Was Troubled With pronic Constipation

Once your bowels become constipated you are in for a lot of trouble as constipation is one of the most prolific sources of disease that the numan race is addicted to, therefore free motion of the bowels every should be the aim of everyone aspires to perfect health. Mrs. O. W. Lawrence, Cloverdale East, N.B., writes:-"I was troubled

with chronic constipation, and became so bad I was almost afraid to eat anything. One day I saw your advertisement



PILLS.

so I got three vials, and after taking hem I have never been troubled nce with constipation." Put up only by The T. Milburn Co., Limited, Toronto, Ont.

LET ME QUOTE YOU RATES

All Risk Motor Policy

BEST AND CHEAPEST FORM OF COVERAGE GENERAL INSURANCE

81 BROCK STREET 'PHONES 326-896

DR. RUPERT P. MILLAN DENTIST 64 Princess Street. 'Phone 1850 Gas for Painless Extraction OPEN EVENINGS BY APPOINTMENT

Dental Surgeon 159 Wellington Street. 'Phone 679. Evenings by appointment.

PLANO TUNING

Plane Tuning, Repairing and Player Plano Adjusting. Norman Butcher, 27 Pine Street. 'PHONE 184.

153 WELLINGTON STREET foves Freight, Steel, Building Equip ment, Machinery, Safes, Planos, etc.

MONEY LOANED AGAINST MORTGAGES

OUR

the most economical because it is pure Coal, properly prepared. Be-g very low in ash, it reduces fur-ce room labor to a minimum. Buckwheat, Nut, Stove and Egg. Exclusive dealers for Kingston. Get our summer prices.

W. A. MITCHELL & CO.

Lumber, all sizes.

Also Roofing Material RAILS-BOILERS

flax. . .

Amelia spoke to Lind.

"Look-his lantern is standing

Lind came to the doorway and

coked out, her eyes following the

Chapter XXIII.

where the musker ought to be?"

I. Cohen & Co. MONTREAL STREET PHONES 836 and 837.

Hard and Soft Cord Wood

TO MAKE ROOM FOR BUILD. ING EXTENSIONS Highway Service & Supply Co. Cor. Princess and Smith Streets

Dominion Meat Store Opp. Y.M.C.A. Phone 1876

Tomorrow's Specials

Pork Sausages 20c. pound

Pickled Tongues 20c. pound

Pure Lard 20c. pound

Cooked Ham 50c. pound Prompt delivery

By means of a specially constructcamera the length and height of an waves have been measured.



Whiffet by the hand and led him Nick away. They could still hear the Balloon Man crying his wares, and the green poll-parrot chattering away on Nancy his post. "Yes, my dear; I'll have three lumps in my tea, well -if you

"Don't worry, Whiffet, we'll find your lost shadow somewhere. can't have gone so very far," said Nancy. "How many buttons have you let out of your fortune?"

pocket and pulled out all his buttons. extra' so he supposed he'd have to "Two pearl one, four bone ones, pay. three shoe-buttons, one off the old alpaca duster, a collar button and a Dingbat. snapper," he counted.

"Because there's a sign over there had taken all his shoe-buttons to that says 'Side-Show'," said Nick. get in. "Will you pay our way in?"

So they went to the side-show tent | again. How old is Anne?" and paid a shoe-button and three "Say;" said the little Whiffet, "I pins apiece to get in.

three sets of spectacles on his nose, ask a question myself." four neckties and two suits of "At your service, sir," said the clothes, looked at them closely. "You green Dingbat, wiggling his ears look honest," he remarked. Pass most politely.

sign. The sing said, "Ask the Ding- stile." wiggle his ears.

By Martha Ostonso.

The fire was racing shead. Only information morosely, with

the flax. . . a fine, abundant! Young Erik Bjarnasson came

while. . . ah, the over-strong em- "There is good fishing now,

soul to the flax. . . well, it would Martin thanked him and told

light of the fire fell upon it. The Ellen. "He didn't invite father to."

flax would go with him. . . the midsummer, when Erik had seen

From the door of the log house wagon. "Well-I'm not goin"

still-low down. Teacher, isn't that On another day, Mrs. Sandbo came.

October came, and the languid ter-Well, she, for one, wouldn't say seace of Indian summer. In the early anything.

morning a milky scud hid the hori- The first hoar frost came, and

clear and blue as a hare-bell. And earth covered with white, powdered

over everything was a profound glass. The sun took its glitter within

went about her work as before. But grass of the pastures to the west, and he did not do it hurriedly now, over the black corpses of the trees crowding her day full of unneces- that had been ravished by the fire.

Martin journeyed to the city, and of mellow radiance as those that had

nce, as if somewhere a hand had a few minutes, but the land was not

zon, but by noon the entire sky was Lind woke one morning to find the

mering still, gray-silver, where the "I don't think you ought,"

go with him. He could see it shim- others about it at supper.

brace of the earth. . . Caleb closed the lake," he said to Martin.

a little while now, and it would have indignation.

growth it was. . . only a little the Gares' one day.

The Twins took the little Rag-bag; "What are we to ask you?" said. "As me how old Anne is," said the

"It's none of your business," said the Dingbat wiggling his ears. "The very idea!" cried Nancy. "Such manners! I never in all my life heard such a thing."

"I'm not paid to have manners." said the Dingbat. "That costs extra." "How much?" said the little Ragbag Whiffet hurriedly reaching into The Whiffet reached into his his pocket. All he heard was 'costs

> "How much have you?" said the 15. To bang. "Two pearl ones, four bone ones

"Well, you're rich yet," said Nick. one off the old gray duster, a collar "What are you asking for?" said button, and a snapper," said the the Whiffet, putting his fortune away Whiffet. He didn't say anything 22. Constellation. about the shoe buttons because it

"Well, that's what it will cost you "Sure," said the little rag-bag exactly if you wish me to be polite," creature, who was kind-hearted even | said the Dingbat. "All but the snapif his clothes had shrunk and he per. I've got one. He's a beagle and hadn't such a thing as a shadow snaps at all the casts and the postman. Now then, ask me all over

it's all the same to everybody, and The side-show man, who wore I've paid for everything, I'd like to the first wild goose, high overhead.

"Where is my shadow?" said the The first thing they saw was a | Whiffet. "I lost it coming over the

bat. He'll tell you." Under the sign | The Green Dingbat turned blue. of clouds. The wild geese were passsat a queer looking person at a table, then red and then to a beautiful dark The queer looking person who sat at raspberry. "Ask Mr. Snoopsy," he of man in their remote seeking tothe table was green and he could said, "The pirate, who lives in a cave ward the swamps of the south. They between Hidy Go Land and the sea." marked the feginning and the end of the period of growth. Next year they would fill the sky with their

his eyes. He felt tired, too tired to want you should come over any time the door of the school house and

earth was closing foe-cold, tight, "Well-" said Martin slowly. He that they would return some time.

tight, about his body. . . but the was thinking of a humiliating day in But Amelia knew that they would

the fish-pole in the back of the

look like a fool by not. And I'm not

Amelia Gare made her at home and

served her with excellent coffee,

bought in the city. Mrs. Sandbo

noticed that the coffee was not the

but contained her curiosity. Private-

ing town coffee so immediately af-

raised commanding reverence. It the same after it had gone. It seem- going south now. . . . a remote. was a time of rest on the Gare farm. ed to have left a shadow over the trailing shadow. . . a magnificent

The days that followed were as full

there saw Jude and Sven. He found gone before, the wind was as soft that bobbed hair had practically

them very happy, and carried this and the sky as intimate a blue, but eliminated many distressisng acci-

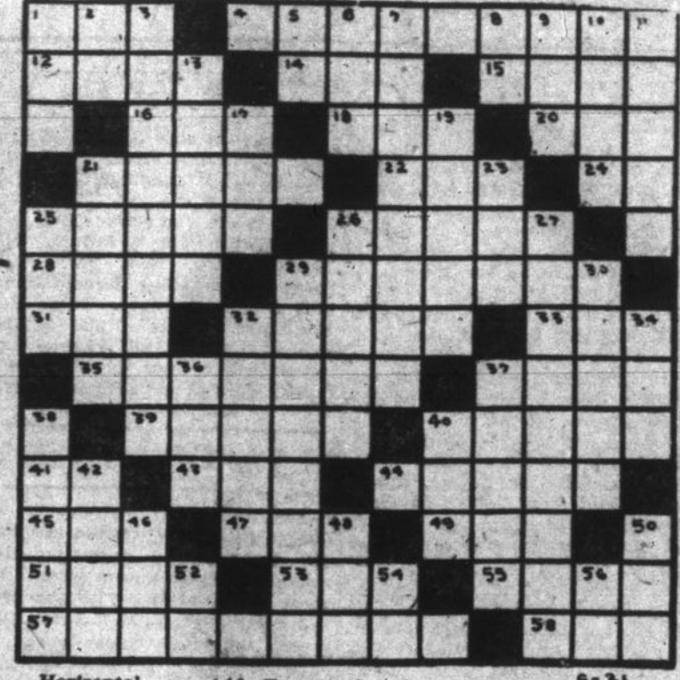
news, together with a plan for the there had come a change in the dents, once common in factories

Amelia was quiet and serene, and stubble and over the short brown seeking through solitude.

ly, she thought it almost indecent of

goin' to insult Erik by not."

CROSS-WORDPUZZLE



Yellow matter from

45: Resinous substance 19. Made a mistake. Pertaining to a type of narrative poetry, 47. Indian of Siouan 23. Heavy. Adjoined. 49. Beverage.

16. At the present time astringent. 18. Devoured. 53. Age. -55. To remain.

25. Covered with blocks of glazed clay. Poems suitable

On a night that was cold with moon-

light she heard it, a full, clear

trumpeting in a sky that was vacant

ing over-passing over the haunts

cold, ionely clamor at sowing time,

and again when the earth would

have closed in upon itself after

yielding its growth. But next year

Caleb Gare would not be here to note their coming or their going.

Lind felt humble as she heard the

wild geese go over. There was an in-

finite cold passion in their flight,

like the passion of the universe.

proud mystery never to be solved

She knew in her heart that Mark

Jordan was like them-that he

stood inevitably alone. But because

of the human need in him, he had

come to her. It warmed her to

watched the children she had taught

scatter to the three roads that led

Mark left Octand, promising Amelia

never come back again, and in her

to take the train from the Siding to

the city. They would leave the

team in the livery stable there, and

the Klovacz boys would get them the

"I wonder just what the mystery

was at the Gares'," Lind mused as they rumbled along in the buggy

over the hard road. "It seemed to

the only thing he really cared for

claimed him in the end," Mark ob-

A welfare worker said recently

bare head down beneath his lips.

"Strange the way it worked out-

kind shivered a little and he

his arm about her, drawing her

They drove by night to Nykerk,

On the following day she and

dwell on the thought.

east and west and north.

heart she was glad.

following day.

29. Indicted. 31. Mesh of lace. 32. Valued. 35. Bestowed. 39. Short letters.

40. To wrench. 41. Preposition of place. 11. To daub. 43. Baking dish. 44. Loyal or faithful.

51. Chemical used as an

57. Relying on something else for sup Sixth note in 58. Before.

> 1. Writing instrument. 3. A card which is the 42. Story. 5. Printer's measure. 6. Meadow.

Vertical.

7. Reached 8. Exists. 9. Ancient.

13. Centers of apples. 17. Married

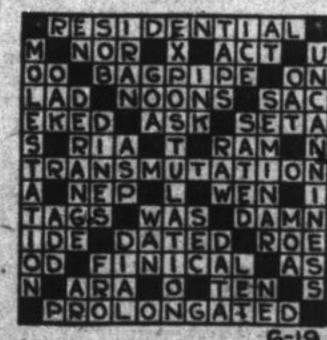
21. Helped. 25. 2000 pounds. 26. Fence doors. ?7. To set apart.

29. Obtained exclusive rights to an inven-30. To duck in the wa-

32. Mathematical term. 34. To wager. 36. Adverbial particle. 37. Largest land plants 38. Prepared lettuce.

40. Humor. only one of its suit |46. Drinking vessel. 48. Rock containing me-

> 50. Organ of sight. 52. Myself. 54. Variant of "a." 56. Measure of area.



Answer to Saturday's Crosswor Puzzle:

The saxophone was invented 1840 by Adolphe Sax.

For The Grate

We can supply some nice Hardwood Chunks or Cannel Coal.

S. ANGLIN CO. LIMITED

LUMBER YARDS, WOODWORKING FACTORY, COAL BINS. BAY AND WELLINGTON STREETS, KINGSTON, ONTARIO Private Branch Exchange 'Phone 1571.

HOUSE WIRING AND REPAIRING

ALL KINDS OF ELECTRICAL APPARATUS

Satisfaction guaranteed. Best work at reasonable prices. "THE DOWN TOWN ELECTRIC STORE"

Corner King and Princess Streets

KINGSTON ICE CO. Ltd. PURE ICE

away with all surface dirt from horses. The use of pure Ice will cut down your food bills.

spoiled would provide ice for a month Prompt and courteous service. 'PHONE 1307.

NIGHT 1169. P. H. SMALL, SUPERINTENDENT.

MRS. BABCOCK SCALDED ON NECK AND ARMS

Accident Happened Perth Road on Friday Morning Last.

Perth Road, June 17-The weather still continues cool, making it at Raymond's Corners, on Thursday sometime. last. A general bee is too be held at 24th, the M. L. M. C.

burns. She returned home with her home again. daughter, Mrs. B. Harris.

Just recently Rev. J. A. Puttenple of former acquaintance, namely Miss Leffan and Mr. Cross of the vicinity of Lansdowne. The happy couple had motored fifty miles to have Rev. Mr. Puttenham tie the knot. At the Kingston General Hos-

pital on Monday morning, Mrs. Geo. Webb underwent a serious operation but on Thursday was reported to be doing well.

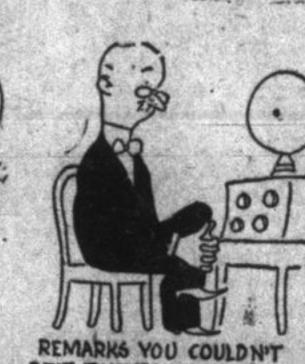
W. Raymond is hauling sand for the Walsh Brothers. Wm. Shales has the overseeing of the road job on the Draper Lake road, beginning at Harker's School house. Good work is being done. Workmen from Kingston have arrived to erect cement bridges agreeable for the farmers' out-of- at Sucker Creek and Draper Creek. doors work. The Mission Circle met These have been much needed for

George Puttenham is convalescent. Wilmur cemetery on Thursday, June The Misses B. and W. Raymond spent Saturday in the city. There is On Friday morning, Mrs. H. Bab- rumour of the Rock Lake Spar cock was badly scalded about the Mines resuming work again. Miss neck and arms. On Saturday morning Annie Cobbet who spent a few days Dr. Freeman was called to dress the at Mrs. Bruce Guthries, Eigin, is

ham joined in wedlock a young cou-ple of former acquaintance, namely

Send address, don't send stam Alice May, Pelissier Villa 12, W.

STAND BY PLEASE . GLUYAS WILLIAMS TUNES IN TO GOOD ORCHES-TRAL PIECE RIGHT OFF THE BAT



LISTENS CONTENTEDLY









. . By GLUYAS WILLIAMS

THEY'RE MISSING ANYTHING FROM THE OTHER STATIONS

WHICH IS NOW ADDED MINOR KE

FAMILY CHORUS OF THEY HODE!



FAMILY VOTES NO







BOOTS AND HER BUDDIES

New House, back to the farm with



