

Still Enjoying Life at 84

Thanks To That Wonderful Remedy



Mrs. F. H. Miller, 1848-11th Ave. East, Vancouver, B.C., writes:—

"Five years ago my husband suffered terribly with severe attacks of palpitation of the heart and smothering spells, and two doctors stated that he could not possibly live six months."

A friend recommended Milburn's H. and N. Pills, with the result that my husband is still enjoying life at the age of 84 years.

He has improved so wonderfully that he can now climb the stairs without having those awful pains in his heart."

Put up only by The T. Milburn Co., Limited, Toronto, Ont.

SALE OF WALL PAPER

We have decided to clear out our stock of choice Wall Paper at SACRIFICE PRICES.

Come and save money. W. G. VEALE 314 BARRIE STREET

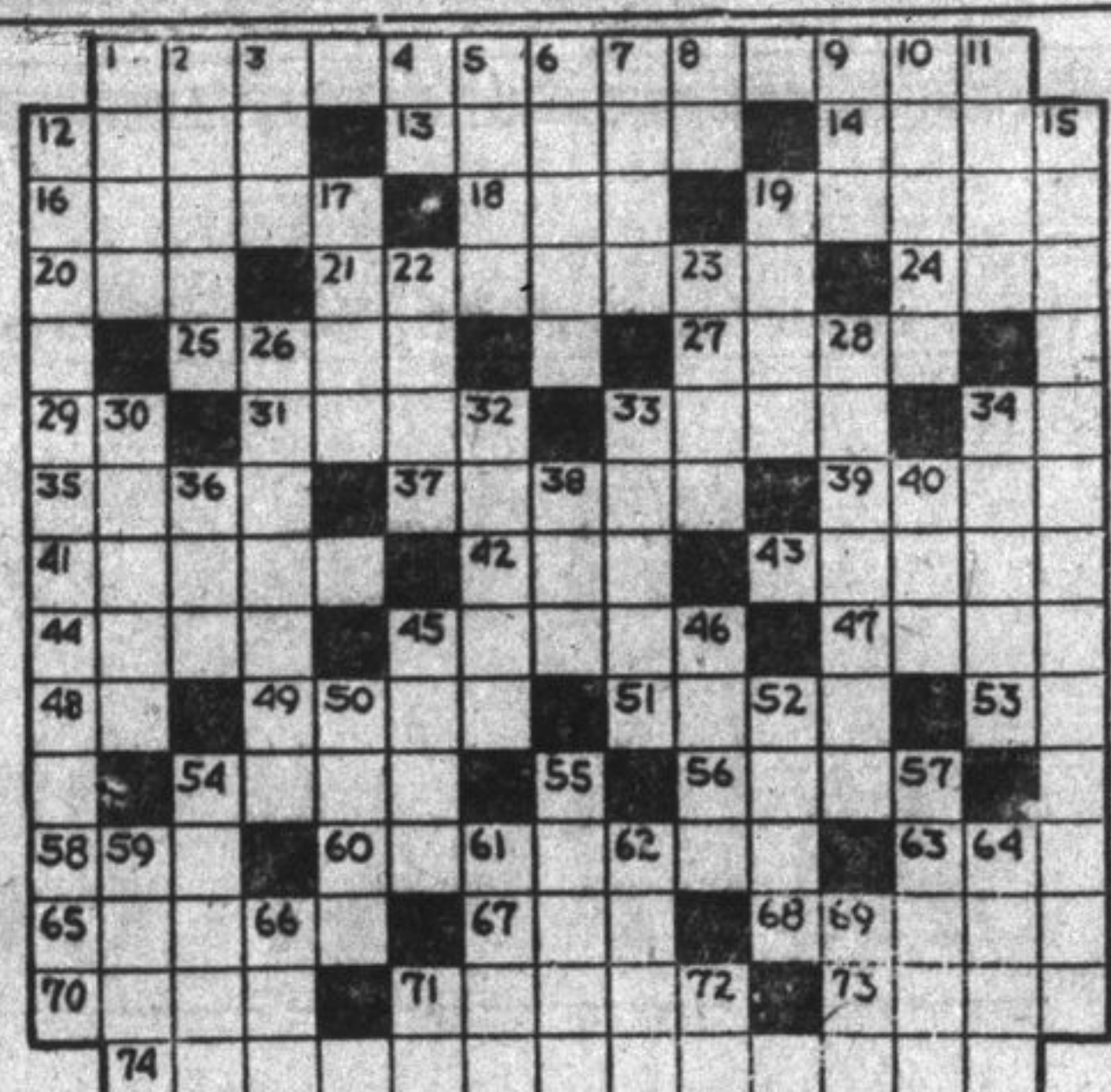
CARRIED WIFE TO BED

Suffered So She Could Not Walk. Restored to Health by Lydia E. Pinkham's Vegetable Compound

Minesing, Ontario.—"I am a practical nurse and I recommend Lydia E. Pinkham's Vegetable Compound to suffering women. For three months I was almost helpless and could not sit at the table long enough to drink a cup of tea. Many a time my husband carried me to bed. I would be so weak. Then he read in the paper of a woman suffering as I did who got better after taking the Vegetable Compound, so he went and got it for me. When I had taken three bottles I was just like a new woman and have had splendid health ever since. When I feel any bearing-down pains I always take it; sometimes a half bottle or whatever I need. It is my only medicine and I have told many a one about it. Any one wanting to know more about Lydia E. Pinkham's Vegetable Compound, I will gladly write to her. I do all I can to recommend it for I feel I owe my life and strength to it."—Mrs. NEAL BOWMAN, R. R. 1, Minesing, Ontario.

Do you feel broken-down, nervous, and weak sometimes? Do you have this horrid feeling of fear which sometimes comes to women when they are not well? Lydia E. Pinkham's Vegetable Compound is excellent to take at such a time. It always helps, and if taken regularly and persistently will relieve this condition.

CROSS-WORD PUZZLE



- Horizontal. 1. A going back in development. 2. Tubercular root stock used in Hawaii. 3. Serf. 4. Perished. 5. Female figure praying. 6. Indian from Utah. 7. Pertaining to a soft palate. 8. To soak flax. 9. Peeling deeply. 10. Silk worm. 11. Pot. 12. Opposite of soft. 13. You and me. 14. High mountains. 15. To distribute grudgingly. 16. ...adin dye. 17. Morning. 18. Musical character. 19. Bubbles of soap. 20. To place in line. 21. Inlet. 22. Bulb flower. 23. Woven struis. 24. Kindled again. 25. To appertain. 26. Correlative of either. 27. Invasion of police. 28. Double point (geometrical). 29. Point of compass. 30. Venomous snakes. 31. Disincubers. 32. Ancient. 33. One who withdraws from a party. 34. To employ. 35. Mate of a gander. 36. Beer. 37. Small wax candle. 38. Long ago. 39. Narrow street. 40. Church seats. 41. Machines for test-work. Vertical. 1. Uncommon. 2. Mute of poetry. 3. 2000 pounds. 4. Bone. 5. To surf. 6. Valued. 7. To level. 8. Point of compass. 9. Small fish. 10. Lubricated. 11. Close. 12. Study of embossed work. 13. Low-speed drilling machine. 14. To plow. 15. Meat. 16. Sleeps. 17. Factory. 18. Female falcons. 19. Began again. 20. Pertaining to the sun. 21. Small piece of material. 22. Passages. 23. To tear. 24. To be sick. 25. Rubber tree. 26. To get up. 27. Ripped. 28. Soil. 29. Portion of a church. 30. To love. 31. String instrument. 32. Unusually large. 33. To appear above the horizon. 34. To phone. 35. To judge. 36. Hems. 37. Matching dishes. 38. To imitate. 39. Dye. 40. You.

STYPTERADITION TEN TEAM DOOR D RE SEAM DEANAVE RE LITER DEAN SCOT STILL MEEL RUC SAME DATA SOLAN RENT TEST WANT R SCAR LOOM BEL OF EKES NEAT SO ORE EVIL SIRE N TERM IDEA PART UJ HASIA REIN AD FVES DENN NE L AWED FOS ACE LITER LAND DIED

Answer to Friday's Cross Word Puzzle.

The original forest of the United States contained 5,200,000,000,000 feet of lumber. Narrow is the way that leads to life, but it needn't make people narrow.

\$500.00 GIVEN FREE.

The above amount will be given away by us in CASH PRIZES as follows:

- 1st Prize, \$100. 5th Prize, \$40. 2nd Prize, \$75. 6th Prize, \$30. 3rd Prize, \$60. 7th Prize, \$25. 4th Prize, \$50. 8th Prize, \$20. 9 Prizes of \$10. Each in Cash. 10 Prizes of \$5. Each in Cash.



Solve the Puzzle AND WIN A CASH PRIZE. There are 7 faces to be found around the head of Napoleon. Can you find these faces? If so, mark each one with an X, cut out the picture, and write on a separate piece of paper, "I have found all the faces, and marked them." Mail your answer to us, with your name and address written plainly. In case of tie, neatness, handwriting and punctuation will be considered factors. If your answer is correct, you will be advised by return mail. In order to qualify for one of the prizes, there is a simple condition to be fulfilled. This condition DOES NOT INVOLVE THE SPENDING OF ANY MONEY. All that we ask you to do, is to sell for us 10 bottles of our Best Perfume, among your friends, at 50c per bottle. When sold, and we have received the money, you will then be fully qualified in our competition, and eligible to a Cash Prize at the close of season. THIS IS ABSOLUTELY THE ONLY CONDITION TO BE FULFILLED. When we receive your answer, we will mail you the Perfume to sell for us. Fill the coupon below and mail it at once. DO NOT SEND ANY MONEY.

COUPON. Enclosed please find solution to puzzle. If correct, please send me AT YOUR EXPENSE, 10 bottles of perfume, which I will endeavor to sell among my friends at 50c per bottle, and when sold, will return you the money.

WEAK BODY FALLS PREY TO BACTERIA

By Dr. Hugh S. Cummings. You know that all living matter, animal or vegetable, is composed of cells. These cells are so tiny that they cannot be seen except with a powerful microscope. Each cell is composed of a material called protoplasm and each protoplasmic cell is a distinct individual with a life history of its own. It lives for a period, reproduces its kind and it dies. It requires a certain amount of heat or warmth, proper food and moisture in order to live.

Communicable diseases are caused either directly or indirectly by the action of certain vegetable cells upon the animal cells of the body. These vegetable cells are called germs or bacteria, while not all of them are capable of causing disease, some of them being, as a matter of fact, beneficial to man and others being harmless, there are still a few which when introduced into the human body cause disease. There are also a few animal cells that cause communicable disease.

Exist Everywhere. Germs are too small to be recognized by the senses unless the microscope is used, yet they exist practically everywhere. Germs are on the walls and the floors of buildings, they ride in dust particles through the air, they exist on our clothing, in our mouths, in practically all water, in the surface soil and on the surface of our bodies.

If the skin is cut or broken and the wound is not properly protected, inflammation soon results unless the skin is kept clean and free from germs. The skin of our bodies is constructed in such a way as to prevent the entrance of disease germs into the system under ordinary circumstances. As long as the skin remains unbroken or uninjured the germs cannot enter the body through the skin.

The cells of the human body possess certain powers of resistance to the action of bacteria and usually when only a few bacteria are introduced certain cells of the body destroy the invaders before much damage is done. When a large number of germs gain access to the body, however, or when certain specific ones are introduced, trouble ensues. It also may happen that a few disease germs may cause trouble if we are weakened from any cause or rendered non-resistant to certain bacteria. If our bodies are in a weakened condition germs entering the body are able to multiply and for a time at least overcome the resistance of the human body cells and may cause any one of a number of the communicable diseases.

Common Drinking Cup. The common drinking cup is a fruitful source of disease germs. Banish the common drinking cup from your schools and from the public drinking places in your community. Avoid dampness, damp clothes, damp bodies, damp utensils. Don't patronize any place where glasses and other eating and drink-

STAND BY, PLEASE

By GLUYAS WILLIAMS



ASKS WELL NOW ABOUT A LITTLE MUSIC? WHAT'D THE FAMILY LIKE? DOESN'T MAKE A BIT OF DIFFERENCE TO HIM, THIS IS THEIR SHOW. SAYS HE'LL FIND SOMETHING ON THE EAR-PHONES FIRST AND THEN PLUG IN THE LOUD SPEAKER. SPENDS HALF AN HOUR SAMPLING VARIOUS SELECTIONS AND MUTTERING HE CAN GET SOMETHING BETTER THAN THAT. SAYS JUST A MINUTE, HE'S PICKED UP THE STOCK MARKET REPORT AND WANTS TO HEAR IT. SOME TIME LATER FAMILY STARTS TO ASK WHERE THEIR MUSIC IS WAVES EMPHATICALLY FOR SILENCE. SAYS THERE! HE THINKS THAT WAS FLORIDA HE HAD AND THEY HAD TO GO AND TALK JUST WHEN THE MAN WAS ANNOUNCING THE STATION. COMFORTS HIMSELF OVER LOSS OF FLORIDA BY LISTENING TO LAST TEN ROUNDS OF A LIVELY PRIZE-FIGHT. ANNOUNCES HE'S GOT SOME MUSIC NOW HE THINKS THEY'LL LIKE, PLUGS IN LOUD SPEAKER AND FINDS FAMILY HAS GONE TO BED.

ing utensils are not absolutely clean. In these days of sanitary drinking cups, the insanitary drinking glass used by some dispensers of soft drinks is as antiquated and dangerous as the old-fashioned method of bleeding patients for any and all diseases. Avoid the common towel. Keep out of range of careless sneezers or coughers. A handkerchief held over the mouth and nose when you sneeze or cough will protect the people about you and prevent disease germs from traveling. Remember that cleanliness, fresh air, plenty of sunshine, the protecting of others by keeping your mouth and nose covered with a handkerchief when you cough or sneeze, avoiding common drinking utensils, and getting plenty of sleep will help you to keep closed the main traveled roads along which march these harmful bacteria, the germs of disease.

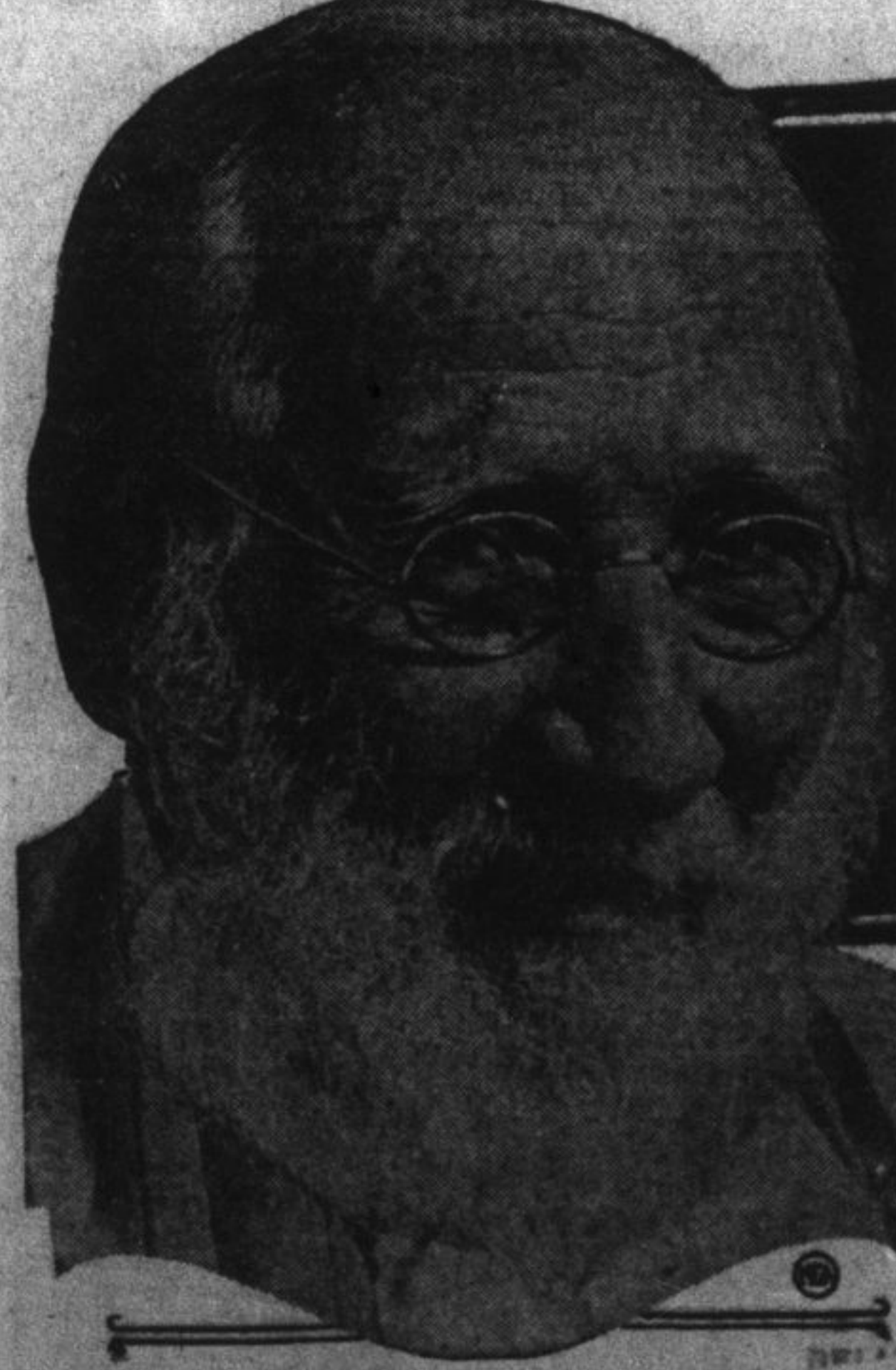


GLORIA SWANSON IN THE PARAMOUNT PICTURE 'STAGE STRUCK'

At the Capitol Monday, Tuesday and Wednesday. Stiff Terms for Criminals. "The worst thing you can do in the world is to give a short sentence. A first sentence of ten days or two weeks is almost criminal on the part of magistrates. It is an abomination. If you want to make a first occasion the last, make the sentence so severe that they will not want it a second time." This was the advice given by the Home Secretary, Sir William Joynson-Hicks, to the Magistrates' Association in London.

Neck Broken, Man Lives. Bernd Christianson, an inmate of the Lutheran home for the aged at Eugene, Ore., fell off a bath and suffered a broken neck. Physicians expected him to die hourly were mystified when he continued to live the day following the accident. They do not believe he can recover however, though how long he might live in his present condition is a question.

Resident of Lufkin, Tex., has grown a radish weighing six and one-fourth pounds and measuring 24 inches in length and 15 inches in circumference. Electric Trains for Japan. What is said to have been the first electric train in that community has been operated on a line between Tokio and Kodus in Japan. The line is 30 miles long and regular electric service will be maintained. Much interest in the innovation is shown by the natives. Boots For Elephant. Oojah, young piny elephant at the London zoo is becoming knock-kneed, in consequence a pair of ambulatory splints have been made for it. A plaster cast was taken and the splints of leather and steel were made from it.



OLDEST PRINTER IN AMERICA. Philip Coghlan, printer for the St. Louis-Post-Dispatch, is believed to be the oldest printer in America. He has just celebrated his ninety-third birthday, and has spent nearly seventy-eight years at a printer's case. And he vows he's nowhere near ready to retire yet.

Motoring and Eye Strain. Motoring subjects the eyes to a great strain. The glare from the road causes a high percentage of the dangerous irritating 'blue-sky' haze. Ordinary glasses are no safeguard for the sensitive eyes. The new 'Blue-Sky' lenses, although expensive, by virtue of their chemical composition absorb all the harmful rays, allowing only the harmless residual light to filter through. Let us arrange a demonstration without obligation. Better than Crookes—no color to mar the appearance of your spectacles with every pair. R. ARTHEY OPTOMETRIST 148 PRINCESS STREET

A SAFE AND SURE REMEDY FOR AILING CHILDREN. MILLER'S WORM POWDERS. CONTAIN NO NARCOTICS. DAILY TAKEN, QUICKLY AND THOROUGHLY CLEARSE EVEN THE MOST OBSCURE WORMS. AS SWEET AS SUGAR.

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PRINCESS PHARMACY PRINCESS AT DIVISION. Eugene Reinbold, a schoolboy of St. Paul, Minn., built a quarter-ounce electric motor mounted on a finger ring. It runs on two volts.