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THE POWER SITUATION IN  
EASTERN ONTARIO.

There is no desire on the part of  
The British Whig to be unduly  
critical of the treatment which the  
Ontario Hydro Commission is accord-  
ing Eastern Ontario, but at the  
same time there is no  
shutting our eyes to the  
fact that the present situation  
is far from satisfactory. The speech  
of Mr. C. A. Maguire of the Hydro  
Commission at the meeting in  
Brockville Friday night reads well,  
but it promises nothing definite so  
far as Eastern Ontario is con-  
cerned.

Whether any political promises  
were made or not, when the con-  
tract for 230,000 horsepower was  
made by the Hydro Commission with  
the Gathenau Power Company, the  
very natural assumption was that a  
goodly portion of that new power  
would be available for Eastern On-  
tario, and so far as Kingston was  
concerned we were led to believe  
that it would immediately make  
available a supply of power for our  
city. It was a great disappointment  
to learn that this 230,000 horse-  
power was to be taken direct to  
Toronto for use in that city and  
Western Ontario.

Eastern Ontario to-day is in the  
humiliating position of having prac-  
tically no power to offer to manu-  
facturers. Mr. Maguire says in  
effect: "Go ahead and get indus-  
tries. We will supply you with all  
the power you require." That,  
however, is not a proper position  
for Eastern Ontario to be in. When  
an industrial committee of an East-  
ern Ontario municipality is negoti-  
ating with manufacturers regarding  
locating factories it should be in  
a position to say "We have power,"  
not "We have been promised power  
if you will come."

It is not a pleasant fact to face,  
but nevertheless it does appear as  
though Western Ontario gets better  
treatment from the Hydro Commis-  
sion than does the eastern part of  
the province. How long would a  
Western Ontario city tolerate the  
position the city of Kingston finds  
itself in to-day, when power is so  
scarce that the Public Utilities Com-  
mission has to refuse permission to  
householders who desire to install  
electric stoves? Would Western  
Ontario rest contentedly if the  
municipalities there were told to  
get the industries first and then the  
Hydro would endeavor to make pro-  
vision to supply their power needs?

A prominent advertising man told  
the writer the other day that 75 per-  
cent of all Canadian national ad-  
vertising now originated between  
Oshawa and Windsor. This means  
that that section is gradually be-  
coming the manufacturing centre of  
the Dominion. Is not the answer to  
this situation contained in that one  
important word, "POWER"?

Mr. Maguire's address was far

BIBLE THOUGHT

FOR WE WRESTLE NOT  
AGAINST FLESH AND  
BLOOD, but against principalities,  
against powers, against the rulers of  
the darkness of this world, against  
spiritual wickedness in high places.  
—Ephesians 6:12.

from satisfactory. If the Hydro  
Commission has an immediate supply  
of power in sight for Eastern On-  
tario it should say so definitely.  
Let us know where it is and what it  
will amount to. If, however, we  
are to be "jollied" along with vague  
talk about the St. Lawrence develop-  
ment, which admittedly cannot be  
available for five years, and may  
not be available for ten, some  
action should be taken by the  
Eastern municipalities, to find out  
from the Hydro Commission whether  
or not it cannot develop some of  
the smaller Eastern Ontario water  
powers.

THE LONGER DAY.

A barefooted boy runs across the  
sun-baked forest floor. It is vaca-  
tion time, a long sweet day in the  
open. The boy pauses to look at a  
strange flower. It is strong, young,  
straight and colorful. He is like it  
as he stands in the forest's shade;  
youthful, brave, shielded from the  
sun and from cares that will. It is  
June 21st and the longest day, but  
tomorrow will be as sunny, the forest  
as cool, the swimming hole as pleas-  
antly warm.

A man breaks rocks in the noon-  
day heat. His shirt is discolored  
with sweat. It is June 21st and hot,  
the longest day of the year. But it  
is like any other. Tomorrow there  
will be more rocks to break, and the  
next day more, for ten perhaps  
twenty years, until the days merge  
into a mass of stone, and the swing-  
ing arm grows as mechanical and as  
bloodless as the arm of the steam  
crane that lifts them for him to break.

A girl sits at the piano. She has  
been playing, but the music stirred  
a dream within her, so she sits gaz-  
ing through the window that opens  
upon the fairland of the future.  
Her dream now is her sweetheart, to-  
morrow it will be her husband, and  
then she will have a dream for her  
boy. It is June 21st the longest day,  
but her dream and life are longer.

An old man, sitting in a deep  
chair, watches the long shadows  
melt into twilight. The noonday  
heat and the storms have passed, and  
the music from within has died  
away. It is the evening of June  
21st, the longest day. The air is  
sweet with a breeze that brings  
memories from the old swimming  
hole in the forest.

WANT CANALS DEVELOPED.

The Trent canal stretches far back  
into Central Ontario but is not equip-  
ped and completed as it should be.  
The governments, of this and of  
previous days, have not been friend-  
ly; they have recognized the plant  
was there and the only money re-  
quired to be spent was that to main-  
tain the properties in safe condition.  
The Rideau canal is treated in the  
same way. Both the canals if made  
first class could handle lots of freight  
and passengers that now are handled  
otherwise. If the people living along  
the canals were to assert them-  
selves, put men in parliament to  
push their claims for canal service  
it could be secured rather than sim-  
ply enough expenditure to keep the  
existing structures in repair and that  
repair of a very mediocre character.  
The canals should be made thorough-  
ly efficient or else the waste of money  
ceased and the canals filled up and  
turned to other profitable uses.

REALLY THIS IS SENSELESS.

We are extremists in many things.  
A little less food and a little more  
exercise would do most of us a lot of  
good. But when we take up exercis-  
ing we generally go at it to strenu-  
ously, just as when we start dieting  
we go to the other extreme and be-  
gin to starve ourselves.

George Healer Johnston has started  
a foodless walk from Chicago to  
New York. The next time he intends  
to take food of any kind is June  
30th, when he hopes to have covered  
the 1,000 miles of highway be-  
tween the two cities.

Johnston is only twenty-nine and  
is a gymnastic director. His body  
ought to be in shape to withstand a  
lot of punishment, but it is exacting  
too much from even the strongest  
system to subject it to the rigors of  
a 1,000-mile hike and starve it at  
the same time.

SOME VIEWS ARE DISPUTED.

A prominent doctor whacks some  
"old wives' notions of food." Toma-  
toes, says he, do not thin the blood;  
orange and milk do not curdle the  
stomach. It is perfectly all right to  
eat oranges or grapefruit or berries  
for breakfast, then cereal with cream  
on it. Brown and white eggs have  
exactly the same food value. Fish  
is not brain food. Raisins have little  
iron compared with other foods.

Avoid coffee, tea, and alcohol.  
They are no friends to sleep. Passions  
of any kind, cravings, and all  
heats, whether of body or mind, are  
against sleep.

DAILY LESSONS IN ENGLISH

BY W. L. GORDON

WORDS OFTEN MISUSED: Don't say "We had an awfully good  
time." "Awful" means to inspire with awe or fear.

OFTEN MISPRONOUNCED: accurate. Pronounce the u as  
in "unit," not as er-in "her."

OFTEN MISPELLED: conceive; el.

SYNONYMS: disaster, catastrophe, calamity, mishap, misfor-  
tune.

WORD STUDY: "Use a word three times and it is yours."  
Let us increase our vocabulary by mastering one word each day.  
To-day's word: IMPULSE: a mental force directly urging to action.  
"He acted upon the immediate impulses of his own wishes."

EDITORIAL NOTES.

Wear a maple leaf on Dominion  
Day. But don't pull them off the  
trees. Buy them.

Two-cent letter postage will be a  
welcome Dominion Day gift from the  
Dominion Government.

The longest day in the year is to-  
day. But there are sick folk who  
think every day is a long dreary  
time.

It was real news when a western  
paper in publishing about a wedding  
at Saskatoon said among those pre-  
sent "were the bride and groom."

If talk could move electric energy  
to operate Eastern Ontario would  
long ere this have had an amply  
supply. But talk is inspiring when  
it is followed by sturdy action.

At Cataragi Golf links a lot of  
people are hitting the high spots on  
the turf, while trying to hit the pea.  
The experiences of the new golfers  
are quite enjoyable to the verandah  
spectators.

Alberta province is to have a stir-  
ring provincial campaign. Five dif-  
ferent parties are in activity. There  
are 185 candidates for sixty seats.  
The Brownlee section is the choice  
for first place.

Tonight the beauty of Canada will  
be found at the Royal Military Col-  
lege at the gayest of festivals. And  
scores of seniors will look on and re-  
call the memories of long ago as the  
dancers glide before them.

Henry Ford had scientific reason  
for stating that America must either  
prohibit the sale of drink or the use  
of the automobile. "As things stand  
at present there would appear to be  
no absolute safe-guard for the motor  
driver but total abstinence," he said.

The Eucharistic Congress in Chi-  
cago is a world event and is attended  
by great and small in Catholic cir-  
cles. Chicago as host to the eminent  
prelates and dignitaries is providing  
wide opportunity for ceremonies, to  
be witnessed by the tens of thous-  
ands gathered from many lands.

Mr. D. M. Kennedy, M.P., is a man  
of fine attainments and he knows  
the right thing to do in view of Peace  
River riding developments. He will  
resign when the proper moment ar-  
rives, when the legal proceedings  
have terminated. But he will not be  
stampeded by the shouting of the  
Tory minority in parliament.

The United Church, through a  
small commission, will wisely con-  
sider the merits and demerits of the  
cadet training given in Canadian  
schools and colleges and report a  
year hence. This will give the dif-  
ferent elements ample time to pre-  
sent their claims and the system will  
be reviewed from all angles. It is  
well to learn all the facts before  
promulgating a decision.

Dr. Elisabeth Shortt, Ottawa, wife  
of the well-known economist, Dr.  
Adam Shortt, frankly advocates birth  
control as the most effective means  
of saving the race from degenera-  
tion. Society will be forced to ap-  
ply this remedy, she asserted, in or-  
der to save itself. Dr. Stowe-Gullen,  
Toronto, favored the sterilisation of  
the feeble-minded and those other-  
wise unfit.

QUEER  
QUIRKS OF NATURE

By Arthur N. Pack  
Many are the names of this bright  
visitor to our fields and coor yards.  
Wild canary he is to many who see  
in his yellow coat, with its darker  
trimming, a resemblance to our do-  
mesticated songster of the old world.  
Another common name is this-  
bird, from its liking for the seeds of  
this plant.

All through the year seeds of  
some kind form its principal food.  
The ripening head of a sunflower or  
two, even in a city yard, will fre-  
quently attract a small flock of fam-  
ily party of these social creatures  
which, as they fly from place to  
place, with the peculiar bounding  
flight seem to call "here we go," as  
if fearful that some individual of  
the little company may be left be-  
hind.

In winter, now in a brownish dress  
that gives little hint that it is still  
a goldfinch, it eats the seeds of such  
grasses and weeds as remain above  
the snow, and especially those of  
birches, alders and others that are  
catkins bearers.  
We do not know that the food of  
the young of this invertebrate seed-  
lover differs from that of its parents,  
but the products of the late summer  
must be necessary, for the goldfinch  
puts off its nesting longer than most  
other birds.  
Seldom are eggs found earlier  
than July and we have found them  
no later in August that the young  
could not have come into the world  
before September, which in our  
northern states is getting pretty cool  
for young birds. Perhaps that is  
why our goldfinch builds such a  
warm and cozy nest, a deep-cupped  
home lined with some of the warm-  
est and softest of nature's bedding  
materials.

News and Views.

Canada's Motto  
Border Cities Star: Nelson's his-  
toric motto might be revised to read:  
"Canada expects this day that every  
man will pay his duty."

If We Only Do  
London Echo: "If we only escape  
June frosts," remarked the farmer  
on the local market, "I look for the  
biggest harvest Ontario has had in  
any time." That's reassuring.

Table Strategy  
Goderich Signal: An Eastern On-  
tario family came to grief through  
eating old headcheese, and the To-  
ronto Telegram is making signs to  
the restaurant waiters at Ottawa and  
pass the headcheese to the Grit and  
Progressive members of parliament.

Where Luck Smiles  
Sarnia Canadian Observer: Luck  
smiles on those who take off their  
coats, put their shoulders to the  
wheel and plug away at the task.  
Fortuna favors men who are not  
afraid of dreary, irksome drudgery.  
Luck climbs no Everest. Luck  
transmutes no cataract into elec-  
tricity. Luck is never a ladder  
from the earth of mediocrity to the  
heaven of achievement.

Will Learn to Know Him  
Woodstock Sentinel-Review: Vis-  
count Willingdon, who is to suc-  
ceed Lord Byng as Governor-Gen-  
eral of Canada, is not so well  
known in this country as he is in  
other parts of the Empire, but  
Canadians will learn to know him  
and to appreciate him, for he has  
a good record as an administrator.  
The task of governing Canada is  
not very difficult for the repre-  
sentative of the King, however it  
may be for the local politicians,  
and it is to be hoped that Viscount  
Willingdon will find his stay  
among us pleasant and his experi-  
ence not entirely devoid of benefit.

Quebec Viewpoint  
La Patrie observes editorially that  
the recent Conservative rally in the  
Montreal Forum furnishes the peo-  
ple of that city with three surprises.  
The first was that a political  
gathering at this time of the year  
could attract an audience which  
numbered, according to the return  
of the organizers, 9,400. The sec-  
ond surprise was that the Liberal  
organ, Le Canada, should devote a  
leading editorial to exhort "our fel-  
lowcitizens, especially the Liberals,  
to go and hear the Opposition lead-  
er," the first time that the Liberal  
organ has shown itself so gracious  
towards an adversary.

The third subject for surprise  
was that Mr. Meighen spoke for half  
an hour in French. Formerly, like  
certain other English-speaking poli-  
ticians, he has sometimes spoken  
several sentences in French and im-  
mediately proceeded to speak in En-  
glish; but on this occasion Mr. Meighen  
delivered a whole speech in  
French, and, except now and again,  
when he had, as it were, to search  
for a rebel word, or occasionally ex-  
perienced a certain difficulty in arti-  
culation, he appeared to be relative-  
ly at ease. Thus the leader of the  
Opposition was able to speak to  
French-Canadians in the audience in  
their own language and to discuss  
the particular situation of this pro-  
vince. The assembly was not mark-  
ed by a single regrettable incident.  
Mr. Meighen was received with per-  
fect courtesy, as the leader of one of  
our great political parties has a per-  
fect right to expect. The province of  
Quebec is free to give or to refuse

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BEGIN WAR ON  
THE FLY EARLY  
By Dr. Hugh S. Cumming.  
There are certain natural enemies  
of flies that deserve your considera-  
tion and protection. Among these  
are lizards, toads, spiders, certain  
kinds of wasps and robber flies, all  
of which devour flies. The lizards  
and toads are particularly good fly  
catchers.  
The enemies of the larvae are  
much more successful in their in-  
roads. First place should be given  
to the birds, which eagerly devour  
both the larval and adult forms.  
The scratching barnyard fowl is a  
worthy enemy and certain forms of  
beetles and ants also feed on both  
larvae and pupae of nearly all var-  
ieties. On the whole, however, the  
natural enemies of the larval and  
adult forms fall to affect an ap-  
preciable reduction in the fly popu-  
lation. Also there are diseases of the  
fly family.  
The most successful method of  
riding a community of flies is to li-  
tigate and continue a campaign for  
that purpose. It is only by the un-  
ited efforts of all residents supple-  
mented by the support of the health  
department and civic organizations  
in general, that progress in fly eradi-  
cation is possible.  
The time of the year has an im-  
portant bearing on the success of  
such a movement. Ordinarily, fly eradi-  
cative campaigns are instituted too  
late in the season to be effective.  
When it is realized that even  
small amounts of garbage and other  
waste matter may serve for the  
development of countless larvae, the  
importance of the removal of these  
can be realized.  
If you live in the country you  
should know that the stable is the  
favorite breeding place for flies.  
Where it is impossible to properly  
protect refuse piles, treatment with  
certain vegetable and chemical pro-  
ducts, with the idea of destroying  
both the eggs and larvae, is to be  
recommended.  
If stable sweepings can neither be  
protected nor treated then frequent  
removal becomes necessary. It is  
essential that the material be re-  
moved at least every four days if  
fly breeding is to be prevented. The  
same applies to collections of refuse,  
organic waste, decaying vegetable  
matter and street sweepings.  
Next to the disposal of stable  
sweepings, the disposal of sewage  
deserves attention, as those flies

"HOW SHALL I BUDGET MY INCOME?"  
INDIVIDUAL ALONE CAN ANSWER THIS  
By S. W. Straus, President American Society for Thrift.  
AMONG the questions most  
frequently asked by those  
who are interested in practicing  
thrift are these:  
"What proportion of my in-  
come should be paid for rent?  
How much should I save?  
What percentage should I budget  
for clothing, food,  
recreation, educa-  
tion, etc.?"  
A little thought  
will make it appar-  
ent that no uni-  
versal rule could  
possibly be laid  
down to govern  
these matters.  
These adjustments  
of personal expendi-  
ture and savings  
can only be made  
by the individual.  
It is generally  
considered, for ex-  
ample, that 30 per-  
cent is about the  
right amount to  
pay for rent. Yet there are those  
who are able to find such shelter  
as they require at much less than  
this, while there are families in  
some of our larger cities who

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