

She Could Never Do The Things Other Girls Did

Miss L. J. Ross, Scollard, Alta., writes: "I am only twenty years old, but have suffered from heart palpitation and nerve trouble for several years."

I could never do the things other girls did, that is, in the line of sports, skating, etc. and could never depend on myself at work.



Put up only by The T. Milburn Co., Limited, Toronto, Ont.

D. WATSON'S TONIC

Another Testimonial to its Merits. I can assure you Dr. Watson's Tonic is the best of its kind, an excellent drink as well as a Tonic.



A Page from the past

On guard at the tower gate stand the yeomen, in all their ancient splendour, a page torn from the time of the Tudors.



CANADIAN PACIFIC

PAIN of Bladder Weakness. Relieved by SANTAL MIDY. Be sure it's the Genuine Look for the word "MIDY" Sold by All Druggists.

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COAL

Virginia Egg, semi-hard, \$12.00. Black Gout, egg size, \$12.00. Pocahontas, nut size, clean \$12.00.

AYLSWORTH BROS.

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INSTALL Chamberlin Metal Weatherstrip

Now Saves Coal. Ends Draughts.

J.R.C. DOBBS & CO.

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Rumors are current in Halifax regarding the proposed merger of three big fish corporations of Nova Scotia with a view to expanding that industry.

WILD GEESE

By Martha Ostenso.

"That reminds me," Caleb Gare began again. "How did you make out with those furs you sent to the Siding? Grin! Buy 'em up?"

"Ya-a. Gode monney." Skull said, sucking comfortably at his pipe. "Fur-r-rs-naow gode. Grin, he's fool himself. Hee! Hee!"

"Did I show you that wolf pelt Martin got east of here? Big beast he was too, eh, Martin? Where's the pelt? Find the pelt, Martin. Made a rug out of it, Skull—you ought to do that with some of yours.

"Judith—show Skull the rug!" Martin had crossed the floor to take the rug from Judah. The girl got up slowly. Her resentment flooded in a dark wave across her face.

"Skull has seen it three times already," she muttered, snatching up the rug. Martin took it from her, a half grin on his face at her anger. Martin had long since learned the futility of indignation. He was twenty, past.

"Skull forgets what a rug it is. Hed, heh!" His laugh was genial. The Icelander examined it again, to please his host. He commented upon its quality, then handed it back to Caleb, who sat holding it while he resumed his talk.

Judith called Pete, the dog, and strode out of the room. Amelia sighed and sat down with a lapful of worn stockings and a handless cup over which to mend them.

Presently Judith returned, without the dog, and seated herself beside Lind. Caleb still held the rug. Charlie was playing solitaire at the table.

51 Years Old Claims He Feels Like Boy Again

Prominent Business Man Explains Joys of Youthful Activity and His Defeat of Old Age.

"Not leaping from bough to tree top in the glands of a monkey"—but, from a tiny little box in his vest pocket, came this change from a "weakened, all in" condition to a feeling of youthful health and activity. He says: "The new Erbac discovery has certainly been worth a million to me.

The simple treatment mentioned above has won the highest praise from those who have used it to ward off a feeling of weakness, lack of ambition and vigor, loss of nerve force and signs of approaching old age.

NOTE: Do not confuse this treatment with ordinary Body Builders or Nerve Tonics. Double Strength Erbac is a special formula—not intended for children—but particularly designed for the use of those near or past middle life.

the children, then it would be all over—the results of his labor would be swept from these fields like chaff from a barn floor. He was too old to carry on alone.

the woman had prayed that he would die! But it was an uncertain world. Amelia, she was a soft foot hand; God! Not many women would be so conveniently sentimental and self-sacrificing for the sake of a son born out of wedlock—and that son a man grown, and a stranger to his own mother.

Amelia might weaken if she saw him. There was no guessing what a woman's reactions might be. Amelia had loved the boy's father, that he knew. The knowledge had eaten bitterly into his being when he was a younger man and had sought to possess Amelia in a manner different from the way in which he possessed her now.

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Adventures of the Twins

Marky Muskrat Gets Tired of Himself. Marky Muskrat went off to Scrub-Up Land with the March Hare and the Twins like the good little fellow he was.

shrilly. And there sat Redwing Blackbird. He had just arrived from the south. "Yes, I do!" said Marky. "I always liked red."

"Then you'd like to look like me!" called Robin Redbreast's voice proud ly. "Yes, I should!" agreed poor Marky. "I'd like to be just anything rather than plain ugly old brown that looks like mud. Why, I'm almost exactly the color of the mud bank I live in! Sometimes Mama Muskrat used to say that unless she looked two or three times she couldn't see me at all."

"What's so funny?" asked the fairyman curiously. "Won't you tell us, so we all can laugh!" "Sure!" nodded Marky happily. "Nick just said something that put an idea into my head. He said everybody felt blue when he was hungry. Why can't I be blue as well as feel blue, Mister Rubadub? I'm tired and sick of being brown."

At these astonishing words Mister Rubadub scratched his head. Nancy and Nick looked at the March Hare, and the March Hare wagged his ears and looked at them. "Why couldn't I be part red and part blue?" went on Marky anxiously. "That's better still. You have all sorts of fairy paint, haven't you, Mister Rubadub? For the bright colored birds that come to get fixed up—the ones that faded down south in the sun. And maybe you could mix in a little bit of green, also some yellow and orange like the orioles wear. I'd like to be all colors, Mister Rubadub. Just for once! I'm so sick of just looking like mud."

Marky pleaded so hard that the fairyman stopped scratching his head, and the March Hare stopped wagging his ears and Nancy and Nick stopped smiling at each other. Everybody began to feel sorry for the plain little muskrat who was so tired of himself. "I might try," agreed Mister Rubadub finally. "But you'll look like a cross between a pol-parrot and a rainbow, I'm afraid."

A SPRING TONIC AN AID TO HEALTH

You Can Lay the Foundation of Good Health Now by Building Up Your Blood and Strengthening Your Nerves Through the Use of Dr. Williams' Pink Pills.

The good old fashion of taking a tonic in the Springtime, like most of the customs of our grandparents, is based upon sound common sense and good medical practice. Winter is always a trying time for those who are not in rugged health.

It is impossible to be energetic if your blood is thin and weak, or if your nerves are frayed or shattered. You cannot compete with others if you do not get refreshing sleep at night, or if your appetite is poor or you are losing weight.

Miss K. Sirois, Kamouraska, Que., says: "I would feel that I was neglecting an opportunity to help some other poor sufferer if I failed to tell you how much benefit I had through the use of Dr. Williams' Pink Pills. Before taking the pills I was in a badly run-down condition. I was very weak, pale and breathless at the least exertion.

J. C. Dyer, Spokane, Wash., is dead of heart failure. He was formerly of Belleville. He was forty-six years of age. Miss Mary A. Shea, Brockville, died on Saturday, aged seventy-one years. She was a daughter of the late Mr. and Mrs. Nicholas Shea, Shestons.

GILLEX for all

Cleaning Dish-Washing Laundering. Softens Water - Saves Soap - Lightens Work. Does more and better work than any other cleansing preparation. No Grit. No Odor. No Sediment. No Waste. At Your Grocer's. E. W. GILLET Co. LTD. TORONTO, CANADA.

AMOS RUTAN, PERTH ROAD. Arrives at Oslo, Norway. Oslo, Norway, April 14.—The dirigible Norge, which will be used by the Amundsen-Ellsworth polar expedition, arrived here to-day at 1.25 p.m. after a flight from Fulham, England.

Sold Farm and Moved to Raymond's Corners. Perth Road, April 12.—It is hopeful the sleighing has gone for good. The past week has been real wintry enabling the tardy with their hauling. Much sympathy is extended to Mr. and Mrs. Melville Yonge in the loss of their infant son, who passed away early Friday morning.

James K. Edwards was elected by acclamation mayor of Sherbrooke, Que., to succeed ex-Mayor W. Brault. The tax rate of Ford will be reduced about fourteen mills, according to the Mayor's statement.

A Satisfied Mother. You cannot be too careful in your selection of remedies for babies or young children. Hundreds of mothers have written telling us how satisfactory Douglas' Infant Tablets are.

Housecleaning is the order of the day with the housewives. Mrs. W. Raymond and daughter, Evelyn, were recent visitors at Fortar and Elgin. Master Leonard Harris spent the Easter vacation with his grandparents, Mr. and Mrs. R. Harris.

Late Albert Wright, Pembroke. Pembroke, April 14.—Albert Wright, one of Pembroke's oldest and best known business men, is dead here, aged eighty-four. For many years he conducted a tannery and leather goods business in Pembroke.

Dr. Martel's Female Pills. Have assisted nature thousands of cases, half century, correcting causes, building up and strengthening organs, relieving DELAYED, PAINFUL MENSTRUATION, MISCONCEPTION, BACKACHE, DIZZINESS, etc. No dangerous drugs. Sold only in Sealed Hinge-Cover TIN BOX with our signature. Druggists everywhere, or direct by mail, plain package \$2.00. Kitchener, Ont. E. J. E. Frost St. Toronto, Can. Circular mailed on request.

BRIGHTEN UP—WE CAN HELP FOR THE HOME—Scaife's Surface Satisfaction Paint, White or Colors, \$1.50 quart can. FOR THE FURNITURE—China Lac Enamel, 80c, pint can. DON'T FORGET The Half-hour Drying Lacqueroid, \$1.25 pint can. Fine 1/2 Inch Chisel Pointed Brush, 35c. ALL COLORS ALABASTINE AND MURESCO. Lemmon & Sons 187 Princess Street. Phone 840

QUEEN'S CAFE CORNER UNION AND DIVISION STREETS. We want you to hold that Club Dinner in our upstairs dining hall, where you may dance after dinner. TELEPHONE 1128. ARNELL & HAMBROOK. CATERERS. "No dinner too large." "No luncheon too small."

IF YOU REQUIRE ANY KIND OF INSURANCE A house, flat or a lot, all well located, our "Service Department" is at your disposal. Agents: Canada Life Assurance Company. KINGSTON AGENCIES Ltd. J. O. HUTTON, MANAGER. TELEPHONE 703. 67 CLARENCE STREET, KINGSTON.

Drive Out the Poisons and you Conquer Fatigue



FATIGUE and tired feelings, as well as pains and aches are the result of the accumulation of poisons in the system. The liver action is torpid, the overworked kidneys have broken down, the bowels are sluggish—consequently you are suffering.

Dr. Chase's Kidney-Liver Pills

35 cts. a box, all dealers or The Dr. A. W. Chase Medicine Co., Limited, Toronto 2, Canada

Miss Katie Wilcox, R.R. No. 3, Warton, Ont., writes: "My stomach troubled me and I had frequent headaches. I felt tired all the time and could hardly do my work. I was in this condition for a year. Then I was told about Dr. Chase's Kidney-Liver pills, took several boxes of them and they did me a wonderful lot of good."