

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Woman's Page Editor Phone 2612, Private Phone 837W.

Miss Evelyn Turner, Roseneath, is visiting friends in Kingston.

Mrs. E. J. F. Williams, Brockville, is spending a few days in town.

Mrs. Carmichael, Smith's Falls, is spending a few days at the Y.W.C.A.

Miss Chrissie Goodwin, who spent some time in town, has returned to Montreal.

Dr. and Mrs. C. C. Armstrong and Miss Helen Armstrong have returned to Warkworth.

Miss Mary Way, R.N., Kingston, is with her parents, Mr. and Mrs. Edward Way, Thomasburg.

Mrs. W. R. Spooner, Westmount, who was the guest of Col. and Mrs. C. N. Spooner, Frontenac street, has returned to Montreal.

Mr. and Robert Heath, Kingston, are returning to occupy the house lately vacated by Mr. and Mrs. George Osmond, Wootter.

Mr. W. R. Aylsworth, Cataract, has left for Lorne Park Seminary, Port Credit, to attend a meeting of the board of which he is a member.

Mrs. C. H. Hutchins, Montreal, is in town in Mr. and Mrs. John Nicolle's home on Barrie street. Mr. and Mrs. Nicolle will return from California this month.

Mr. and Mrs. Percy Chown, Frontenac street, will motor to Port Hope on Saturday for the inspection at Trinity College School where their son Alfred is one of the students.

Col. and Mrs. C. F. Constantine and Miss Edith Carruthers, The Commandant's Quarters, Royal Military College, will go to Toronto for the military tournament of May 19th.

Senator and Mrs. S. J. Crowe, of Vancouver, B.C., have been spending the past few weeks in Winnipeg, Man., and have returned to Ottawa. They are guests at the Chateau Laurier.

The girl graduates of Varsity are forbidden to carry bouquets of flowers at Convocation. Not so severe are the dons of Queen's, for roses by the hundreds were carried by the sweet girl graduates at Wednesday's convocation.

Mrs. D. M. Miller, who was in

town for convocation when her daughter received the degree of Master of Arts, has returned to Ottawa. She was the guest of Prof. and Mrs. A. Brooker Klugh, Bagot street.

Mrs. Clarke and her little daughter, Betty, Mr. Elton Turner and his sister, Beatrice, and Mr. H. Robertson of Kingston, motored to Roseneath and spent several days with Mrs. Turner.

The Whig will be glad to have the names of visitors in town and accounts of various social events for publication in the social column. Such communications should be signed and the address of the sender given. Write or telephone to the Editor of the Woman's Page, Telephone No. 2612.

Mr. G. B. Nicholson, M.P., and Mrs. Nicholson entertained last night at a reception at the Chateau Laurier. Mr. and Mrs. Nicholson received their guests in the foyer and Mrs. W. B. Austin, of Chapleau, received with them. The guests included all the members of Parliament and the senators who are in town, with their wives and daughters, and the evening was spent in dancing and cards in the ball room. Supper was served in the Banquet Hall and a very enjoyable evening was spent by the large number present. Mrs. Nicholson is a sister of Miss Weller, Kingston.

The long delayed warmth of the May sunshine made the walk or drive out King street pleasant on Thursday afternoon and Mrs. Arthur C. Neish, who received for the first time in her charming new home, had streams of visitors. The hostess was found in the drawingroom where pink blossoms were on the mantel piece and tables. The same flowers were in the room across the hall and in the sun room opening off the dining room where a beautiful view of Lake Ontario can be obtained. The tea table in the diningroom was centred with a silver basket of daffodils and here Mrs. J. Freeman Logan made tea, Mrs. John A. McRae poured coffee, and Mrs. Charles A. Morrison cut the ices. The tea assistants were Mrs. Henry R. Hart, Miss Agnes Hanlon, Miss Flo Cunningham, Miss Helen Steacy, Miss Vivian McCartney, Miss Betty Murray, Miss Edith Rees, Miss Anna Mahood, Miss Anella Minnes and Miss Esther Mahood. Queen's staff was largely represented.

V. O. N. Don't forget V. O. N. Tag Day, Saturday, May 8th. Give generously.

The Editor Hears

That we should be getting ready for "clean up week." Fresh paint, neatly raked lawns, the place where the grass refuses to grow from seed levelled and sodded, vines and bushes trimmed are the signs of the cared-for home. And in the house, fresh paint, too, with fresh wall paper or mureoco, clean windows with newly-washed curtains and new or washed chins and rugs from which the dust has been beaten. Men may laugh as they will at women's supposed mania for housecleaning, but few of them would like to live in a house that showed no signs of spring cleaning.

That Miss Delphine Fitz of Upper Darby, Pa., a student at Bryn Mawr, is the winner of the \$2,000 Carnegie Foundation Fellowship for the advancement of teaching of the arts. She will study in Spain under the direction of Prof. Georgiana Goddard King of Bryn Mawr, under whom she studied since 1920.

That the Victorian Order will hold a tag day as advertised on this page. The work of the Order commends itself to all thinking people. The nurse cares for the mother and child when she is most needed. She will care for any one in any condition of life, those who can afford to pay her do so and those who cannot get as good service free of charge.

That Miss Grace Clough, as a pianist and teacher of the piano, will be a serious loss to Kingston. Miss Clough has the God-given gift of being able to impart the knowledge she herself possesses and her pupils are among the most promising of our young pianists. Miss Mignon Teigmann is both a good violinist and excellent teacher of the violin. Her large class will miss her greatly, especially as there are few teachers of the violin in Kingston.

That oranges are being used more and more, and are said to contain many good and health-giving qualities. But now we will have spinach, with its dose of iron; the good old-fashioned rhubarb, lettuce, carrots and all such fresh spring food grown in Canada. Let us make the most of our opportunities and eat these foods that will make us healthy, and, therefore, wealthy, if not wise.

That the Quebec Badminton season has come to an end, as has the Kingston season. The Lafferty cup, denoting the club championship for ladies' singles, was won by Miss Yvette Lafferty, a sister of Major Lafferty, Kingston. General Landry presented the prizes on Saturday at the last tea of the season.

WOMEN'S MEETINGS

Special Local Council Meeting. On Thursday afternoon a special meeting of the Local Council of Women was held at the home of the president, Mrs. Frederick Etherington. The object of the meeting was to raise funds for the council, and the plan decided upon was to give a motor drive to Gananoque, in about two weeks time, to have tea at the Gananoque Inn, and to make arrangements whereby those wishing for a game of bridge or mah jongg could spend several hours at their favorite game. For those who would prefer to spend the hours in the open there is the verandah and grounds of the Inn. Tea will be served and then the party will turn homeward. It is proposed to enlist the interest of owners of cars, and already a number of motorists have consented to assist the council. Definite hours, etc., will be announced later through the press.

The committees in charge of the arrangements are: Care, Mrs. Etherington, Mrs. I. G. Bogart, Mrs. R. J. Diack, Mrs. J. S. Skinner, Mrs. S. E. Revellie, Mrs. James Miller; Tickets, Mrs. Douglas Chown, Miss Davidson, Miss M. Hall; Bridge and mah jongg, Mrs. G. W. Mylks, Mrs. Etherington, Mrs. E. C. D. MacCallum and Miss Goring.

Annual Meeting of Junior W. I. The annual meeting of the Frontenac Junior Women's Institute was held on Thursday night in Agricultural Hall. Reports of the various activities of the year were received and the following officers were elected for the coming year: President, Miss Ada Wittale; vice-president, Miss Lillas Henderson; secretary-treasurer, Miss Edna Berry; district representative, Miss Flora Sproule; directors, Misses Helen Gates, Helen Wilmot and Evelyn Day.

Wondered Why She Walked Away. The young man had just renewed his acquaintance with the girl after five years. "Really, Miss Robinson," he said, "you have changed so much I would hardly have known you." "For the better or the worse?" she asked archly. "Ah," he exclaimed with feeling, "you could change only for the better." Then he wondered why she walked away.

A man goes into debt because he thinks that he can soon get out; he goes in deeper because he knows that he never will get out. A little change may be a good thing, but a big roll of bills is better.

AUNT HET



"Since my children grew up I've got kind o' reconciled to etiquette, but I still like to sop up molasses with a biscuit."

WOMEN'S INSTITUTE

The May meeting of the Women's Institute was held in the domestic science room on Tuesday afternoon, 4th. In the absence of the president Mrs. Green was in the chair. A good deal of business was transacted, including the election of officers. Mrs. Sangar Harris was re-elected president; Mrs. Green, 1st vice-president; Mrs. Merrick Foster, 2nd vice-president; Mrs. Dayton Murphy, secretary-treasurer; Miss Bessie Dorland, district director; Mrs. W. Thomas, corresponding secretary. It was reported that ninety-nine members had joined the library. Refreshments were served by Miss Anna Garratt and Mrs. Chislett.

Shampoo Powders Bad For the Hair

Most shampoo powders, and prepared shampoos, contain too much free alkali. This dries the scalp, makes the hair brittle and ruins it.

The best thing for steady use is Mulisified coconut oil shampoo (which is pure and is better than anything else you can use).

Two or three teaspoonfuls of Mulisified will cleanse the hair and scalp thoroughly. Simply moisten the hair with water and rub it in. It makes an abundance of rich, creamy lather, which rinses out easily, removing every particle of dust, dirt, dandruff and excess oil. The hair dries quickly and evenly, and it leaves the scalp soft, and the hair fine and silky, bright, lustrous, fluffy and easy to manage.

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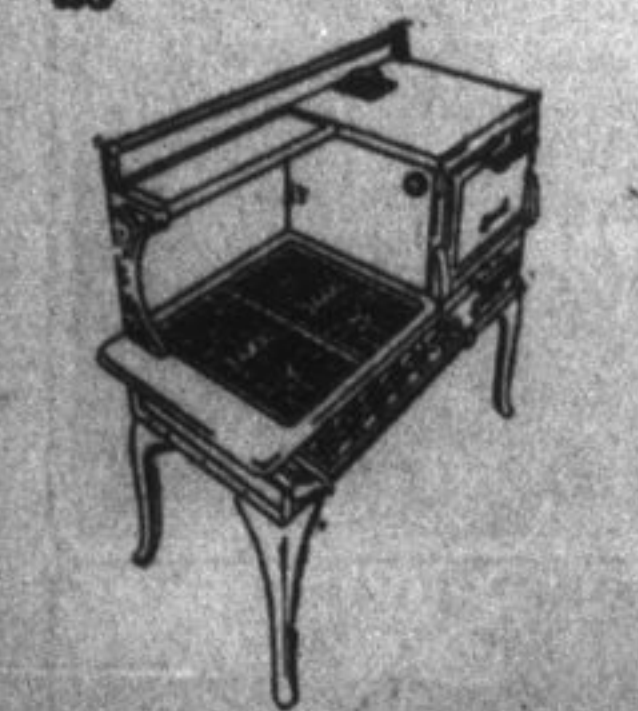
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BIRDS.

"Darlings," God said to the birds, "Go now and sing. For men are weary of winter, Go and bring Promise to empty branches." He set them free. Winged to carry His praise Joyously.

They built in meadow and trees. In barn and croft. They carried the word of love Afar, aloft. They were colored like flowers, Every wing Was pointed and balanced and strong. A marvelous thing.

"Darlings," God said to the birds, "Go now to another place. Men cease to wonder at last At any grace. Leave for a while and then, After barren days, One robin shall make their young Awake to praise."

So, all the singing birds Lifted their wings to go: They found a path in the blue High way they know. Only the chickadee stayed To sing in the snow. —Louise Driscoll in the New York Times.

SEASONABLE RECIPES.

Maple Syrup Cake. One and one-fourth cups maple syrup, 6 eggs, 1 cup pastry flour, 3-4 teaspoon cream of tartar, 1-3 teaspoon salt, 1-2 teaspoon vanilla. Separate whites from yolks of eggs. Beat whites of eggs until stiff using a wire whisk. While beating whites cook syrup until a firm ball is formed when several drops are tried in cold water. It will take about as long to cook the syrup as it does to beat the egg whites. Slowly add cooked syrup to whites, beating constantly and until the mixture is cool. Beat yolks of egg until thick and lemon colored, using a Dover beater. Beat yolks into first mixture, using the whisk. Add vanilla. Mix and sift flour, salt and cream of tartar. Sift six times. Fold into mixture.

Maple Custard. Three-fourths cup maple syrup, 2 cups milk, 3 eggs, 2 teaspoons cornstarch, 1-4 teaspoon salt, six halves canned peaches. Scald 1 cup milk in top of double boiler. Beat eggs slightly. Add syrup, salt and cornstarch mixed with a little cold milk. Mix thoroughly and add to hot milk. Cook

over hot water until thick. Add remaining milk and cook ten minutes longer. Put halves of peaches in individual molds, pour over custard and put on ice to chill.



Pearls for back, with evening gown. The pace that kills is often a "fixed" running race. Virtue is its own reward—and too often its only one.

FRECKLES

Don't Try to Hide These Ugly Spots! Ointment Will Remove them Quickly and Safely

This preparation is successful in removing freckles or sun spots. It is sold by all drug and department stores with a guarantee to refund if it fails. Don't try to hide your freckles or sun spots with a clear face cream or concealer. They get a chance to move them. Even the best of these preparations should show a wonderful improvement, some of the freckles vanishing entirely. Be sure to ask for the double strength; it is this that is sold on money-back guarantee.