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are almost as essential as correct lenses, because if the frame does not fit you comfortably, you do not get the best results from the lenses.
Let us fit you with one of our all shell or shell lined frames, and be sure of a comfortable fit.
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FIRST CLASS MUSIC SUPPLIED.
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KINGSTON ICE CO. Ltd. PURE ICE

The only ice in the city cut with gasoline power saw. This does away with all surface dirt from horses.
The use of pure ice will cut down your food bills. One roast spoiled would provide ice for a month.
Prompt and courteous service.
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It will pay you to consult us before placing your order for your winter coal. Price and quality count.
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UPTOWN OFFICE: McGALL'S CIGAR STORE. Phone 811.

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KINGSTON ORANGEMEN ATTEND ZION CHURCH

At Sunday Morning Service—Sermon Preached by Rev. E. H. Burgess.

Preaching to the Orange lodges of the city at their annual church parade. Rev. Edwin H. Burgess, pastor of Zion church, to which the parade was held, said, "I am glad to welcome you to this church. You Orangemen have done splendid work in the past but you might have done much more. You have done good work politically but if you want to counteract the influence of the Roman Catholic Church you must help build up Protestant churches. There is no use your saying you are a good Orangeman if you never go to church. Orangemen is good but are you living up to the Order?"

The members of the various lodges marched to the church from the Orange Hall headed by the fife and drum band and at the conclusion of the service they paraded back to the hall. The members of the L.O.B.A. did not march in the procession but were in attendance at the service.
Rev. Mr. Burgess took his text from Acts 20:28-29—"Take heed therefore unto yourselves, and to all the flock, over the which the Holy Ghost hath made you overseers, to feed the church of God, which he hath purchased with his own blood. For I know this, that after my departing shall grievous wolves enter in among you, not sparing the flock." The speaker declared that at the recent Eucharist Congress held in Chicago certain prelates had inferred that anyone who was not a member of the Roman Catholic Church was outside the true church. He said he proposed to examine this claim to be the true church. Roman Catholics believed that Christ gave to Peter lordship over the church and that he in turn willed it to the bishops or popes of Rome. He would show that this was not the case.

The authority for his remarks, said Rev. Mr. Burgess, would be taken from three books, each of which had been written by a man who at one time had stood high in the Roman Catholic church. He displayed the three books, read the titles and gave a short biographical sketch of the authors.

According to these authorities the Christian Church in the first century had been composed of separate congregations, he said. The bishops at that time had been simply elders in their own congregations. A change had come at the end of the second century and the congregations had begun to hold synod or presbytery meetings, he said. The bishops could be delegates. In the third century metropolitan bishops had been appointed but these still only had control over their own congregations.

Jealousy had crept in among the bishops and those in charge of large and important congregations had begun to feel that they should have more honors than the other bishops, said the speaker. Those in charge of congregations which had been originally founded by apostles thought they should get the highest honors. Therefore a new title of patriarch had been made for these men. The Bishop of Rome was not satisfied with this however, for Rome was the imperial city, so he had called himself "papist" from which the word "popes" had been derived.

In the fourth century Leo, the Great, Pope of Rome, had proclaimed himself the successor to St. Peter and universal bishop. The Council of Ephesus however had rejected this claim. When one of the emperors of Rome had gone to live in Constantinople, the Bishop of Constantinople had been made an equal with the Pope of Rome. This, Mr. Burgess claimed, was proof that the claims of the Pope of Rome had first been based on political favor and not on any divine power.

It was in 605, the speaker said, that Emperor Phocas had proclaimed the Pope of Rome to be the universal head of the church. This Emperor Phocas had been a centurion in the army but had gained his high position through murder and revolution. The Bishop of Constantinople would not countenance his deeds or recognize him as the emperor but the Pope of Rome had proclaimed Phocas the Emperor of Rome and in return Phocas had proclaimed the Pope of Rome to be the head of the church.

Once the Church of Rome gained temporal power it had forged documents to prove its divine right, said Mr. Burgess. The power of ex-communication by which the Pope of Rome claimed to have the right to shut people out of heaven, had been exercised, the speaker said, and also indulgences, whereby the purchaser could enjoy many liberties had been sold. There had been one instance, he said, where a pope had sold the office for a certain sum of money.

In concluding Rev. Mr. Burgess said, "Don't think that there are no good Roman Catholics. Some of the greatest saints the world has ever known were Roman Catholics and even when the church was most degraded there were good men in it. The system, however, is bad. What's been the trouble down there in Ottawa lately? Mackenzie King would not give Alberta her provincial rights unless they would undertake to support the separate schools. Mackenzie King didn't care about that but who was behind him? The bishops of the church. I wonder if the Conservative Party would do any better if they got in? I doubt it."
"We don't want Canada to be a wholly Protestant nation," he continued, "but we do want equal rights for all and special privileges to none."

PASSED ENTRANCE

At Tweed.

Miss Mabel Gunning, a pupil of Tweed Consolidated School, secured the highest marks. Miss Mary Ann Kinlin, a pupil of Bogart school, secured second place. Miss Kinlin wins the medal donated by the Stoco division of the Catholic Women's League. The winner of the medal donated by the Hastings County Council will be announced at a later date. The following were successful:

- Allore, Laura, Hungerford; Arber, Sidney, Tweed Consolidated school; (Hon.); Brownson, Marie, Hungerford; Collins, Anna, Tweed separate school; (Hon.); Collins, Leo James, Huntington; Carleton, Frances, Elliott, Marjorie; Fraeman, Violet, Tweed Consolidated school; Gaborie, Stanley, Tweed separate school; Good, Artilla, Hungerford; Graham, Carrie, Gunning, Mabel, Tweed consolidated school; (Hon.); Healey, Mary Agnes, Hungerford; Kehoe, Theresa, Elzevir; Kinlin, Mary Ann, Hungerford; (Hon.); Lajoie, Helen, Tweed separate school; (Hon.); Leworthy, Evelyn, Tweed consolidated school; Luffman, Flossie, Hungerford; Macdonald, Ila, Tweed consolidated school; (Hon.); Merraw, Simon, Tweed separate school; Morton, Annie, Huntington; Montgomery, Helen, Huntington; (Hon.); Nolan, Theresa, Elzevir; Preston, Fred, Quinn, Patricia, Hungerford; Richardson, Jean, Tweed consolidated school; Rutan, Russell, Hungerford; Ryan, Jack, Shanque, Bert, Tweed separate school; Somerville, Bruce, Hungerford; Stewart, Lillian, Stokes, Marion, Tweed consolidated school; (Hon.); Spence, Essie, Huntington; Thompson, Francis, Elzevir; (Hon.); Trudeau, Cecelia, Tweed separate school; Tufts, Eida, Hungerford; Webber, Doris, Tweed consolidated school; (Hon.); Young, Mildred, Hungerford.

A POPULAR LAWN SOCIAL

Was an Event at Cornelius Smith's, Sunbury.

Sunday, July 10.—The social, held on Cornelius Smith's lawn, by the United Ladies Aid, last week, was a decided success, the proceeds amounting to \$115. Mr. and Mrs. Earl Lytle and family, Buffalo, N.Y., motored to Sunbury for the week-end. Miss Nellie Taylor, Lansdowne, spent a week with her niece, Mrs. William Cooper, enroute to visit friends in Toronto, Southampton and Collingwood. She will return to Lansdowne some time the latter part of August.

Dr. and Mrs. Millard McDonald, Creelman, Sask., are visiting relatives. They made the trip by motor through the States, they report good roads and a very enjoyable trip. Wilfred Cooper made a business trip to Brockville, on Thursday. A large number from here attended the lawn social on Dr. Freeman's lawn, Battersea, on Thursday evening.

Paul Moreland leaves on Wednesday, July 14th, for a trip to England, France and Belgium. The recent rains have improved the gardens and strawberries. William Moreland and family, Mr. and Mrs. Leslie Moreland, Mrs. A. Sharpe and Miss Marguerite attended the family picnic at Jack Moreland's, Sydenham, on Thursday, also the Misses Mildred, Marjorie and Eileen Toland.

The Union E.S. picnic was held in T. Campbell's grove on Wednesday, July 1st. Every one had a good time especially the kiddies.

Antoine Dennee, aged fifty-one years died at Cape Vincent, N.Y. He suffered from heart trouble and had been in poor health for a number of years.

NAPANEE ORANGEMEN AT CHURCH SERVICE

Pavement Dance, Broken Up by Storm, to Be Held on 16th.

Napanee, July 12.—The Napanee Orange Lodge attended the service in Trinity and St. Andrew's United Churches on Sunday morning. The pastor, Rev. A. J. Wilson, delivered an eloquent sermon on "The Open Book," an important symbol of the Orange Order.

Mrs. G. Barrager returned to London Sunday, after spending two weeks with her parents, Mr. and Mrs. W. Cronin.

Mrs. James Laughland is visiting her parents in Windsor.

Mrs. (Dr.) Buchanan of Brooklyn, N.Y., is visiting her aunt, Miss Bryers, Centre street.

Mrs. Stevens of Winnipeg who spent a few days last week the guest of Mrs. James Laughland, sailed on Saturday for London, England.

Mr. and Mrs. Merkinhagen of Buffalo, N.Y., are visiting Mr. and Mrs. James Pringle.

Miss Jean Bailey, who has spent the last ten months with her aunt, Mrs. E. J. Corklin, returned to her home in London on Sunday.

Donald Roblin is visiting his father and mother, Mr. and Mrs. James Roblin.

The pavement dance in aid of the Victorian Order, which was broken up by an electrical storm last Friday night, will be held again on July 16th.

ENJOYED SOCIAL DANCE.

An Event at Bedford That Was Appreciated.

Godfrey, July 9.—Ernest Campbell and Miss Phoebe Robertson were quietly married last week. R. Hamilton had men working on the road for a few days as they were much in need of repair. School has closed for the summer holidays and the children are glad. A number from here attended the social and dances at Bedford. A fine time was reported. The Godfrey bus came in great use as it took the supplies and a number of people to the social.

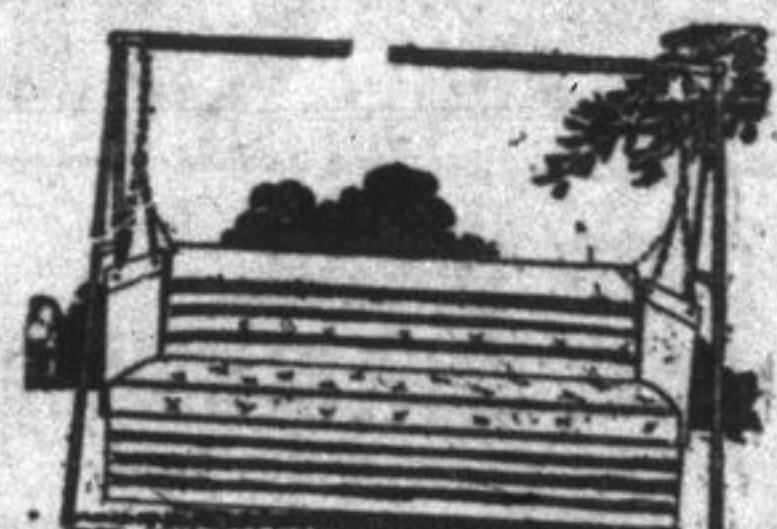
There is quite a busy time at Mr. Brown's saw mill making cheese boxes. The factories are using quite a number as there is more cheese than last year and it keeps them busy supplying boxes. Leonard Moon, little son of Mr. and Mrs. Howard Moon, had his head cut quite badly and had to have some stitches put in it. Miss Lillian McKnight has taken her position again at Joseph Howes.

Mrs. Frank Howes has gone to visit her daughter in the west. Mrs. Fred Wood has returned from visiting her sister in the United States. Mrs. Robert McKnight has returned from visiting relatives at Hartington and Inverary.

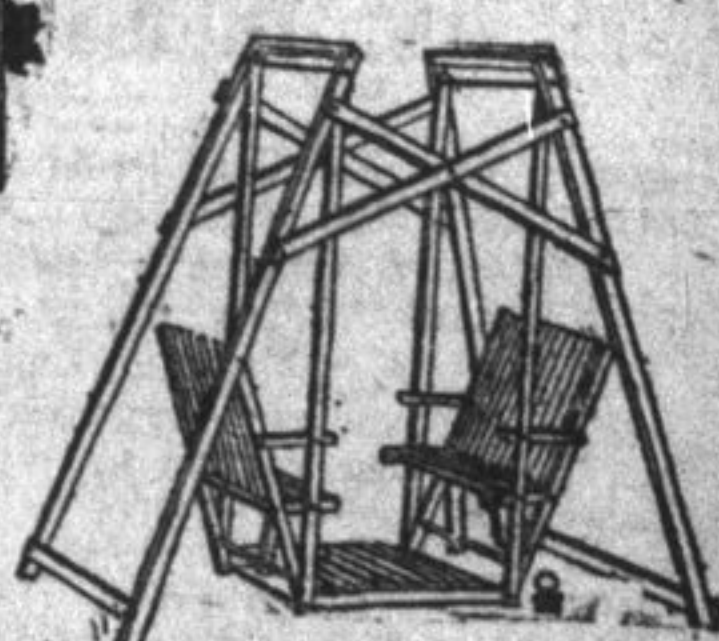
An Aged Freighter Captain.

Toronto Globe: There is none more familiar with the temper of the lake winds than Captain Oliver Patenaude, master of the City of Hamilton, making the weekly run between Hamilton, Toronto and Montreal. Captain Patenaude bears the distinction of being in all probability the oldest captain sailing the Great Lakes, and certainly he carries a record that any sea dog might envy. Eighty years of age, with 62 years of sailing to his credit, he has borne the dignity of master for 25 years with never a shipwreck, the loss of a seaman nor a day reported "on shore" when sailing orders demanded his presence on the "bridge."

Kingston's Biggest Home Furnishers



Summer has come to stay. Are you ready to enjoy the great out-of-doors?



Good health demands such recreation. Your enjoyment depends on the smartness of your lawn and verandah furniture, such as Arm Chairs, Arm Rockers, Lawn Seats and Hammock Couches, four passenger Swings, Porch Shades, Grass Mats.

SEE SIMMONS' SPECIAL HAMMO SWINGS, \$25.00 COMPLETE.

JAMES REID

THE LEADING FUNERAL SERVICE. Phone 147 for Service.

GAVE A LINEN SHOWER.

To Mrs. Morgan, Cataragi, a Bride of a Year Ago.

Cataragi, July 10.—The showers of Friday were very welcome as the ground was getting parched. Mrs. L. Trudell, Woodbine, entertained at tea, on Thursday afternoon for the Guild of Christ Church. Miss Ina Caverly has gone to Chaffey's Locks for the summer and Miss Laura Baker has a position with the Lindsay Co., Kingston.

All are sorry to hear that Mrs. Howard Keyes has found it necessary to go to the hospital for treatment. J. MacVicar, who motored here from Uncle Sam's domain has taken his sister, Mrs. Harry Jackson, to visit relatives in the north of the county. Mr. and Mrs. Gordon Morgan, Rochester, N.Y., are visiting at W. Harpell's, Sunnyside.

On Thursday evening Mrs. Morgan, a bride of last year, was, by some of her girl friends, tendered a linen shower at the home of Miss Dorothy Cooke. B. Colling has been spending the week at Latimer.

John Frizell has arrived from Grand Rapids to visit his daughter, Mrs. J. Baker. Miss McCormick is the guest of Mrs. Ray Baker. Mrs. Campbell, Kingston, is with her daughter, Mrs. Spratt.

BARN BLOWN DOWN.

On the Farm of Mrs. E. Orr, Pitts-

ferry, July 9.—The hay and grain also the gardens are badly in need of rain. In the heavy storm on Tuesday last, a barn owned by Mrs. E. Orr was blown down and badly damaged. The barn was jacked up ready to build a new cement wall under it and the heavy wind did much damage. The lawn social, held at St. Lawrence church, was well attended and everyone reported a fine time. The proceeds amounted to over thirty dollars.

Richard and Harry Paddle, Miss Annie Genge also Percy Hammond motored to Sharbot Lake and spent the week-end with friends there. Miss Ella Mosier and cousin Floyd Mosier, Wolfe Island, have returned home after spending the past week with their grandmother, Mrs. E. Orr George Galway has purchased an Overland sedan.
Miss Isobel McLaughlin has gone

to her home in Brampton, Ont., to spend the holidays with her parents. A number from here attended the social at Cataragi on Wednesday evening. Dufferin Orangemen attended divine service at Maple Grove on Sunday morning. Rev. William Halpenny gave a very fine address. The Redmon pavilion has opened for the season. Mr. and Mrs. Joseph Edgar and baby, Ralph, Mr. Joseph Edgar, Sr., Miss Annie Orr, Ross Orr and Floyd Mosier motored to Enterprise on Sunday and spent the day with friends.

FORGED TICKETS SOLD.

On July 4th Capt. Adkins Made the

Discovery.
At Alexandria Bay, N.Y., on July 6th, the first case of forged boat tickets, known to have been tried at the resort, was quickly run to the ground when Capt. W. E. Adkins, owner of the Maxine line, located the source of the tickets.

The tickets made their first appearance on the Fourth. They were detected almost at once because of the different shade of color. When scrutinized it was found that a different style of printing was used. Thirty-one of these tickets were contributed before the sale was stopped. Capt. Adkins honored the tickets rather than have his customers inconvenienced.

Two tickets were taken before the fraud was discovered. Capt. Adkins warned his men, and the next case presented resulted in the discovery of the source of the tickets. The donors of the fraudulent tickets told them a boy employed at the Thousand Island house had sold the tickets. Capt. Adkins immediately approached him and faced him with the tickets. He admitted selling the tickets and said he bought them from a man who had gone away for \$5 cents each. The tickets sell at \$1. The boy paid for the tickets he had sold and was warned that the next offense would be punished.

These passed away on June 27th, from the home of her parents, Mr. and Mrs. R. H. Milliken, Perth, their daughter, Helen, aged twelve years, after some years of weakness and suffering from heart trouble.
There will be a Conservative convention for Leeds, at Brockville, on July 16th.

Stoville, April 30th 1926

Dear Mrs. Blanchard:
We have made the thirty day trial of Instant Postum and now we will never be without it. My three children like it so much that they never ask for tea or coffee any more. I could see by the second week what Instant Postum did to them - they slept much better.

You can say of Instant Postum "If he more you drink the more you want" it is so good. I am very satisfied with it and recommend it to all my friends.

Five of my neighbors have started the trial and they like it very much.

Thanking you for helping us to make the first step toward health, I remain,
Yours sincerely
Mrs. Arthur Filion
Stoville, P.A.

—they slept much better—

You know how many children do not like the taste of milk. You know how they like to have the same drink as the "grown-ups". You know, too, how good it is for them to have a hot drink! Make Instant Postum for them, using hot milk (not boiled) instead of boiling water! They'll like the taste immediately! And they will get the food value of the wheat, plus the nourishment of milk, in a hot drink that is economical and so easy to make.

Carrie Blanchard's Offer

"I want you to try Postum for thirty days. I want to start you out on your test by giving you your first week's supply."
"It seems to me that it would be a wise plan for mothers, particularly, to think of this test in connection with the health of their families."
"Will you send me your name and address? Tell me which kind you prefer - Instant Postum or Postum Cereal (the kind you buy). I'll see that you get the first week's supply right away."



CANADIAN POSTUM CEREAL CO. LTD. 614
45 FRONT ST. EAST, TORONTO 2, ONT.
I want to make a thirty-day test of Postum. Please send me, without cost or obligation, one week's supply of
INSTANT POSTUM Check which you prefer
POSTUM CEREAL

Name _____
Street _____
City _____

Instant Postum

"There's a Reason"