

You Probably Know—And Yet?

YOU pay more for creamery butter than for inferior grades. You pay more for fresh chicken than for cold storage fowl. Why? For the flavor.

For dishes you flavor, don't use creamery butter, purest country milk, all those fine ingredients—and then flavor them with extracts made from coal-tar chemicals.

Use Shirriff's True Vanilla—its full, pure strength right from the fragrant tropical vanilla bean.

Six drops of Shirriff's True Vanilla equals 18 drops of artificial vanilla. And 25 cents flavors 25 cakes!

Price 25c

See Your Grocer's Counter

Shirriff's True Vanilla

Also Makers of Shirriff's Marmalade and Jelly Powders
Established 1880



"WE'RE COMING BACK" SAYS J. J. MORRISON

Who Sees Bright Future for U.F.O.—Frontenac Farm Club Luncheon.

"To me this is like the roll call after the battle," said J. J. Morrison, secretary of Ontario United Farmers, addressing a luncheon gathering of the Frontenac Farm Club held in the Belmont dining room on Tuesday. "We have come through a very stormy time," a time when I wondered if the history of the Patrons of Industry was to be repeated. But we are coming back, and coming back strongly, not only in Frontenac but all over the province."

This is the first luncheon which the Farm Club has held and there were about 125 farmers and their wives present, including a number of visitors from Lennox and Addington. A. F. Weller, president of the club, presided and extended a hearty welcome both to the speaker of the day and the guests.

Mr. Morrison brought a most optimistic message regarding the United Farmers' movement to his audience. There were twice as many members in the organization now as there were at this time one year ago, he said, and every department was in a healthy condition. The speaker noted that newspaper reporters were present and said that there had been a time when the newspapers and the general public were not interested in what the farmers did or said.

In reviewing what the U.F.O. had accomplished, the speaker said that it had attempted to do several very difficult things; it had tried to organize the farmers, it had tried to enter politics. Some people would say that they had failed, said Mr. Morrison, but he did not think that they had failed. And as proof that the struggle had been worth while he asked his listeners to consider the condition at Ottawa where, he said, the farmers control the destinies of Canada.

In organizing the farmers the object had been to instill into them a class consciousness, he said. Agriculture was the greatest basic industry in the world and farmers had nothing to be ashamed of. In this line of endeavor, Mr. Morrison said that the U.F.O. had met with quite a degree of success.

The United Farmers had also attempted to get into commercial life but here they found difficulty at every turn, Mr. Morrison said. They were inexperienced and they found strong opposition. At the present time, however, after making many mistakes the co-operative marketing scheme was working very well and the annual turn-over was \$18,250,000.

In political life the U.F.O. had tried to work out a new system. The speaker saw a danger in the present

HERE'S "GETS-IT"

Made in Canada. World's Easiest Corn Ender



Ends Pain in 3 Short Seconds

"GETS-IT" is a scientific liquid that millions use, among them famous dancers, athletes, doctors and folks who have to walk a lot. It ends corns. You laugh at them. One drop stops pain in 3 short seconds. Then the corn loosens and comes off—all gone, forgotten. You walk in peace. There are imitations. So watch out. Get the genuine "GETS-IT." All druggists. Enough to kill a dozen corns costs 35c.

"GETS-IT," Inc., 121 George St., Toronto

BUNION SORENESS GOES QUICK

Tired, Aching, Burning Feet Instantly Relieved

Maybe bunions can't be cured, but like tired, aching feet, the pain and soreness can be quickly relieved—and the first cooling, soothing touch of Georo Wormwood Balm will easily convince you of this.

CREAM FOR CATARRH OPENS UP NOSTRILS

Tells How To Get Quick Relief from Head-Colds. It's Splendid!

As you breathe your congested nostrils will open, the air passages of your head will clear and you can breathe freely. No more hawking, snuffling, blowing, headache, dryness. No struggling for breath at night, your cold or catarrh will be gone.

Get a small bottle of My's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relieves comes so quickly.

ACCEPTED A CALL TO BISHOP'S MILLS

Mr. A. Lloyd is a Student at McGill College, Montreal.

Bishop's Mills, Feb. 22.—A. Lloyd, of the graduating class at McGill College, has accepted the call to Bishop's Mills, and conducted the service in the United Church, here, on Sunday afternoon, and delivered a sermon, that was both interesting and instructive. Mr. Lloyd and family will move here at the conclusion of the college term in April, and in the meantime, he will come from Montreal each week-end and conduct the service in the United Church, and the other two appointments, every sabbath.

A parlor social was held at the United Church Parsonage, on Saturday evening, and was well patronized. A good programme of parlor games and music, made the time pass pleasantly. Later refreshments were served. Proceeds of the social will be used to improve the interior of the Parsonage. Orville Fitzgerald, Ordensburg, N.Y., was a visitor at Robert Fitzgerald's on Sunday last. Among the winter birds that usually remain in the woods, are the nut-hatches. Owing to their bright plumage they are often mistaken for robins, which explains how sometimes the announcement of the arrival of the first robin, occurs altogether too early in the spring. The nut-hatches are seen this winter in large numbers around farm houses in this district, and they appear to be very hungry. A few bread crumbs and other morsels, thrown out in the snow, are eagerly picked up and they are especially friendly to the donors.

James Percival, Burritts Rapids, was a town visitor on Wednesday last. Mrs. C. Byers, Mrs. G. Atkinson, R. Atkinson were recent visitors at Smith's Falls. Charles Whaley, Oxford Station, is a guest at J. S. Ferguson's.

HAD A NARROW ESCAPE.

Mr. Lemon's Clothes Caught by a Boiling Log.

Godfrey, Feb. 22.—Mr. Lemon had a very narrow escape while unloading logs at the mill. A log caught in his clothes and threw him some distance but happily he was not hurt badly. Just a few scratches about the face. Many are glad to hear that W. Salabery is home from the hospital. He is not able to walk without crutches. A number from here attended the At Home at Sydenham. Mr. and Mrs. Harry Snider made a trip to Kingston last week with their daughter, Kathleen, who had a slight operation on her ear. Friends gathered at the home of Mr. and Mrs. Fred Leeman for an oyster supper and dance. Visitors, Mrs. Lake at Chet Godfrey's; Miss Olive Quinn spent the week-end with Miss Margaret Wilson; Mr. and Mrs. Almer Kennedy and daughter, Ella, at Mrs. Kitson's; Mr. and Mrs. H. Snider spent Sunday evening at Almer Kennedy's. Millie Seales has returned home from Niagara.

Premier Hsu Shih-Ying has resigned at Peking and Chi Teh-Yas, Minister of War, has succeeded him. Former Kaiser and wife have begun to entertain on lavish scale and to accept invitations from others.



Men Women Children use Vicks for Colds

For smokers' sore throat or coughs, let a little Vicks melt in the mouth. Then at bed time rub it well over throat and upper chest.

For severe chest colds open pores of throat and chest with hot wet towels and then rub well with Vicks.

At first Vicks VapoRub was used chiefly for children's colds. Mothers have a way of finding out the best things for children's ailments and they soon discovered the great value of treating children's colds externally—with Vicks. It meant quick relief without dosing; no danger of upsetting delicate little stomachs. Later, men and women found that Vicks is just as good for their colds, too. Today Vicks is sold in over forty countries and over 21 million jars are now used yearly.

When rubbed over throat and chest

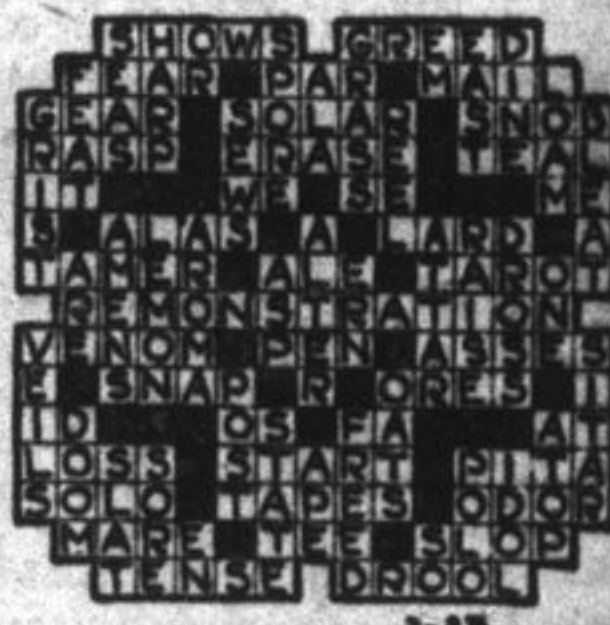
Vicks Attacks Colds Two Ways at Once:

- (1) Its medicated vapors (released by the body heat) are inhaled right to the inflamed air-passages, loosening the phlegm and easing the difficult breathing. At the same time,
- (2) It acts through the skin like an old-fashioned poultice, "drawing out" the tightness and soreness, and thus helping the vapors inhaled to break up the congestion.

acts 2 ways at once

VICKS VAPORUB

NOW OVER 21 MILLION JARS USED YEARLY



Answer to Tuesday's Crossword Puzzle:

Dancing frocks of chiffon, with the skirts cut on plus-four lines, are occasionally seen in fashionable England dancing rooms.

Dr. S. C. Wilson, dentist, Perth, is at Clarendon for a few days. Misses May and Katie Burke spent Friday night with their aunt, Mrs. Joseph Burke, Sharbot Lake.

Out at Myers' Cave. Myer's Cave, Feb. 22.—Filling ice houses is the order of the day. Charles MacGregor made a business trip to Salmon's Resort on Saturday. O. Meeks, of Cloyne, is here with his sawing machine. Mrs. T. D. Perry spent Friday with friends in Cloyne. Mr. and Mrs. Mitchell Delaney, of Renfrew, are spending a few days with friends here. Mr. and Mrs. E. J. Perry spent Sunday at J. R. Perry's. C. MacGregor and J. R. Perry made a business trip to the Ore Chimney mines on Monday. Wilfred Perry spent Sunday afternoon at J. McCausland's.

state of affairs at Ottawa for there he believed the minority was ruling the majority. He advocated the group system of government, a system which was not to be confused with the system now in effect at Ottawa. In the group system there would be a multiplicity of parties as there now was but each group would be closely connected with the Cabinet.

Mr. Morrison said that the U.F.O. was more than an economic organization and he instanced the relief fund done in the Northern Ontario fire of a few years ago. A relief fund was maintained for such emergencies, he said. With regard to the co-operative marketing, the U.F.O. secretary said that the egg pool, the creamery system, the seed pool and the turnip pool all had been most successful. The livestock was still being handled on a commission basis but it was felt that in time a better system could be instituted. It was hoped to add potato and apple storage buildings to the Toronto plant in the next few years so that these articles could be pooled.

Vincent Redmond and J. L. F. Sproule moved a vote of thanks to Mr. Morrison.

SUNBURY "AT HOME."

Mr. and Mrs. William Moreland entertained their friends.

Sunbury, February, 22.—Mr. and Mrs. William Moreland were "At Home" to a large gathering of their friends in the Community Hall on Thursday evening last. A very enjoyable time was spent, and every one went home voting Mr. and Mrs. Moreland as genial host and hostess.

The friends of Mr. Harry Shannon will be glad to know he is making slow but steady recovery in the General Hospital.

The junior hockey team were victorious over the Cataragi juniors on Saturday last, the score being 5-0.

The Latimer Dramatic Club are presenting their play in the hall on Tuesday, March 9th in aid of the Sunbury United Church. The Woman's Institute purpose conducting a millinery course some time during March.

Miss Gladys and Evelyn Moreland spent the week-end at the former's home. They are both Kingston Collegiate Institute students.

Mr. William Christmas is going West next week on business.

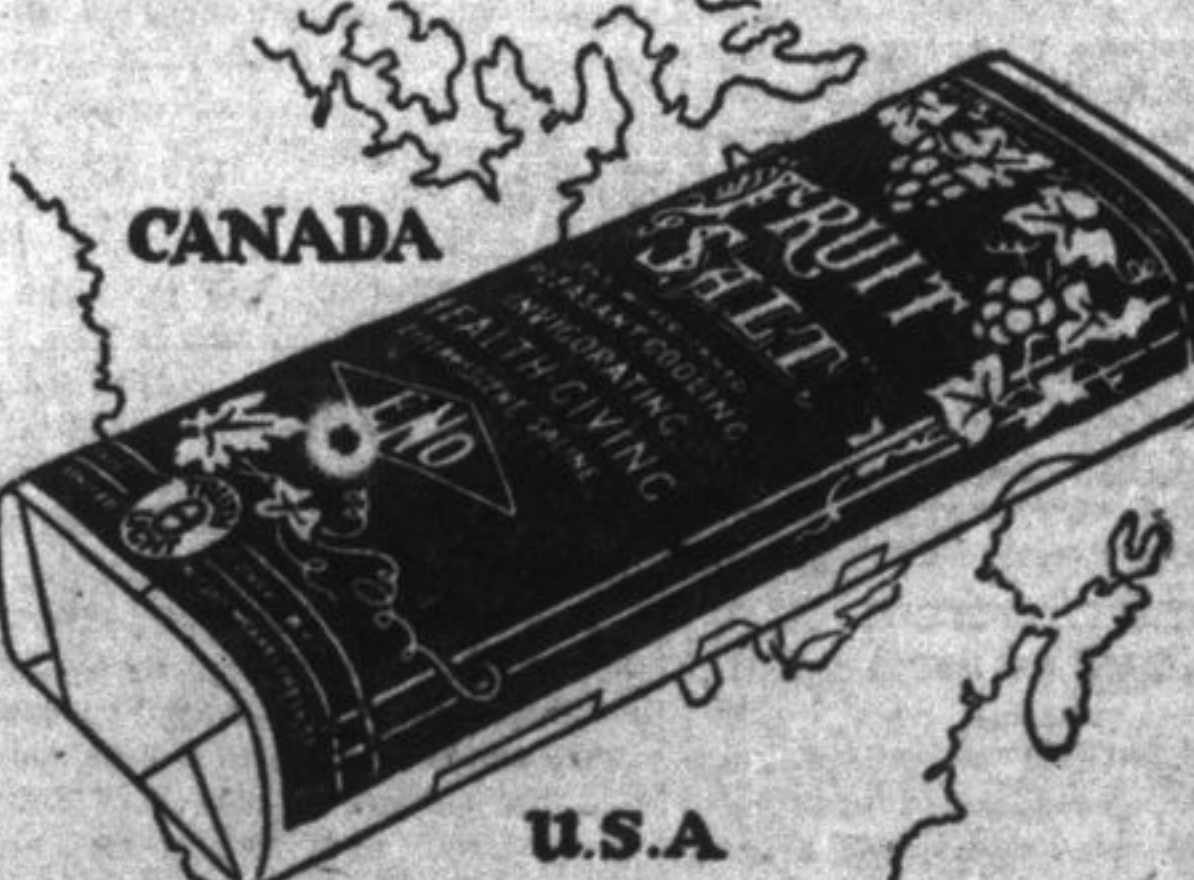
A sleigh load of young people attended a house party at William Haffners', Glenburnie, on Monday evening.

SCHOOL HAD FROLIC.

Valentine Post Office Produced Much Fun.

Clarendon, Feb. 19.—The children of the public school enjoyed a Valentine post office Friday afternoon, which was made enjoyable with lots of Valentines and candy. Mr. and Mrs. Frank Swain, Glenvale, are visiting at Hotel Frontenac for a few days. John Glenn attended the council meeting at Sharbot Lake on

ENO across the Border



You can buy ENO in the United States from 60,000 Druggists, department and general stores. Across the border its fame has spread rapidly and it is steadily taking its place as the "health drink" of the people of that country. This fact, together with the fact that ENO is sold wherever civilization has penetrated, is proof of the universal approval enjoyed by this famous British product.

Druggists everywhere sell

ENO'S "FRUIT SALT"

The World-Famed Effervescent Saline

Sole Representatives for North America, Borden's Food Products Co., Limited, Toronto

Clamor for Alberta Coal. Toronto, Feb. 23.—Four hundred citizens clamoring for Alberta coal, crowded the wickets of the city hall to-day when the authorities commenced to take orders for coal coming to the city from Alberta.

BOVRIL is concentrated prime Beef Sold in bottles only

HEAR THESE HITS: "WHO," "PRETENDING," "A LITTLE BIT BAD," "DRIFTING AND DREAMING," "LETTER EDGED IN BLACK"—AT THE MELODY SHOPPE OPPOSITE GRAND OPERA HOUSE PHONE 188.



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