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By heeding the call of Spring, "CLEAN UP AND PAINT UP." We have the sort of Painting Supplies you need. We have all kinds of Carpenter Tools for those little odd jobs. We have Garden and Lawn Tools, Lawn Hose and Sprinklers to keep the garden and lawn in shape. Everything we have you can buy cheaper than elsewhere.

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### TONS OF DAMAGED DYNAMITE EXPLODED

#### Out Near Northbrook, Breaking Many Windows—Tourists Already Arrive.

Northbrook, May 10.—Fright was general May 3rd, when many tons of damaged dynamite were put in four heaps and exploded during the afternoon at the Cobalt-Frontenac Mining Company plant without warning. The earth rocked and many windows were broken in the village, also dishes and produce on the store shelves. It was thought to be an earthquake until particulars were heard. At Arden, a distance of twenty miles, windows were shattered.

The Glasboro school has been opened for service and each Tuesday evening Rev. N. Bosko will officiate. Mrs. Henry Ellis is home from Webwood where she spent a few weeks visiting relatives.

Harlowe fishermen are keeping this locality well supplied with choice fish. J. Vogan purchased a Ford car from Edward Way of Tweed. Miss Annie Delyea, of Harlowe, is visiting at Mrs. D. Spicer's. Rev. E. Cadley and son, Jack, dined at J. Vogan's Sunday.

Spring has arrived in all its splendor and the neighborhood is taking on a fresh aspect since H. Saul has given his "Tourist Hotel" a pleasing tone of paint, and others are fast following his example.

Roy Reid purchased a lot from C. C. Thompson lying between J. L. Lloyd's and the Wood's garage and is preparing to erect a house. Peter Lloyd has established his meat route covering all the neighboring villages once each week.

A baby boy arrived April 30th to gladden the hearts of Mr. and Mrs. S. G. Both at the Ore Chimney mines. During the same day the stork visited the home of Mr. and Mrs. Peter Vanness leaving another wee boy.

Mr. and Mrs. Stephen Wolchuck of the Black Donald mines have moved to the Ore Chimney mines where Mr. Wolchuck will be employed in future. John Both is in Denbigh for a few days from where he will go to his new spacious garage in Winchester lately purchased by his brother, S. G. Both, and himself. As these men have spent some years in our midst and have proven true blue they will be greatly missed but all join in wishing them success in their new promising undertaking.

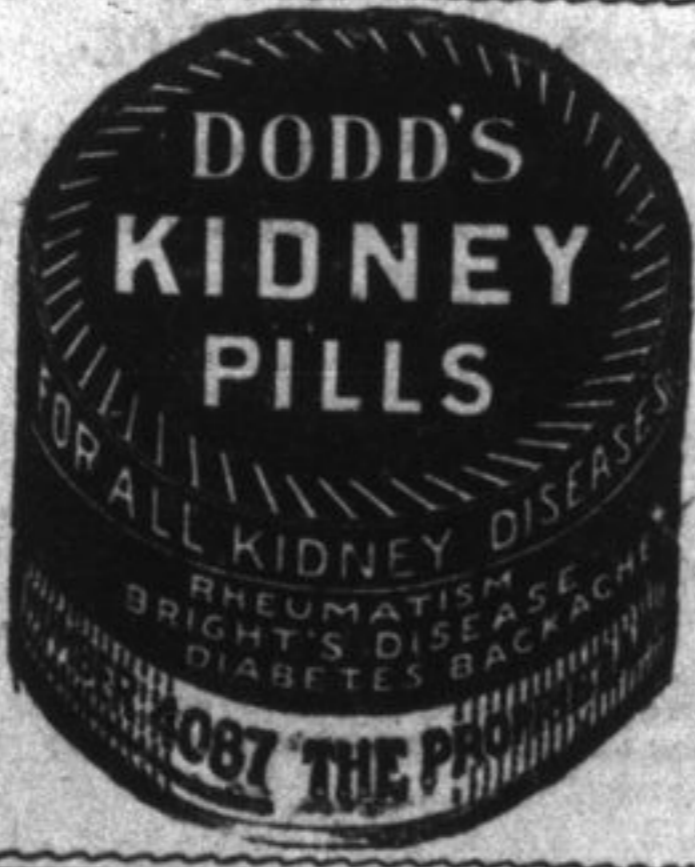
The auction sale of James Thompson's stock, implements and house furnishings held Wednesday by Auctioneer C. C. Thompson was a decided success. Mr. and Mrs. J. Thompson and family leave this week for Manitoulin Island where they will reside in future.

A large congregation enjoyed a fine discourse Sunday morning in the United church when Rev. E. Cadley spoke on "Honor Thy Father and Thy Mother," fittingly applied to Mother's Day.

Amos Lloyd is home from Perth Road lead mines suffering with blood poison in the hand. Mr. and Mrs. Ernest Vanness are moving on the farm lately vacated by James Thompson. Mr. and Mrs. Charles Thompson attended the funeral Friday at Dead Creek, of Mrs. Ransford Vesley.

Among those spending Saturday evening in Tweed were Mr. and Mrs. M. Wolchuck, Mr. H. H. Watson, Miss G. Vanner, Mrs. R. Moon, Miss I. Lessard, Mr. and Mrs. S. Wolchuck, Mrs. C. C. Thompson and others. Rev. N. Bosko spent the week-end with Fernleigh pafishioners.

Tourists have already arrived and excellent fishing is experienced. Much maple syrup is for sale ranging from \$1.50 to \$1.75 per gallon. Mont Wood spent the week-end at home, returning on Monday to Perth



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Road where he is employed in the lead mines.

Miss Arvilla Curtis is spending the week with her sister, Mrs. Henry Lloyd. Mr. and Mrs. C. C. Thompson returned last week from Kingston where they were visiting Mrs. George Pyke. Mr. Thompson purchased a new six cylinder Pontiac car while in Kingston.

Loud is the praise given Charles Rutnan, who is fast improving the road from Kaladar to Cloyne. D. T. J. C. Tindle purchased a Ford coupe from Gordon Wood.

Hillier Thompson had a slight operation at the Hotel Dieu, Monday.

### GENERAL HOSPITAL INVITES THE PUBLIC

#### To Visit the Institution on Wednesday—Nurses' Graduation Exercises.

National Hospital Day will be observed at the General Hospital on Wednesday, May 12th, for the first time. On this day the general public are invited to visit the hospital and get an idea of the facilities provided there for the care of the sick. Two others will be in readiness on Wednesday afternoon to show visitors over the hospital, and in this connection the hospital authorities specially request that all visitors enter by the main door.

The graduation exercises are also to be held on Wednesday evening when the members of the graduation class will receive their diplomas and the prizes won by the under graduates will be distributed. On this occasion Miss Jean Browne, of Toronto, president of the Canadian National Society of Nurses, and delegate last year to the International Convention of Nurses at Heisingford, will address the graduates. This is the first time in many years that a woman has delivered the address to the graduates.

National Hospital Day which is observed in a great many hospitals in Canada and the United States fulfils the dual purpose of a tribute to Florence Nightingale, the real founder of the nursing profession for women, and an observance calculated to draw attention to the great medical institutions of the country. May 12th, the birthday of Florence Nightingale, is always the day set aside.

Nursing as a profession for women is now recognized as probably the one profession to which women by nature are best suited, and even so young a man as Attorney-General W. F. Nickle is able to remember the sharp difference of opinion which was raised here in Kingston when it was proposed to change the nursing staff from men to women. National Hospital Day is a time when those not acquainted with the work done by nurses get an opportunity to see them at work.

Hospitals have made wonderful strides during the last quarter of a century and have come to be regarded as places where the sick can most efficiently be cared for rather than as pest houses, which was the case not many years ago. Superintendent Fraser Armstrong of the General Hospital believed that the hospital has not yet come to its full growth and he predicts the time when the hospital will follow the patient to his home and there will accomplish perhaps a greater work in preventing disease than it is not doing in helping to cure disease.

### KINGSTON REBEKAHS PAY NAPANEE VISIT

#### The Cadet Corps of Napanee Collegiate Inspected Monday Afternoon.

Napanee, May 11.—On Monday evening about fifty ladies from the Kingston Rebekah Lodge motored to Napanee, where they were entertained to a banquet by the Queen of Sheba Rebekah Lodge of Napanee.

The trial of Frank Kinkley, who was arrested last week after a car accident on the Newburgh Road, was held Monday before Magistrate G. F. Rutnan. The decision was reserved until Tuesday morning.

The annual inspection of the Cadet Corps of the Napanee Collegiate Institute took place on Monday afternoon at two o'clock. The following were the officers: Captain, Albert Hill; platoon commanders, Jack Judson, Claude Fraser and George Robson. Three Highlanders from "B" Company played the bagpipes during the inspection. Evans Robson, Deverde Powell and Bob Hanna. Capt. Trudeau, of Kingston, inspected the cadets, who numbered about seventy, and was greatly pleased with their work.

T. B. Wallace has purchased Mrs. W. S. Dettler's property on Bridge street west. C. Waite will occupy it on the 1st of June.

F. B. Allison has purchased Mrs. Manly Jones' home on Thomas street and will occupy it in the near future. Mrs. W. S. Herrington returned yesterday after spending several weeks visiting friends in Baltimore, New York and Boston.

Mrs. Alexander MacGregor and Miss Eald are visiting friends in Toronto.

A Couple Left Glenora.  
Mr. and Mrs. Almon Dulmage, Glenora, left Tuesday for their new home in Belleville. Before leaving the Women's Institute of which Mrs. Dulmage is a member, met at their home and presented Mrs. Dulmage with a beautiful basket stand for fancy work and also presented Miss Margaret Thurston, another member of the Institute, with a pearl ring. Miss Thurston left Friday for Toronto where she is training for a nurse.

### GANANOQUE

Gananoque, May 11.—Dr. J. C. Pudney, Montclair, N.J., as in town Saturday last to meet Mr. and Mrs. Daniel Calkins, Rochester, N.Y., to whom he concluded the sale of his beautiful summer home, Hart Island.

Miss Rosa Davis, Hamilton, was the guest of Mr. and Mrs. E. S. Byers over the week-end.

At the annual meeting of the Canadian Canoe Association held at Ottawa on Saturday last it was decided to hold the races at Gananoque again this year. Last year proved the best in the history of the Association. E. G. Tressider of the Rideau Canoe Club was appointed commodore to succeed A. F. Marcell. This year's Regatta will include some events in the morning, thus completing the programme reasonably early. Gananoque was represented at the meeting by Ford Gillespie.

Mrs. Garfield Hood was the soloist at the morning Mother's Day service in Grace Church Sunday morning.

The funeral of the late Michael O'Connor, which took place yesterday morning, was very largely attended, several out of town friends being present.

Anniversary services were held in St. Andrew's church on Sunday last. Rev. Mr. Odrun, Brockville, was the preacher of the day and gave two eloquent sermons morning and evening. The musical part of the programme was specially fine. Mr. Staebler, Mrs. Spencer, Roy Bell and W. D. Cotton were the soloists. Next year will mark the hundredth anniversary, the congregation being organized in 1827. Rev. Mr. Smart was first in charge followed by the Rev. Dr. Gordon, whose connection with St. Andrew's, like Dr. Gracey's is lovingly connected with its history.

On May 1st in St. John's Church Rev. A. J. Hanley united in marriage Michael Donohue, a prosperous farmer of Leeds, and Miss Alice Millford, Montreal.

Mrs. Hudspeth, Montreal, who has been the guest of Mrs. W. F. Stevens for the past week, returned home at the week-end.

Chris Knight, the popular caretaker of Grace Church, is seriously ill, his condition causing his many friends much uneasiness.

Mrs. John Webster, who recently underwent an operation in Kingston General Hospital, returned home a few days ago, and is rapidly regaining her health.

The Dramatic Club of St. John's Church, Gananoque, are putting on "Oak Farm" in Lansdowne next Friday evening under the auspices of St. John's Anglican Church.

Miss Mildred Norris, Howe Island, who has been supplying for the past few weeks on the staff of St. John's School, owing to the illness of one of the Sisters, returned home on Monday.

Mr. and Mrs. Fox, Toronto, are taking up residence here in the William Toner house on Market street. Mr. Fox is manager of the Burns shoe store.

O. Running has moved into J. Malory's house on James street.

All the Auditorium will hold will be on hand to-night to see the first presentation of "Fleur-de-lis" and the prospects look good for crowded houses for each of the three performances.

### VISITING AT CONSECON.

George Bush Purchased a Residence in Village.

Consecon, May 6.—Friends of R. Blakely, a former resident, were glad to see him in the village this week. Mr. Blakely, who now resides in Kingston, was visiting a short time in Trenton as well as his home village, Consecon, and at Salem.

George Bush, South Lakeside, has purchased the brick dwelling formerly occupied by L. Goodmurphy. H. Murphy will soon have his gas station in operation, which will be easily in evidence to all incoming cars into the county.

Rev. Mr. Wolfrum made a trip to Trenton on Friday. Visitors in the village on Friday were Mr. and Mrs. R. Walt, North Lakeside. I. Parks is again plowing gardens and is quite busy. Mrs. Gould and little

"Look out Grandpa, mind the ceiling—Ease up on 'at' Kruschen feeling."

## "When the Heart is Young"

Youth is a wonderful thing. And the most wonderful thing about it is that it has nothing whatever to do with your so-called "age."

Youth is an affair of the heart, which need never grow old at all. Indeed, it frequently happens that the longer a man lives the younger his heart grows. And so at sixty you will find him game for anything, because he has learned the secret of abiding youth.

That secret is to be found in the blood that streams through the body. Keep your blood pure and virile, and you'll keep the spirit and the boundless energy of the heyday of life. And the way to do that is the simple way of the "little daily dimeful."

### Not one Salt but Six

"Little daily dose," you may say! "I've already tried out Epsom and Glauber, and never yet collected enough of that 'Kruschen feeling' to cover a dime. So what's the good of talking to me about 'Kruschen'?" The error of arguing in this fashion lies in assuming that 'Kruschen' is just a single salt, like the others, and that therefore it's just an aperient, like the others. 'Kruschen' is not a single salt, but a blend of six different salts, each of which has a different duty to do.

If you lived under ideal condition, your system would do for itself,



exactly what the "little daily dimeful" does for it; but, because of your artificial mode of life, you don't inside shirks its duty, you don't get your supply of the six vital salts for which every day your system cries out, and you suffer in consequence.

### It's the little daily dimeful that does it

Kruschen comes in to help where Nature fails. Not only does it rid your body of all clogging poisonous waste matter, but it acts directly on your blood, purifying and invigorating it and filling every vein in your system with tingling vitality.

Remember—it's the little daily dimeful that does it. So make up your mind to buy a bottle to-day. A bottle costs 75c and contains 160 pinches, nearly a six months' supply of that "Kruschen" feeling. Take the first pinch and begin growing younger to-morrow.



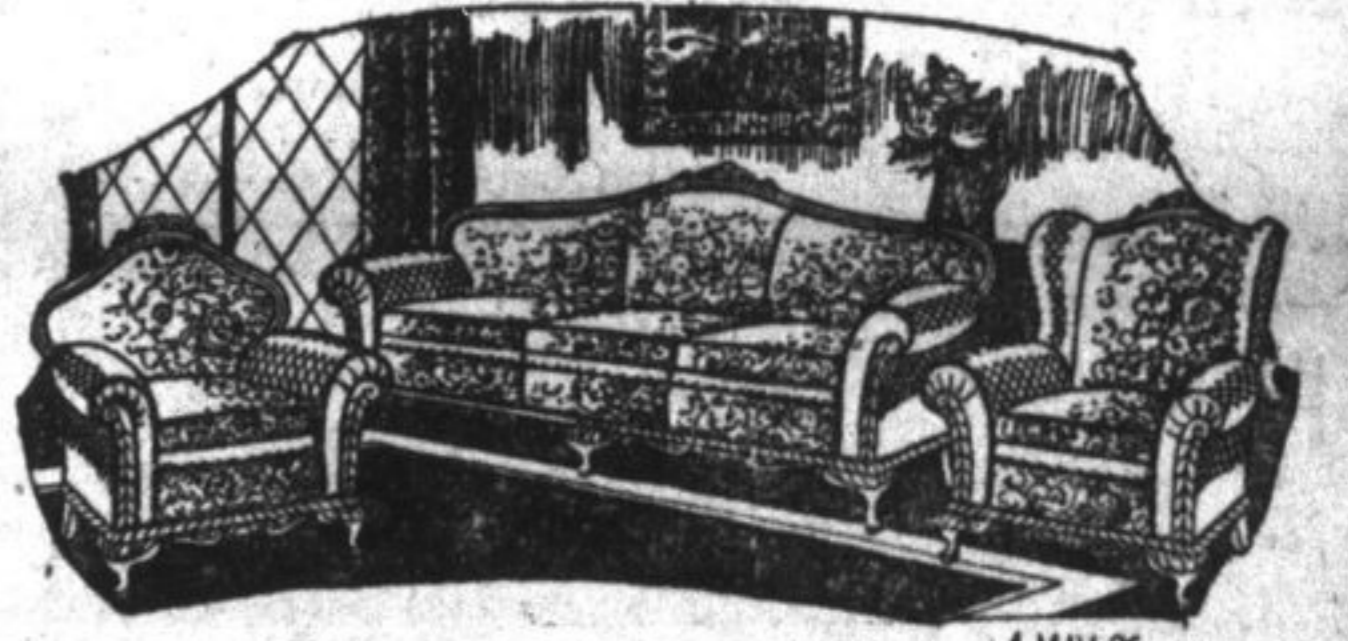
Tasteless in Coffee or Tea  
Put as much in your breakfast cup as will fit on a 10 cent piece. It's the little daily dimeful that does it.

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son were recent visitors at Mrs. Chase's. It was Mrs. Dass who gave the concert at Roblin's Mills on April 21st, and who was asked to put on another concert in near future. The paper printed it, "Mr. Dass." Mrs. Dass was the chief musician and appeared about twelve times that evening, and gave elocution work as well. She is a clever singer, beautiful soprano and has had much experience. Statistics enable a man to prove anything except the truth of the figures.

The King of Clubs now smiles with glee  
For quickly saving 43.  
And 9 more "poker hands" says he  
Will bring a pack of cards to me.



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