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Mrs. Wm. Hill, Wapella, Sask., writes: "Three years ago I had a severe illness, and ever since have suffered with constipation. A few months ago a friend advised me to use

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LAXA-LIVER PILLS

which I did, although not expecting any results, but I am pleased to say that since using them I have had perfect use of my bowels without any trouble or pain, and have never had leading piles since. Now, I never fail to recommend 'Laxa-Liver Pills' to all my friends."

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ADVENTURES OF THE TWINS by Olive Roberts Barto

An Adventure Under the Sea. "I don't see the shadow now," said the Stork who had carried the Twins and their little fairy friend to the sea-shore to look for the Whiffet's shadow. "It's gone!"

With that he made a dive for a shiny green mackerel, with his long beak, and from that on, he didn't pay the slightest attention to them. A stork can't possibly think of two things at once.

Suddenly a large wave splashed over their feet and there on top of it sat a tiny merman.

"Here's a note from Captain Pennywinkle," he said.

The wave rolled out again and the little water fairy went with it.

Nick opened the note and read: "Dear Twins—I saw you from the bottom of the sea. I can't go to you because I'm the traffic cop down here and if I didn't watch the whales and sharks would run right over everybody. But you can come to me. Bring your little friend in the purple suit along. You'll find three sea-horses waiting for you in the quiet water by the first big rock. Your friend."

"Captain Pennywinkle." The Twins and the Whiffet crawled out onto the great flat rock and looked down.

And there just as the tiny sea policeman had said, were three sea-horses tied to some sea-grass.

"Oh! Oh! I'll shrink more than ever if I get wet again," said the Whiffet. "And if I do I'll burst every seam."

"Oh, no you won't!" said a big hermit crab sticking his head out of a whelk-shell. "I know all about bombaine and it only shrinks twice."

"Well, I don't care—there are chestnuts anyway!" said the Whiffet. "They're exactly like the prickly things that grew on the chestnut tree outside of the attic where I was born."

"Oh, ho!" said Nick. "You're wrong again, Whiffet. Those are fish, too. Or sort of fish. They're called sea-urchins."

"Well, I think the sea's a queer place," said the Whiffet. "I think they don't have shadows here at all!"

But just then it got very dark over their heads. A lot of big fish were swimming right over them. And on the white sand below was a whole flock of fish shadows.

"Oh, dear!" said the rag-bag fairy. "I'm all mixed up."

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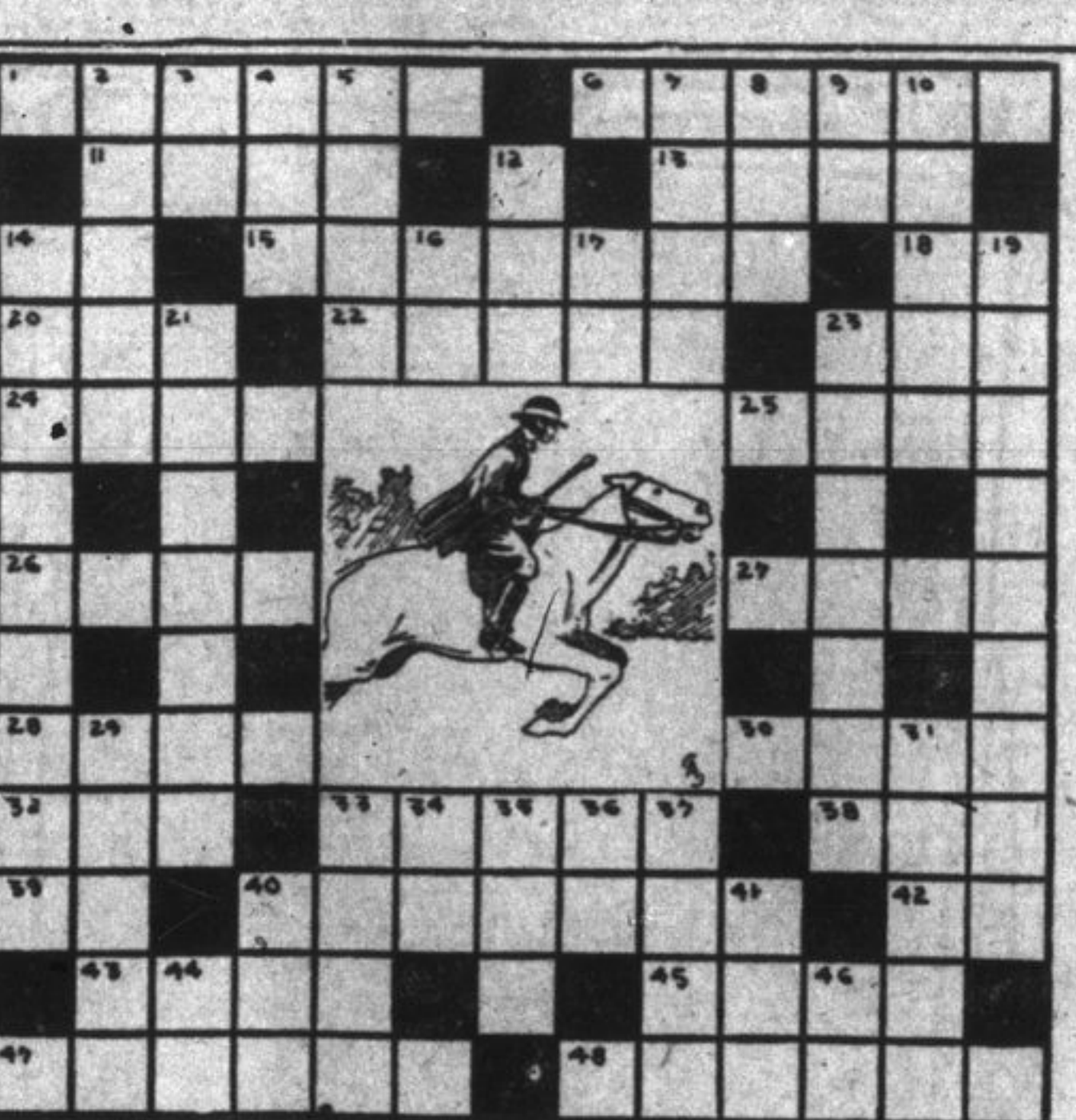
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CROSS-WORDPUZZLE



- Horizontal. 1. Equine animals. 2. Moderate gait resembling a gallop. 3. Dry (said of wines). 4. Tumultuous disturbance. 5. Rider's shoe. 6. Seventh note in scale. 7. Rubbed harshly. 8. Exclamation of laughter. 9. Affirmative. 10. Riding costume of a lady. 11. Part of a harness inserted in the mouth of a horse. 12. Scheme. 13. Mischievous. 14. Mean vulgar fellows. 15. Unoccupied. 16. Treated with a strong caustic solution. 17. Fairy. 18. Cover. 19. A person on horseback. 20. Dry (said of wines). 21. You. 22. Pertaining to a membrane of the eye. 23. Exists. 24. To lend. 25. Average. 26. Accepts. 27. Muscid fly which carries disease. 28. Large bay or recessed window. 29. Measure used in Japan. 30. Call for help at sea. 31. To engrave on metal. 32. To help or instigate. 33. To bow. 34. Toward. 35. Moral. 36. Slight flap. 37. Regularly or normally. 38. Sun god. 39. 3,1416. 40. Muscular games and sports. 41. Harnessed by placing a padded seat on a horse's back. 42. Harness headgear (pl.). 43. To submit. 44. To lease. 45. Neuter pronoun. 46. To excavate. 47. Half an em. 48. Battering machines. 49. To knock. 50. Sheltered place. 51. Yellow Hawaiian bird. 52. Preposition.

DECAY R SODAS FORRS DEN SENT POA OATEN PEA ADVERTISEMENT REED ART ANTE T DIDE RID M MA TED WEN RE EGG DALES DIN NO SATIRES AT T TENEMENTS S FEAT P TOTE LEST GEM PARE ANT LODES SAN

Answer to Thursday's Crossword Puzzle.

N. Smith is putting in new cement stables. Dr. Topping, of Perth, is at his cottage, Eagle Lake, for the summer. Mrs. Snider, Verona, at Mrs. Della Goodfellow's. L. B. Bateman and family were at Alexander Babcock's, on Sunday. Harry Card is at Mountain Grove. The Ladies Aid held its monthly meeting at Mrs. Fred Kirkham's and plans are being made for a law social in July. Field Day is being planned for the 1st of July on the fair grounds. Mr. and Mrs. W. D. Black have returned from Ottawa where they spent last week-end.

RE-ENGAGED MISS AMEY.

People of Croydon Are Pleased Over the Matter. Croydon, June 14.—Messrs. Ross Dan and Robert McGregor and Leas Keller took in the excursion to Ottawa and visited Hull, Que., while on their trip. A number of our Croydon Institute Ladies attended the convention at Enterprise. Misses Agnes and Celia Nolan and Nancy Oederkirk and James Johnson spent Friday evening at Patrick Dwyer's, Bethel street.

Mr. and Mrs. W. B. Close and Anne and Miss Margaret Close spent Saturday evening at George Black's, Camden East. Stewart Close and Miss Nancy Oederkirk spent Sunday at Irvine Oederkirk's, Canaan. Mr. and Mrs. Patrick Nolan and family attended the funeral of their uncle, John Nolan, Napanea, on Sunday.

The trustees of Croydon school have hired Miss Amey, for another year and the pupils and parents of the section are well pleased as Miss Amey has done splendid work with the pupils. Earl Tiskey spent a couple of days at Mr. Mahan's, Marlbank. Church service Sunday night at Croydon Community Hall, conducted by Rev. Mr. Thornles, Tamworth.

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Medical Writer Tells How To Keep Young Unto A Ripe Old Age

Says Ambition, Vigor and Energy, Ability and Healthy Vitality Should Not Be Confined to Youth. Just because you are past middle life, or due to ill-health are an unhappy victim of chronic weakness, despondency, inertia and inability, don't give up hope and think you don't have to stay this way—and don't make the mistake of thinking your condition the natural consequence of age.

Many folks in their early thirties seem old and "worn out"—while others, well past sixty, appear to be in the prime of life. Youthfulness is not taken away by the passing of a certain number of years—but through carelessness, misunderstanding or lack of "fighting spirit," it is often lost or almost killed. No matter what your age may be, if you have not lost the "spirit of youth" and the desire to be at your best—you can surely be helped—and here's a suggestion that will prove its value in two weeks' time. Go now to Jas. B. McLeod and get a box of Double Strength Erbac and take it regularly according to directions for the full 16 days—then test your condition, your energy and endurance. The value of the treatment can easily be proven by results!

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