for the complexion

MGUNTAIN GROVE.

An Old Recipe.

add pineapple cut into small pieces,

spoonfuls of cold water and placed

oughly and add whipped cream. Put

and salt for several hours. Serve

with mayonnaise. Nuts or fruits may

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Woman's Page Editor Phone 2618 ville, the Misses Culcheth, Murphy Private Phone 857w.

admission fee. The tea table in Murphy provided the music. charge of Mrs. Hilliard and Miss Baxter was gay with red tulips in a pretty basket, red candles and full force on Friday afternoon to call father as Miss Berna Saunders play-Valentine favors. Mrs. Enoch God- on Mrs. W. M. Nickle, who received ed the Bridal Chorus from "Lohenwin wi Mrs. T. G. Bishop poured for the first time since her marriage grin," and passed through a pink



Children's delicate digestions are easily isturbed by too much "dosing." Still, he little ones' cold troubles cannot be

At the very first sign of croup, sore broat, or any other cold trouble, apply icks VapoRub over the throat and hest. There is nothing to swallow—you ast rub it on. Colds go over night, croup usually relieved in 15 minutes.

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ome. But have you over used it?
Then you do you will understand why housands of families, the world over, sel that they could hardly keep house without it. It's simple and cheap, but the way it takes hold of a cough will quickly earn it a permanent place in

of Pinex; then add plain granulated the Glenburnie W.M.S. went is sugar syrup to fill up the bottle. Or. Women's Institute column in or corn syrup instead of sugar syrup. Either way, it tastes good, never spoils, and gives you 16 ounces of better cough remedy than you could buy ready-made

Pinex is a highly concentrated comound of genuine Norway pine extract,
and has been used for generations for
hroat and chest allments.

To avoid disappointment ask your
ruggist for "2½ ounces of Pinex" with
irections, and don't accept anything
ise. Guaranteed to give absolute satisaction or money refunded. The Pinex
o., Toronto, Ont.

Two Women Owe Health to Lydia E. Pinkham's egetable Compound

ped me in every way, the re less, and I have more appetit is a pleasure to recommend E. Pinkham's Vegetable Comments of their women. —LEA DE

Found Great Relief nto, Ont. — "I am at the Char

and Weber. The conveners of the tables at this successful tea were place at the home of the bride's A Valentine tea was given at Mrs. Bruce Culcheth and Mrs. Harry parents on Saturday at half-past Italian Rideau School on Friday by the Fisher. Mrs. G. Perdue and Mrs. E. eleven o'clock when Olivia, daugh-Home and School Club when the Verney sold the aprons. Mrs. E. ter of Mr. and Mrs. Richard J. Baivisitors were received by the presi- Robbs, and Mrs. E. Wood took den, Mowat avenue, Portsmouth, dent, Mrs. T. Murphy assisted by the charge of the fishpond. Mrs. J. Mil- was married to Reginald Arthur teachers, Miss Baxter and Miss ler and Mrs. F. Earl sold the home Dawdy, Detroit, Mich., son of Mr. Wilder. Mrs. Terry Burns took the made cooking and Miss Carmel and Mrs. A. E. Dawdy, Welland.

ing with shaded lights and fodils on the mantel centre. Pink foses and pink sweet an out-of-town guest. peas with dark green maidenhair fern were the flowers chosen and the confections were pink and white to fit in with the color scheme. Mrs. Hugh Nickle and Mrs. B. F. Lamson. St. Catharines, poured tes and coffee assisted by Miss Eileen Folger, Mrs. Harold Herrington, Miss Mair, Miss Apella Minnes, Miss Gertrude McKelvey, Miss Kathleen Bibby and Miss Anna Mahood.

To a Queen's University woman, Miss Charlotte Whitton, goes the honor of being made chairman member of the Canadian Social Ser- wearer. vice Council and well known for her welfare work in the Dominion. The league committee looks after the

The supper table was decorated with carried a big load to-day. Valentine favors and the party was an exceedingly jolly one.

on Friday evening was a jolly af- green house or in the windows of fair. The patroness were Mrs. M. your home. It will not be long be-M. Manahan and Mrs. M. Smith and fore we have a good display of flowthe dance was arranged by Mr. W.

Friday afternoon for Miss Olivia Baiden, a bride of to-day. Mrs. W. Elder made ten at the effectively arranged table.

Through an error the account the Glenburnie W.M.S. went in the

Mrs. Charles McKay, Wellington street, entertained at bridge on Friday for her sister-in-law, Mrs. Lionel Smith, Montreal.

Mrs. H. F. Richardson, Stuart street, entertained at mah jongs on Friday afternoon.

Mrs. J. H. Sutherland, Gore street

Mrs. Frederick Cays, Wellington entertained at bridge on

Mrs. G. Cavin, Stuart street, en tertained at bridge on Thursday.

arines, is visiting her parents, Mr. and Mrs. A. W. Dunlop, Stuart milk, tea.

Miss Eleanor Phelan, Johnson candied sweet potatoes, combinastreet, has returned from Toronto, tion cabbage salad, whose wheat the guest of Mrs. G. S. Bowerbank This dinner is planned to warm while in Toronto for the badminton the cockles of the wintryest heart. tournament, will return to town on Well baked spareribs made savory

Smma Pense for the week-end. Mrs. Willet VanAlstyne, Napanee, of northern evenings. is spending the winter in the city the guest of her sister. Mrs. A. R. Laidley, 453 Frontenac street.

Mrs. William Collins, Tweed, vis- Wipe meat and securely bind the

spending a few days with her fa-ther, Mr. Robert Kidd, at the home ery, salt and pepper and egg slight-

St. Paul's Guild Valentine Tea fing and put into roaster. Roast two and Sale, Mrs. W. F. FitsGerald's, and one-half hours in a hot oven, 238 Brock street, Tuesday, Feb. 16, basting freemently with the drip-5 to 6 p.m. Admission 10c.

actually gets along with. Ale kind a man always dishes out to him- each nortion as preferred.

WEDDINGS.

Dawdy-Baiden. A pretty house wedding took Rev. A. E. Smart, rector of St. John's church, officiated. The bride Kingston society turned out in entered the room on the arm of her last June, in her new home on Earl and white arcade to the French windat- She wore an ensemble suit of blond satin and the gift of the groom, a was frocked in rose flat crepe and roll was called and sixteen members and no one will be the wiser." ments were served in the dining | tion of refcoting stockings was put Ann took my clothes down stairs. ers losing themselves in the flowers a silver bell. Mrs. Allison Briden, that filled the silver vase in the Woodstock, a sister of the bride, was

The Editor Hears

That Mrs. P. G. C. Campbell at of Prince Charlie Chapter LO.D.E., who looked after the Friday tea for the mothers who bring their children to the Well Baby Clinic at the Welfare Station.

That both the straight line silhouse child weifare committee of the ette and the full skirt were noticed League of Nations. There are four in the frocks worn at the opening of members of the committee, the the Ontario Legislation, both styles others being Miss Helene Burniaux being worn by matrons and young of Belgium, Don Ismael Valdez of girls. The full evening frock is more Chile, and Miss Julia Lathrop of the becoming to dancers, for it sways United States. Miss Whitton is a prettily and gives grace to the

That the enthusiasm for the keep- over steam to dissolve. Mix thoring of St. Valentine's Day is shown welfare of children the world over, in the number of Valentine favors sold by the Kingston shops. The The nurses at the Kingston Gen- Cupids, hearts pierced with darts and eral Hospital enjoyed a sleigh ride tiny hearts ready to string, were be added. and a dance afterwards at the eagerly bought by people giving Nurses Home on Friday evening. Valentine parties and the postmen

That a few days of sunshine wil bring out the blossoms of the bulbs The Q.R.C. dance in Ontario Hall that are ready to flower either in the ers on the Saturday market. Hven this morning the florists showed us some lovely flowers sheltering be-Mrs. Douglas Carruthers, Barrie hind the protecting glass of their

> That once more we will ask the press secretaries of the various societies who send us the accounts of their galeties and meetings to find out the Christian names of the husbands of the ladies whose names are ials. Not long ago we were given an account of a tea in which we found the names "Mrs. Smith" and "Mrs. Jones." Now just how could any one tell who these people were, In the Kingston telephone directory. you can find forty-five telephones in the list of "Smiths" You may only know one person of a certain name but that does not say our other readers are in the same condition. Let us have the initials please.

MENUS

Breakfast-Stewed figs with orange juice, cereal, thin cream, broiled ham, creamed potatoes, graham muffins, milk, coffee. Luncheon- Baked rice, celery

sandwiches, cake crumb pudding, Dinner-Stuffed baked spareribs,

Miss Eileen Rogers, who has been bread, apple slump, milk, coffee. by its stuffing, the snappy salad of Miss Helen Shearer, has returned seasonable vegetables and the oldfrom Cornwall and is with Miss fashioned apple dessert will put cheer into the fcey-est and bleakest

Stuffed Baked Spareribs. Two short lengths of spareribs, 4 cups bread crumbs, 2 medium sized Mrs. Thomas McQuigge, Havelock, onlon, 1-2 cup diced celery, 2 tables in Kingston visiting her daugh- spoons melted butter, I egg, milk to moist, salt and pepper.

ted friends in Kingston during the two pieces together to make a "crown." Rub with salt and pep-Mrs. Samuel Potts, Kingston, is per. Peel and mince onions. Comof Mr. and Mrs. John Kidd, Gan- ly beaten. Heat milk and add sticky. Fill crown of pork with stufpines in the pan. Remove to hot platter when done and cut away Compared with the amount a man the cord. The meat will keep its wants it is surprising how little he shape after cooking. To serve cut between the ribe futo the stuffing. Good-natured criticism is the Serve as many ribs with stuffing for (Copyright, 1926, NEA Service Inc.)

FACING THE MUSIC. tried to get up as soon mother left the room, but my ankle was so lame that I decided I would have to stay inside, most of the day at least.

Mary Ann brought me a cup of

coffee and a piece of toast and wanted to commiserate and comfort me so badly that I knew mother had old our old servant my whole story That was just like mother. She wouldn't let me have a doctor to look at my poor ankle for fear he would want to know how I had sprained it and so get the story which she told

The regular meeting of the without any compunction to a ser-Mountain Grove Institute was held vent. at the home of Mrs. J. D. Clark, on "Sure, Miss Julia dear, I'll just string of pearls. Her flowers were Wednesday afternoon, Feb. 10th, take your coat and dress and shoes sunset roses. The bridesmaid was The president occupied the chair down stairs and tonight I'll bring her sister, Miss Mamie Baiden, who and the meeting was opened. The 'em up and put 'em in your closet

carried yellow roses. The best man responded by describing "A book I Although I was much provoked was Mr. A. E. Ada. Buffet refresh- have enjoyed." Then a demonstra- at mother, I had to smite as Mary

diningroom the table was effectively arranged with tall pink candles white bells were used for decoration D. Clarks was called on for a readmaid, who is her pal, would know it tied with a pink ribbon and a few and the bride's table was centred ing and responded much to the before tomorrow morning, for alpink sweet peas, the ribbon stream- with a wedding cake adorned with pleasure of the members. It was though Mary Ann is the kindliest moved that a letter of condolence be soul in the world and she loves me sent Mrs. W. Barr, who suffered a perhaps more than anyone else on bereavement by the death of her earth, yet because of that very love son. A letter was also read from for me, she would hasten to get her S. York, thanking members for a version of what she and mother both slight token of remembrance, on her deemed a scandal, out before anyone removal from their midst. At 4 p.m. from the other side told his. Mrs. Clark assisted by Mrs. William

Because I kept my swollen ankle Cowdy and Mrs. P. Gray served de- under the hot water faucet most of licious refreshments to over thirty the day, I was in pretty good shape members and visitors the social half by dinner time and determined to go hour being spent the meeting clos- down for that meal.

ed with the National Anthem. The I had heard father come home a members will meet again at Mrs. D. least one hour earlier than usual and J. Cronk's on Wednesday, March I knew I was in for it, but knowing that I would have to face his wrath some time, I made up my mind to take my medicine and get it over Pineapple cheese frozen salad. One with as quickly as possible. cup grated cheese, one cup mayon-Besides, I was hungry.

naise, two large slices canned pine-Father never looked at me as I apple, one cup double cream, whipentered the dining room. His face ped, one tablespoonful gelatine. Mix was like a thunder cloud. I wouldn't grated cheese with mayonnaise and allow myself, however, to pay any attention to him. I hobbled over to then gelatine softened in two tablemy chair and was sitting down when a remark from him made-me straighten myself up so quickly that my ankle gave a sickening twinge. in molds or one mold, pack in ice

"I am sending to the papers right after dinner, Julia, the announcement of your engagement and early marriage to Charles Becker!"

The other half gets all the happi-The wings that riches have are ness out of marriage that the better nearly always used in going instead



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