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I Began To Feel Much Better, and after using a few more boxes

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"Eczema broke out in very small listers on the backs of my fingers. After a few days the blisters would break and then dry up. It itched and burned terribly and scratching caused very red eruptions. I could not put my hands in water of do any work without wearing rubber gloves. I could not sleep nights on account of the irritation, and was in agony most of the time. The trouble asted about a year.

"I read an advertisement for Cuticura Soap and Ointment so purchased some. After using them a short time I could see an improvement, I continued the treatment and now I am healed." (Signed) Miss Bernice Shannon, R. F. D. 2, Orleans, Vt., Sept. 15, 1925.

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\$4,000-Division Street, 8 rooms, bedrooms, 3 piece bath, electric and gas, verandah, garage.

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PHONES:

Office 229. Res. 1423M. or 1181F. Ninety-five per cent. of Campbell Mo., with population of 1,804, responded to "Go to Chuch" campaign last Sunday.

WILD GEESE

By Martha Ostenso.

Amelia knelt on the ground above a question. She smiled at Lind, and the tomato vines. She felt cold and shook her head. exhausted and exposed, as she had dragged terrified out upon a stage to think about." to play the leading role in a tragedy from a hanging, or a brutal and unfamiliar scene of crime, in which she had no part. Her body trembled with actual cold. She had been so Lind. She had been so unshaped for the burden that had never known a moment's easing. In her heart she Lind said gratefully. She groped cried out for eternal release from about in the hay and came upon anthe still crueller consequence of her other brown egg, which she placed impulse, the punishment that Caleb carefully in the pan with the others. had in store—the carrying out of his . The feeling of conspiracy against threat that fell upon her mind like Caleb was rather enjoyable. an awful gong sounded at regular , She took the eggs to the house, intervals.

After a few minutes, her mind be- where Judith was absently came clearer. She had seen Mark between the rows. The sun Jordan. He was a man of the world, beating down upon the girl's wither and fall like rotten plants after frost-everything could fall inonly man she had ever loved. Ellen, Martin, Judith and Charlie, they were only the offspring of Caleb tercede in their behalf hereafter. ing. She would see them dry and fade into fruitlessness and grow old long before their time, but her heart would keep within itself and there would be no pity in her for the destruction of their youth. Amelia's face grew pale and hard as she knelt in the garden. A distinct change had come over her.

She carried the blanket indoors, thinking that it would be unnecessary to cover the tomatoes that wandered to the fields of tame hay Ellen mustn't. Sven want me and rye-grass that lay beyond the marry him, Lind, and go away sheep pasture. There would be a town. tremendous yield this year. Always barren life. Now her mind was dull- toward the human beings on the ed by the sight of it. Growth-with farm as she had been. death in its wake. She felt that in an instant her life had reached finality, that all the years behind her had been spent in a chrysalis, in a beand an end.

with a blackened cloth.

tion. The place was holding its breath again after a quiet exhala- ferable.

Feeling that what had disturbed Amelia was at least for the present lulled, Lind approached her one day with a question. Mrs. Gare was gathering eggs in the barn mangers, and since it was Saturday morning, the Teacher had undertaken to help

"Mrs. Gare. Mark Jordan would like very much to come here to se me, and to meet you people as well. to have him call?"

Amelia was prepared for just such

Relation of the Liver and Kidneys

Such that each suffers when other deranged—Both regu-lated by Dr. Chase's Kidney-

When the liver becomes sluggish or torpid in action, the kidneys have to help out with the work of filtration. When the liver fails the kidneys have

all the work to do. Hence the beginning of trouble is usually biliousness, indigestion and constipation and after a time the comes backache, urinary derangemen

Chase's Kidney-Liver Pills is due to their unique combined action on the liver, kidneys and bowels. They get at the cause of trouble and remove it no matter cated it may be. Pro and thoroughly they cleanse the bowels or intestines, arouse the liver action and thereby relieve the overworked kidney

THOMAS COPLEY

Dr. Martel's Female Pill

otrengthening organs, relieving DELAYED, and PAINFUL MENSTRUATION, NER. VOUSNESS, BACKACHE DIZZINESS, etc. modangerous drugs. Sold only in Scaled Hinge-Gover TIN BOX with our signature. Druggists overywhere, or direct by mail, plain pockage S2 00 Esicherbecker Remedy Co., 71 E. Frent St., The rotten floor.

"I'm afraid it would only excite the years ago after being up all night children, Miss Archer, and stir up with one of the children during sick- trouble. Mr. Jordan would talk ness. It was as if she had been about things that we can't afford

"Well, then," said Lind, "will you at which the audience would laugh. permit Judie to come with me to see The unbelievable drama of her whole him? He is living there all alone and life flashed before her. She shrank I think it would be kind to cook a from the spectacle as she might have good meal for him, now and then." Amelia glanced at her, and looked

away quickly. "Judith might make an errand over that way, but don't speak of it unfitted for the role that life had before her father." Mark Jordan chosen for her-no more fitted than should have what he wanted, she

"Ill be careful not to, Mrs. Gare,

and then went to the potato perhaps his friends were people who head and on the strong honey-brown commanded respect and looked upon nape of her neck. A hot, dusty wind him with respect. Who was she, a was stirring the tops of the dry pohim know, Caleb's children could leaned forward on the hoe as Lind ing a cottage for himself. came up to her.

"A little romance, Judie," Lind Cloyne to ship the other day as the to dissolution. He was his father's said softly. "We're going to have truck is not running yet. R. Martin son. Mark Jordan, the son of the supper to-morrow night with Mark is engaged as stage driver from Jordan—the man you saw me with Clarendon to Plevna. Miss Louisa at Yellow Post."

Judith frowned. To-morrow was spending the winter months at A Gare, they could be the sacrifice. She Sunday. On Sundays Caleb usually Flieler's. Hugh Mills and sister would bend and inure them to the went to the farm of one of the Ice- Florence, spent Sunday last at land like implements, just as Caleb landers in the afternoon, and did Flieler's. C. Parks and Miss wished her to do. She would not in- not return until late in the even- Black were Sunday visitors at

"Ma say I could go?" said. Judith was silent for a ment and then decided to confide in young folks attended the wedding rethe Teacher to an extent. "Will you let Sven come?"

"Why , that would be fine! We'll

have a real party. If only Ellen and

Martin could get away too. They never have any fun." "No," said Jude with conviction "They wouldn't enjoy themselves. night. The air seemed visible and in- Anyway, they mustn't know that timate, as before rain. Her eyes Sven is going to be there at least

Lind looked at her quietly for before, the sight of growth had moment. A change had come over somehow thrilled her, had struck a the girl during the past few days. vital, creative chord within her that | She was not so bolsterous in her was otherwise left unsounded in this care of the animals, nor so defiant

"And shall you?" "Yes-before long. Don't let the

others know." / Lind slipped away and Judith went ginning. There had been no develop- on with her hoeing. She cast a rement in between-only a beginning sentful eye over the long rows of potatoes. Food for another winter She went indoors and began -another winter of stumbling about energetically to polish the stove in the bleak, icy dawn and tugging Y.P.S. on Friday night. At the next at stubbon calves and hauling icicle- meeting there will be an interesting rimmed buckets full of water debate. Miss Lillian Stoness, King-Before long Amelia returned to through mauure and frozen mud. ston, spent Sunday with Miss Beaher old pale manner of self-efface. Another winter of inhibition and trice Simkins. ment and submission, and the at- growing restiveness, and hopeless mosphere on the Gare farm became dreaming of a better time to come. normal once more to Lind's percep- Another winter under Caleb Gare . . . no, anything else was pre- Will Be One of Fiddler Contestants

As the work on the farm grew and grew, Judith was struggling to see her way clear to liberty. Covertly she watched Ellen and Amelia and Martin, even Charlie now that was learning to take his place, and saw them all bowing without question under the stupefying load And she recognized in herself alien spirit, a violent being of dark impulses, in no way related to the Do you think Mr. Gare would like life about her. She was alternately seized with an agony of pity for Amelia, whose reticence she could not fathom, and futile rage Ellen and Martin for their endurance. And beneath it all her pas sion for Sven pressed through being like an undercurrent of fire. She lay awake at night with hot cheeks, thinking of him. . . . of the day in the clearing among the cedars. . . . running her fingers over the muscles of his throat. Caleb had not found out that Lind brought the cart home that day. She had not seen Sven since they had fought, had not wished to see him. She had need of an interim in which

After another hour's work, Judith, looking up, saw Martin entering the gate from the pasture with three cows that were about to calve. More money for Caleb Gare, more toil for the workers under him. He had nearly twice as many cattle this year as three years ago; and no hired man now to help with their care, because Martin and Judith were old enough to do it together, and Judith strong enough to do it alone when Martin was otherwise occupied. In a hollow in the pasture she saw the sheep grazing, all of them shorn shorn of dollars and dollars worth of wool that would go toward acquisition of more sheep. and more sheep. . . . but not more

ed with our new floor cleaning me- Caleb Gare, not more joy in living. Kidney Pills any time."

the rotten floor.

(To Be Continued).



THE BACKWARD SPRING

Makes It Very Disagreeable for the Farmers.

your Grocers.

E.W GILLETT CO LTD

Fernleigh, May 1 .- The backward spring is making it disagreeable for the farmers to get on their land, as filled as soon as they appear, no no seeding has been done as yet. The matter what the age of the child country roads are in a very bad condition, owing to the big flow of water. There are many washouts, so the will lose these baby teeth anyway." cars are unable to get over them yet. C. Armstrong and A. Bauder went to Toronto to secure a truck with too. We will not stop to consider which he intends gathering cream these now, but may return to them for the Bowes Company this coming later. common farm woman, to know what tato plants. A little groove of dust season. C. Mills, E. Flieler, C. his life was or what it demanded of had formed on either side of Judith's Flieler and G. Salmond are engaged sibility in the care of their children. him? His face was proud, sensitive. nose, and there were gray filaments in building a summer cottage for Mr. Not only in their moral welfare but He must never know. She would of dust on the hair of her fore- Ahr, of Buffalo, on the Salmond break under Caleb rather than have arms. She crossed her arms and farm. W. C. Salmond is also build-

> Martin has returned home after Mills'. Mrs. E. Flieler is able to be out of the hospital again, but she is Lind told her what Amelia had still in Kingston at her daughter's Mrs. R. Brown's. Many of the ception on April 30th in the Orange Hall in Harlowe.

A. Martin took a load of cream to

ELGINBURG DELEGATES

To Conventions at Port Hope and Gananoque.

Eiginburg, May 3 .- Rev. W. T. Mackenzie attended the Boundary Commission convention at Port Hope on Friday. He was the delegate from the Montreal Conference. Miss Bernice Jackson, president of the Mission Circle, attended the convention at Gananoque on Friday. Mrs. John Silver visited Mrs. J. Blakesley, Sydenham, over the week-end. The late Thomas Bearance was buried at Cataraqui to-day, Mr. and Mrs. Albert Stover will move to Kingston on Monday. Miss Vera Freeman, Sydenham, is the guest of Miss Helen Mackenzie. Mr. and Mrs. Earl Frazer and children motored to Niagara Falls this week. Mrs. W. See is spending a few days in Kingston. Keith Mackenzie had charge of the

H. E. POLK, LOMBARDY.

at Smith's Falls. good this year.

n the fiddler's contest in Rideau give us health and sound teeth. theatre, Smith's Falls. The cheese factory opened this week on Mon- ially to the subject of mineral meday, 26th, with Mr. Chapman as tabolism. maker. Mrs. Joynt spent the weekend with friends in Smith's Falls.

repair the rough parts of the road. Cecil Wood is the new boss in this division. E. Cook and family have moved into the village.

Herbert E. Fisher, Bancroft, has graduated and awarded a diploma at the Toronto Bible College.

Words Fail to Express How They Helped Me

Says Nova Scotia Woman About Dodd's Kidney Pills.

Miss E. Marsters' Whole System Was Run Down.

says Miss E. Marsters, a resident of lington Johnson and Mrs. J. Bryan this place. "Two years ago I had ty- were the delegates to the W.A. meetphoid fever which left my kidneys ing in Brockville. very weak and my whole system was run down. I was advised to take Aid of the United Church was held the Dodd's Kidney Pills, which I did and Wednesday evening in the church. words fail to express how they help- Reports read of the past year's work ed me. I would not be without them were encouraging. The following freedom for the workers under a day. I recommend your Dodd's officers were elected: Honorary pre-

her and simply a kidney remedy. They held this office for fifteen years; own sheep was still stowed away un- strengthen the kidneys and enable vice-president, Mrs. J. Singleton; der the rafters in the loft. She them to do their full work of strain- 2nd vice-president, Mrs. Frank Wiltg up and must dispose of it some way before ing the impurities out of the blood. see; secretary, Mrs. D. Wing; treas-Healthy kidneys make a healthy body. urer, Mrs. Ziba Jackson; missionary The hoe over her shoulder, Judith There is no reason why anyone superintendent, Mrs. Winnfield went to the barn where she found should continue to suffer when Dodd's Sterry; organist, Mrs. Rutherford. Martin, hammering new planks into Kidney Pills can be obtained from A number from here motored to druggists everywhere, or The Dodds Kingston to hear Sir Martin-Harvey. Medicine Co., Ltd., Toronto 2.

To The Editor Of The Whig

Diet as a Factor in Dental Diseases Sir: -- Some years ago you published a series of short articles called "Talks on Teeth," by the present writer, pointing out some of the then known causes of decayed teeth, and the importance of good sound teeth, with special emphasis on the care of children's teeth, in relation to their health, and progress at school. At that time stress was placed upon the artificial means of caring for the teeth, and this is very important still. The need for education in mouth hygiene was never more evident than it is today, with 95 to 96 per cent. of children having defective teeth. But such education must begin with the expectant mother. Her food should contain a large percentage of lime salts, both before and after the birth of the child. The teeth as they make their appearance should be kept scrupulously clean, and cavities should be Parents make the common mistake of saying: it doesn't matter. They There are a dozen reasons why it does matter, and very serious ones

in their physical welfare; and the one is not divorced from the other. They go hand in hand. We have been making the mistake of dividing life up into sections instead of considering it as a unit, and the inter-relation of all its parts.

ceed with the subject, "Diet in Re- able repairing in preparation to the young people purpose taking in the lation to the Teeth." I am going factory's re-opening on May 3rd. The party at George Hermer's tonight. to make use of a paper read before the Academy of Dentistry, Toronto, later on will also be patronized. March, 1926, by Percy R. Howe, D.D.S., Boston. With apologies to Dr. Howe I will proceed without using quotation marks; and will abridge, as far as possible, so as not to take up too much of your valuable space.

Throughout all specialities in medicine today there is a growing tendency to return to a closer study of the fundamental processes of the body. No specialty has been keener to recognize this need than dentistry. Certainly there is no more fundamental process than that of the conversion of the raw material of the diet into tissue. It is in this process that life itself depends. Following the feeding of faulty diets to ani mals, we find tissue changes in various parts of the body, such as the eyes, the digestive system, the neryous system, and in the bones and in the teeth. On the other hand animals that are fed on normal diet grow well, reproduce well, are extremely resistant to infections, and their organs are found to be in a state of health. The evidence that the diet is of fundamental import-

ance in health is conclusive. Methods of food preservation have reached a high stage of perfection, yet in all preserved foods certain elements are lost or their potency greatly diminished. Also many important elements are either extracted or destroyed during the various cook ing processes to which all of our food is subjected. Owing to the character of our food preparations, perverted appetites are created, and in Lombardy, April 28 .- The young ed for their taste or appearance; people of the village and vicinity without regard to their nutritance had a very pleasant time at the value, so that the common phrase dance on Friday evening last in the that we "live to eat," instead of eattown hall. Many of the farmers ing to live, has some element of have removed their buckets. A fair- truth in it. There is no lack of food ly good amount of syrup was made material, but a plethora, hence the in this locality, and the quality was need of a sufficient knowledge of the effects of various foods to enable Mr. H. E. Polk will participate us to intelligently select such as will

Diseases of the teeth relate espec-

Note: Metabolism is a biological process by which on the one hand Work has begun on the highway the food is built into living matter, between here and Smith's Falls to and by which on the other hand the living matter is broken down into simpler products within the cell, or organism. It is the sum of the constructive and destructive processes. An extended study indicates that there are many things which may influence mineral metabolism and hence calcipitation of the teeth. In our next article we will con-

sider food selection. S. A. AYKROYD. Kingston, April 25th.

LYNDHURST LADIES' AID.

Elect Officers for Year-Dance on Friday Evening. Lyndhurst, April 30 .- The many friends of Miss Bessie Sheffield were Summerville, N.S., May 3 (Special) pleased to hear of her success in -"I want to write and tell you how winning the Women's Auxiliary gold appreciate Dodd's Kidney Pills," pin. Mrs. S. E. Morton, Mrs. Wel-

The annual meeting of the Ladies' sident, Mrs. W. Church; president, Dodd's Kidney Pills are purely Mrs. F. W. Bresee, who has now

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the new Ford cars. The Women's Institute held the April meeting at the home of Mrs. W. Sterry's. In-Luke's hall, Friday evening, under the auspices of the L.O.B.A.

ARDOCH CHEESE FACTORY.

Is to Open on May 3rd-Repairs Go

practically all left us at last and some farmers have begun operation on the land. Miss Hazel Chalmers come to a close and the quantity prospent the week-end at the home of duced was far from the laborers' Charles Smith. Oscar Perry, of Fern- expectations. Lorne McDonald who Excuse this little digression which leigh, cheese-maker and owner of has a position at Robertsville spent is not irrelevant, and we will pro- Ardoch factory, is doing consider- Sunday with his family here. The cream trucks passing through here Mr. and Mrs. Gordon Winters were Fred Hermer intends leaving in Fraser's.

position near Kingston. The trappers were somewhat cheered by the extension of the muskrat season. vitations are out for a dance in St. They hope for better results during the remaining days. The Misses Hazel Chalmers and Iola and Irene Smith spent last Wednesday evening with Mrs. R. Fraser, and the Misses Pearl and Gertrude Schonauer were guests of Miss Zilda Hartman on Monday before her depar-Ardoch, April 27 .- The snow has ture for Kingston in the near future.

> The sugar-making season has Sunday evening visitors at John

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ed by physicians because it over-

Hereafter instead of soda take a bicarbonate of soda, leaving the little "Phillips Milk of Magnesia" in stomach sweet and free from all water any time for indigestion or gases. Besides, it neutralizes acid sour, acid, gassy stomach, and relief fermentations in the bowels and gently urges this souring waste from the system without purging. It is far more pleasant to take than soda,

Insist Upon "Phillips" Each bottle contains full direccomes three times as much acid in tions. Any drug store.

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