

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Woman's Page Editor Phone 2613. Private Phone 857w.

Miss Agnes Poas, Montreal, is visiting Mrs. R. J. Reid, Union street.

Col. and Mrs. Norman Leslie, Emily street, have returned from St. John, N.B.

Mrs. A. E. Wilson, Calgary, is visiting her father, Mr. Arthur Smith, William street.

Miss M. Harris, Aberdeen avenue, is the guest of Mrs. P. McLean, Pictou, Ont.

Miss Marjorie Fair, William street, is visiting Mrs. D. A. Cummings, Brockville.

Mrs. J. S. Macdonald, Stuart street, and her family are spending a few weeks at Bob's Lake.

Miss Elsie Robinson, Albert street, leaves on Saturday for Vancouver, B.C., to spend a month.

Dr. L. F. Hermann, New York City, is the guest of Mr. W. R. Stratford, "Cottage Avon."

Miss Kathleen Fitzgerald, Detroit, Mich., is visiting her aunt, Mrs. M. H. Vanlue, Nelson street.

Mr. Donald Simpson, Oshawa, is visiting his parents, Dr. and Mrs. S. H. Simpson, Albert street.

Mrs. C. A. W. Thompson and her daughter, Hope, Belleville, are visiting friends in Kingston.

Miss Frances Wagar, graduate of Ontario Hospital, Kingston, is visiting with her parents at Tweed.

Miss Hilda Angrove, Barrie street, is spending a few days with Miss Margaret Shannon, Sunbury.

Miss Logan and Prof. Logan, New York, are visiting their brother, Prof. J. F. Logan and Mrs. Logan, Alice street.

Easy to Gain With Yeast and Iron

Easy to Gain With Yeast and Iron

New Combination of Yeast with Vegetable Iron Quick Way to Build Up Weight



This new combination of yeast and vegetable iron, renewed the action of sluggish blood cells, drives out dangerous body poisons, increases energy and endurance and supplies the system with the vitamins that build up weight. For years yeast has been known as a rich vitamin food, but until we perfected our yeast, which comes in concentrated tablet form, was it possible to take yeast and iron in the right proportions to build up weight. Vegetable iron when combined with yeast is quite easy to digest, therefore better for the system. "Yeast" when ironized, becomes just twice as beneficial as ordinary fresh or cake yeast. Ironized Yeast tablets are composed of concentrated food elements, therefore, they are pleasant to take and free from drug-like effects. If you are under weight, do not enjoy good health, lacking in energy and force, "Ironized Yeast" tablets will pick you right up, and if they fail, you get your money back. Sold by James B. McLeod and all good druggists, at \$1.00 for a large 60-tablet package or sent direct from laboratory on receipt of price. Ironized Yeast Co., Fort Erie, Ontario, Canada.

AUNT HET

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"I've been meanin' to use the word 'turpitude' the first chance I got, and I would of sprung it at the missionary meeting; but my nose was red an' I didn't want to attract too much attention." Lighted the furnace to air the house. On Tuesday men were seen wearing overcoats, a record for July. That the smart girls are wearing felt sports hats. It is no wonder men laugh at us for wearing straw hats in February when they see us with felt hats in July. They say we turn the seasons around. Well this July it is certainly quite all right to wear a warm hat so the fashion has some sense during our cold summer. The hats are pretty and becoming, what more does man or woman want? That Mary Pickford is a strong advocate of bobbed hair—but not for herself. "It is so much easier for a woman to have short hair," she said. "There are no hairpins always jamming into the head and the question of shampooing is much simplified. Now I have to give up one entire day a week to my shampoo. But the public knows me by my long hair, and I could never screen with bobbed hair, for my appearance would not be the same. However, if I ever retire from the movies I certainly shall have my hair bobbed and enjoy the comfort that so many thousands of American women now take as a matter of course."

Laura Secord CANDIES One Quality—One Price

You'll Need a Preserving Kettle Sure It has been proven over and over again that a new pot will give much better results than an old one, and you can't afford to spoil your preserves when new utensils can be bought at such low prices as we offer. Everything is here for preserving time. Preserving Kettles, Canning Racks, Mixing Spoons, Strainers, Measuring Cups, Funnels—everything else you will need for "doing-up days." Stevenson & Hunter 65-67 PRINCESS STREET. TINSMITHS AND PLUMBERS.

FOR FRIDAY AND SATURDAY Sale of Summer Dresses Women's Voile Dresses, good patterns, in all sizes, for \$1.95 each. Women's Broadcloth Dresses, stripes and novelty designs. \$1.95, \$2.95 each. Voile, Rayon and Crepe Dresses. Very special for \$3.95 and \$4.95 each. Crepe and Silk Dresses, pretty designs, short and long sleeves, at \$7.95, \$9.00 and \$10.00 each. Girls' Dresses in Broadcloth and Fugi. Sizes 2 to 14 years, at \$1.50, \$1.95 and \$2.95 each. W. N. Linton & Co. THE IRISH LINEN STORE

MID-SUMMER SALE SQUARE PIANOS \$49, \$59, \$69 PHONOGRAPHS \$15, \$25, \$35, \$65 OTHER REMARKABLE SAVINGS IN UPRIGHT PIANOS VERY LOW, EASY TERMS LINDSAY'S 121 PRINCESS STREET KINGSTON

Cooling, refreshing, nourishing SHREDDED WHEAT with strawberries and cream

Dr. Vincent A. Martin DENTIST Evenings by appointment. 572 Princess Street. Phone 105

KINGSTON'S LEADING BEAUTY PARLOR Things we do and do well—MARCEL WAVING WATER WAVING SHAMPOOING HAIR BOBBING. FRANK ROBBS, 182 WELLINGTON STREET Phone 578-J.

INSTALL Chamberlin Metal Weatherstrip NOW Saves Coal. Ends Draughts. J. R. C. DOBBS & CO. 44 Clarence St. Phone 618.

GALLAGHER'S TAXI SERVICE 960 25c ANYWHERE IN CITY DAY OR NIGHT ALL 7 PASSENGER SEDANS

Cuticura Loveliness A Priceless Heritage For generations mothers have been using Cuticura Preparations for all toilet purposes and have been teaching their daughters that daily use of them produces clear, smooth skin and healthy hair. They find the Soap pure and cleansing, the Ointment soothing and healing, should any irritations arise, and the Talcum an ideal toilet powder. Sample Book Free by Mail. Address: Cuticura, P.O. Box 1024, Lowell, Mass. U.S.A. Cuticura Shaving Stick 25c.

The Coffee Exquisite

left for Havelock to visit Dr. and Mrs. Holdcroft at their summer home. Mrs. Beresford Scott and Mrs. Arthur F. Clarke will accompany Mrs. Lawrence Burpee, Ottawa, on a motor trip to Sydenham Lake on Monday next. Miss Halliday, who has been in New York studying music, is visiting her sister, Mrs. Jack Day, Sydenham apartments on her way to her summer home on Lake Erie.

Mr. and Mrs. J. E. Erskine, Monkton, Ont., announce the engagement of their elder daughter, Edith Harris, to the Rev. E. A. Thomson, Elora, Ont., son of the Rev. D. A. and Mrs. Thomson, "The Manse," Hastings, Ont. The marriage is to take place this month.

Mr. and Mrs. W. W. Cliff, Carleton Place, Mrs. S. J. Allen and the Misses Hazel and Helene, Allen, Smiths Falls, are visiting Mr. William Mundell, 228 Brock street. Mr. Cliff has now retired from his position as Collector of Customs at Carleton Place.

Mrs. Frederick Etherington, the president of the Local Council of Women, will entertain the members of the Kingston Council at tea on Saturday afternoon when her report of the meeting of the Dominion Council, which she attended in Vancouver, B.C., will be given.

The Whig will be glad to have the names of visitors in town and accounts of various social events for publication in the social column. Such communications should be signed and the address of the sender given. Write or telephone to the Editor of the Woman's Page, Telephone No. 2613.

Rev. and Mrs. Herbert J. Uren, London, announce the engagement of their eldest daughter, Anna Margaret, to Mr. Walter Clifford Johnson, B.A., London, son of Mrs. Johnson, Lyndhurst, the marriage to take place quietly the latter part of July.

Dr. H. E. Gage and his son Irvine, Paisley, Ont., have left for home after a pleasant visit with his brother, Mr. D. B. Gage, of this city. While here Dr. Gage and Mr. D. B. Gage motored to Denbigh on a fishing trip. They had a very enjoyable time and landed a fine lot of large bass. Dr. Gage is a Queen's student. His son is a Queen's graduate.

Mr. and Mrs. Charles Shannon and their daughter, Miss Edith Shannon, Saskatoon, Sask., were recent visitors in Kingston. They are in this district on a motor trip and have been with friends in Storniton. The other members of the party who are in Belleville and Pictou, are Mr. and Mrs. James Gordon and Mr. and Mrs. Joseph Gordon, formerly of Pittsburgh, but now living in Saskatoon. During the fifteen years Mr. and Mrs. Shannon have lived in the west they have made several visits to their old home near Kingston during the winter, but this is their first summer trip and they are delighted with the country and the signs of prosperity on every hand. They will leave for their long motor trip to the west at the end of the month.

That many people have had fires in their grates during the last few days and one lady said she had re-

Engagement Announced. Mr. and Mrs. W. C. Dempsey, Edgewater Farm, Belleville, announce the engagement of their daughter, Annie Evelyn, to Mr. Murray Alfred Augustine, Philadelphia, the wedding to take place the beginning of August.

That a certain well-known Kingston Irishman has a cat which is a discerning and enterprising animal. A few months ago she was lost and advertised for and turned up as an Easter gift for her master, then she went into the banking business (which was not to be wondered at) with ten cents she stole from the milk bottle. For some weeks she has had a family of kittens safely hidden in a hole in the shed and thinking she would like to break the matter to her master gently, she appeared on the morning of July 12th with a bright orange kitten for a gift. This particular Irishman is one who wears a buttonhole of real shamrock on Patrick's Day, but he was broad minded enough to accept the gift of the orange kitten in the spirit in which it was meant and has found friends for the rest of the family, keeping 12th of July puss himself.

That the gardens in the heart of the city are favorite nesting places of some of our Canadian birds. A family of red-headed woodpeckers who saw the world first from a hole in a tree in the "Annandale" garden are just getting initiated into the best way of digging worms from the bark of a tree. On Wednesday they were being instructed by a stern parent in a tree near the corner of William and Sydenham streets and several passers-by looked up to see what all the noise was about. The parent bird was scolding the youngsters who were getting their lesson but when they saw that they were watched they all flew off to the garden where they will find good feeding grounds in the bark of the apple trees.

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Accepted the Call. Rev. E. J. Kerr, St. George, N.D., has accepted the call to St. George's church, Arnprior, Ont.

A lot of people would spend more money if they were more successful as borrowers.

Carried Wife to Bed Suffered So She Could Not Walk. Restored to Health by Lydia E. Pinkham's Vegetable Compound

Minesing, Ontario.—"I am a practical nurse and I recommend Lydia E. Pinkham's Vegetable Compound to suffering women. For three months I was almost helpless and could not sit at the table long enough to drink a cup of tea. Many a time my husband carried me to bed. I would be weak. Then he read in the paper of a woman suffering as I did who got better after taking the Vegetable Compound, so he went and got it for me. When I had taken three bottles I was just like a new woman and have had splendid health ever since. When I feel any bearing-down pains I always take it; sometimes a half bottle or whatever I need. It is my only medicine and I have told many a one about it. Any one wanting to know more about Lydia E. Pinkham's Vegetable Compound, I will gladly write to her. I do all I can to recommend it for I feel I owe my life and strength to it."—Mrs. NERAL BOWMAN, R. R. 1, Minesing, Ontario. Do you feel broken-down, nervous, and weak sometimes? Do you have this horrid feeling of fear which sometimes comes to women when they are not well? Lydia E. Pinkham's Vegetable Compound is excellent to take at such a time. It always helps, and if taken regularly and persistently will relieve this condition.