NEWS AND VIEWS FOR WOMEN READERS

ert G. Jackson, M.D., 108 Vine Ave.

Toronto, Ont.

LIFE'S SOCIAL SIDE

Private Phone . 857w.

Miss Lillian and Miss Blanche Cent, Montreal, are in town.

Dr. and Mrs. Thomas Gibson, ly. verly street, have returned from

The Bishop of Ontario, Rt. Rev. r. Seager, left today for Sault, Ste. | ding:

Mr. M. McKinnon, Renfrew, spent week-end with Mr. and Mrs. Mcloss, Wellington street.

Miss Graydon, Montreal, is visitng Capt. and Mrs. F. M. Harvey, toyal Military College. Prof. and Mrs. Humphrey, who

pent the summer on Mackenzie Isand, have returned to town.

Constantine, "Bolton Royd." Mrs. Stafford Kirkpatrick,

W. Garrett, Johnson street. Professor Brovedani has returned lege. o Queen's after spending the sumer vacation in Spain and Italy.

Mrs. Buxton Smith and Miss essie Smith, Sydenham Apart-

Mr. Donovan Clark has returned from Copper Cliff mine and is with Dean and Mrs. Arthur Clark, Albert

Miss iVolet Brown has returned to Ginnis, Bridge street. foronto after spending a holiay with her mother, Mrs. J. Beck, Raglan Road.

138 King street.

Mr. and Mrs. George Hague and liss Winnifred Hague, who have een in England since May will sail or Canada next month.

Mrs. Gorrie and Miss Grace Gor- motor to their home in Whiting, Toronto, and Miss Jean Glen, Ind. Vinnipeg, are the guests of Capt ind Mrs. Brais, King street.

ALL NEW MACHINERY.

The Robertson

FOR YOUR LAUNDRY WORK

SEE US. BEST WORK AND PROMPT SERVICE.

THE CITY STEAM LAUNDRY

CHARLES CREER, Proprietor. Phone 66.

China — Crockery — Glassware

STREET. Emma I. Gwatkin, Prop. PHONE

WE CALL AND DELIVER.

man's Page Editor Phone 2613, the Misses Cartwright, "The Maples" mother to Peterboro to day.

> Rev. J. O. Crisp and his daughter, Mrs. Munroe Reynolds and her children will arrive from Halifax short-

> Mrs. Norman Graham, Colborne street, left for Hamilton on Sunday to attend the McKee-Harris wed-

Miss Kathleen McMahon, Winnipeg, will arrive in town on Tuesday to visit her aunt, Mrs. W. A. Mitchell, William street.

Miss Kitty Hayward, R.N., of Montreal who has been visiting her sister, Mrs. W. Wilson, has left for Toronto, Windsor, and Detroit,

street, who spent the summer in Miss Margaret Stevenson, Peter- Nova Scotia, have returned to town oro, is the guest of Mrs. Charles and have with them Miss Alice Ha-

The Bishop of Quebec and Mrs. tawa, spent the week-end with Mrs. Lennox-Williams are with daughter, Mrs. R. O. Alexander and Col. Alexander, Royal Military Col-

Francis Summerville, who were the over the gaiety of the afternoon. The guests for the past week of Mrs. Robert Reid; Portsmouth, returned ments, have returned from Ottawa. on Sunday to their home in Rochester, N.Y.

> Mrs. Arthur Keyes, Bath Road, and Miss Jessie Cooper, Wolfe Island, motored to Belleville and were the guests of Mrs. Hope Mc-

Mr. and Mrs. Clarke Bresee, Westport, spent the week-end with Mr. and Mrs. W. D. Sanders, Alfred Mrs. L. F. Goodwin and her little street, Mr. and Mrs. E. F. Newsome daughter have returned from Eng- and their son Robert, who motored and and are with Dr. Goodwin at from Trenton, were also with Mr. and Mrs. Saunders.

> Mr. and Mrs. Edgar C. Baiden and their two children, who have spent two weeks with their parents, Mr. and Mrs. Richard Baiden, Mowat avenue, Portsmouth, have left to

Consul-General for China, has left Mr. Richard Cartwright, who Ottawa for Philadelphia to attend pent the week-end with his aunts, the Sesqui-Centennial Exposition

SERVICE AND SATISFACTION

She will be away for a fortnight, THE SLENDER MAN ALSO WINS. and before returning to the capital Slender men, as well as women, will visit in Washington, D.C.

win to-day. But they always have won, for fat men generally die com-Mrs. M. McKee who has been parativ ly young, just when success visiting her daughter Mrs. Graham, has arrived. Slender men are apt to Colborne street, left last week for live to enjoy success. And fatness Hamilton, to be present at the mar- can be prevented by proper riage of her son, Ignatius F. Mc-Kee to Miss Margaret Harris of Hamilton. The wedding is to take place to-day.

Mr. and Mrs. Walter Tueber and their daughter Marion, Elizabeth, had even a cold since 1912; keeps N.J., Mr. and Mrs. Alfred Milne, Ro- physically fit by eating natural foods, chester, N.Y., and Mr. and Mrs. C. nuts, fruits, vegetables, Roman Meal, C. Milne and their son, Stuart, Kit- milk, all non-acid foods. chener, who have been with Mr. and Mrs. Harvey Milne, Alfred street, have returned to their homes.

Dr. and Mrs. G. W. Mylks and Miss Helen Mylks, Kensington avenue, returned on Saturday from three months spent in Europe, Dr. Mylks spent some time in Austria and Switzerland, while Mrs. Mylks and her daughter were in Paris. Dr. Mylks rejoined them and together Misses Crisp, Pembroke they visited England and Scotland, sailing for Canada from Glasgow.

The warm sunshine of Saturday afternoon drew many Kingston people and some visitors from out-oftown to the Royal Military College to witness the aquatic sports. The usual interest was displayed in the various events, and it was not until the programme was nearly over that the sad news of the death of Col. H. Mrs. William Harris and Mrs. J. Dawson came to cast a shadow social part of the programme was not carried out on account of the mourning into which the loss of such a popular officer had plunged

Feat of Pioneer Woman.

Toronto Sept. 17 .- The story of a woman's feat—a woman of the days of 1864-has been told by a correspondent of the local papers brought to public-interest by the fact that a woolen overcoat was "assembled" in such record time at the National exhibition.

Emiline Wilkinson, living near the village of Hawsley, Ont., had a brother who volunteered to enlist in the Northern army. He received notice to report at a certain place in the United States at a certain time. His wardrobe, however, was scanty. and he required a suit of clothes in which to take the journey. The Wilkinsons were a thrifty family and bought nothing which they could make themselves. They had a flock of sheep, in which were several black ones. Emiline caugut one of the black sheep (possibly two) sheared the sheep, washed the wool carded the wool, spun the wool into cloth, cut the cloth, and made suit of clothes for her brother. Al the work from the first to last was done by her in her home. In week from the time the sheep caught, the brother, wearing the suit of clothes, was on his way to the United States.

No fewer than 3,600,000 letters his mother what he had done. He are redirected in the British Gen- advised the mother that he thought eral Post Office each month, while she coluld get through too, so the 1,250,000 are returned to the send- two proceeded to the "free entrance"

to the grounds. The boy got through. England has in her elementary so the story goes, but the mother schools 570,000 children between caught and could not make her way five and six years of age, and 220,- through. 000 younger than 5.

London's elementary schools have nearly 100,000 fewer scholars than they had in 1914. Did it ever occur to you that the

easiest way to do a thing is to do

AUNT HET

Got Caught in a Hole, During the period of the Kingston

fair the authorities were troubled

by boys pulling boards off the fencer

and breaking into the grounds. The

police in charge did their best to stop

this, but they came across a very

funmy one on Saturday. The story

goes that a lad, who was able to get

through a hole, went home and told



so triffin' I just won't do it."

TO TRY AGAIN



Clarabelle Barrett, towering over er manager, Grace Leister, returns to New Rochelle, N.Y., vowing the ext time she tries she'll conquer mat English Channel. Miss Barrett came within two miles of victory her

The mean annual temperature of the British Isles is fifty degrees Fahr-

The Editor Hears

That Queen's will soon be in full ving and we will meet girls in new autumn frocks and coats and men in new suits at every corner. We welcome them back from the cities, Dr. Robert G. Jackson, at 67, still towns, villages and country places has the vigor and figure of 25, al- where they have spent the long vathough he and his family naturally cation. For many of them it has "run to flesh." He still plans and is been no holiday only a change of sure of many years of youthful, prowork which we are told, (but hesiductive effort; is never sick, has not tate to believe) is as good as a rest. They have taught school, have waited on table on boats or at summer hotels; have taken special courses Dr. Jackson is dietetic editor, and done almost everything one can "Archives of Therapeutics," New think of to make the money neces-York, a physicians' journal, advisor sary to complete their college course. to "Defensive-Diet League," a physi- Some of them have played all sumsians' association. Send for his free mer but on talking to a group one leafflet, "How to Keep Well," to Robfinds that the idlers are in the minority. Kingston will be the brighter for their return.

> That September is becoming a popular month for marriages judging by the number of honeymoon couples leaving from Windsor Street Station, Montreal, recently. On Labor Day no less than 50 couples boarded ed the Canadian Pacific trains at this depot. The record established for one day, however, was some years ago in June when 70 couples yet the average man would rather

That with the autumn come the tag days. Tagging is a thankless business and very trying to the women and girls who stand for hours on street corners in all kinds of weather. Few men would be selfsacrificing enough to do it, but the societies that take this way of collecting funds have, many of them, men on their boards of control who are quite willing to vote the funds, sometimes "not wisely but too well." All societies that are given a tag day by the city are worthy of support so everyone should wear a tagif only a ten cent one.

That the good housewives are making jams and pickles and home made wine. This is a busy season in the home and the housekeeper, whether she live in the country and has all sorts of good things to store away for the winter in her garden or in the town and has to carry them home from the market, will not have much time to spare until Jack Frost arrives and puts an end to canning and preserving.



Oxperiment with baby's food ifyou cannot nurse him.
Since 1857 Borden's
Eagle Brand Condensed
Milk has successfully
raised more babies than
all other infant foods
combined. Write The
Borden Co. Limited
Montreal for free Baby
Welfare Book.

WHEN USING WILSON'S

Best of all Fly Killers-10c and 25c per packet at all Druggists Grocers and General Stores.

"Let the Clork Kitchens help you".

All the meat of the wheat

TRISCUIT is Shredded Wheat in wafer form-delicious with butter. cheese or marmalades

It's a poor brand of religion that in New York. Its pages are 10 ft. makes a man pray for his neighbor long and 7 ft. wide. one day in the week and try to cheat

them the other six days. A tramp's working hours are shorter than those of the banker;

What is perhaps the largest book in the world was recently exhibited

TAXI SERVICE 960 25c ANYWHERE IN CITY

DAY OR NIGHT ALL 7 PASSENGER SEDANS



CIRCULINE PERMANENT WAY ING \$15.00 and up. FRANK ROBBS

185 WELLINGTON STREET

FORFALLWEAR

Women's Silk Wool & Cotton Bloomers

A splendid wearing quality, all sizes, in White, Pink, Camel, Tango, Mauve and Cream, for 75c. a pair.

HORROCKSES' FINE FLANNELETTES

Noted for its long wear and splendid finish. Just the thing for Women's and Children's Nightwear, also Men's Pyjamas. Comes in White and colored. Wide width at 35c., 40c., 45c. a yard.

SEE OUR NEW WINTER COATS

W. N. Linton & Co-THE IRISH LINEN STORE



THE BRUNSWICK

Panatrope

WHAT IS IT?

The most marvellous of all Record Reproducing Instruments. Something we cannot adequately describe.

COME IN AND HEAR IT.

121 PRINCESS STREET, KINGSTON

Two sizesall and small. The label is red and white.



On Quality Alone

THERE is no other explanation for Carnation's world leadership except that one big characteristic-

And Carnation Quality is composed of every virtue good milk should have; uniformity, richness, creamy consistency, pleasing color and delicate taste - and, in addition, it is con-

venient and economical. There is no mystery about good cooking if



you use Carnation Milk. Dishes will. have a fuller, richer savor; your morning cup of coffee will be superb-ly "creamed", fruits and cereals will have an added delicious flavor.

Next time you buy milk, search for these good points. Compare Carnation with the milk you've been using.

Send for free copy of Mary Blake's Cook Book. Address Carnation Milk Products Co., Limited, Aylmer, Ont.

"From Contented Cows"

Produced in Canada