful figure to replace the emaciated,
carveless form sought for today.
"Girls make a great mistake when
they think they are more attractive
when they are scrawny. According
to the standards of most men they
are far more charming when they
are better nourished, although I am
certainly not advocating an era of
fat women.
"Add to the hygienic and the aes-
thetic arguments against extreme
thinness an economic objection: It
is a hideous waste for families and
for the state to permit the young
women to crowd the hospitals and
sanitoria, at large cost, simply be-
cause they harbor wrong ideas about
how much they should weigh."

THE ROMANCE OF THE RETORTS

To-day's miracle is to-morrow's
commonplace. "The chemist in his
laboratory is bringing about daily
the changes, working the combina-
tions, that will give man in the next
century control of the elements.

Not more than 50 years ago Alfred
Nobel drew great crowds in New
York City when he demonstrated the
use of dynamite. Now the power in
the locked-up electrons is being
looked to as a future substitute for
oil, gas, electricity.

Dynamite was a dream yesterday.
It sounds like a dream to-day to say
that there is enough energy in an
old shoe to drive a great ship around
the world. But let us not be too
easily checked. People laughed at
Robert Fulton.

The United States forest service,
co-operating with several states, is
re-foresting barren lands at a rate
of 12,000 to 15,000 acres annually.

EDITORIAL NOTES.

A New Yorker has paid \$4,000 for
a first edition of a book of jokes.
What a joke!

Campfires and roasting-ears help
solve the entertainment problem
this time of year.

The League of Nations is trying to
get into the alcohol game with a
view to preventing international
trading of it.

A United States citizen has been
killed in Mexico, and it is curious
how much more stir it makes than if
the crime had happened in Chicago.

There are said to be a million wild
horses in Oregon, Montana, Wyom-
ing, Utah, Nevada and Arizona. No
census of wild motorists has been
taken.

The late Sir John A. Macdonald's
famous saying about the uncertainty
of horse races and elections, is vividly
recalled as Dempsey-Tunney fight
bets are being settled.

The Labor party made the great-
est gain of any of the groups in par-
liament. It increased its parliamen-
tary representation by fifty per cent
—from two to three members.

An item has been handed in, in
which a Prof. Fleurs states that men
become bald when their brains de-
velop. He may make the assertion,
but where is he going to find proof?

The Binghamton, N.Y., Post is of
opinion that; the good old days were
the days when you could buy a cow
for the price you pay now for a pot
roast and a quart of grade A milk.

The pipe bands in the mining
areas in Britain have ceased to
screel. They have no money to spend
on the bags and the Scottish manu-
facturers suffer along with the min-
ers.

In view of the advance of scienti-
fic knowledge Dr. Mayo, Roches-
ter, Minn., says the average age of
it will be raised from fifty-eight to
seventy years. But what about the
speed at which we are living?

The automobile horn has become
chiefly an instrument for scolding,
complaining and demanding that
someone else hurry. The driver who
honks his horn in a traffic jam is
doing the most futile and most exas-
perating thing he can do.

Hon. Rodolphe Lemieux will prob-
ably continue to preside over the
House of Commons as speaker. Al-
though not an old man, he is the
"father of the house" now that W.
F. Maclean is out of it, having been
a member continuously for thirty
years.

The Ottawa Journal rises to sug-
gest that a good thing to remember
at this time is "that while we may
have serious differences as to how
the country should be run, we are
all brother Canadians fighting for
the same object—the best interests
of our common country."

In the northern parts of Ontario,
that line from Ottawa to Owen
Sound, the farmers are distressed
over the rains which have caused
wide destruction of grain. Hardly
a week of clear, bright sunny
weather has been experienced since
harvesting began early in August.

Mr. C. M. Bowman, formerly a
veteran member of the Ontario Leg-
islative Assembly, recently stated
publicly in Winnipeg, that "beyond
the shadow of a doubt, this year's
crop will make the purchasing power
of Western Canada greater than
ever before in its history." Mr. Bow-
man has always been a keen obser-
ver of agricultural and lumbering
industries, and thus speaks with au-
thority.

The interesting part of the com-
parison of the fashions of 1876 and
1926 rests with the Paris decrees that
materials are filmy and worn close
fitting without underlayers over flesh
colored tights. Shades of Mrs. Ann
Bloomer. Little did she dream in
1849 when she invented the femi-
line costume of a skirt falling a little
below the knee worn over a pair of
Turkish trousers, that not quite a
hundred years later the women
would have the vote and wear
tights, remarks an exchange.

QUEER QUIRKS OF NATURE

These Ladies Rule the Deep.
BY AUSTIN H. CLARK
Even delirium tremens can scarce-
ly conjure up anything more fantas-
tic than these curious fishes.

They are found in all the oceans
in deep water below the zone pen-
etrated by the sunlight, where it is
always darker than the darkest
night we know and where it is al-
ways cold.

These strange fishes are all small,
several kinds not even an inch in
length. They are also very rare and
very seldom caught. Many kinds are
only known from a single individ-
ual.

A SUNDAY HYMN.

Now that the sun is gleaming
bright,
Implore we, bending low,
That He, the increased Light,
May guide us as we go.

No sinful word, nor deed or
wrong,
Nor thoughts that idly rove,
Nor simple truth be on our
tongue,
And in our hearts be love.

And while the hours in order
flow,
O Christ, securely fence,
Our gates, beleaguered by the
foe,
The gate of every sense.

And grant that to Thine honor,
Lord,
Our daily toil may tend;
That we begin it at Thy word,
And in Thy favor end.

News and Views.

No Half-Hearted Effort.
Peterboro Examiner: Quebec is
tackling the problem of securing
safer driving conditions in no half-
hearted manner, as is evidenced by
the statement issued by Judge Cho-
quet, of Montreal, that drunken
drivers will be given a year's jail
sentence. Already the licenses of
several hundred motorists convicted
of recklessness have been canceled
and the Quebec authorities are evi-
dently determined that the only way
to effectually eliminate careless
driving is to chase the offenders
away from the wheel.

Tuning In.
Toronto Globe: Rural driving need
to be a leisurely affair. If the horse
wanted to walk, well and good. If
the driver was impetuous, he used
a whip to secure a trot. As for a
procession of any kind, a three-
mile-an-hour pace was the practice.
A good road horse might maintain
eight miles an hour. Under such
conditions a farmer's radius of in-
tercourse would seldom exceed ten
miles. Now he may go 25 miles after
supper, and return, and on a week-
end may go a hundred. It is a chang-
ing world, and the farmer who
bought a car to keep up with the
procession was tuning in with the
times.

Pep in Politics.
Baltimore Sun: Because the clerk
of one of Wisconsin's counties fired
Miss Selma Fieldstad, his deputy, he
has learned something about polit-
ics. He told her she lacked intelli-
gence. So she entered the primary
and beat him out of the nomination
for his own job. Thus is illustrated
the elementary proposition that a
good politician does not find pos-
sibilities for his friends solely to reward
them for their loyalty to him. He
also has in mind the thought that
unless he keeps them happy they
may start scrambling to get his own
job away from him. And maybe
they will do it, anyhow. What a
life!

Courteous C.N.R. Officials.
Financial Post: Sir Henry Thorn-
ton seems to have imbued his whole
force with the idea that to get any-
where with the Canadian National
railways, the motto must be service.
Some time ago a member of the Fi-
nancial Post staff, traveling west, en-
deavored to mail back a bundle of
papers from Nakina, the station
where the Long Lac cut-off joins the
old Grand Trunk Pacific line in
Northern Ontario. The post office
was closed. The C.N.R. constable,
John M. Hays, was approached. He
was quite agreeable to taking the
parcel and mailing it on the east-
bound train. It was well stamped,
but as a margin of safety, the offi-
cer agreed that the parcel be regis-
tered and took the 25 cents tendered
to cover this cost. The parcel
reached the Financial Post office
O.K., and a few days later the fol-
lowing letter was received: "A pas-
senger on the Winnipeg train hand-
ed me a parcel to register and 25
cents to cover cost. At the post
office they informed me that it
would cost 80 cents to register it and
therefore I took the liberty of in-
suring it. Cost of insurance was
covered by stamps on the parcel and
I am enclosing herewith the 25
cents. Signed, John M. Hays, C.N.
R. constable."

Smart Husband.
Hostess: You can't imagine how
poor my husband's eyesight is get-
ting. Only today he mistook me for
the nursemaid.
Friend: And she's such a pretty
girl, too.—Tit-Bits, London.

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always wear Church's Shoes.
They excel in Comfort, Quality and
Service.
Church & Co., Northampton, England.

Left Penniless
to fight it out alone
THE savings of many years eaten up
by Tom's long and fatal illness, Mrs.
L. finds herself penniless.
Frail and sorrowful she faces the future
with despair.
What work can a woman of sixty do to eke
out a precarious living?
If there had only been some insurance—
But Tom had said they'd have enough laid
by to tide them through old age without
spending money on life insurance.
If Tom could have foreseen the future
would he not have carried life insurance? We
think so, don't you?
How clearly can you foresee the future?
Might not your widow be left as Mrs. L. was?
Why take a chance?—especially when the
profits earned by Mutual Life Policies make
the cost of insurance so very reasonable.
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Idea Not as All Common.
The feeling of inferiority is an
experience so nearly universal that
it cannot be considered abnormal or
evidence of disease, declares a
writer in Hygeia Magazine. Most of
us have had this feeling at some
time in our lives, such as when
making a speech, undertaking a new
job, or taking a prominent part in
some social function. The stammer-
ing, trembling, palpitation and
emptiness of mind which comes at
being called on to face a new situa-
tion are familiar to all of us.
However, by establishing habits
of courage and self-reliance and by
learning to attend to the matter in
hand rather than to our feelings,
most of us have been able to over-
come these difficulties. If these feel-
ings of inability to meet the situa-
tion are not overcome, one establish-
es a habit of fear. Then the sense
of failure and the feeling of in-
feriority become habitual, and one's
lot will be indeed unhappy.
A good phrase may outweigh a
poor library.—T. W. Higginson.
19 other applicants out in the
street.—Answers, London.

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near Kingston, and one mile from
village. A first class house with
furnace; good cellar; telephone;
barn 40' x 112', with
stables, two silos, litter carrier,
all necessary outbuildings. About
170 acres under cultivation; no
foul soil; woven wire fence
with cement posts; watered by
wells and creek; lane through
center leading to all fields. A
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