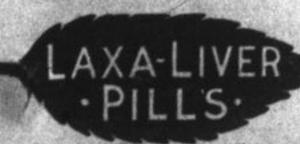
A Severe Illness Caused Constipation

Mrs. Wm. Hill, Wapella, Sask., severe illness, and ever since ve suffered with constipation. A few months ago a friend advised

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which I did, although not expecting any results, but I am pleased to say that since using them I have had perfect use of my bowels without any uble or pain, and have never had eeding piles since. Now, I never to all my friends."

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Prompt delivery

"I don't see the shadow now." even shrinking." said the Stork who had carried the Twins and their little fairy friend to whelk just so you could have his the sea-shore to look for the Whif- house."

fet's shadow. "It's gone !" pay the slightest attention to them. Avenue and Sand Boulevard at the A stork can't possibly think of two bottom of the sea. things at once.

sat a tiny merman.

nywinkle," he said The wave rolled out again and the little water fairy went with it.

bottom of the sea. I can't go to you and sharks would run right over so ! everybody. But you can come to me. Bring your little friend in the chestnuts anyway !" said the Whifpurple suit along. You'll find three fet. "They's exactly like the prickly sea-horses waiting for you in the things that grew on the chestnut quiet water by the first big rock. tree outside of the attic where I was

"Captain Pennywinkle." out onto the great flat rock and fish, too. Or sort of fish. Theyre looked down.

And there just as the tiny sea per "Well, I think the sea's a queer 11. Tumultuous distur- 39. You. liceman had said, were three sea- place," said the Whiffet. "I think horses tied to some eel-grass. "Oh! Oh! I'll shrink more than all!"

every seam." hermit crab sticking his head out whole flock of fish shadows. of a whelk-shell. "I know all about "Oh, dear!" said the rag-bag 22. Riding costume bombaine and it only shrinks twice. fairy. "I'm all mixed up."

An Adventure Under the Sea. | All things come to an end some time,

"And whelks," said a lobster severely. "You know you ate that

The Twins and the Whiffet got on With that he made a dive for a the three sea-horses and soon they shiny green mackerel, with his long were quite under the water, travelbeak, and from that on, he didn't ling along toward the corner of Shell

"Oh, look !" cried the little rag-Suddenly a large wave splashed bag fairy. "The sky has fallen into over their feet and there on top of it the sea. There are all the stars!" "Oh, ho!" laughed Nick, "They "Here's a note from Captain Pen- aren't stars. They're fish-starfish." "Humph !" said the Whiffet.

So they all rode along and along Suddenly the Whiffet cried out, Nick opened the note and read: "Look there! The garden has fall-'Dear Twins-I saw you from the into the sea. Look at the flowers!' "Oh, ho!" said Nick. "Those are because I'm the traffic cop down here fish, too! Or sort of fish. They're and if I didn't watch, the whales called sea-anemones. My book says

"Well, I don't care-there are

The Twins and the Whiffet crawled wrong again. Whiffet. Those are called sea-urchins."

they don't have shadows here at 13. Rider's shoe.

ever if I get wet again," said the But just then it got very dark "And if I do I'll burst over their heads. A lot of big fish 15. Rubbed harshly. were swimming right over them. And "Oh, no you won't!" said a big on the white sand below was

WILD GEESE

By Martha Ostenso.

ran out of the house. She stumbled got one of the work horses out of everything I could to prevent Judith over the ruts of the cattle yard un- the corral and hitched it to the plow. from going," Lind said regretfully. til she came to the gate. Sobbing He let down the bars of the sheep "Although I am sure she would and trembling from head to foot, pasture and lashed the horse fur- have gone anyway." she climbed over it and kept on rune lously, driving him toward the "Yes-she would have gone," ning blindly down the trail! She southern point of the timber he had Amelia said in a weak voice. "I raised her head to see if he were in bought of Fusi Aronson. He would wanted her to go." sight. Then an astounding specacle have to plow a fire-guard around it

could hear the roar of the flames, the bush and the flax would be a come a little sooner-For many seconds she was unable to waste of land. . . . ly thinking of what she was doing, over her. along the trail, and heard the swift ed, "has he gone?"

nounted. arm about her. "we're in for it!" Lind broke away. "Mark-hurry dare to do anything."

-Caleb is killing Amelia!" face was twisted with disbelief. He Lind said quickly. The moment he had waited for had come. And she had cheated He would be forced to tell Mark Jordan himself now if he wanted told. Little satisfaction in thatlittle indeed-a clumsy business. He stepped back from her prostrate body. Cold realization came upon him suddenly. He had spent all his will on her-with no effect. She had broken him. Broken him in the crisis. Something crumbled within him, like an old wall, leaving bare his spirit. His sanity came back to him, the cold clear sanity that had been gone from him during the years of his hatred. It was like sudden, clarifying sobriety after a drunken brawl. Shame and self loathing broke upon him over-poweringly. He lunged aside and made for the door, feeling his way as if he gone suddenly blind-blind with sight. His eyes were half

Outside he lifted his face to the air. A pungent odor struck his nostrils. Then, his eyes opening, he aw the east sky.

"God!" he shouted. He felt his rain splitting. He ran down the sheep pasture to see more clearly the extent to which the fire had spread The wind was due south.

Lind shot a glance at Amelia and Idragged out a small plow. Then he on like that, I should have done met her eyes, and at once she per- so that the flames would not jump to ceived that the air was thick with the bush on the east. Once into the I'm afraid, Lind," Mark said then. smoke. North of the trail the timber bush, it would have a clean sweep "She may have to be prepared to had become a blazing spume that to the edge of the flax field. There leave." He glanced at the woman was being thrown southward by the had been no fires here for years. He pityingly, and with rage in his wind. Even at this distance she had thought a fire guard between heart for Caleb Gare. If he had only

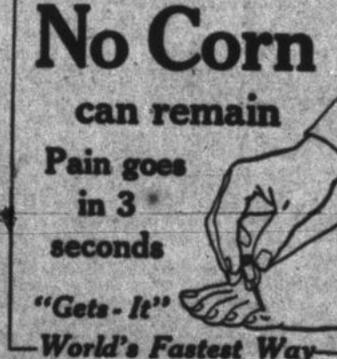
move. Where was Mark? Had he Back at the house Lind and Mark is it?" she asked. passed the neck of timber? Were came in upon Amelia. She had drag- "The bush is burning," Mark told the Sandbos safe? What would hap-ged herself to the couch and was her. "Making south-it will be al pen to Amelia, indoors with Caleb? lying there motionless. Mark stood most at the trail by this time. And She ran down the road a bit, scarce- in the doorway while Lind bent there's a strong wind. I'll have to stables. Dr. Topping, of Perth, is Grace McIntosh, wife of Orrin

Then she made out a horse coming "Dear Mrs. Gare," Lind whisper- Amelia straightened up. "Where summer. Mrs. Snider, Verona, at

Mark reined in beside her, and dis-speak. "Let me get you some water," the the door. When she saw the burn- is at Mountain Grove. "Lind!" he cried, throwing his Teacher said. "Mark Jordan is ing timber she made an exclamation The Ladies' Aid held its monthly member of the Women's Missionary

Presently Amelia sat up and half "Wait, Mark," Lind kissed him that she had beaten him-beaten smiled at them. She brushed the dis- quickly. "Take care of yourself." ordered hair back from her face, Amelia opened the door for him and and drew her collar over a great red he ran out.

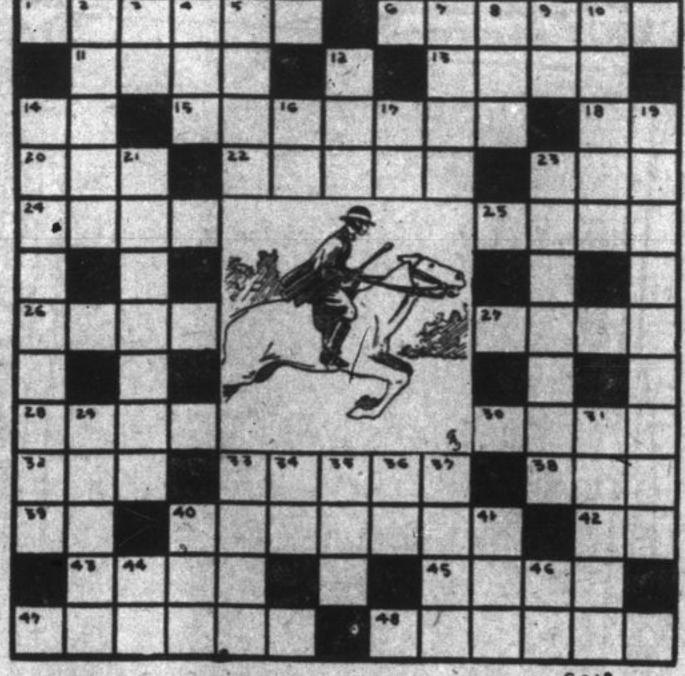
"If I had known he would carry the fire would reach the road lead-



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Madela Canada

CROSS-WORDPUZZLE



Horizontal 32. Cover. Equinine animals. Moderate gait resembling a gallop.

14. Seventh note Exclamation laughter. 20. Affirmative

a lady. 23. Part of a harness inserted mouth of a horse. Scheme. Mischievous.

Mean vulgar Unoccupied Treated with strong caustic solu-30. Fairy.

Lind hid her surprise.

Amelia looked up quickly. "What

ride to Yellow Post and get help."

thing alone with that gale."

It was a matter of minutes before

ing to Yellow Post on the east. Mark

the neck of timber and left the roar

of the flames behind him, heading

south. Then he looked back, and

could make out against the glare

the figure of a man stooping forward

over a plow, driving a horse before

him. It was Caleb Gare, trying to

cut off the fire at the southern ex-

tremity of the timber he had bought

futile work. The wind would launch

short distance from the place where

flaming torches into the bush

Caleb was plowing, long before

got to the stubble of the hayfield

at the edge of the timber. Because

of the direction of the wind, Caleb

might with great good luck save the

hay. But the bush south of Fusi's

timber was doomed. And adjacent

to it stood Caleb's flax field, dry and

(To be continued)

Parham Personals.

Parham, June 17 .- A number of

rich with oil

33. A person on horse-12. Slight flap. 38. Dry (said of wines).

42. Exists. 43. To lend. 15. Average. 47. Accepts. 48. Muscid fly which carries disease.

Vertical. 2. Large bay or cessed window. 3. Measure used Japan. Call for help at sea. 5. To engrave on

gate. 8. To bow. 9. Toward.

metal.

14. Regularly or nor

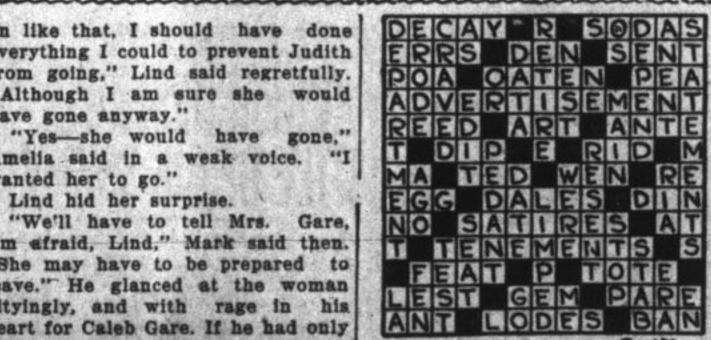
16. Sun god: 40. Pertaining to a 17. 3.1416. membrane of the 19. Muscular and sports. 21. Harnessed by placing a padded seat on a horse's back.

> 23. Harness headgear (pl.). #29. To submit. 31. Bridie straps. 33. To lease. 34. Neuter pronoun

35. To excavate. 36. Half an em. 37. Battering machines. 40. To knock.

41. Sheltered place. 7. To help or insti-44. Yellow Hawaiian bird.

46. Preposition.



6-17 Answer to Thursday's Crossword

N. Smith is putting in new cement at his cottage, Eagle Lake, for the Strader, in her 55th year, The late has he gone?" she asked. "He must Mrs. Della Goodfellow's. L. B. Batehoof-beats. In another moment Amelia nodded. She was unable to have taken the plow out-" She got man and family were at Alexander to her feet unsteadily and ran to Babcock's, on Sunday. Harry Card and previous to her illness was very

here. If he comes back he won't of dismay. Mark hurried after her. meeting at Mrs. Fred Kirkham's and Society and teacher of the Worker's "I'll go to Yellow Post," he said. plans are being made for a lawn so- Class in Sunday school. The funeral Lind put her hand under Amelia's "Lind, you'd better stay here with cial in July. Field Day is being service, which was held at Brinston Amelia still had consciousness. head. She appeared to have faint- Mrs. Gare. I'll come back by way of planned for the 1st of July on the church, on Friday at 2 p.m., was very Caleb leaned forward over her. His ed. "Mark-get me some water," the west road. We can't do any- fair grounds. Mr. and Mrs. W. D. largely attended, and was conduct-Black have returned from Ottawa ed by Rev. J. Holt Murray, of Maywhere they spent last week-end.

RE-ENGAGED MISS AMEY.

People of Croydon Are Pleased Over the Matter.

rode as he had never ridden before Croydon, June 14-Messrs. Ross in his life. He passed safely through Dan and Robert McGregor and Less Kellar took in the excursion to Ottawa and visited Hull, Que., while on their trip. A number of our Croydon Institute Ladies attended the convention at Enterprise. Misses Agnes and Celia Nolan and Nancy Oderkirk and James Johnson spent Friday evening at Patrick Dwyer's of Fusi Aronson. Mark knew it was

Mr. and Mrs. W. B Close and Annie and Miss Margaret Close spent Saturday evening at George Black's, Camden East. Stewart Close and Miss Nancy Oderkirk spent Sunday at Irvine Oderkirk's. Canaan. Mr. and Mrs. Patrick Nolan and family attended the funeral of their uncle. John Nolan, Napanee, on Sunday.

The trustees of Croydon school have hired Miss Amey, for another year and the pupils and parents of the section are well pleased as Miss Amey has done splendid work with Mr. and Mrs. Edmund Leeder, Oneithe pupils. Earl Tiskey spent a cou- da, N.Y., spent one day last week at ple of days at Mr. Mahar's, Mari- W. A. Deir's. M. W. Steacy purbank. Church service Sunday night chased a handsome new Oldsmobile farmers have been working on the at Croydon Community Hall, con- sedan. V. Cross spent a couple of road. Nigel Howes has returned ducted by Rev. Mr. Thornlee, Tam- days in Brockville where he was a from Kingston General Hospital. J. worth.

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OUR SATURDAY BARGAIN CORN BROOM, 45c.

REV. F. G. ROBINSON LEAVING. Lyn Workers in United Church Sorry

at His Going. Lyn, June 16 .- Rev. F. G. Robinson, who has had charge of the United Church here, is leaving the last of this month to become minister of the United Church at Peffer-

law, Ont. Rev. Mr. Robinson has Says Ambition, Vigor and Energy, done a good work here and all who l are interested in the welfare of the United Church are sorry to lose him. The Tuxis Boys of Leeds county will attend their annual divine service in the United Church, here, next Sunday evening, June 19th. Mr. E. J. Smith, Brockville, who is vicepresident of the Boys' Work Board,

will be the speaker on this occasion. The village commission is making extensive repairs to our streets. which was much needed. We wish they would make an effort to keep the cows off the sidewalks. The Stewart Garage and Service Station is erecting two up-to-date gas tanks in front of their garage. mother, Mrs. W. Barlow, Mrs. Helen

B. Paul has returned home after visiting friends in Toronto. R. G. Stewart, of Stewart's garage, is selle ing quite a number of Essex coaches this season. Ray is a hustler. Mrs. days this week.

Late Mrs. Strader, Brinston. The death occurred at Brinston on Wednesday, June 9th, of Janet Mrs. Strader, who was a patient sufferer for the past two years, was a member of Brinston United Church. active in church work, being a life nard, personal friend and former pastor of the deceased, assisted by Rev. G. M. Perrigard, Brinston, and Rev. Mr. Newman, Dundela, She leaves to mourn her loss, beside her husband, one daughter, Mrs. F. Cummings, Toronto, three sons, J. Ward, of Ottawa; Basil and Edgar, friends from abroad of Brinston, and one grandson, Baby Lorn Strader. The floral tributes were many and very beautiful.

Pentecostal Mission

Outlet, June 17 .- The Pentecostal Mission at Marble Rock is attracting quite a number from here. Mrs. Margaret O'Grady has returned to her home after spending some time with her daughter in Brockville. Mr. and Mrs. Milton Burns and children spent Sunday in Gananoque. W. J. Kennedy has completed painting a barn for N. Foday. Miss Madeline Vandeburg is spending a few days at her home here previous to writing on her final fourth form examinations at the Brockville Collegiate, Mrs. H. Mangan and baby, Toronto, were recent visitors at Benedict Fodey's.

How To Keep Young Unto A Ripe Old Age

Ability and Healthy Vitality Should Not Be Confined to Youth.

Just because you are past middle life, or due to ill-health are an unhappy victim of chronic weakness, despondency inertia and inability. don't give up hope and think you have to stay this way-and don't make the mistake of thinking your condition the natural consequence of

Many folks in their early thirties seem old and "worn out" - while others, well past sixty, appear to be in the prime of life. Youthfulness is not taken away by the passing of a certain number of years-but through carelessness, misunderstanding of F. H. Barlow, Toronto, is visiting his lack of "Fighting spirit," it is often

ost or almost killed. No matter what your age may be if you have not lost the "spirit of youth" and the desire to be at your best-you can surely be helped -and here's a suggestion that will prove its value in two weeks' time J. E. Jones is visiting friends in Go now to Jas. B. McLeod and get a Kingston and Gananoque for a few box of Double Strength Erbac and take it regularly according to directions for the full 16 days-then test your condition, your energy and endurance. The value of the treatment can easily be proven by results!

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