

Don't Neglect The Children's Coughs and Colds

Mrs. Wm. W. Card, Baneroff, Ont., writes: "Last winter my three children had very bad colds, and they would cough all night long, which was very annoying to the rest of the family."

"I could get nothing to help them until one night, a friend who was staying with me, advised me to give them



Dr. Wood's Norway Pine Syrup

"I immediately got some, and after I had used four bottles of it my children became quite well again, thanks to Dr. Wood's."

This preparation has been on the market for the past 37 years; you don't experiment when you buy it; put up only by The T. Milburn Co., Limited, Toronto, Ont.



Suffered with rheumatism for years

GOT RELIEF FROM RHEUMATISM AT LAST

Spent more than \$100 for remedies before help was found

"I had an obstinate case of rheumatism which had given relief by a simple home treatment is told by a man in Los Angeles, California, who suffered for years with rheumatic pain in the feet and back."

"I spent more than \$100 for liniments and medicines in twenty-four years," he writes. "Then I used Sloan's Liniment and it gave me complete relief."

"And it is amazing—the quick, genuine comfort that Sloan's gives to even the most long-standing rheumatic aches. Sloan's doesn't just deaden pain—it helps your body to throw off the cause."

No need to rub even. A little Sloan's patted lightly on—and a healing tide of fresh, germ-destroying blood begins tingling through the aching place. Before you can believe it, the pain, swelling and stiffness are relieved. Try it! All druggists—35 cents.

Dr. Martel's Female Pills

Have assisted nature thousands of times half century, correcting cause, building up and strengthening organs, relieving DELAYED, and PAINFUL MENSTRUATION, NEURVOSNESS, BACKACHE, DIZZINESS, etc., and dangerous drugs. Sold only in Sealed Hinged-Glass Tins with our signature. Druggists everywhere, or direct by mail, plain packages \$1.00. Dr. Martel's Female Pills, 71 E. Front St., Toronto, Ont. Circular mailed on request.

DR THOMAS' ECLECTIC OIL

THE GREAT AND SIMPLE REMEDY FOR ALL THE GREAT AILMENTS OF THE AGE. It is the only medicine that will cure you of all the ailments mentioned below. It is the only medicine that will cure you of all the ailments mentioned below. It is the only medicine that will cure you of all the ailments mentioned below.

PAIN in BLADDER

Promptly Eased by Santal Midy. Be sure to get the Genuine Look for the word "MIDY"



To Europe

Travel in luxury on the palatial steamships of the Canadian Pacific fleet. Service to guests perfect in every detail. Accommodation should be secured early.

to local agent, E. PARKER, Travel Agent, in Traffic, Pacific Bldg., 30 Ont.

Teachings of John's Gospel

The International Uniform Sunday School Lesson for March 23: Golden Text: John 20:31; But These Are Written, That Ye Might Believe That Jesus Is the Christ, the Son of God; and That Believing Ye Might Have Life Through His Name.

By Wm. E. Gilroy, D.D., Editor of The Congregationalist.

The first great teaching of the Gospel of John is concerning God and his revelation of himself in human life: "In the beginning was the Word, and the Word was with God, and the Word was God." How this Word found expression in the life and teaching of Jesus of Nazareth is the theme of the Gospel.

It is the purpose of the Gospel to set forth the various elements in the witness and testimony of, and to Christ; the witness of his own gracious personality winning disciples to himself and establishing the nucleus of the Christian Church; the witness of various individuals who came under the power of his ministry; the witness of Jesus' mighty works; and the witness, above all, of his sublime teachings, of his sacrificial death, and of his resurrection.

The great theme of this Gospel is the new life. It is manifest in the experience of Andrew and Peter, Philip and Nathaniel, whose hearts glow with a new joy as they come under the influence of their divine friends. It is the theme of the conversation of Jesus with Nicodemus. It dominates the story of his great sermon to the woman of Samaria, with its insistence upon the most fundamental of all truths, that God is spirit and that they that worship him must worship him in spirit and in truth.

Typical Verse.

Possibly the most typical verse to characterize the whole Gospel of John is found in the words of Jesus: "The words that I speak unto you they are spirit, they are life." How significant this statement becomes is seen as we follow through the intimate teachings of Jesus concerning his relationship to men and God. God is the Good Shepherd, laying down his life for his sheep that they may have life and salvation. He is the way to God, bringing immortality to light and triumph. And the resurrection is but the seal and witness to his teaching and revelation.

The theme of the Gospel of John is the divinity of Christ. But we ought to realize how beautifully this Gospel sets forth his true humanity and the rich intimacy of his relationship with men and women in the ordinary walks and experiences of life. Not only have we the glorious revelation of the upper room, but we have the picture of the sympathetic Christ in contact with the home at Bethany.

The sublimity of the teaching of the Gospel of John would lose all

most all its meaning and significance were it not for the profound truth that the Gospel emphasizes, that all this sublimity is brought near to the lives and homes of men everywhere.

He is divine to make us divine, and whether or not the words came from the same writer, the comment in John's Epistle is a true rendering of the whole spirit and purpose of John's Gospel: "Beloved, now are we the sons of God; and it doth not yet appear what we shall be; but we know that, when he shall appear, we shall be like him; for we shall see him as he is."

Expressing Divinity.

It is entirely in harmony with the purpose of Christ in coming to the world that his divinity should thus be vitally expressed in human contacts and in terms of human experience. The divinity of our Lord is not a theoretical speculative thing, something about which men may engage in controversy and quarrel. All the divinity of his life was revealed before men that he might show them the way to God. No man truly believes in the divinity of Jesus who is not seeking through close contacts with Jesus to make his own life divine. It is the privilege of Christ's disciples to become "partakers of the divine nature."

We cannot be too insistent upon the richly human aspects of John's Gospel. Many have tended to think of Luke's Gospel as pre-eminently expressing the humanity of Jesus, but all the Gospels express that humanity just as they express the glory and beauty of his divinity.

In the twentieth chapter of John's Gospel there is a verse that is rich in its fullness of expression. It tells how Jesus came to the disciples after his death, and very simply it says: "Then were the disciples glad when they saw the Lord." Ought not that to be the ideal for every Christian to find the gladness of seeing the risen Christ?

The Gospel of John has been one of the most controverted documents in Christendom. Who wrote it no one can say with assurance. Ever against the tradition that John lived to a great old age there is the strong belief of some scholars, upon which they regard as good evidence, that John was one of the earliest of the Christian martyrs.

But, whoever wrote it, the Gospel of John is a profound and noble document. Interpret it, as one will, it speaks of the deepest things of the soul and it is in it that pre-eminently Jesus appears as the way to God, the bond between earth and heaven.

DOINGS AT CROYDON.

Women's Institute Made a Presentation to Mrs. Stewart Close. Croydon, March 24.—Those who attended the play at Tamworth on St. Patrick's night report it the best of the season.

Some of our farmers have tapped and report a good run of sap.

The president, Mrs. Ross McGregor, and a few other ladies of the Women's Institute, met at Mrs. Stewart Close's home on Tuesday evening, March 16th, and presented Mrs. Close with a sunshine bag, which was well filled and contained all sorts of trinkets from the ladies of the institute and community. Each morning Mrs. Close is to take out one parcel until contents of bag is used, and we all hope when the bag is empty Mrs. Close will be able to be up and around in her usual health again. At present Mrs. Close is confined to her bed with heart trouble and under the care of Dr. Thind of Kingston.

Mrs. Robert McGregor and children are visiting friends at Bell Rock, Mr. and Mrs. W. B. Close and Annie spent Saturday at Mr. George Black's, Camden East.

Mrs. Will Galbraith is attending Grand Lodge at Belleville and visiting her sister, Mrs. Will Hyland. Miss Agnes Nolan is visiting friends at Napanee.

Mr. Allan Carroll and Miss Dorval Doyle spent Sunday evening at Mr. Ed. Doyle's, Arden road. Mrs. Meeks has returned home after spending some time with her daughter, Mrs. Arthur Carroll. Mr. James Murphy of Beaver Lake has bought Mr. Cecil Kellar's farm.

Miss Verna Kellar, Newburgh, is visiting at Mr. L. Kellar's. Mr. and Mrs. W. B. Close and Annie spent Sunday evening at Mr. Amos Frizzell's.

Mr. Stewart Close sold two valuable cows to W. J. Dowling. Mr. and Mrs. Perry Armstrong have rented Mr. Christopher Harten's farm near Roblin and moved to their new home on Thursday. Miss Margaret Close has returned home, having spent the past week with friends near Tamworth.

Sap Beginning to Run.

Bunker's Hill, March 24.—The warm sun melted the last fall of snow. Farmers will soon be tapping the maple trees and making sugar. The sap is just beginning to run. The cheese factories will soon be reopening. Mr. and Mrs. Sanford Leeman made a trip to Godfrey last week. Timothy Babcock has returned to the United States after visiting his parent. The crows are getting quite plentiful—a sign of spring. James Tobin and wife have moved to their new farm near Westport. Some of the farmers will have to buy hay this spring as the crop was not very plentiful last season.

Gas on Stomach Made Mrs. Cook Nervous

"For years I had gas on the stomach and was nervous. Adlerika has done more good than anything," (signed) Lela Cook. ONE spoonful Adlerika removes GAS and often brings surprising relief to the stomach. Stops that full, bloated feeling. Don't waste time with pills or tablets but let Adlerika give your bowels a REAL cleansing, bringing out matter you never thought was in your system! T. H. Sargent, druggist.

DOINGS AT DENBIGH.

Sheriff's Sale at Mine is Called Off Altogether. Denbigh, March 24.—Owing to the mild weather these first few days of spring and the excessive falls of snow during the first of month, extensive hauling operations are about at a stand still. The rush at the grist mill is nearly over for this year.

Charles P. Stein, Herbert and Reinhart Fritsch were at Cloyne on business recently.

The Plevna-Denbigh stage driven and owned by Cardwell Loyde, Plevna, has changed hands. Mr. Loyde having sold the business to Stanley Kring, Plevna, wishes to locate near Denbigh.

Mrs. William Warlick, a former resident of this place, spent a few days among many friends and relatives here, a guest of her mother, Mrs. Anna Retzold. She has returned to her home in Matawatchan.

Taffy parties are the chief pastime here at present. Rev. P. A. Scott has begun special meetings in the Union Church, Denbigh, for an indefinite time. J. D. Flake, Plevna, is expected here to-day to install a telephone in the parsonage. Mr. and Mrs. Lorne Thompson, Slate Falls, were Sunday visitors at Albert Faulks. Miss Louise Faulk spent a few days last week with friends in Camel Schutt and Matawatchan.

Mrs. J. Adams is in Kingston on business and expects to spend the holiday in Toronto and Peterboro. Miss Gladys Rodgers was the guest of Miss Louise Faulk on Sunday last. Mrs. William John, Sr., spent a few days with her son, William, Jr., last week. Charles Both drove to Kill-also recently visiting his daughter, Mrs. Henry Keil.

When the sheriff's sale at the Suroel and Spain mine, between Griffith and Dacre, was postponed from the 19th to the 24th of March, Inst., the same number of people were again disappointed to-day on being informed by telephone that the sale has been called off altogether.

Friends of Mrs. M. Ready, Kingston, were sorry to learn that she has recently been called to mourn the loss of her mother, Mrs. W. Hopkins.

Won Lincolnshire Handicap. Lincoln, Eng., March 24.—King of Clubs, owned by W. J. Helleroy, won the Lincolnshire handicap in the first big race of the season to-day. Zion-ist, owned by Aga Khan, was second, and J. Duggan's Vestington Star was third.

As a rule a man has climbed as high as he is going by the time he becomes interested in symptoms.

DOINGS AT DENBIGH.

Peter Brabant, aged sixty-four years died in Chicago on Saturday. He was born in Clayton, N.Y., a son of Leander Brabant.

Advertisement for Y.M.C.A. Diamond Jubilee Fund. Features a portrait of a young man and the text: '60 Years Building Better Citizens'. Below the portrait is a list of questions and an answer: 'Answer: The Young Men's Christian Association. You are invited to help provide this answer for the coming year.'

Advertisement for Congoleum Gold Seal Art-Rugs. Text: 'Time Savers—Money Savers. THINK how many advantages you enjoy when you buy Congoleum Gold Seal Art-Rugs—besides the great and important saving in money! No dusty sweeping or back-breaking beating; no fabric to collect dust and germs; no fear that tracked-in mud or spilled things will leave a stain on the easily-cleaned surface.' Includes a logo for Congoleum Gold Seal Guarantee.

Advertisement for R. J. Reid. Text: 'We carry a full line of Congoleum Rugs in the new designs. Phone 577. R. J. REID 230 Princess Street.'

Advertisement for James Reid. Text: 'See us for the new, natty Spring designs in Congoleum Rugs. Phone 147. James Reid 254 Princess Street.'

Advertisement for Department Store Thefts. Text: 'Toronto, March 24.—Commenting in Women's Court on a case of fraud extending over a length of time, where conviction was registered, Magistrate Paterson said: "Department stores have evidently come to the end of their very long patience. As an old employee of the department store, the accused had knowledge of good ways of defrauding it. She had obtained goods under about 100 names, only two or three of which were even in the directory."'

Advertisement for Inverary Items. Text: 'Inverary, March 22.—The recent thaw has rendered the roads in an almost impassable condition for heavy loads. Mrs. Bartell, Kingston, is spending a week among friends here. The many friends of E. Cochran, Latimer, are sorry to hear of his recent accident; all wish him a speedy recovery. Owing to illness Miss Mary Corkey has been unable to return to Sydenham high school this week. Mr. and Mrs. A. McPadden, Sydenham, were recent callers in the village.'

Advertisement for Y.M.C.A. Diamond Jubilee Fund. Text: 'Y. M. C. A. DIAMOND JUBILEE FUND WHERE CAN I SEND— A boy who is lonesome? A boy who must have a job? A boy who wants to learn to swim? A boy who is physically under-developed? A young man who needs vocational counsel? A young man who wants to find a good room? A boy who wants to cultivate good companions? A boy who is "in with the wrong crowd" but wants to go right? A boy who is away from home and lacks its restraining influence? A young man who has made a "mistake" and needs friendly counsel? A boy who wants to go camping next summer and learn something of Nature? A young man who wants to find the church of his choice? A young man who wants a chance to read the best magazines or "write a letter home"? A young man who is "just in from the 'country" and needs help in adjusting himself to city life? A young man who needs instruction along religious lines which he has failed to get at home or in church? A boy or a young man from a foreign land who wants to learn English and needs to learn something of Canadian ways? In short, to whom can I send any "young feller who needs a friend"? Answer: The Young Men's Christian Association. You are invited to help provide this answer for the coming year.'