NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Private Phone 857w.

The elimination tournament at he armouries on Saturday in which names of visitors in town and midlin and Miss Aileen Rogers in Such communications should those present at the tea hour were phone No. 2613. Major-General and Mrs. J. H. Eimsley, Col. Constantine, Col. Harris; Col. and Mrs. Schmidlin, Col. and Mrs. Reginald Brook, Col. and Mrs. T. A. Kidd, Col. and Mrs. R. O. Alexander, Col. and Mrs. Hertsberg, only son of Major W. F. N. Wind- Toronto after Easter to attend the Mrs. Norman Leslie, Dr. and Mrs. P. G. C. Campbell, Prof. and Mrs. Douglas Jemmett, Prof. and Mrs. Keith Hicks, Prof. and Mrs. W. P. for and Mrs. Horace Lawson, Major Easter holidays in Montreal. and Mrs. Sheffield Bacon, Mrs. Holloway Waddell, Capt. and Mrs. Ron- Ottawa with Cadet Teddy and Max Mr. and Mrs. Walter Clarke. He will ald Fortt, Capt. and Mrs. F. M. Meighen to spend the Easter holi- be accompanied by Cadet Patton of Harvey. Capt. and Mrs. Horace days with Hon. Arthur Meighen and New York, who will also visit Mr. Westmorland, Mrs. Travers Hora, Mrs. Meighen, dersleeve, Miss Cartwright, Miss Going. Miss Sara Willis, Miss Mildred Jones, Miss Nora Macnee, Miss Lucy Waddell (Montreal), Miss Aline and Miss Cecily Rutherford, Miss Gwen Dawson, Miss Jessie Torrance, Miss Cocil Macnee, Miss Edith Carruthers, Major Tremaine, Maj. Dobbie, Capt. Kelly and Mrs. A. N. Lee.

Mr. and Mrs. A. E. Walker, Montreal street, gave a well arranged euchre party on Friday evening in aid of the Orange Fife and Drum band. Refreshments were served after the cards and dancing followed. | ter. The prize winners were Mrs. H. Mc- Prof. Keith Hicks arrived from him rich.

Low Price

oman's Page Editor Phone 2613, Illroy, Mr. Nicholson, Mrs. Markins and Mrs. W. Wilkinson.

The Whig will be glad to have the field, left on Saturday for Toledo, Major Horace Lawson and Mrs. E. counts of various social events for C. Schmidlin won from Col. Sch- publication in the social column. the final game, drew many members signed and the address of the sender of the Garrison Badminton Club to given. Write or telephone to the the courts to see the play, Among Editor of the Woman's Page, Tele-

> Principal R. Bruce Taylor nounces the engagement of youngest daughter, Lois Arnott, to provincial meeting of the Guides Walter Cunningham Geale Windeyer, eyer, Toronto, the marriage to take dinner given by the Toronto Guides place May the first.

Wilgar, Miss Edgar (Montreal), Ma- Military College staff will spend the home in Ottawa this week from

Mrs. W. K. Macnee, Miss Mabel Gil- B. S. M. Austin Davis, Royal Mil- son. itary College, will spend Easter in Toronto with his mother, Mrs.

> Miss Nancy Skinner, Montreal, is visiting her aunt, Miss Nan Skinner. King street.

Miss Margaret Wilton, Carleton Place, will arrive in town this week, to spend the holiday season with her parents, Mr. and Mrs. H. A. Wilton, Arch street. Miss Helen Wilton, who is on the staff of the Collegiate Institute at Aylmer, Ont., will also spend Easter with her parents

Miss Bessie Ettinger, Y.W.C.A. has left for New York to spend Eas-

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Sumber King

New York on Saturday and is with Mrs. Hicks, Kensington avenue, for a few days.

Rev. Ensor Sharp, Toronto, arrived in town today and will spend the week with Rev. W. E. and Mrs. Kidd, Wellington street.

Mich., to visit her sister, Mrs. Tay-Mr. John Lowe, General Theological Seminary, New York, will ar-

rive in town this week to spend Easter with his mother, Mr. H. P. Lowe, and Dr. Percy Lowe, "The Winston."

Mrs. I. G. Bogart, Divisional Commissioner of the Girl Guiles, left for London, Ont., today, to attend the Council. Mrs. Bogart will also go to in honor of Dame Furse, England.

Mr. Gustave Sauvant of the Royal | Cadet Lew Clarke will be at the Royal Military College to spend Cadet Henry McLaren will go to the Easter holidays with his parents and Mrs. Clarke for the Easter sea-

> Miss Edith Carruthers will go to Toronto next week to attend the Havergal College Old Girls' reun-

> Cadet James Thornton, Royal Military College, will spend Easter in Montreal with Sir Henry and Lady Rev. Dr. John Dow, Toronto, who

was the geust of Rev. G. A. and Mrs. Brown. Johnson street, returned to Toronto today. (Continued on Page 14.)

The man never lived who didn't at some time in his life expect to invent something that would make

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The Editor Hears

That the Girl Guides are preparing for their tests and later the public will have an opportunity of attending an exhibition of these in-Miss Barbara Merchant, Barriesewing and all sorts of useful crafts are learned by the guides and their friends will be-asked later to cooperate with them in making money for their summer camp.

That Sir Henry Drayton speaking at a session of the executive of the National Council of Women urged the members to assist in the sale of 'Made in Canada goods." Charles Constantine, Kingston, read a paper on the Yukon in its early days that was listened to with abthe session Mrs. Ninan C. Smilie was presented with a life member-

that health and fitness bring beauty, they are joining clubs which provide gymnasium, Swedish exercises and artificial sun baths.

That George Stockbridge, successful gardener of the C.P.R. gardens that delight the eyes of Kingstontonians and their visitors from April to November, says the annuals in his garden never were more promising and he expects a wonderful show of bloom from them this year. Already pansies are beginning to show life and the buds that have lain dormant under the snow and ice are opening to March sunshine even on a frosty day.

That flowers appeared on the market in open wagons on Saturday. The florists are preparing a great

teresting productions. Cooking. Italian Balm

for red, rough hands after dishwashing.

our homes. The churches, the hospitals and our shut-in friends should be remembered at this season. Don't sorbed attention. At the close of let all the flowers we buy be for our-

That the robins were joined on Monday morning by a flock of bronze grackles whose hoarse note That beauty baths and beauty was heard by the worshippers reparlors are being forsaken by Eng- turning from the early Holy Week lish society women for health clubs services. Looking upwards they saw which are springing up in numbers | the beautiful black and bronze in and around London. Realizing plumage of these handsome birds gleaming in the tree tops.

> That one of the most interesting of the services held in St. Mary's Cathedral in connection with the mission held during the past two weeks was the blesssing of the babies on Saturday afternoon when the large church was filled with mothers and the babies they had brought to receive God's blessing at the hand of the missioner.

> > AUNT HET



"Pa knows better than to jokin' with me when I've fixed a big dinner an' my company don't come.

SEASONABLE RECIPES

Creamed Sardines. One box large sardines, 2 tablespoons butter, 2 tablespoons flour, 1. 1-2 cups milk, 2 tablespoons lemon juice, 1-2 teaspoon salt, 1-2 teaspoon paprika, triangles of crisp tcast, 2 hard cooked eggs, parsley.

Remove skin and bones from sardines. Melt butter, stir in flour and slowly add milk, stirring constantly. When mixture boils add salt, paprika and lemon julce. Add whites of eggs finely chopped and sardines, whole or broken as preferred. Keep over hot water. Arrange toast on a hot platter, cover with creamed fish and sprinkle with yolks of egg forced through a ricer. Garnish with sprigs of parsley and serve.

This makes a most attractive looking dish as well as an unusally de-

Grape Fruit Salad. Two green peppers, I cup grape fruit pulp, 1-2 cup minced celery, slice onion, 2 tablespoons nut meats, 2 teaspoons sugar, 1-4 teaspoon salt.

Cut peppers in halves lengthwise. Remove pith and seeds. Remove pulp from grape fruit. Drain. There should be 1 cup of fruit after draining. Use juice in the dressing in place of lemon juice. Rub bowl in which salad is to be mixed with slice of onion. Mix sugar and salt and sprinkle over fruit. Let stand a few minutes and combine celery, nuts and grape fruit. Pour over French dressing and fill peppers with mixture. Sprinkle with paprika and serve on a bed of lettuce.

LIFE'S GOLDEN RULE.

If only thoughtless people Would take a little heed And think about their neighbors. Their troubles and their need! It never just occurs to them That, in their selfish way,

Maybe they've dimmed the sunlight, And darkened someone's day. If only busy people Would linger for a while And stop to do a kindly act, Then pass on with a smile. The world would be a warmer place,

If only, now and then, We all would stay to think a bit About our fellow-men.

INDIAN WOMEN KNOW MORE THAN WHITE WOMEN

Indian girl though she is, and the ward of a Methodist woman missionary, aged 71 years, Miss Frances Nickawa of Vancouver delights in Paris gowns, touches of gay color and short skirts, but clings to long

"Since I have been about the world," said Miss Nickawa, interviewed in Montreal, "I have seen the chic, smart things the girls in France know, but which few of the Indian women out west have seen. Consequently, those of our tribe in British Columbia don't long for beautiful costumes. What they do

want, though, is that the white people should learn to appreciate their talents. I say, very emphatically that I do not yet find the white people educated to the merits of the North American Indian. That is why go about singing folk songs of the Crees and trying to make the white race realize more fully that we, like them, are, after all, made by the same God."

Good Advice. "He is all the world to me. What would you advise he to do?" "See a little more of the world.

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