

NEWS AND VIEWS FOR WOMEN READERS

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LIFE'S SOCIAL SIDE

Woman's Page Editor Phone 2613. Private Phone 857w.

Mr. George Mahood, University avenue, has returned from Ottawa.

Mrs. J. F. McMillan, Clergy street, is visiting in Niagara Falls.

Miss A. L. Fowler, "Goodwin House," is giving a small tea this afternoon.

Miss Kathleen Daly, Albert street, entertained her reading club on Monday afternoon.

Mrs. F. N. Dench, "The Wellington," expects to spend the summer in England.

The last social evening of the university season will be held on Thursday evening.

Mrs. J. E. Lindsay, Albert street, will return from a visit to North Bay this week.

Prof. Brovadan, Queen's University, leaves for Spain this week to spend the summer.

Miss Ruth Thomas, Queen's University, will return to her home in Ottawa this week.

Mrs. D. D. Calvin, who was with Mrs. Henry Dyckman, William street, has returned to Toronto.

Miss Una Polson, King street, has returned from a visit to Dr. and Mrs. James Polson, Bronxville, N.Y.

Mr. and Mrs. John McKay and Miss Doris McKay, "Argyle House," motored to Toronto on Sunday.

Mr. Arthur Gildersteeve, Montreal, is with Mr. James Gildersteeve and Miss Mabel Gildersteeve, Gore street.

Miss Nellie and Miss Evelyn Day, Cataract, motored to Belleville and Tweed with their cousin, Mr. W. R. Aylesworth.

Miss Leslie Taylor, Hanover, N.H., will come to Kingston next week for the marriage of her sister, Miss Lois Taylor.

Miss Georgina Hallett, a final year student at Queen's University, will return to her home in Ottawa on Friday.

Miss Pearl Seal, Queen's University, supplied as organist at both services in Grace United church, Gananoque, last Sunday.

Miss May Jackson, Y.W.C.A., will leave for her home in Pembroke this week as soon as the Queen's University examinations are over.

Mr. William Jordan, Quebec, is visiting his son, Capt. Jordan, and Mrs. Jordan, Brock street, and his daughter, Mrs. J. Frost, York street.

The Garrison Badminton Club will entertain the Brockville Badminton Club when they come to Kingston on Saturday for a return match.

Mr. and Mrs. Lyle Edwards, Toronto, spent the week-end with Mr. and Mrs. A. C. Lutz, Elm street. Mrs. Edwards is a sister of Mr. Lutz.

Mrs. A. Gordon Anderson will come from Montreal next week to be with her sister, Miss Lois Taylor, "The Principal's Residence," Queen's University, for her wedding.

Col. and Mrs. H. Hertzberg, Barriefield, are giving a tea dance on Wednesday afternoon for some of the officers in town for the course at the Royal Military College.

Mr. and Mrs. A. C. Hanley, Wellington street, and their little son, have returned from New York, where they have spent several weeks with Mrs. T. A. Hanley and Dr. J. Swift Hanley.

Dr. and Mrs. H. N. Gillespie, Duluth, Minn., will sail for England shortly to spend the summer. On their return they will visit Kingston, Dr. Gillespie's old home, and will be the guests of Mr. and Mrs. W. A. Sawyer, University avenue.

Miss Peggy Martin left on Monday for Merryvale Abbey near Quebec to continue her studies after spending the holidays with her parents, Mr. and Mrs. Charles Martin, Kingston, and her aunt, Rev. Mother Superior at St. Francis de Sales Hospital, Smith's Falls.

The Whig will be glad to have the names of visitors in town and accounts of various social events for publication in the social column. Such communications should be signed and the address of the sender given. Write or telephone to the Editor of the Woman's Page, Telephone No. 2613.

Mrs. Byron Nicholson, Ottawa, who was with her sister, Miss Weller, while in town for the executive meeting of the W.A. last week, entertained at the tea hour on Saturday for Miss Maude Pope of Quebec, who returned to Ottawa with her from

Kingston after the executive meeting. Teams from the Queen's Badminton Club motored to Belleville on Monday, where they played the Belleville Badminton Club in mixed doubles, ladies' doubles and men's doubles, the scores resulting in a victory for Queen's by 31-23. After the games supper was served and the Queen's Club members thoroughly enjoyed the hospitality of the hosts. The teams were composed as follows: Belleville—Mrs. Scott, Mrs. Borster, Mrs. E. Keeler, Miss M. Keeler, Miss I. Keeler, Miss Ross, Major Graham, Capt. Ketcheson, Mr. G. H. Graham, Mr. Walker, Mr. Ross and Mr. Pinkerton, Queen's—Mrs. Jemmett, Miss May Macdonell, Miss May Chown, Mrs. Melvin, Miss P. Knight, Miss M. Anglin, Prof. Jemmett, Malcolm, Walker and Dorrence, Dr. R. R. MacGregor and Dr. P. Macdonnell.

Charming in every detail was the tea for the Ottawa Queen's graduates and their friends held at the home of Mr. and Mrs. Joseph P. Dunne on Saturday afternoon. The numerous guests were received by Miss A. Muriel Dunne, Mrs. O. D. Skelton, Mrs. H. Horsey and Miss Kathleen Wingard. Mrs. Joseph P. Dunne assisted in the reception room. The attractively arranged tea table was centred with spring blooms and tapers in shades of mauve and gold, and Queen's favors carried out a pretty decorative scheme. The ladies who presided during the tea hour were: Mrs. Andrew Haydon, Mrs. W. A. Dobson, Mrs. N. B. MacRostie, Mrs. C. H. Bland, Mrs. Campbell Laidlaw and Miss M. Clifford. The assistants in the tea room were:

A VERITABLE RESURRECTION

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"I didn't 'Go West' in France, but I came home to Canada carrying my death warrant, the doctor declared. I weighed exactly 120 pounds—not much for a six-footer. Look at me now! Just 185, and as hard as nails."

The speaker (name if requested), a young Canadian from Victoria, B.C., who had served overseas with the Royal Flying Corps, had returned in 1918 a mere shadow of a man. His mother despaired of his life and he, himself, felt that he had come home to die.

His uncle, a prominent doctor, suggested Kellogg's ALL-BRAN, and he decided to give it a trial. In one month he felt better. He persevered, and in three months was back at his position, healthy and happy.

Kellogg's ALL-BRAN will relieve constipation; relieve it permanently if used regularly. Eat at least two tablespoonfuls daily—in chronic cases with every meal. Only ALL-BRAN can conquer constipation.

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Be Careful What You Wash Your Child's Hair With

If you want to keep your children's hair in good condition, be careful what you wash it with.

Do not use prepared shampoos or anything else that contains too much free alkali. This dries the scalp, makes the hair brittle, and is very harmful.

Multifid coconut oil shampoo (which is pure and entirely greaseless) is much better than anything else you can use for shampooing, as this can not possibly injure the hair.

Simply moisten the hair with water and rub it in. Two or three teaspoonfuls of Multifid will make an abundance of rich, creamy lather, and cleanse the hair and scalp thoroughly. The lather rinses out easily, and removes every particle of dust, dirt, dandruff and excess oil. The hair dries quickly and evenly, and it leaves it fine and silky, bright, fluffy, wavy and easy to manage.

You can get Multifid coconut oil shampoo at any drug store. It is inexpensive, and a few ounces will last for months. Be sure your drugist gives you Multifid. Beware of imitations. Look for the name Watkins on the package.



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GILLETT'S PURE FLAKE LYE is the first-aid to home sanitation. Nothing equals it for cleaning out sinks and drains, cleaning greasy cooking utensils, keeping floors clean, etc. Get a can from your grocer. It will save you much hard labor.

GILLETT'S 100% PURE FLAKE LYE

Mrs. J. J. Dunlop, Mrs. H. MacLeod, and the Misses M. E. Hallett, J. Kilpatrick, F. Dunlop, R. Malcolm, J. Reid, C. Best, J. Smith and B. Gilhooley.—Ottawa Journal.

The Editor Hears

That veils are to be worn once more and are now shown by the mannequins in the smart London shops. Some of them are worn to keep the hair neat and are the finishing touch to a smart hat worn with a tailored suit. Others are flowing and are seen on large hats at formal functions. The veil never stays out of fashion long. It is too convenient and comfortable in windy or cold weather.

That the new club at the Y.W.C.A. will for one thing, increase the interest in the members in out door life, the ways of the birds and beasts of the woods, the plant lore that is so entrancingly absorbing, and make the world a bigger place with a larger fund of pleasure, for its members. If all the Canadians who spent several months of the summer in camps would make themselves familiar with the flowers, trees, birds and small wild things of the woods, their summer outing would yield them twice the joy.

That Sir Robert Armstrong-Jones, a famous English doctor, in a lecture on clothing in Gresham College, said: "Women will never wear what physicians consider is a perfect dress because they would view it as ugly and 'frumpish.' Women dress better than men, however, from the point of view of health," declared Sir Robert, who pointed out that British men, among other things, erred too often in wearing woollen pajamas at night.

That on Friday evening next, April 23rd, St. George's congregation, Guelph, will hold a reception in honor of Mrs. Gardiner Harvey, who is celebrating her 60th anniversary, as organist of the church. Arch-deacon G. F. Davidson, of Regina, and Bishop Owen, of Hamilton, are coming for the event. Mrs. Harvey has Kingston friends who will add their congratulations to those of the congregation of St. George's, Guelph. The writer had the pleasure of hearing Mrs. Harvey play two years ago at a well-sung choral evensong in the church she has served so long and so faithfully.

That the red-winged blackbirds have come from the south to the swamps of Ontario and one was seen on the front road near Baker's Point. Just how they like our April weather they did not say, but unless they are more easily satisfied than humans they won't like it much. But they are cheerful and much more to be pitied than we are, for they have no artificial heat, or winter wraps; their food supply is frozen, and one wonders where the poor little birds find protection on the bitterly cold nights.

That the Kingston shop windows show an attractive range of materials in the pretty gay colors and figured fabrics so much in vogue. Blue, green and pink in tones varied from deep rose to shell pink, orange and deep red materials are patterned with black, gold or dark blue. They will make a glorious riot of color at the functions at which they will be worn, and will brighten up the streets in an amazing way when the warm days come.

That for the comfort of the women who have just bobbed their hair we give the latest word from Paris: "The women of Paris are wearing their hair shorter than ever," declares Andre Sperry, famous creator of women's hairdressing fashions. "But with evening dress the smart woman adds extra hair pieces to her bobbed locks, which produce the effect of long hair and give her a much more stately appearance, more in keeping with the costume."

That every one who has a gay shawl of their grandmother or great-grandmother laid away should bring it out and be just so much sner that their friends who have bought some of the beauties that are shown this season. A shawl looks stunning on a tall graceful woman and the new patterns are, many of them, taken from

the shawls that draped the graceful sloping shoulders of the beauties of half a century ago.

That items are frequently sent to the editor of the Woman's Page too late for publication. Will our contributors kindly telephone before twelve o'clock?

That the executive of the Ottawa Presbyterian W.M.S. at a meeting held last week sent a letter of appreciation to Mrs. H. A. Lavell, Kingston, for the successful manner in which the vast amount of organization work has been accomplished. Mrs. Lavell, is president of the W. M. S. of the United Churches.

WOMEN'S INSTITUTE

BATTERSEA.

The monthly meeting of the Battersea branch of the Women's Institute was held at the parsonage on Thursday evening, April 15th, with the second vice-president, Mrs. Ralph Sleeth in the chair. The meeting opened in the usual order. The roll call was answered by "Garden and Poultry Hints." Communications were read from Mrs. McNaughton of Sydenham. Seeds which were supplied by the district, were distributed among the different members of the Institute, to grow flowers to exhibit at the Horticultural show in Kingston in the fall. The business part of the meeting being concluded Mrs. N. V. Freeman gave a very interesting talk on "The Hygiene of Cheerfulness." "God Save the King" closed the meeting after which a pleasant half hour was spent in social intercourse during which refreshments were served by the refreshment committee, Mrs. Ducette, Mrs. Hanley, Mrs. Chrisley and Mrs. Hogan. The next meeting will be held at the home of Mrs. Thule Clark on Thursday evening, May 20th. This will be the annual business meeting, election of officers and payment of fees for the coming year.

AUNT HET



"I didn't keep up with the sermon much. The preacher got to talkin' about how awful hell is an' I got to thinkin' about Pa's folks."

Goes on to Toronto.

Mr. Ormond Churchill of the Bank of Commerce, Belleville, spending the past three weeks with his parents, Mr. and Mrs. W. H. Churchill, Smith's Falls, has been transferred to the main office of the Bank of Commerce, Toronto, and left for that city.

Accuracy, combined with the highest quality of drugs, only dispensed in prescriptions at Gibson's Drug Store.

Teakwood is so durable that beams 2,000 years old are still strong.

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STRATFORD WOMAN

Restored to Health by Lydia E. Pinkham's Vegetable Compound

Stratford, Ontario.—"After my first baby was born I started to work on the tenth day and did a big washing on the twelfth day. Being so young (I was married at 19) I did not know what was the matter, so let it go until I was all run-down, weak and nervous, and had a bad displacement. For nearly two years I could not sleep and I would always complain of having 'not a head-ache, but a brain-ache.' My mother is taking Lydia E. Pinkham's Vegetable Compound during the Change of Life and she recommended it to me. After taking two bottles I began to get a little sleep and to feel better and I have never left off since then, except for about three months. I can safely say I have taken thirty bottles since my second baby was born. I think it makes child-birth easier as I had terrible pains with my first three children and very few with my fourth as I was so much stronger. I am now able to do my work alone, but I am still taking the Vegetable Compound as I am nursing baby."—MRS. OMER PAUL, 49 Cherry Street, Stratford, Ontario.

If you are suffering from any weakness which causes such symptoms as pains in the side and back and nervous feelings, give Lydia E. Pinkham's Vegetable Compound a trial now.

Is your child strong and healthy?

"OVALTINE" has proved itself to be of greatest value in making delicate children strong and healthy, because its rich concentrated nourishment is so easily digested and completely absorbed.

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Give "Ovaltine" to the children regularly—it will build sturdy limbs and ruddy cheeks. Let them drink it at meals, between meals, and before going to bed. They will love its delicious flavour.

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White Crochet Spreads, extra quality, for single or double beds, at \$2.25, \$2.50, \$2.75 each.

White Krinkled Bed Spreads—easy to wash and require no ironing, at \$2.50, \$2.75 and \$3.00.

Colored Bed Spreads for hard wear, \$2.50 and \$3.00 each.

Fancy Krinkled Spreads—the very newest at \$3.95, \$6.00, \$9.00 and \$10.00.

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