NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Private Phone 85%w.

Mrs. A. E. Harris, Col. and Mrs. R. Rogers saw that everyone had chmidlin, Major and Mrs. Victor ters. Miss Aline and Miss Cecily ing games, etc. Kee, Capt. Kelly.

ere made by the deft fingers of the leatha Gates, Mr. Gordon Jackson ad Mr. McEwan

On Monday evening the home r. and Mrs. John Stanton, Rideau and Atlantic City. eet, was made merry when a num-

and the address of the sender Write or telephone to the itor of the Woman's Page, Tele- the guest of Miss Bessie Henry.

ht tables were in play, and the the guest of Mrs. E. F. Torrance, hear him say:

WIFE TO BED

uffered So She Could Not Valk. Restored to Health by Lydia E. Pinkham's Vegetable Compound

Minesing, Ontario. — "I am a pracical nurse and I recommend Lydia Pinkham's Vegetable Compound to affering women. For three months was almost helpless and could not it at the table long enough to drink cup of tea. Many a time my hussand carried me to bed, I would be weak. Then he read in the paper woman suffering as I did who better after taking the Vegetable ound, so he went and got it for When I had taken three bottles ways take it; sometimes a half ie or whatever I need. It is my medicine and I have told many a mend it for I feel I owe my life d strength to it." — Mrs. NEAL owser, R. R. 1, Minesing, Ontario. Do you feel broken-down, nervous, d weak sometimes? Do you have is horrid feeling of fear which somenes comes to women when they are twell? Lydis E. Pinkham's Vegable Compound is excellent to take

ERVICE 960 IN CITY

DAY OR NIGHT LL T PASSENGER SEDANS

Voman's Page Editor Phone 2612 | took advantage of the good sleighing | for not only are the owners of the and the moonlight to go for a sleigh pet distressed at its loss and wondrive along the road of Kingston dering what its fate may be, but the Badminton was played at the Mills on Wednesday evening. They ries on Wednesday and several returned to the home of Mrs. W. A. came in at the tea hour. Rogers, Johnson street, where Mr. ing good homes. It is indeed a mean Among those present were Col. and and Mrs. Rogers and Cadet Clarence and selfish peorson who will rob Brook, Col. and Mrs. R. O. Alex- jolly evening. Dancing went on for

Mrs. D. H. Smith and her daugh-Mrs. Victor Williams, ters, Miss Helen and Miss Martha Irs. T. A. Kidd, Mrs. Neil Polson, Smith, gave a jolly party on Wednes-Mrs. Keith Hicks, Capt. and Mrs. day evening at their home on Bagot Westmorland, Capt. and Mrs. F. M. street. Games were played and the farvey, Capt. Fortt, Mr. and Mrs. young people danced until midnight.

Mrs. Douglas Jemmett, Kensingort, R.I.), Mrs. Alan Powell (Que- ton avenue, entertained some of the). Mrs. Douglas Jemmett, Miss students of Prof. Jemmett's class on Miss McGill, Miss Go- Wednesday evening. The guests , Miss Edith Ritchie, Miss Aileen spent a most pleasant evening play-

Mrs. H. G. Gibson, Union street, entertained on Wednesday evening trange, Miss Gwen Dawson, Dr. Mc- for Miss Frances Gibson, Ottaka, who is her guest.

Sir Percy and Lady Sherwood, Ot- est, I wasn't. And I didn't know for d the Junior Women's Institute of tawa, are leaving at the end of this certain that Lyman was drunk until whose members always week for California, where they will remain for the rest of the winter. Col. and Mrs. McParland and famlly. Toronto, are leaving for France about March 10th. Mrs. McParland

> Mrs. Louis O'Brien and her little daughter. Joan, who were visiting Mrs. A. McLean, King street, have returned to Ottawa.

and her children will remain in

Miss Cecily Rutherford, King street, returned from Montreal this

Cadet C. D. Cowan, Royal Military College, will spend the week-end in Gananoque with Mrs. F. B. Cowan. Mrs. Alexander Newlands, Victoria street, has spent several days in Belleville this week attending the meeting of the Urban School Asso-

son street, left to-day for New York

Mr. Northcote Burke, Trinity Colhonor of the latter's birthday, The lege, Toronto, who will be ordained to the diaconate in St. George's Cathedral on Sunday morning, will arrive in town Friday and will be with his parents, Mr. and Mrs. Philip

Mr. and Mrs. Francis King, inton many happy returns of the York with Miss Lewis and Miss Marion Lewis, who sailed for the Mediterranean ports last week, have

or Walker, Toronto, are the guests

Miss Helen Christmas, Queer street, spent Tuesday in Gananoque,

Mrs. Frederick P. Sands, Newport, R.I., is visiting her daughter, Mrs. gave a pleasant G. F. Elliot, the Belvidere Annex.

Roblin, Mrs. F. C. Wright and Major and Mrs. Lachlan Hughes, to get married, Rill." F. Stewart. Supper was served who have spent some time in town | "And don't you want to, Lyman" while Major Hughes has been taking she asked. a course at the Royal Military Colparty of cadets from the Royal lege, will leave for Ottawa next week tary College and their girl friends to visit General and Mrs. St. Pierre Hughes before leaving for their home in Victoria, B.C.

The Editor Hears

That Miss Ethel Chapman, Toconto, whose name is a household word in the homes of the members of the Women's Institute, has written an interesting paper on how the Women's Institutes can co-operate with the Board's of Managers of fairs. The reason for this co-operation she says is to make the fair more interesting to the woman exhibitor and visitor and to demonstrate before a large audience admintages of the study of the various forms of home economics. The three branches of this subject are food, clothing and housing. Miss Chapman has some excellent suggestions. As food demonstrations she suggests of school lunches lunches for working men, of meals for young children and charts showing what young children should and should not est. Another sugrestion is the difference between good and a bad market basket. people should use more milk products and how to keep those products safe. We will give some more of her ideas in a few days.

That Edward Johnson, the Guelph success as a grand opera singer, being heard with delight by New York, as Romeo at the Metropolitan Opera House, had a great reception in Toonto, and hundreds of people from Guelph went to Toronto to hear

launders easily and can be washe out and worn the next day so is most useful for school dresses for children.

That several beautiful Persian cats have recently been stolen from their owners who live not far from the city park. One cat had the num-

ber of her owner's house on her collar, and the other was also a pet. It seems strange that people could be so regardless of their neighbors feelings as to take their pets from them. The cruelty is double edged poor little cats-they were both little more than kittens-are mournanother of a pet. Surely if they think it over they will take the cats back to their owners.

By a Girl of To-day.

ANOTHER CASE. "What's the matter, Rillie?" I exclaimed. "You look as though you had

"Oh, do I look as bad as that?" she asked, her voice trembling. "I really wanted to look my best today. You see, it's the first time I've been out of the house since that awful story came out in the papers about Lyman and me. "I wasn't intoxicated, Judy. Hon-

"Well, Rillie, why did Lyme Andrews not take the blame for it all? Why didn't he say that only he had

"I don't know. I haven't seen him since the story came out. But the gos sip is getting so scandalous that I don't think Dad can stand it much longer. He said he was going over to have a talk with Lyman today and I came out to find him before Dad could get to him. If my father had only let me call Lyman up the next day, I think I could

Judy, I'm afraid Lyman will never speak to me again." "Do you want him to, Rillie?" asked in surprise. I could not understand how any girl could want to have anything more to do with any man who had shown such a yellow streak

as Lyman had.

have made it all up with him. Now, oh

"Of course I do, Judy. Don't you see I've got to make up with him? Don't you know that although I did nothing more than you or any other of the girls have done, yet I got into a mess by the accident and now the story has grown so big that I'm ruined if ion't marry Lyman? And, oh Judy, he hasn't asked me! You know I'm awfully fond of him and I couldn't live this town if I thought he was making love to any other girl!" She stopped suddenly. A man's voice

had called, "Rill! Oh, Rill!" I looked behind me to see that it was Lyman Andrews.

"There!" I said. "There's your man and you won't be the clever girl think you if you don't make him come to terms immediately if you want to I'll leave you now to do your stuff. I haven't much time to lose, Rillie, for am getting ready to go to Chicago." "Are you?" she asked in a tone of voice by which I knew she would rather go to Chicago than marry the

man that was slowly coming toward Miss Mary Ogilvie, Toronto, is her. I only stopped long enough to "Your Dad seems to think we ought

I was out of hearing. Next: Chuck Again.

FAMILY MENUS

Breakfast-Stewed dried peaches, cereal, thin cream, tomato omelet, crisp whole wheat toast, milk, coffee, Luncheon-Creamed shrimps in rice border, bran bread, apple and celery salad, orange cream pudding,

Dinner-Roast loin of lamb, mash ed potatoes, creamed turnips, endive salad, canned strawberries, sponge cake, graham bread, milk, coffee, Sometimes after opening a can of tomatoes there is some left, not enough for a meal but too much to waste. While any vegetable left-over



CAMPANA'S Italian Balm

for red, rough hands after dishwashing.

times we aren't making soup. tomato omelet is a suggestion for using up left-over tomatoes. Tomato soup can be used, in which case omit the soda in the recipe.

Tomato Omelet. One cup tomato puip, 1-2 cup milk, salt, 1-8 teaspoon pepper, 4 eggs.

through a strainer Heat puree and hissing hot turn in egg mixture. Cook slowly on top of stove or bake 20 minutes in a hot oven. Fold and slide onto a hot platter and serve

milk, tea. Dinner-Broiled shad, lemon

butter, boiled rice, lima beans cream, spinach salad, iemon meringue pie, graham bread, milk, cof-Tart canned cherries are very acceptable as a breakfast fruit. Any

chilled can be used just as stewed dried fruits are used. If the breakfast bacon is wanted crisp and that's the way it should be, dip the fat off as fast as it cooks

canned fruit, not too sweet and well

Fish Chowder.

out if the meat is broiled.

Two pounds cod or haddock, slices salt pork, I onion, 3 cups diced potatoes, 2 teaspoons minced parsiey, 2 cups mirk, 2 tablespoons flour, salt and pepper.

Remove fish from bones and cu flesh in small pieces. Cover bones with cold water and bring it to the boiling point. Simmer for 30 min-

Cut pork in small pieces and try out fat. Strain fat into sauce pan and add onion thinly sliced. Cook slowly until a pale straw color. Add potatoes and parsley, pepper and fish stock. Bring to the boiling point adding water to cover and add fish. Cook until fish is tender about 30 minutes. Add water to prevent sticking as needed but a chowder should not be too thin. When fish is tender add hot milk. Stir flour to a smooth paste with a little cold milk. Stir into chowder and bring to the boiling point but do not let boll. Split 4 Boston crackers and dip in cold milk. Put in soup tureen and pour over chowder. Serve at once. (Copyright 1926, NEA Service, Inc.)

HUSTLE AND GRIN.

"Knock," and you go it alone: For the cheerful grin Will let you in Where the kicker is never known.

Growl, and the way look dreary: Laugh, and the path is bright: For a welcome smile Brings sunshine, while A frown shuts out the light.

Sigh and you "rake in" nothing, Work, and the prize is won For the nervy man With backbone can By nothing be outdone.

Hustle! and fortune awaits you; Shirk! and defeat is sure: For there's no chance Of deliverance For the chap who can't endure.

Sing, and the world's harmonious; Grumble, and things go wrong, And all the time You are out of rhyme With the busy, bustling throng.

Kick, and there's trouble brewing, Whistle, and life is gay, And the world's in tune Like a day in June. And the clouds all melt away.

Granite Lodge Event. The twentieth anniversary of Granite Lodge, Independent Order of Oddfellows, was celebrated on Wednesday evening, by a card and dance party held in the lodge rooms on Montreal street. The event was most enjoyable one.

Isn't it awful when you're trying to put across an idea and just can't think of the right slang? Dirty work at the cross roads now means gathering up the debris after

THE LAND OF AFTERNOON

A Review of Gilbert Knox's Much-

achieves the purpose for which it was written is to be congratulated That much talked of book, "The Land of Afternoon," by Gilbert Knox, was clearly written to be the "best seller" of its year and in Eastern Canada, at any rate, it has been in great demand. The author says his novel is a sa-

tire on social and political life in Canada's capital, and adds that the characters are purely imaginary. The first statement is undoubtedly true but the second is open to question To people living in Ottawa, most of the characters are unmisgers while he converses with a lady. they learned to read and write.

milk, broiled bacon, soft cooked for power and place among the wo- but the friend doubly so. Laugh if eggs, crisp whole wheat toast, milk, men whose husbands had under- you will at "Mrs. Pratt," "Mrs. Luncheon-Fish chowder, toast- their country is drawn with an uned crackers, cabbage and grape erring pen and the politicians fare fruit saiad, apple tapicoa pudding, no better. The cattishness of those who are striving to shoulder their way across what Azalea Deane describes as "the shining rim" as she demonstrates with her gold bracelet and some pen nibs the eager and often desperate fight to get within the magic circle where once in, you can do any thing you like so long as you pretend that all the others in the ring are desirable and those outside the reverse. The new titles, the women who holds a precarious footing on the social ladder, who receive kicks from those who have a firmer foothold, are held up to ridicule as they richly deserve, and the vulgarity of those who, accepting the hospitality of sweet Marjorie Dilling from Pinto Plains, who has come to Ottawa with her husband, the brilliant young western member, laugh at her attempts at beautifying her house while they eat her ices, is causticly scored. The press does not escape satire for in a description of a function given in the social columns of a paper the terms, "Mrs. (Rev.) and Mrs. (Dr.)," are used and anyone who reads the woman's pages of the Ottawa dailies knows the capable women journalists who edit them would never allow such incorrect English to escape their editing pencil. The church too comes in for a slam in a chapter devoted to a fashionable wedding.

But are all the snobs at Ottawa? Are they all within the parliamentary and Government House circles? Are not some of the most snobbish people those who are far away from the shining ring? And does this book, clever as it is, give us a good idea of Canadian society? Our Canadian social life is a complex thing for it is composed of men and women of widely different entecedents. Our forefathers were, many of them, members of that band of high adventurers who have made what we call the British Empire. Some of them were men whose names may be found in Burke's

peerage; younger sons, who left the old place to their elders and fared across the seas to make a home in this good land. What care their descendants for "the shining ring" of gold drawn by men and women with a lately acquired title? Others came from the older colonies to the south.



Pour hot milk over 111111111111 WEAT

a warm, satisfying meal

leaving their beautiful colonial portant one in the strange mixture takeable and yet unbiased people de- homes to live under the old flag. of good and bad known as society. clare that all of them are distorted. Are they interested in a struggle for 1-8 teaspoon soda, 2 tablespoons but- Most of us have peculiarities that at a lower place than their ancestors ter, 2 tablespoons flour, 1-2 teaspoon times amuse our friends but they held? And the sons and daughters forgive us for them because of other of professional men, of men who. Canned tomatoes must be rubbed characteristics in us that they ad- laboring with brains and hands members of the Levana Society at mire. But the unfortunates, pil- founded great mercantile houses, the regular meeting held in Convocaadd soda. Melt 1 1-2 tablespoons loried for their fellow's amusement who with the fruits of their fathers' tion Hall, on Wednesday afternoon. butter, in sauce pan, stir in flour and in this book, have their redeeming labors have seen the best of Europ- A short, humorous sketch, "Queen's slowly add tomato .mixture, stirring qualities rent from them ruthlessly ean society and art. Are they tremb- Twenty Years Hence," was presentthick and smooth. Season with salt The writer has a mischievous desire forbid them to enter the magic cirand pepper and add yolks of eggs to stab in the dark, and even the cle? Are these Canadians wonderbeaten until thick and lemon colored. hero. Raymond Dilling, who is said ing if so-and-so is "the thing"? They Fold in whites of eggs beaten until in the foreword to be a "Superman" never give it a thought. They learn- line stiff and dry. Melt remaining butter is shown committing the unpardon- ed good manners in their childhood in hot spider, or omelet pan. When able solocism of manicuring his fin- from their parents and teachers as

The entertaining for the sake of But the dialogue is undeniably making a show is common enough. brilliant and there is no doubt what- as we all know, but we also know ever that the writer has had many that there are homes from ocean to opportunities for observing Ottawa's ocean where there is true hospital-Breakfast-Canned cherries, top social and official life. The struggle ity, where the stranger is welcome taken the business of governing | Prendergast" and her "dawkter," "Mrs. Long" and "Lady Elton," but

-A.M.G.

Levana Society Event. The year '26 entertained the other

The greatest ocean depth record-



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The Waldron Store

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